

Outdoor Rec / Sports

Bridger Cook chosen to represent the Bulldogs at Shrine game

BY BRIAN ADDISON
Brian@TheBakerCountyPress.com

Recent Baker High School graduate Bridger Cook has been chosen to represent Baker Bulldogs football in Oregon's 63rd Annual East West Shrine All-Star Football Game. The game is scheduled this Saturday, August 1 at Baker Memorial Football Stadium.

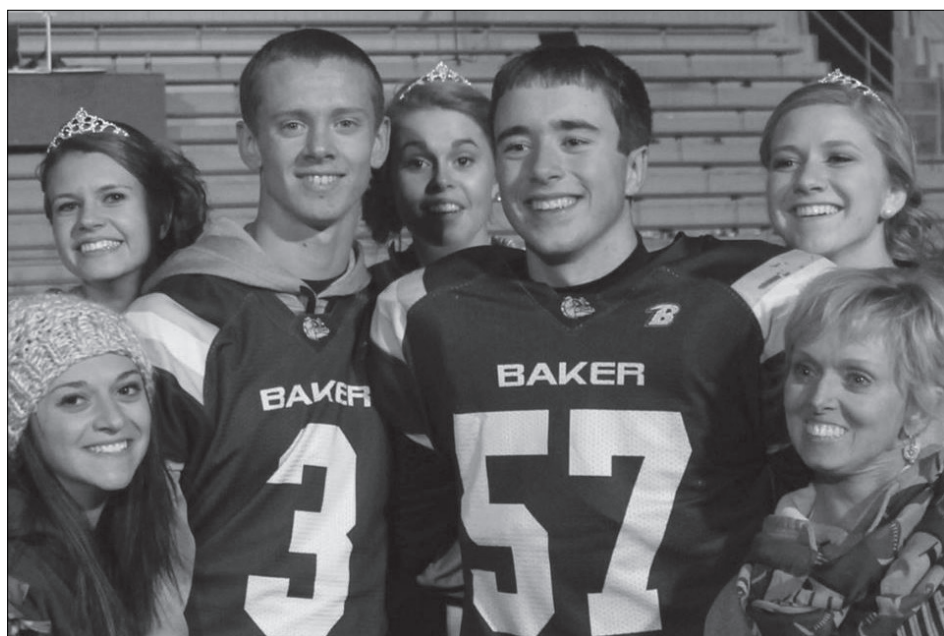
Cook graduated from BHS as a recipient of the Lee Webb Award recognizing his love for football and the Austin Jones Award honoring the most valuable Senior. Cook expects to play the Center position and defensive lineman for the Shriners' East team on Saturday.

Like so many players who've preceded him, Cook's first words about the honor of being selected for the East West Shrine All-Star Football Game focus around the experience of visiting the Portland Shriners Hospital for Children.

"It was a life-changing experience for sure," Cook said of his visit to the hospital.

The annual summertime all-star classic brings together Oregon's best athletes from the 1A through 4A conferences for the higher purpose of raising funds for the Shriners hospital.

"The players learn why



Submitted Photo.

Bridger Cook, number 57, surrounded by friends and family during the annual Senior Night during the football season at BHS.

they play in this important game when they visit the Portland Shriners Hospital for Children," states the Shriners game mission. "This meeting with the children forms bonds between the players and the patients. The players learn how important their contribution is to these children through interaction and play, leaving the players with a new understanding of their mission. The players participate with a common goal and although they play on two different teams, they are united in their purpose and are only opponents on the field."

The teams practice and stay on the campus of

Eastern Oregon University in La Grande.

"Both teams stay in the dorms at EOU and that allows us all to be together and to make friends with the West team," said Cook. "It's a lot different than a playoff game."

Cook pays thanks to his parents for the sacrifices they made to support his athletic endeavors and to the BHS football coaching staff, and head coach Dave Johnson in particular, who he said were among the best in the state of Oregon.

"I also want to thank the Shriners community for allowing me to represent them and to help raise money for the hospital,"

he said.

Cook plans to attend Boise State University in the Fall to work toward a mathematics degree with an emphasis on teaching.

