

## The Christmas Spirit

by Dan Wick

We have heard complaints from some persons that Christmas has lost its beauty. That it has become a time for the manufacturers to exploit the consumers; a time when people worry more about what's going to be under the Christmas tree than about He whose birth we are supposed to be celebrating. It may be true that a lot of profit is made from Christmas sales. It may be true that a lot of emphasis is put upon the giving and receiving of presents. But the true Christmas spirit is still there and holds dominion over all other factors and all other feelings.

Christmas is still that time of year when all Americans go to their respective churches and worship together in their respective ways for the same objectives: "Peace on Earth and goodwill to all men." The spirit has not left us, nor will it ever leave us as long as men are free and may worship as they please.

## The Realization of Education

By M. Woodell

When we graduate, high school seems a matter of course; or rather, the work we have done doesn't seem like very much. We have spent much time getting "educated" and now the future does not seem nearly so certain or secure. What we are doing of late is trying to get through the senior year as best we can and still have time to think about what we are going to do in the future. It is disturbing to have time creep up on us in this fashion, and slowly we slip from the warmth of high school, and cease to be a member of standing in our class. All of a sudden we realize that we won't be returning in September and whatever we say now will be regarded as either sentimental reminiscing or "sour grapes."

As of now we have no standing in high school where we have spent four long, hard years. One step will take us into a world where we are expendable as just another one of the millions, an abstract statistical unit in the mundane business of raising families of children who will be faced with the same situations.

It is assumed that when we leave the ivy walls, we will fall into a niche and be happy. We may fall but possibly not into a niche, and happiness is certainly not assured. We gripe, but we are finding out that our problems are not applicable only to us. Others from the world over are faced with decisions of like nature and the same doubts are running through their minds.

We are a few out of many. We are not so bad off as we make ourselves out to be. So what are we worrying about? Let's live life as it happens, not worrying about things before they come to pass.

## HELPFUL HINTS ON YOUR HOLIDAY APPEARANCE

By Helena Rubinstein

Note: Mme. Rubinstein is world-famous as the First Lady of Beauty Science. She has written this column especially for high school publications.

The glitter of holiday lights . . . the fun of get-togethers with the crowd . . . the warmth and gaiety of family gatherings . . . the bustle and bustle of Yuletide gifts . . . the excitement of Christmas parties and proms . . .

Part of it, too, the thrill of presenting a new you to the world . . . in a new prom gown, perhaps; a special party wrap; silver slippers and sparkling white gloves; a corsage from that "certain someone" . . .

Measuring-up, beauty and fashion-wise, to the holiday season is part and parcel of your poise and self-confidence, your fun and good times.

To often, though, holiday time can be problem time, as well as fun time.

One of these problems is your appearance — particularly, your complexion. Perhaps you've been annoyed (and just a little bit worried) by some "breakouts" which have sprouted during the past few months.

In any case your worries are not yours alone, since complexion problems take first place on the complaint list of high school students. Doctors tell us that an overwhelming 96% of teenagers — BOTH FELLOWS AND GIRLS suffer from acne at some time during their high school days!

But before you know what to do about it, it is important to understand what acne is . . . and what it is NOT.

For centuries, acne has been hidden, the fog and shadow of ignorance, superstition and old wives' tales. Contrary to what many people believe, blackheads and pimples are NOT dirt. Acne is not caused by dirt, nor is it caused by early romantic interest. Acne is NOT contagious.

But acne IS serious and should not be neglected. Even if it seems to disappear temporarily, acne has an annoying habit of reappearing — usually at just the wrong moment — before a big date or party, or before the opening of the new class play. Nothing takes the fun out of the teen years like acne blemished skin!

Although the exact cause of acne is open to debate, even among skin specialists, most medical men agree with this theory: during the teen years, the body goes through many changes and readjustments — all part of growing from a teen to an adult — and these disturbances create the necessary "climate" for acne.

Although there is no magic "cure-all" for adolescent acne, there are certain things which you can do on your own. As a starter, here are a few medically approved hints to help yourself to a clearer, healthier skin. Wash your face often — 3 or 4 times a day isn't too much — using warm water and a medicated cleanser.

Bathe daily — wash other trouble spots . . . neck, shoulders, back and chest . . . morning and night, just as you do your face.

Never pick at your skin . . . that's a sure way to spread infection and cause scars.

Shampoo your hair at least three times a week for sparkling hair as well as healthy skin.

