

Local & Entertainment

Favorite Chinese dishes



Homemade Goodness
By Eileen Driver

Since July is the month of my birth I decided to make this column all about my favorite foods.

Yes this means there is peanut butter involved but it's not all about peanut butter because I love other things too. I have always loved Chinese food and at my favorite Chinese buffet restaurant they have a Peanut Butter Chicken that I just can't get enough of. So I searched and searched for a recipe to make it and I have finally found one that with just a little tweaking gets me exactly what I want in a "do it yourself and save money" way, without skimping on the taste.

Peanut Butter Chicken

1 1/2 lbs boneless skinless chicken (breast, thigh, combo whatever you like)

3/4 cup milk

3 tablespoons creamy peanut butter

1 egg

salt & pepper

23 cups crushed corn flakes

vegetable or canola oil

For Sauce

1/2 cup creamy peanut butter

3 tablespoons soy sauce

3 tablespoons brown sugar

3/4 cup water or to desired thickness

drizzle honey

Whisk together in large bowl, milk, 3 tbs. peanut butter and egg. Sprinkle in a few shakes of salt and pepper. Add chicken and soak for a few minutes. (This is a good time to start cooking the rice to serve with it.) While chicken is soaking put all sauce ingredients in a microwave

safe container. Microwave for 30 seconds, then whisk to combine. You can add more water if you want to thin sauce to your preference. Microwave 30 seconds more to heat thru. Set aside till ready to serve. (Can reheat if needed) Coat soaked chicken pieces

in crushed corn flakes. Cook in oil until both sides are crisp and chicken is cooked through. Serve chicken drizzled with sauce over rice and with veggies if you want, (but it's my birthday and I don't have to eat veggies if I don't want to.)

The restaurants usually cut the chicken into thin strips after cooking you can serve whole or cut either way is delicious. Just don't forget the sauce!

Another favorite of mine and a must with any good Chinese food is Crab Rangoon. I have always called them crab puffs, but either way they are yummy. Most places serve them as appetizers and that's okay, but I could sit down and eat a whole plate of just these and be happy.

This recipe is baked instead of the traditional fried just to make them a little healthier.

Crab Rangoon

16 oz. cream cheese soft

1 can crabmeat drained

2 green onions chopped

1 clove garlic minced

2 teaspoons worcestershire sauce

1/2 teaspoon soy sauce

1 package wonton skins

vegetable spray coating

In medium bowl combine first 6 ingredients until well blended. Place a teaspoon of filling in center of wonton fold edges over or pull them up or however you want, but wet edges to seal completely. Lightly spray baking sheet and place rangoons on baking sheet and lightly spray to coat. Bake at 425 degrees for 12 to 15 minutes or

until golden brown. Serve with sweet & sour or mustard sauce.

I'm not a really big cake eater so for my birthday "cake" I always asked my Mom to make me a Chocolate pie. I am old enough (don't ask how old) to make my own now ,but my Mom still makes them for me. So this recipe is an oldie but a goodie.

Chocolate Pie

Filling and Meringue

Topping

6 tablespoons flour

2 egg whites

3/4 cup sugar

1/4 cup sugar

1/2 teaspoon salt

1 1/2 cups milk

2 egg yolks

1/2 cups sugar

2 squares baking chocolate

1 teaspoon vanilla

1 tablespoon butter

Mix flour, sugar and salt in top of double boiler.

Add milk slowly and cook till thickened stirring often if not constantly. Combine beaten eggs and sugar, temper with small amount of hot filling.

Add egg & sugar mixture, vanilla and butter to milk mixture. Stir and cook until thick. Pour into baked pie shell.

Beat egg whites until frothy slowly adding sugar. Beat until stiff peaks form. Spread on top of chocolate filling. Bake at 350 degrees until meringue is golden brown on top. Chill and eat.

So there—you have my perfect birthday dinner. It may not be the healthiest meal I have ever had or the least expensive meal I ever made. I didn't make it all from scratch, although I could have.

But I figure once in a while you just have to splurge and if I can't do it on my birthday then when can I do it? My family has not always had money for a lot of presents, but have always had the tradition of getting to pick what we want for our birthday dinner. I have remembered those dinners a lot longer than presents I received.

Bebe's word search

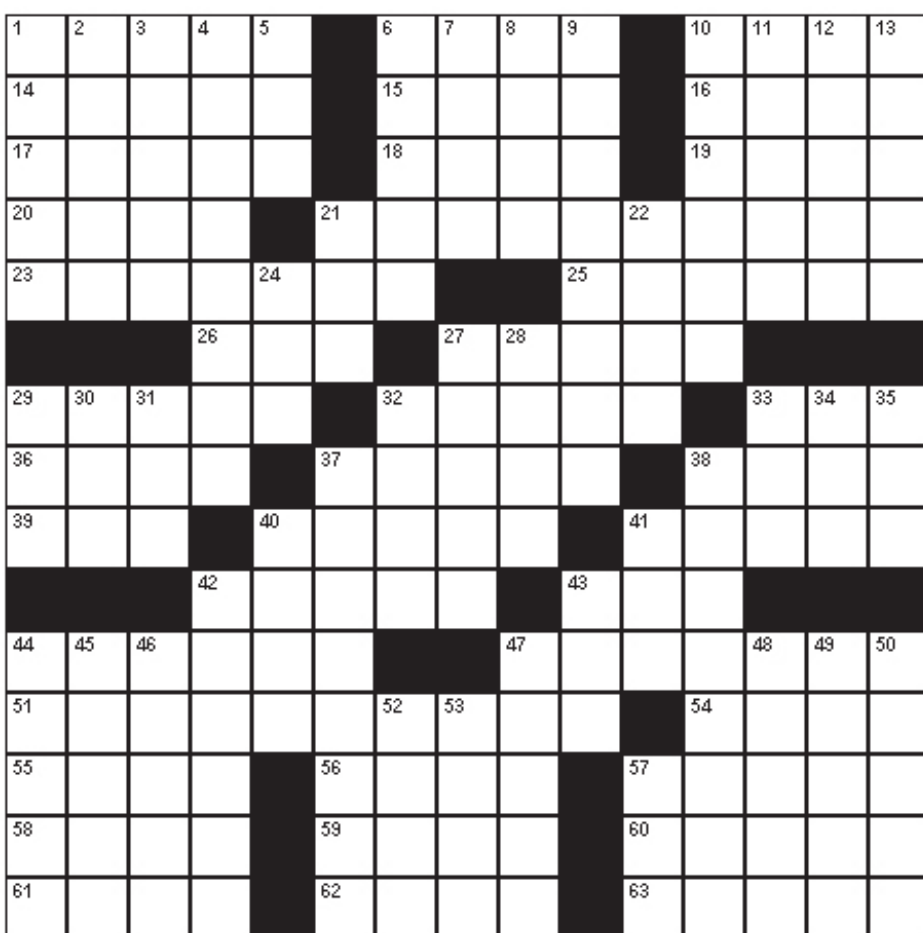
Fourth Of July

Find and circle all of the words that are hidden in the grid. The remaining letters spell an Abraham Lincoln quotation.

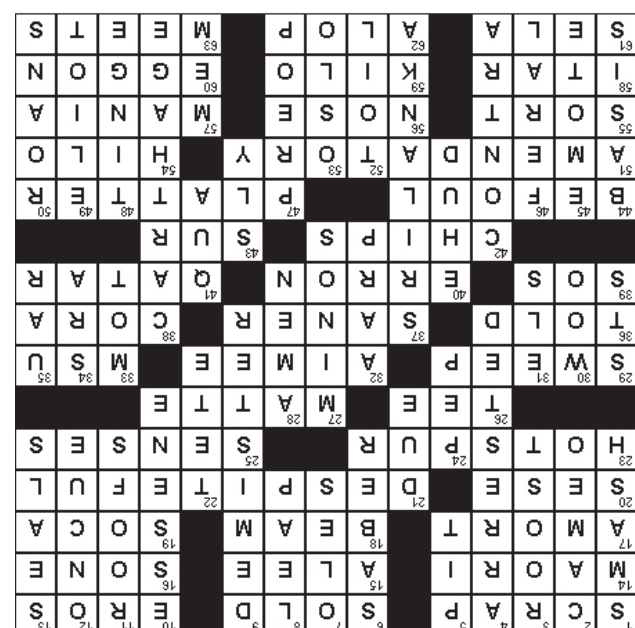
L	B	C	E	L	G	A	E	D	L	A	B	N	T	H	L	O	D	S	
A	E	S	E	F	E	W	P	A	T	R	I	O	T	I	C	E	N	T	
V	N	H	O	L	D	E	S	N	E	A	Y	G	B	I	C	O	H	R	
I	F	S	F	O	E	R	T	K	T	E	A	E	N	O	O	O	E	E	
N	R	T	E	A	Y	B	A	I	D	L	R	C	R	L	M	E	Y	C	
R	A	R	S	T	R	C	R	O	F	T	I	A	L	A	M	C	T	N	
A	N	E	U	S	O	B	S	A	Y	P	T	A	S	F	A	N	O	O	
C	K	A	O	M	T	H	A	O	T	I	B	J	T	R	H	E	D	C	
E	L	M	H	A	S	O	N	I	O	I	E	R	C	E	B	E	D	O	B
B	I	E	E	D	I	T	D	N	H	F	O	O	P	E	A	N	O	E	
A	N	R	T	A	H	D	S	S	F	P	M	N	A	D	S	E	H	T	
R	G	S	I	N	D	O	T	E	E	E	L	S	R	O	E	P	N	S	
B	Y	E	H	H	E	G	R	D	V	E	E	A	M	B	E	O	Y		
E	A	I	W	O	I	S	I	Y	T	R	A	P	D	T	A	D	I	R	
C	D	N	N	J	O	A	P	O	T	F	O	R	E	A	L	N	T	O	
U	I	O	T	N	S	R	E	G	R	U	B	M	A	H	L	I	A	S	
E	L	L	H	U	E	M	S	K	R	O	W	E	R	I	F	I	N	S	
S	O	O	R	E	D	W	H	I	T	E	B	L	U	E	E	L	H	V	
E	H	C	M	E	H	T	N	A	L	A	N	O	I	T	A	N	S	P	