Oregon's 63rd Annual East West Shrine All-Star Football Game held Saturday, August 1, begins a little later in the day than during the past several years with kickoff scheduled for 5 p.m. The game will be aired on ROOT Sports Network August 3rd through August 9.

The annual Shrine parade winds its way through the street of downtown Baker City beginning at 11 am, Saturday morning.

Be ready to hunt with hunter's education classes in fall

SALEM, Ore.—Keep the kids occupied this summer and get them ready for fall hunting. Register them for a hunter education class or field day happening around the state in August and early September.

ODFW offers two types of hunter education classes: a traditional classroom experience or independent study, which kids can do from home via workbook or online course. Independent study students

also need to attend a field day to receive their hunter education certificate. Both types of class about 12 hours to complete.

For a list of current classes and field days open in Oregon, visit the ODFW's license sales site and click View All Classes-Workshops / Hunter Ed Class or Hunter Ed Field Day tab. New classes are added regularly so check back if you don't see a date, time or location that works for

you. Registering for a class or field day costs \$10.

Independent study students can take one of three online courses (fees range from \$13 to \$24.50 and include mobile-friendly options) or request a free workbook by emailing odfw.info@state.or.us. These students must also sign up for and complete a field day, where they practice safe firearm handling and shooting with certified hunter education instruc-

tors.

"It can be difficult to keep the kids busy this time of year, but our summer courses allow them to complete this important class before school starts, and in time for fall hunting season," said James Reed, ODFW hunter education coordinator. "If you can't get them to a traditional class, they can do most of the class online or through a take-home workbook."

Most Oregon's volunteer hunter education instructors hunt in the fall, so we usually have more classes available in summer," Reed added.

Adults are also welcome to attend any hunter education classes and may take the adult online course, which doesn't require a field day for certification.

Hunter education is required for all hunters under the age of 18 and encouraged for adults, too. The classes cover important issues including hunter ethics and respect for private landowners; wildlife management and identification; firearms handling and safety; hunt preparation and techniques; survival; and introductory bowhunting.

All classes and field days are taught by certified volunteers dedicated to passing on the tradition of hunting to future generations. These volunteer instructors teach and certify about 6,500 students statewide each year in hunter education.

For more information about hunter education, visit <http://www.dfw.state.or.us/education/hunter/>

Locals swim laps around competition



Submitted Photo.

Briana Stadler placed as high as 2nd in one of her events this week.

Submitted by Noel Scott and Jen Ramos

Baker and La Grande Swim Club sent teams to compete in the 2015 Inland Empire Long Course Championship swim meet on July 24-26th in Spokane, WA. There were 454 athletes representing 16 teams from Oregon, Washington and Idaho. Baker sent 11 athletes, and La Grande sent 13—Riana Scott being the only La Grande swimmer from Baker City attending. Both teams were strong and had fantastic results.

Scott, Riana L - Female - Age: 13 - La Grande
Girls 13-14 50 Free 30.05 5th
Girls 13-14 100 Breast 1:23.80 4th
Girls 13-14 400 Free 5:06.94 5th
Girls 13-14 200 Free 2:21.02 4th
Girls 11-14 200 Breast 2:57.41 2nd (*qualified for Senior Zone Meet)

Girls 11-14 200 Back 2:38.35 2nd
Girls 13-14 100 Free 1:05.37 3rd
Girls 14&U 400 Medley Relay 5:55.36 (6)
Girls 14&U 400 Free Relay 5:16.72 (6)

Jozie Ramos (10) G
1:43.60L F # 31B Girls 9-10 100 Breast 2nd
2:51.88L F # 39B Girls 9-10 200 Free 2nd
34.31L F # 51 Girls 9-10 50 Free 2nd
46.50L F # 69 Girls 9-10 50 Breast 2nd
1:31.53L F # 77B Girls 9-10 100 Back 3rd
42.29L F # 91 Girls 9-10 50 Back 3rd
1:16.93L F # 109B Girls 9-10 100 Free 2nd

Adam Rushton (9) B
1:55.34L F # 32B Boys 9-10 100 Breast 10th
3:17.79L F # 40B Boys 9-10 200 Free 10th
37.95L F # 52 Boys 9-10 50 Free 13th
55.37L DQ F # 70 Boys 9-10 50 Breast --- --- ---
1:54.71L F # 78B Boys 9-10 100 Back 16th
50.44L F # 92 Boys 9-10 50 Back 18th
50.87L F # 102 Boys 9-10 50 Fly 13th
1:30.88L F # 110A Boys 9-10 100 Free 14th

