

*"The movie we're doing with Keiko is a story that hasn't been told. We get to tell the story and show people footage of him swimming free, looking for a mate, interacting with wild orcas."*

—Theresa Demarest



Demarest is producing "Keiko's Dream...Keiko's Legacy," a 15- to 20-minute educational DVD about the famous orca's five years in the wild.

says Demarest. "It was a crazy thing to do, but I didn't know that. I just fell in love with her."

"Herd of Two" documents Tehya's development as she grows from a filly to a young mare. The film focuses on the training style called natural horsemanship, which Demarest is studying extensively.

"In natural horsemanship, you have to learn the psychology of horses," she says. "You have to learn how to communicate with them."

Demarest's studies fueled her enthusiasm for her horse, which she describes as "stunningly intelligent and beautiful." She likes to say that if you were to throw a Rubik's Cube to her horse, Tehya would solve it in less than 30 seconds, "throw it back and say, 'Now give me something hard.'"

Tehya is half Arabian, an ancient breed known for its sensitivity, intelligence and endurance, and half American Saddlebred, a breed that some call the ultimate show horse.

Because Tehya is young, energetic and strong, riding her is a challenge for Demarest, who jokingly describes herself as ancient. In addition, both horse and rider are relatively "green," or inexperienced.

"There's a saying: Green on green makes black on blue," says Demarest with a grin.

So for now, Tehya and Demarest are mostly learning their roles as mount and rider separately. Professional trainers are working with Tehya, while Demarest learns to ride on more experienced animals.

Demarest is producing a follow-up movie to "Herd of Two." It will chronicle her journey into horsemanship, which hasn't been an easy one.

"I get on the horse, and as soon as the horse starts to go, I get scared," she says.

Demarest, who was told 20 years ago that she had only six months to live, is in great physical shape these days. But she risks her body every time she gets on a horse, which most people in their late 40s or 50s would probably agree is a bit scary.

But Demarest perseveres, lifting weights and taking aerobics in order to stay fit enough to ride her young horse. "I spent the whole first year crying my eyes out, but now I'm cantering bareback and doing pretty well," she says.

Still, it will be a while before Demarest is comfortable riding Tehya. When she reaches that point, she will be able to wrap up the second movie.


During this flurry of filmmaking, Demarest has not been performing live as often as she has in the past. She is still an active songwriter and musician—in fact, she is writing another album—but filmmaking takes up much of her time and resources.

For instance, she is searching for a sponsor to support a live studio recording of the music for "Keiko's Dream...Keiko's Legacy."

Demarest does miss performing, so whenever the right invitation comes along, she and her band, Good Company, are likely to accept. In September, they performed at In Other Words bookstore's Luna Music Series and did a live show for KBOO-FM's *WomanSoul* program.



Demarest is studying a training style that focuses on the psychology of horses.

Whether performing live, writing songs or recording soundtracks for film, Demarest says music will always be part of her life. "Music is one of the many reasons why I'm still sitting here today." 

View trailers for "Keiko's Dream...Keiko's Legacy" and "Herd of Two" and purchase THERESA DEMAREST's DVDs and CDs at [www.theresacd.com](http://www.theresacd.com). Single songs can be downloaded from iTunes.

REBECCA RAGAIN is a Portland freelance writer whose family used to raise and train Tennessee Walking Horses. Contact her at [www.rebeccaragain.com](http://www.rebeccaragain.com).

## Bouffant Salon

**\$10 OFF**  
Haircuts

**\$20 OFF**  
Haircolor

**\$10 OFF**  
Waxing

**\$50**  
Mani Pedi  
Combo

# B

**503.224.4099**

33 NW 9TH AVENUE • SECOND FLOOR • PORTLAND

Hair • Nails • Waxing • Facials

## Portland Lesbian

**Choir**  
We Sing Out!

Directed by Ray Elliott  
Zita Jefferson, Accompanist

Passion  
For Peace



Sat. Feb. 9th ♥ 7:30 PM  
Bridgeport UCC ♥ 641 NE 76th Ave.

Tickets \$12/\$10 in advance from Choir members and at:  
Touchstone Coffee House ♥ In Other Words ♥ Music Millennium



Concert Sponsored in part by:

