OREGON REPRODUCTIVE MEDICINE

RESOURCES

A Community Service Sponsored by Just Out

Just Out and our sponsors are happy to provide these resources to our readers. We believe it is of paramount importance to reach out in every way possible to inform our community, and our important supporters, of the many resources that help make our LGBT community members' lives better.

HEALTH: HIV/AIDS/STDs

CARE:ASSIST pays for health insurance premiums, prescription drugs and insurance plan co-payments and deductibles for eligible people with HIV/AIDS. Program of Oregon DHS and the Ryan White CARE Act. 503-731-4029

CASCADE AIDS PROJECT (CAP) educates youth and adults about HIV prevention, supports people with HIV and their families and advocates for sound HIV policy and legislation on the national, state, and local levels. Spanish-language assistance available. Oregon HIV/STD Hotline 800-777-2437

CAP VANCOUVER: offers free rapid HIV testing to men who have sex with men in Vancouver, WA 360-750-7964

CLACKAMAS COUNTY Public Health offers anonymous and confidential HIV testing and counseling to everyone. No needles. Free condoms. Call for appointment or walk-in testing times. Oregon City. Sandy. Molalla. 82nd Ave. 503-742-5382

COLUMBIA COUNTY Public Health offers anonymous and confidential HIV testing, counseling and case management to anyone. We lend HIV books and videos and offer education materials and free condoms. 503-397-4651

DAILY BREAD EXPRESS provides home delivery of high-quality meals to HIV-positive individuals in need. Fresh meals delivered weekdays, frozen meals for weekend. Volunteers invited to inquire. Mara 503-460-3822

ESTHER'S PANTRY in Milwaukie provides food and personal care items to people with HIV/AIDS. Call to donate or for services. 503-349-4699 ourhouseofportland.org

FUZEON INFO GROUP welcomes people contemplating, using, or caregiving for Fuzeon recipients. Facilitated by experienced nurses and social workers. 503-230-1202, ohsu.edu

HEALTH, EDUCATION, AIDS LIAISON (HEAL) offers information about alternative views of AIDS causation and HIV testing. Call for free packet of information. 503-227-2339, bwport@comcast.net

HIV DAY CENTER offers hot meals, counseling, laundry facilities, clothing, showers and hygiene supplies, computers with Internet access, phones, mail drop, recreational activities, massage and haircuts. Volunteers invited to inquire. 503-460-3822

THE LINK, a social networking group for HIV-positive gay and Bi men, meets every month for social events, discussions and other outings. 503-278-3868, thelink@cascadeaids.org

MANIFEST, a nonprofit men's wellness community, prevents and addresses HIV and STD's by empowering men to pursue their wellness passions together through programs like yoga, cycling, hiking, meditation, healing touch classes, vision teams, wellness coaching, information and referrals. 503-223-8822, manifestpdx.org

MULTNOMAH COUNTY Health Department's HIV Community Test Site offers confidential testing by appointment. Some walk-in testing. Sliding-scale fee. 503-988-3775

MULTNOMAH COUNTY offers free HIV rapid testing to gay, bi, and trans guys. 503-988-3030

OHSU HIV CLINIC provides comprehensive health care for people living with HIV/AIDS. Services include HIV specialty care, psychiatry, counseling, addiction treatment, case management, same-day visits and online chart access. Appointments are available regardless of insurance. 503-494-8562

OUR HOUSE OF PORTLAND provides Oregon and southwest Washington's only network of integrated health and housing services for people with HIV/AIDS. Programs include Our House (24-hour residential care), Neighborhood Housing and Care, Community Services and Swan House. Volunteers needed. 503-234-0175, ourhouseofPortland.org

PARTNERSHIP PROJECT provides services to people with HIV/AIDS, their families and those at risk. Program include HIV Case Management; Supporting Healthy Options for Prevention (SHOP), behavior change counseling to motivate people to protect themselves and their partners; and HIV 101, providing basis information for people recently diagnosed. Intake: 503-517-3590, ohsu.edu/partnership

PORTLAND AREA HIV SERVICES PLANNING COUNCIL is a county decision-making body that identified services needed for people living with HIV/AIDS and allocates federal funds annually. Needs volunteers from all walks of life. 503-968-3030, hivportland.org

POSITIVE SUPPORT ASSOCIATION supports all persons that have been affected by the HIV/AIDS epidemic here in the Pacific Northwest. The PSA maintains a comprehensive web site that people can visit to help newly diagnosed persons get help and support. The PSA is also seeking volunteers to assist in HIV/AIDS Awareness Projects, including our Peer Positive Mentorship Program. positive-support.org

PROJECT QUEST INTEGRATIVE HEALTH CENTER offers conventional and alternative health care, nutrition classes, support groups and recreational sports activities for people seeking a wellness focus to living and dying, especially those living with HIV/AIDS or cancer. 503-238-5203. pquest@qwest.net

THE RESEARCH & EDUCATION GROUP provides access to HIV/AIDS research trials of new drugs and therapies. 503-229-8428

THE RISK REDUCTION ZONE, a program of Outside In, provides a queer safe space that offers HIV, Hepatitis C and STD prevention programs; Internet resources,; peer counseling; referrals; and support groups in a nonclinical setting. 503-535-3895

SOCIAL AND SUPPORT GROUP discusses HIV issues for men at Quest Center. Meet other nice guys, share information and have fun. 503-253-2292

SWAN HOUSE is a specialized adult foster care home for low-income people with HIV/AIDS who need assistance with personal care, mobility, medications or drug/alcohol/mental health support. 503-786-4829, ourhouseofportland.org

TOD'S CORNER in Milwaukie provides clothing, household items, companion pet care, cremations and more to people with HIV/AIDS. Call to donate or for services. 503-349-4699, ourhouseofportland.org

WASHINGTON COUNTY Health Department provides free needle-free HIV testing services for gay and bi men at community health clinics in Beaverton and Tigard. 503-846-4965

BRADLEY-ANGLE provides emergency shelter for domestic violence survivors of all genders. LGBTQ-specific services include a weekly all-genders support group facilitated by a queer-identified advocate. Healthy Relationships classes are offered several times a year. Crisis Line: 503-281-2442 bradleyangle.org