Charity Rushton (15) G (09)
31.42L P # 21 Girls 15 & Over 50 Free 20th
1:41.78L P # 37 Girls 15 & Over 100 Breast 28th
5:43.97L F # 47 Girls 15 & Over 400 Free 21st
2:33.51L P # 57 Girls 15 & Over 200 Free 32nd
1:30.92L P # 83 Girls 15 & Over 100 Back 41st
1:31.73L P # 107 Girls 15 & Over 100 Fly 27th
1:08.86L P # 115 Girls 15 & Over 100 Free 20th
22:54.58L P # 119 Girls 15 & Over 1500 Free 7th

Mahonri Rushton (12) B
2:42.78L F # 4 Boys 11-12 200 IM 3rd
2:46.36L P # 4 Boys 11-12 200 IM 2nd
28.87L F # 18 Boys 11-12 50 Free 2nd
29.25L P # 18 Boys 11-12 50 Free 2nd
1:33.63L F # 34 Boys 11-12 100 Breast 7th
1:33.81L P # 34 Boys 11-12 100 Breast 8th
2:29.55L F # 54 Boys 11-12 200 Free 5th
2:33.54L P # 54 Boys 11-12 200 Free 8th
42.29L P # 72 Boys 11-12 50 Breast 5th
42.90L F # 72 Boys 11-12 50 Breast 6th
1:17.86L F # 80 Boys 11-12 100 Back 4th
1:17.99L P # 80 Boys 11-12 100 Back 3th
35.16L P # 94 Boys 11-12 50 Back 3rd
35.75L F # 94 Boys 11-12 50 Back 3rd
1:06.53L F # 112 Boys 11-12 100 Free 2nd
1:07.10L P # 112 Boys 11-12 100 Free 3rd

Seth Rushton (11) B
3:19.89L DQ P # 4 Boys 11-12 200 IM --- --- ---
34.08L P # 18 Boys 11-12 50 Free 15th
34.14L F # 18 Boys 11-12 50 Free 15th
1:54.66L P # 34 Boys 11-12 100 Breast 15th
1:57.18L F # 34 Boys 11-12 100 Breast 15th
2:50.14L P # 54 Boys 11-12 200 Free 23rd
50.12L P # 72 Boys 11-12 50 Breast 21st
1:41.26L P # 80 Boys 11-12 100 Back 26th
44.92L P # 94 Boys 11-12 50 Back 26th
45.42L P # 104 Boys 11-12 50 Fly 30th

Brianna Stadler (10) G
3:24.06L F # 1B Girls 9-10 200 IM 3rd
1:26.48L F # 23B Girls 9-10 100 Fly 2nd
1:54.13L F # 31B Girls 9-10 100 Breast 6th
38.57L F # 51 Girls 9-10 50 Free 10th
57.32L F # 69 Girls 9-10 50 Breast 21st
1:31.95L F # 77B Girls 9-10 100 Back 4th
38.84L F # 101 Girls 9-10 50 Fly 3rd
1:24.46L F # 109B Girls 9-10 100 Free 5th

Corrina Stadler (13) G
3:00.58L P # 5 Girls 13-14 200 IM 21st
3:04.80L F # 27 Girls 11-14 200 Fly 5th
3:08.37L P # 27 Girls 11-14 200 Fly 5th
5:36.20L F # 45 Girls 13-14 400 Free 13th
2:41.40L P # 55 Girls 13-14 200 Free 23rd
1:26.03L P # 81 Girls 13-14 100 Back 24th
6:25.27L F # 85 Girls 11-14 400 IM 9th
1:20.55L P # 105 Girls 13-14 100 Fly 10th
1:20.73L F # 105 Girls 13-14 100 Fly 12th
22:21.19L F # 117 Girls 13-14 1500 Free 4th

In team scoring, La Grande women were 6th, Baker 7th. Mens team scoring La Grande was 7th, Baker 11th. Overall team scoring was La Grande 7th, Baker 8th, which was fabulous considering the small number of swimmers from each team.

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