- | | | | |
|---|--|--|---|
| BALD EAGLE
BALLOONS
BARBECUE
BASEBALL
BEN FRANKLIN
BETSY ROSS
CAKE
CARNIVAL
CELEBRATION
COLONIES | CONCERTS
DECORATIONS
DEMOCRACY
FIREWORKS
FLAG
FLOATS
FREEDOM
GREAT BRITAIN
HAMBURGERS
HISTORY | HOLIDAY
HOT DOGS
INDEPENDENCE
JOHN ADAMS
LIBERTY
NATIONAL ANTHEM
NATIONHOOD
PARADE
PARTY | PATRIOTIC
PHILADELPHIA
PICNIC
RED WHITE BLUE
STARS AND STRIPES
STREAMERS
THOMAS JEFFERSON
USA
WHITE HOUSE |
|---|--|--|---|

This week's crossword puzzle



- Across**
- 1- Toss out;
 - 6- Realtor's sign;
 - 10- Greek love god;
 - 14- New Zealand aboriginal;
 - 15- Nautical adverb;
 - 16- Unit of loudness;
 - 17- Lifeless;
 - 18- Ray of light;
 - 19- Caribbean dance music;
 - 20- Zaire's Mobutu ____ Seko;
 - 21- Malicious;
 - 23- Hothead;
 - 25- Detects;
 - 26- Golf prop;
 - 27- Photo finish;
 - 29- Use a broom;
 - 32- Pop singer Mann;
 - 33- East Lansing sch.;
 - 36- Tattled;
 - 37- Less loony;
 - 38- Mrs. Dithers, in "Blondie";
 - 39- Brillo rival;
 - 40- ____ the side of caution;
 - 41- Emirate on the Persian Gulf;
 - 42- Fragments;
 - 43- Big ____, Calif.;
 - 44- Defile;
 - 47- Phonograph record;
 - 51- Corrective;
 - 54- Hawaiian port;
 - 55- Kind;
 - 56- It runs in the cold;
 - 57- Craze;
 - 58- ____-Tass (Russian news agency);
 - 59- Thousand: prefix;
 - 60- Goad;
- Down**
- 1- Tennis shot;
 - 2- Walk-on role;
 - 3- Perch;
 - 4- Apprehended;
 - 5- Indy area;
 - 6- Fencing sword;
 - 7- Corrida cheers;
 - 8- Jump;
 - 9- Defogger;
 - 10- Ancient ascetic;
 - 11- Summits of buildings;
 - 12- When prompted;
 - 13- Closes;
 - 21- Deserved;
 - 22- Beret's place;
 - 24- Get-up-and-go;
 - 27- Legendary ruler of Crete;
 - 28- "So be it";
 - 29- Thoroughfares: Abbr.;
 - 30- Court;
 - 31- They loop the Loop;
 - 32- Seniors' org.;
 - 33- Witticism;
 - 34- Lady of Sp.;
 - 35- Nasser's org.;
 - 37- Ceylon, now;
 - 38- Ancient city-state in N Africa;
 - 40- Ariel's predecessor;
 - 41- Sine ____ non;
 - 42- Against;
 - 43- Furtive;
 - 44- Foundation;
 - 45- Ham it up;
 - 46- Wild;
 - 47- Hospital area, informally;
 - 48- Trace;
 - 49- "Silas Marner" author;
 - 50- Some horses;
 - 52- Work like a dog;
 - 53- European capital;
 - 57- 13th letter of the Hebrew alphabet;



The Baker County Press

Subscribe Today!

Name: _____

Address: _____

City, State, Zip: _____

Email address: _____

Phone: _____

- | | | |
|---|--|---|
| <input type="checkbox"/> E-Only
\$29.95/yr. | <input type="checkbox"/> Print (Delivery)
\$39.95/yr.
Inside Baker City
City Limits Only | <input type="checkbox"/> Print (Mail)
\$49.95/yr.
Outside Baker City
City Limits Only |
|---|--|---|

1. Make check payable to: Black Lyon Publishing, LLC
2. Mail the check with this completed form to:
PO Box 567, Baker City, Ore. 97814

To pay by credit card, please visit www.TheBakerCountyPress.com