Watch your diet. Get into the habit of ordering fruit juice instead of soft drinks or a soda when you join the crowd for an

## OF YOUNG MARRIAGES

By Sylvia Brostad

Young marriages are becoming more and more frequent in this modern age. The couples that get married in their teenage years are often not prepared for all the responsibility that lies ahead of them. They rush into marriage with a starry-eyed look, only to be treated to a rude awakening when they discover that the honeymoon is over. All of their young lives they have had no responsibilities; mother has always looked out for their every want and need. She has sheltered them from the cold, cruel world all this time, and when they get married they are not prepared for all the knocks and bumps that a family life gives them. Often the young bride does not know the fundamentals of good housekeeping; cooking, sewing, and housecleaning. This has always been left up to her mother. The young groom usually does not know the meaning of a full day's work. He has always gotten his money from his father, and all of a sudden he has to support a wife. They know little or nothing about children when it comes time that they begin to raise a family. Up to this time, these young parents have more or less regarded a baby as a little toy, something to look at but not to touch. They discover that a baby is a person with a mind of his own. At the same time, however, the parent grows with the child; growing older with him. So that by the time he is a teenager, his parents will not be so old that they cannot remember all of the fun and pleasures they had in their own youths.

## Should High School Students Own Cars

It is my personal opinion that the average high school student is better off not owning a car. I have many reasons for having this viewpoint but I will mention only a few. The first is that the average student would be forced to take at least a part-time job to support the many expenses of operating a car. The job itself would be a great benefit in experience for the student, but often it has a definite lowering effect upon his grades. Numerous surveys throughout the United States have proved this to be a fact. There have also been numerous examples in which "kids in trouble" has resulted from "kids in cars."

One has only to glance at the insurance rates for teenagers to determine what type of risk they actually are. As one probably knows they are very high.

In conclusion, I would say that provided for a few exceptions the average high school student would be doing himself a favor by waiting until he is out of school before buying a car.

## after-school snack.

Get plenty of sleep . . . for the sake of your grades as well as your skin.

Keep in good health and get medical and dental check-ups regularly. Remember . . . to look your best you must feel your best.

Here's something else which you can do. Follow a routine in taking care of your skin on a daily basis. And, most important, use a medicated cream during the day as well as at night.

Your teen years can be the most "fun years" of your life. A clear, healthy skin adds to

## Dating Analyzed

By Dan Parker

The art of dating is a greatly over-rated, a harmful, and as a whole, a deceitful undertaking, which I believe was conceived by a group of elderly females (married), in order to trap all enterprising, healthy, and otherwise eligible males, into the pit of matrimony. The worst part of it is the fact, that somehow, I regret to say, these men are even convinced or otherwise brainwashed, into a state of mind which allows them to enjoy such a life. Alas, if we only knew the power of a woman!

In writing this paper, it is not my purpose to degrade dating as a whole; I only wish to point out emphatically, to the young men of the world, that, although it (dating) has many good points, one must constantly be reminded of the many deep and hidden charms that lurk along its path. This must serve as a warning to all those happy, carefree men who will, without a doubt, be "shanghaied" onto the sea of matrimony. Such happenings would not be so deplorable if many of these victims had not been literally snatched out of the arms of one woman (his mother), into the arms of another woman (his wife), before he has had the chance to show himself as a man.

Even in view of these facts, I cannot produce a fool-proof safeguard. I can only come to one conclusion. If a man is to be free, he must consider dating in the same category as the other manly arts; such as bull-fighting, fencing, soldiering, and so on. He must engage in it with the same knowledge of risks and a certain degree of caution, and hope that he is lucky.

## Merit Test To Be Given

Examinations will be given to 54 registered Ashland High students wishing to enter the 1961-62 National Merit Scholarship competition on March 7, 1961.

Each year the tests are given by the National Merit Scholarship Corporation as part of the nation's largest independent scholarship program.

Awards will be granted on the basis of intelligent merit, but student financial needs determine the size of individual stipends, which are renewable each year without further testing.

The NMS exams are valuable to students for selecting their careers or planning courses in college.

After the test, each participating student will receive an interpretive folder that reports individual test results for comparison with scores of high school students across the country. This will enable students to learn their educational strengths and weaknesses.

In addition to the NMSC grants established in 1955 by the Ford Foundation and the Carnegie Corporation of New York, about 115 industrial corporations, foundations, and individuals utilize the services of the NMSC in awarding scholarships.

Your appearance, gives you the confidence and poise which will help you in both your school and social life and point the way to your future.

## Mumble-Jumble

A short little man, with head almost bald, wears glasses to see, so he won't fall. And has a smile that can stop you dead, and a nice little paddle, full of lead. He works in a dungeon all day, with noise all around while he works away. He likes to wrestle in his spare time. Now who is this little master mind?

## CUBAN REVOLUTIONARY

When newscreech flash upon the screen,  
We move back to the last row,  
Because we know they'll show a scene  
Of Dr. Fidel Castro.  
It's not your beard, so black and thick,  
For that would never irk us;  
It's just that we get rather sick  
When purges are a circus.

## Rogue News

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