

racers, regardless of sexual orientation or musical background, to join Wednesday rehearsals. No audition necessary. (503-299-4454. www.satorichorus.org.)

General

Asian & Pacific Islander Lesbians and Gays is a nonprofit community voice for gay, lesbian and bi Asian and Pacific Islanders. Activities include potlucks, recreational outings and cultural events. Friendly environment to meet and connect with other API. (PO Box 12661, Portland, OR 97232. aplpg_pdx@yahoo.com.)

Bad Girls is a social and educational leather and B/D/S/M club for self-identified women with an emphasis on safety and education. Workshops, discussions, events and parties. Women of all orientations can connect and ask questions during the Kinky Women's Welcoming Munch at 7 pm every second Tuesday. (503-972-2233. www.pdxbadgirls.net.)

Cascade Flyers are gay, lesbian and bi aviators, both private and professional, in Washington, Oregon and southern British Columbia. Dinner meetings in Portland area. (503-701-7922. casflyers@yahoo.com. www.geocities.com/casflyers.)

A Common Bond is a social support network for former or questioning Jehovah's Witnesses who are queer. (acbpportland@webtv.net.)

Coqsure is a social group for people who were assigned a female sex at birth but identify otherwise (female-to-male, genderqueer, drag king, etc.). First Sunday meetings are open to partners and families of any configuration. (503-471-1515. groups.yahoo.com/group/coqsure.)

50+ lesbian social group for women meets on the third Saturday of the month. (4-7 pm. 503-642-3360 or 503-286-3575.)

Fem2fem social group forming for feminine singles between 30 and 50. (fem2fempdx@yahoo.com.)

FTM Pacific NW OR & WA is a social and discussion group for female-to-male trans men. (groups.yahoo.com/group/FTM_PacificNW.)

Funny Ladies, a social group for nice lesbians 35 and older as well as their friends and loved ones, holds potlucks on the second Saturday of each month. (503-639-7488. flataps@yahoo.com.)

Genealogy group forming. Gather with other lesbian researchers to trace your family tree and tackle "brickwall" female ancestors. (famhistnw@aol.com.)

Imperial Sovereign Rose Court of Oregon is the oldest gay, lesbian, bi and trans social/fundraising organization in the state of Oregon. Meetings are the first two Mondays of each month. (www.rosecourt.org.)

Jewish Gay Men's Group—please call for meeting time and place. (503-246-5939. efraimlevi@aol.com.)

Keshet is a social connection group for queer Jews and their spouses, partners, significant others and good friends, whether Jewish or not. It meets monthly for potluck dinners and special events. (David 503-226-7079, ext. 14, or Mike 503-331-1111.)

Leather Night and Red Hanky Social are the first and third Friday of each month at Gail's Dirty Duck Tavern. (9 pm-midnight. 439 NW Third Ave. 503-224-8446. earl@leathercigarboy.com.)

Lesbians Enjoying Nature and Science (LENS) is a fun-loving group of women who enjoy exploring all aspects of the environment. Activities include bird watching, nature walks, archaeology, camping, kayaking, star gazing and an occasional "lecture." No experience necessary. (6:45-8:30 pm second Thursday planning meeting. Laurie 503-977-2903. lensnews@yahoo.com.)

Lesbian Garden Club is a group of women who love gardens and gardening. They exchange plants, seeds, advice and encouragement while having a good time. Call for a copy of the newsletter and information about upcoming events. (Linda 503-909-2002.)

Lesbians with Degrees is a social group for intellectual women and those who want to meet them. (Lani 503-233-3557. Join listserv at LesbianswDegrees-subscribe@yahoo.com.)

Lulu's Pervy Playhouse is a social group for self-identifying women who are into S/M. Play parties are held on the second Saturday of the month. (503-231-3992. dykedadi@comcast.net. www.luluspervyplayhouse.org.)

Men Over 40 is a small, socially supportive group that meets second and fourth Thursdays. (503-777-1376.)

Oregon Men Enjoying Naturism is a social organization for gay male naturists/nudists. Social gathering second Saturday of every month. (omenpdx@omenpdx.org. www.omenpdx.org.)

PDX_FTM is a social group for female-to-male trans men and their significant others, friends, families and allies. (groups.yahoo.com/group/PDX_FTM.)

PDX Lesbo Nerds invite interesting, intelligent women 35 and older to socialize while playing board games like Scrabble and Spades. (games.groups.yahoo.com/group/PdxLesboNerds.)

The gay **Pinocle Group** meets Sundays at Hobo's. Come play cards and meet the gang. New players always welcome. (6 pm. 120 NW Third Ave. Mike 503-641-7224.)

Poder Latino is a nonprofit social community voice group for gay, lesbian, bi and trans people that reaches out to Latinos and Latinas by organizing events and retreats and advocating HIV prevention. Meets every other Monday at Outside In. (6:30 pm. 1030 SW 13th Ave. Hugo 503-997-8615 or Audencio 503-261-5463.)

Portland Bisexual Women is a discussion, social and support group for bi and questioning women. (503-347-5817. portlandbiwomen@comcast.net. www.portlandbiwomen.freesevers.com.)

Portland Leather Alliance is one of the largest pansexual, nonprofit B/D/S/M, leather and fetish lifestyle organizations in the Northwest. Regular social and educational opportunities, including KinkFest, Leather Ball, kind auctions and Fall Vendors Fair. (www.pdxleatheralliance.org.)

Portland Leather Men meet every second Saturday for potluck and socializing. Meet men into a leather lifestyle and keep abreast of leather happenings. No dues, no formal organization, no officers or board, just leather socialization for the past 21 years. (360-896-6665. plm@directway.com.)

Portland Metro Prime Timers is a social group for mature gay men and those who appreciate them, coming together for social, educational and cultural purposes. (PO Box 5884, Portland, OR 97228. 503-286-4613 or 360-693-5506. pdxprimetimers@yahoo.com. www.geocities.com/pdxprimetimers.)

Rainriders Motorcycle Club meets weekly at the Roxy. Ride your bike or just come meet the group. Everyone welcome. (10 am Sunday. 1121 SW Stark St. www.pdx-rmc.com.)

Rose City Discussion Club, the largest open pansexual/alternative sexuality club in the Northwest, is open to all orientations, fetishes and lifestyles that are safe, sane and consensual. Monthly meetings, workshops and newsletter. (503-972-1869. rcdc@teleport.com. www.rcdc.org.)

Soyboys Vegetarian Men's Group is a fun, social gathering for gay and bi men who are interested in a healthy vegetarian or vegan lifestyle. A variety of activities and monthly potlucks on the last Saturday. (veggieguys@aol.com.)

Women of the Rivers, the Portland/Vancouver chapter of the **Women on Wheels Motorcycle Club**, meets monthly at Elmer's, sponsors riding clinics and takes day trips. (7:15 pm second Thursday. 9848 N Whitaker Road. www.hevanet.com/chama/wow.)

Physical Recreation

Adventure Group organizes a variety of activities year round, including hiking, walking, cross-country and downhill skiing, rafting and mountain biking. (PO Box 2201, Portland, OR 97208-2201. www.adventuregroup.org.)

Amazon Dragons Paddling Club invites women 16 and older to join Portland's only out lesbian dragon boat team. Be part of the fun and fitness with this dynamic group. (www.amazondragons.org.)

The Forest Group outings are cooperative adventures for women. Participants are responsible for providing their own equipment and choosing outings appropriate for their skill and fitness level. All skill levels welcome. (Dawn and Tami 503-659-2782. ncc1127@yahoo.com. www.geocities.com/ncc1127/forestdpx.)

The **Gay Women's Golf Group** welcomes all levels of players. (turfgrlz@yahoo.com.)

Lesbian Equestrian Group gets together for equestrian activities in the Pacific Northwest. (Denise 503-654-3865. Lynn 503-777-2339. kelrav@rdrop.com.)

National Gay Basketball League is forming a chapter in Portland to represent Oregon in the 2006 Gay Games. (www.ngba.us/portland/pdx.htm.)

