

HEALTH/ANTI-VIOLENCE

BRADLEY-ANGLE provides emergency shelter for domestic violence survivors of all genders. LGBTQ-specific services include a weekly all-genders support group facilitated by a queer-identified advocate. Individual support and advocacy is available for self-identified LGBTQ persons experiencing physical, emotional, sexual or economic violence within an intimate relationship. Healthy Relationships classes are offered several times a year. Free, confidential and safe. Crisis Line: 503-281-2442, Office: 503-595-9591, bradleyangle.org

OUTSIDE IN

operates a clinic for anyone who can't qualify for the Oregon Health Plan. Provides transition housing for youth 20 and younger and for those HIV-positive and younger than 23. Need volunteers of all ages. 503-535-3800. outsidein.org

CENTER AGAINST RAPE AND DOMESTIC VIOLENCE serves survivors of domestic and sexual violence in Linn and Benton counties and offers a 24-hour hot line, confidential shelter, legal and hospital advocacy, safety planning and support groups. Crisis Lines: 541-754-0110 or 800-927-0197. Business: 541-758-0219

CLACKAMAS WOMEN'S SERVICES offers shelter, support and resource referral to survivors of domestic and sexual violence. Lesbian, bi and trans friendly. Wheelchair accessible. TTD, relay calls and collect calls accepted. Crisis: 503-654-2288. Business: 503-722-2366

KIDS ON THE BLOCK AWARENESS PROGRAM, a service of Impact NW, is a valuable resource for children, parents and teachers with topics like Preventing School Violence, Appreciating Cultural Differences, Making Health Choices and more. Kidsontheblock-impactnw.blogspot.com

PORTLAND WOMEN'S CRISIS LINE offers free and confidential services for survivors of domestic and sexual violence; operates a 24-hour crisis intervention hot line that provides referrals for shelter, counseling and support groups; provides sexual assault advocates; and offers a program for sex workers. Foreign language translation available. 503-235-5333 or 888-235-5333, pwcl.org

SEXUAL ASSAULT RESOURCE CENTER promotes social justice by eliminating sexual violence through support, advocacy and education. Services include a 24-hour confidential crisis line, free counseling and support groups, community education and volunteer opportunities. Crisis: 503-640-5311. Business: 503-384-0480, sarcoregon.org

HEALTH/GENERAL

BREATHE FREE, the Oregon LGBTQ Coalition Against Tobacco, provides education around queer tobacco use and advocates for tobacco reduction. 503-784-5813, r.e.szego@cascadiabhc.org

DHARMA QUEENS, a Buddhist-based gay men's weekly meditation group. Trans friendly. Meetup.com/Dharma-Queens

MEN'S TANTRIC YOGA offers body/mind/spirit health in a safe, structured environment for men to explore their connection to self and to others. Two classes weekly. Elementalhealing.org

OUTSIDE IN operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Provides transition housing for youth 20 and younger and for those HIV-positive and younger than 23. Need volunteers of all ages. 503-535-3800, outsidein.org



PIVOT is a community space for men into men. We offer a variety of programming that is both social and education in nature, a drop-in space (that's right, sip our coffee and use our WiFi for free, we don't mind), and weekly STD-HIV testing. Free condoms and lube. 209 SW 4th Ave, 503-445-7699, pivotpdx.org

PLANNED PARENTHOOD of the Columbia/Willamette provides confidential and affordable sexual and reproductive health care, including STD testing and treatment, 20-minute anonymous HIV tests, annual exams and condoms. Sliding-fees, insurance welcome. Health centers in SE and NE Portland, Gresham, Beaverton, Salmon Creek, Salem, Bend and Vancouver. 888-875-7820, ppcw.org

LIVE AND LET LIVE CLUB

offers the sexual minorities community a safe place to find friendship, recovery and clean-and-sober activities. Meeting space available for 12-step groups. 1210 SE 7th Ave 503-238-6091

HEALTH/RECOVERY

CENTER FOR FAMILY AND ADOLESCENT RESEARCH offers free counseling for parents of drug-abusing youth, 15 to 20, who refuse to go to treatment. Counseling is also available for adolescents, 13-17, who have both substance abuse and depression, as well as for adolescents 15-22 who use methamphetamine. 503-243-1065, ori.org/cfar/Portland

DUAL DIAGNOSIS ANONYMOUS is a peer support program based on a version of the 12 steps of Alcoholics Anonymous with an additional five steps focusing on dual diagnosis (mental illness and substance abuse). Meets at the Live and Let live Club, 1210 SE 7th Ave, 503-222-6468

EXTENDED FAMILY hosts queer-friendly Alcoholics Anonymous meetings at Metropolitan Community Church of Portland, 2400 NE Broadway, 503-281-8868

LUNCH BUNCH hosts queer-friendly Alcoholics Anonymous meetings at Metropolitan Community Church of Portland, Noon daily, 1 p.m. Sunday, 2400 NE Broadway, 503-281-8868

LIVE AND LET LIVE CLUB offers the sexual minorities community a safe place to find friendship, recovery and clean-and-sober activities. Meeting space available for 12-step groups. 1210 SE 7th Ave, 503-238-6091

POZ FOR THE CAUSE, a 12-step recovery group for anyone infected or affected by HIV or Hepatitis C who has a desire to stop the suffering associated with alcohol and drug abuse, meets at Rosewood House. 503-916-9693

RAINBOW RECOVERY AI-ANON is a 12-step group of queer and questioning people