

Our interpretation of 2.5 kids. Taking pet health care to a human level.

We know that your pets are family and that's why we provide specialty care along with a 24/7 emergency service. NWVS has been partnering with local, primary care veterinarians since 1991. So, should your pet ever have an unresolved condition, ask your primary care veterinarian about specialty care. **Then ask for Northwest Veterinary Specialists.**

24/7 Emergency Service
& Critical Care
Internal Medicine • Oncology
Ophthalmology
Neurology • Surgery

NWVS
NORTHWEST VETERINARY SPECIALISTS

VCA SPECIALTY
ANIMAL HOSPITALS

24/7 VETERINARY
EMERGENCY SERVICE
Call 503-656-3999

16756 SE 82nd Drive • Clackamas, OR 97015 • 503-656-3999

www.northwestvetspecialists.com

Chick Of All Trades LLC
DBE • MBE • ESB • WBE • CCB #175212 • Licensed & Bonded
WA License # CHICKA192000

CHICK OF ALL TRADES

GENERAL CONTRACTING SERVICES

- Kitchens & Bathrooms
- Basement Buildouts
- Paint, Moulding & Trim
- Tenement Improvements
- Custom Decks & Fencing
- Windows, Doors & Siding
- Shower, Bath & Floor Tiling
- Remodels & New Construction

Now serving the Vancouver metro area too!

CALL US
Estimates are free!
503.710.6435
chickofalltrades.com

Chick and COAT logo © and TM Chick Of All Trades LLC, 2008.

justout

NEWSMAGAZINE

Founded 1983 • Jay Brown and Renée LaChance

PUBLISHER & MANAGING EDITOR

Marty Davis

NEWS EDITORS

Stephen Marc Beaudoin, Jaymee R. Cuti

ARTS AND CULTURE EDITOR

Jim Radosta

ART DIRECTOR

Blake Martinez

PRODUCTION & AD DESIGNER

Kell Dockham

ADVERTISING DIRECTOR

Larry Lewis

ADVERTISING REPRESENTATIVES

Lynda Dougherty, Chad Peterson,

Terry Roberts, Justin Taylor

ADMINISTRATIVE MANAGER

Chris Kramer

CONTRIBUTORS

Jacob Anderson-Minshall, Yvonne P.

Behrens, Julius Calasicas, Meryl Cohn,

Malka Geffen, Tony LeTigre, Patricia L.

MacAodha, Andy Mangels, Gary Morris,

Rebecca Ragain, Dale Schiff, Kristin Steele,

George Winborn

EDITORIAL INTERNS

Melanie Altaras, James Maxwell,

Mija Sanders, Christine Brandtner

DISTRIBUTION

Yume Inhofe, Chance Schwartz, Dan White

Just Out is published on the first and third Friday of each month. Copyright © 2009 by **Just Out**. No part of **Just Out** may be reproduced without written permission from the publisher.

Editorial guidelines: Letters to the editor should be limited to 500 words. Announcements regarding life transitions (births, deaths, unions, etc.) should be limited to 200 words; photos are welcome. Deadline for submissions to the editorial department and for the Calendar is the Thursday 15 days before the next publication date. **Just Out** reserves the right to edit for grammar, punctuation, style, liability concerns and length. Views expressed in letters to the editor, columns and features are not necessarily those of the publisher.

Advertising policy: The display advertising deadline is the Monday 12 days before the next publication date. Classified ads must be received at the **Just Out** office by 5 p.m. on the Sunday five days before the next publication date, along with payment. Classifieds may be placed via www.justout.com, by mail or in person at our office. **Just Out** reserves the right to reject or edit any advertisement. Compensation for errors in, or cancellation of, advertising will be made with credit toward future advertising. Advertising rates available upon request.

Distribution policy: **Just Out** is available free of charge. **Just Out** is delivered only to authorized distributors. No person may, without prior written permission, take more than one copy. Any person who takes more than one copy may be held liable for theft, including but not limited to civil damages and/or criminal prosecution. Subscriptions are \$22.50 for 12 issues. First Class (in an envelope) is \$40 for 12 issues.

Contact: Just Out at
P.O. Box 14400, Portland, OR 97293-0400;
503-236-1252, advertising 503-236-1253,
fax 503-236-1257; e-mail justout@justout.com.
Visit us on the web at www.justout.com.

New Year's Resolution

An advanced non-surgical body contouring and weight loss program with over 3 years of satisfied customers taking control of their lives and getting healthy again.

VALENTINE'S DAY
BOTOX
February 3, 4, 5, 2009
Reserve Your Spot Today!



BEFORE



AFTER

OUR HIGHLY TRAINED STAFF INCLUDES:

- DR. ADAM H. MADDOX, ND, MEDICAL DIRECTOR
- KACY VAN, MA, SENIOR LASER TECHNICIAN
- JOEY B. COLLINS, BS, PATIENT CARE SPECIALIST

THRIVE
Aesthetic and Lipodissolve Center
832 NW 19th Ave Portland, OR

Conveniently located near Good Samaritan Hospital in NW Portland
Free Parking Available

12 months 0% financing available

Thrive Aesthetic and Lipodissolve Center is Portland's leading authority on non-invasive body contouring. Our expert physician introduced Lipodissolve to our region in 2004. Love handles, saddle bags, double chin, jowls, abdomen, thighs, and other pockets of unwanted fat can be permanently treated without cutting, sucking, or downtime. We also bring over 15 years of combined dermatologic laser skin enhancement to our patients. So if you're looking to just lose a few pounds or want a total aging makeover give us a call.

Call today to schedule
your private consultation

503-973-LIPO
www.dissolve-fat.com

Things to do to save money and reduce your carbon footprint:

- ✓ Reduce the number of miles you drive by combining your errands or carpooling
- Upgrade your existing heating system to the Hybrid Heat™ dual fuel system by Carrier

Save up to \$950 a year in energy costs and reduce your carbon footprint by upgrading your existing heating system to a Hybrid Heat dual fuel system by Carrier. It has the equivalent environmental impact of reducing your car's CO₂ emissions by 20% each year.* Now that's what I call going green!

For a free consultation, call

503.234.0611
www.sunsethe.com



Sunset
HEATING & COOLING

Carrier
Northwest
CARRIER DEALERS

*Total reduction in CO₂ emissions calculated using the EPA's Greenbook. See EPA's Greenbook website for more information. Total reduction in energy costs based on a typical 2000 square foot home in the Portland, OR area. Electrical costs at \$0.10/kWh and gas costs at \$1.24/therm. Comparing heating only gas furnace system (75,000 BTU) versus Hybrid Heat dual fuel system (100,000 BTU) with 80% AFUE.