Out Dancing teaches dancing for same-sex couples at Ankeny Street Studio. Classes for different dance styles start the first Friday of each month: country, swing, tango, cha-cha, etc. Call for schedule. (503-236-5129. out_dancing@yahoo.com. home.att.net/~outdancing.)

OutKayaking, Portland's gay and lesbian sea kayak group, explores the lakes, rivers and bays of Northwest Oregon and Southwest Washington. (www.outkayaking.org.)

Pacific Coast Boating Club provides opportunities for gay and lesbian boaters to come together for fun on local rivers and promotes safe boating. (paccoastboatclub@comcast.net.)

Portland Avalanche rugby team is always seeking new players for practices Mondays and

Wednesdays Aug. 29-Nov. 12 at East Delta Park. (6:30-8:30 pm. 10737 N Union Ct. 503-715-3122. www.avalancherugby.org.)

Portland Gay & Lesbian Community Bowling Association is in its 28th season! Meets Sundays at Hollywood Bowl. Drop-ins welcome anytime. (3:30 pm. 4030 NE Halsey St. Mailing address: PO Box 42034, Portland, OR 97242. 503-722-0438. pdxbowl@comcast.net. www.pdxbowl.com.)

Whether you're a running novice or a seasoned marathoner, **Portland Frontrunners** welcomes gay, lesbian, bi and trans people of all abilities and interests. (Gary info@portlandfrontrunners.org. www.portlandfrontrunners.org.)

Rosetown Ramblers, Portland's gay and lesbian square dance club, dances at mainstream and plus levels. (PO Box 5352, Portland, OR 97228-5352. www.rosetownramblers.com.)

Ruby Red Flippers, a group of gay and lesbian scuba divers in the Portland area, teaches new recruits and takes dives in Tacoma, Hood Canal and other Pacific Northwest waters. (rubyredflippers@yahoo.com. www.rubyredflippers.org.)

Team Oregon, the umbrella sports group coordinating efforts for Outgames 2006 in Montreal and Gay Games 2006 in Chicago, holds monthly meetings for those wanting to participate. (503-736-3292. www.teamoregon2006.org.)

Team Tennis meets Sundays at University of Portland. All levels of play welcome. First time is free, subsequent times are \$7. Please join us! (8 am-noon. 503-788-8192. teamportlandtennis@yahoo.com.)

YOUTH

Children of Lesbians and Gays Everywhere (COLAGE) is the only international organization specifically supporting young people with sexual minority parents. (colage@lmfamily.org. www.colage.org.)

Gay, Lesbian and Straight Education Network (GLSEN) strives to assure that each member of every school community is valued and respected, regardless of sexual orientation or gender identity/expression. (12700 SW North Dakota St., Suite 180 #129, Tigard, OR 97223. 503-525-1177. glsen@glsenoregon.org. www.glsenoregon.org.)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Provide transitional housing for youth 20 and younger and for those HIV-positive and younger than 23. Need volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. www.outsidein.org.)

Pride Project brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Austin 503-260-5792. austin@prideproject.org.)

Sexual Minority Youth Resource Center (SMYRC) offers support, recreation, counseling and referral to gay, lesbian, bi and trans kids 23 and younger. Drop-in computer access, pool tables and an informal place to hang out. Weekly trans, leadership and art support group meetings. (4-9 pm Wednesday, 4-11 pm Friday. 2100 SE Belmont St. 503-872-9664. www.smyrc.org.)

Just Out is published on the first and third Friday of every month. The deadline for submissions is 14 days prior to publication.

OutReach listings of up to 50 words are provided free of charge to organizations and groups specifically serving the sexual minorities community. All listings are subject to editing, and inclusion is subject to space limitations, relevance and receipt by deadline.

Listings expire once a year (in July), and submissions run from the date received until the next scheduled expiration date. Listings are automatically deleted upon expiration. To ensure uninterrupted listing, please submit updated information at least a month prior to the expiration date. Complete listings are available online at www.justout.com.

