

It's
A
Dog's
Life



DAY / PLAYCARE

**SLEEPOVERS WITH 24 HOUR CARE
OPEN 7 DAYS A WEEK**

- ACCOMMODATING ALL AGE DOGS
- 5000 SQ. FT. SUPERVISED INDR/OUTDR PLAY AREAS
- REINFORCED POSITIVE OBEDIENCE WHILE AT PLAYCARE

8709 N. LOMBARD ST.
PORTLAND

503-286-2668

WWW.ITSADOGSLIFEDAY-PLAYCARE.COM

northwest

Art Event Benefits Project Quest

Four years ago, two gay Portland artists designed a benefit to give back to the center that helped them navigate the web of services available to people living with HIV.

Tabor Porter and Greg Carrigan created WonderQuest, an arts benefit for Quest Center for Integrative Health, which will return May 9. The unique benefit turns Wonder Ballroom into an art gallery, where attendees bid silently on more than 100 original works from local artists and artisans.

Revelers can expect a festive cocktail party of approximately 300 participants dining on a range of hors d'oeuvres donated by Devil's Food Catering and moving to the modern ragtime sounds of Trashcan Joe.

Featured artists include Nell Warren of PDX Contemporary Art and Claudio Tschopp of Froelick Gallery. Their paintings will be available for purchase at the event. Other contributors include Mark Woolley Gallery, Elizabeth Leach Gallery, Guardino Gallery, Beet Gallery, Hi-iH Gallery, Quintana Galleries, The Real Mother Goose, Rake Gallery and artists Porter, Carrigan, Benjamin Alexander Clark, Debra Beers, Liz Mapelli, Janet Julian, Paul Arensmeyer and Smith Eliot.

WonderQuest begins 7 p.m. May 9 at 128 N. E. Russell St. Tickets are \$50 each or \$750 for 10 with VIP perks and can be purchased at www.quest-center.org.

Q Center Launches Summer Sports Program

Some members of the queer community describe physical education classes and sports teams as ground ripe for taunting and gay-bashing.

Many would argue that an aversion to sports needlessly leaves gay kids out of character-building and skill-honing experiences.

Q Center, along with a coalition of partners, is helping rectify this with Q Sports, a program meant to pair sexual minority youth with mentor athletes in the queer community for a summer of clinics centered around softball, volleyball and soccer.

Q Center was awarded a \$10,000 grant by the Stonewall Foundation to launch Q Sports with the Portland Department of Parks and Recreation, Rose City Softball Association and Sexual Minority Youth Resource Center. NetRippers, a queer soccer team, and Portland gay volleyball teams are joining in on the action.

Q Sports enthusiasts are rounding up youth between ages 13 and 20 to be part of three sports teams to learn the rules and the moves and to build self-esteem starting in July.

"This is an opportunity to be around positive role models who are LGBTQ who are great at their sports and can exhibit how sports can be fun, exhilarating, character-building experiences," said Kendall Clawson, executive director of Q Center.

Q Center plans to host mentor nights for participants from each sport to meet, inspirational sports movie showings and an end-of-season barbecue. The entire program is free.

Q Center is searching for queer kids and the children of queer families who want to play, in addition to athletic gay mentors. Clawson said she is also applying for matching grants and searching for sponsors.



Tabor Porter (front) and Greg Carrigan founded WonderQuest, a benefit for Project Quest.

NetRippers is in the process of planning a gay soccer tournament in July with participation from soccer clubs in San Francisco, New York, Seattle and Vancouver, Wash.

For more information about Q Sports visit www.pdxqcenter.org.

Program Points Gay Kids Toward College

"I'm going into nursing," said Eric Jordan, a gay high school senior. He attends Pauling Academy of Integrated Sciences at Marshall Campus in Southeast Portland. He said Gear Up and Aspire programs really got him interested in going to college.

Gear Up, an acronym for Gaining Early Awareness And Readiness for Undergraduate Programs, is a federally funded program designed for middle and high school students to promote college as attainable for everyone, ensuring that youth benefit as much as possible from educational opportunities. Gear Up is a close precursor to Oregon's state-funded Aspire program, an acronym for Access to Student Assistance Programs In Reach of Everyone. Aspire focuses on high school students and facilitates workshops helping students with the forms and finances of applying for college.

Bethy Annsa, Aspire site supervisor and Gear Up director at Marshall, coordinates field trips for students to universities and community colleges and coaches youth one on one regarding college applications and essays.

"Bethy helped me find lists of scholarships I could apply for, and she really made it fun," Jordan said. "She cares, regardless of sexual orientation or ethnicity, and she's an amazing friend."

Jordan is the student moderator for Marshall's Gay Straight Alliance and has big plans for the future. He hopes to earn his associate's degree in nursing at Portland Community College's Sylvania Campus, and he might continue with a bachelor's at Oregon Health & Science University.

Every event hosted by Gear Up and Aspire is interpreted in Cantonese, Russian, Spanish and Vietnamese.

Students who attend Lane or Binnsmead Middle Schools or any of the Marshall campus schools, and their families, are invited to the program's next event, College Reality Day, from 9:30 a.m. to 2:30 p.m. May 17 at Mt. Scott Community Center, 5530 S.E. 72nd Ave.

Family workshops will focus on planning how to get into college, how to pay for it and how to be successful throughout their education.



Diane Young BMW Client Advisor

I look forward to providing you with a buying and ownership experience that can't be found anywhere else.

Contact me today to arrange a test drive.

Diane

Rasmussen BMW
SW Jefferson at 20th Portland, OR
(503) 226-0380 • Toll Free 1-800-ASK-4BMW
dianey@rasmussenbmw.com



don't let your doctor take YOU out of the picture



DON VALERIO, MD
INTERNAL MEDICINE / PRIMARY CARE
FANNO CREEK CLINIC
2400 SW VERMONT 503-452-0915

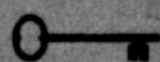


Squeeze that tube!

Before you throw it out, check to see if your toothpaste tube is still loaded. Most people toss products like toothpaste, shampoo and lotion before the containers are really empty. On average, more than 20% of all toothpaste and shampoo purchased never gets used. Imagine the smaller landfills—and the savings in your budget—if you used every bit, cleaned and recycled the containers.

Safeguard your real estate. Save your planet.

ELISE CAMPBELL



Service is the key . . . it's that simple.

ELISE CAMPBELL
Principal Broker
ABR, Earth Advantage S.T.A.R.
503-307-1353
Elise@EliseCampbell.com
www.EliseCampbell.com
Compass Realty, Inc.