Send listings to: Just Out (attn: Calendar), P.O. Box 14400, Portland, OR 97293-0400

Fax submissions to 503-236-1257 or e-mail justout@justout.com.

Submissions cannot be accepted over the phone.

Please type your announcements and include full contact information.

A Weeping, Snotty Mess

Friend trades depression drugs for constant copulation

DEAR MS. BEHAVIOR:

My best friend, Jack, has fallen in love with a younger man I'll call Bunny Boy. That's not really the problem, although to hear the stories the morning after, it appears that Bunny Boy is sexually compulsive; he wants to have sex all the time. Well, that's not the problem, either. The thing is that Jack has suddenly gone off all his anti-depressant medication because, as he says, "I'm so happy in love, why bother with pharmaceuticals?"

I've known Jack a long time. I know he will crash like a jet airliner with all its engines on fire. I know he will need to go to spend a nice, long time in a quiet white room, where the nurses lock the doors at night. But Bunny Boy has apparently decided that Jack's 45-year-old libido is dampened by Prozac, Wellbutrin and Buspar.

So, what can I do to convince Jack that suddenly going off all his meds is a terrible idea and that 23-year-old tail is hardly a good reason to risk a stay in the mental ward? Any ideas?

—Jack's Friend

DEAR JACK'S FRIEND:

First, look in the mirror and admit it: You're envious of Jack, his sexy little boyfriend and their constant copulation. You secretly wish you had a Bunny Boy of your own, even one who'd encourage you to forsake your mental health in favor of shagging 11 times a day, on the wood floor and on the granite kitchen countertop and in a snowbank. But since you don't have a cute hypersexual boyfriend, you don't want Jack to have one, either.

What can you do to keep Jack out of the loony bin? Probably not much. You can try to reason with Jack and explain your concerns about his need for pharmaceuticals. You can remind him of prior times that he's crashed and burned and gone crazy without his medication. But these reminders will just be for you, to make you feel like you've done something, when in fact you know that there's nothing you can say or do to convince Jack to choose Prozac and Wellbutrin and Buspar over his spunky young stud.

All you can do is be a good, kind friend to Jack when Bunny Boy hops on to his next older man. Then you can let Jack be a weeping, snotty mess on your couch. Patiently offer him tea and sympathy and tissues without ever saying, "I told you that you shouldn't go off your meds or you'd end up a weeping, snotty mess on my couch."

DEAR MS. BEHAVIOR:

My ex, Neela, is a seriously depressed woman who is facing cancer treatment. She has some friends but no one to be her main caretaker. Her life is a mess and was a mess long before the cancer; her apartment is unbelievably trashed on a good day, and she's a highly difficult individual.

The problem is that I'd really like to be the one who helps her through the process, but I find it makes me remarkably depressed if I spend more than a few days with her, and I cannot bear staying with her in her apartment. I know I'm going to have to suck it up and put my personal feelings aside, but I don't want to jeopardize my own mental health.

I can't not show up. What can I do?

—Boo

DEAR BOO:

Show up for Neela, but don't do it alone. You seem to have forgotten an important fact: Most lesbians are willing to lend a friendly hand. It shouldn't be hard to rally a few of Neela's friends to help her out.

It's hard to predict who'll be most helpful; some people who seem like great and reliable friends will utterly disappear during a time of need. Others, who seem like peripheral friends, will show up nearly every day for meal delivery and dog walks.

But, fortunately, in nearly every crowd of lesbians, there are at least one or two women who live to be everyone's hero. These are the ones we count on in times of crisis, the ones who long to aid others. These strong women will throw Neela across their shoulders and carry her to doctor's appointments. They will scrub her toilet and build a handicapped ramp to her front door and add a fireplace in her living room if she needs one. If the fire gets out of control, they will be there to put it out.

How can you find such women? Ask Neela if any of her friends are nurses or hospice workers or firefighters or children of alcoholics. You just need to find the right couple of people, those whose hearts beat best when they're filled with adrenaline. 10

MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette*. Signed copies are available directly from the author. Send questions or correspondence to msbehavior@aol.com.



Ms. Behavior
BY MERYL COHN