

Spirituality and nonmetro listings are now online at [www.justout.com](http://www.justout.com)

skills, perform, and have fun. (503-727-3306. [portlandlesbianchoir@hotmail.com](mailto:portlandlesbianchoir@hotmail.com). [www.plchoir.org](http://www.plchoir.org).)

**Rose City Gay Freedom Band** is a performance group for queers and supportive friends of varying musical skill levels with annual fall and spring concerts. Subgroups include the Rose City Swing band and a marching band with flag corps. Come join us! (503-790-2170. [info@rcgfb.org](mailto:info@rcgfb.org). [www.rcgfb.org](http://www.rcgfb.org).)

**Satori Men's Chorus** welcomes new members of all ages and races, regardless of sexual orientation or musical background, to join Wednesday rehearsals. No audition necessary. (503-299-4454. [www.satorichorus.org](http://www.satorichorus.org).)

**General**

**Asian & Pacific Islander Lesbians and Gays** is a nonprofit community voice for gay, lesbian and bi Asian and Pacific Islanders. Activities include potlucks, recreational outings and cultural events. Friendly environment to meet and connect with other API. (PO Box 12661, Portland, OR 97232. [aplig\\_pdx@yahoo.com](mailto:aplig_pdx@yahoo.com).)

**Bad Girls** is a social and educational leather and B/D/S/M club for self-identified women with an emphasis on safety and education. Workshops, discussions, events and parties. Women of all orientations can connect and ask questions during the Kinky Women's Welcoming Munch at 7 pm every second Tuesday. (503-972-2233. [www.pdxbadgirls.net](http://www.pdxbadgirls.net).)

**Cascade Flyers** are gay, lesbian and bi aviators, both private and professional, in Washington, Oregon and southern British Columbia. Dinner meetings in Portland area. (503-701-7922. [casflyers@yahoo.com](mailto:casflyers@yahoo.com). [www.geocities.com/casflyers](http://www.geocities.com/casflyers).)

**A Common Bond** is a social support network for former or questioning Jehovah's Witnesses who are queer. ([achportland@webtv.net](mailto:achportland@webtv.net).)

**Coqsure** is a social group for people who were assigned a female sex at birth but identify otherwise (female-to-male, genderqueer, drag king, etc.). First Sunday meetings are open to partners and families of any configuration. (503-471-1515. [groups.yahoo.com/group/coqsure](mailto:groups.yahoo.com/group/coqsure).)

**50+ lesbian social group** for women meets on the third Saturday of the month. (4-7 pm. 503-642-3360 or 503-286-3575.)

**Fem2fem social group** forming for feminine singles between 30 and 50. ([fem2fempdx@yahoo.com](mailto:fem2fempdx@yahoo.com).)

**FTM Pacific NW OR & WA** is a social and discussion group for female-to-male trans men. ([groups.yahoo.com/group/FTM\\_PacificNW](mailto:groups.yahoo.com/group/FTM_PacificNW).)

**Funny Ladies**, a social group for nice lesbians 35 and older as well as their friends and loved ones, holds potlucks on the second Saturday of each month. (503-639-7488. [flataps@yahoo.com](mailto:flataps@yahoo.com).)

**Genealogy group** forming. Gather with other lesbian researchers to trace your family tree and tackle "brickwall" female ancestors. ([famhistnw@aol.com](mailto:famhistnw@aol.com).)

**Imperial Sovereign Rose Court of Oregon** is the oldest gay, lesbian, bi and trans social/fund-raising organization in the state of Oregon. Meetings are the first two Mondays of each month. ([www.rosecourt.org](http://www.rosecourt.org).)

**Jewish Gay Men's Group**—please call for meeting time and place. (503-246-5939. [efrainlevi@aol.com](mailto:efrainlevi@aol.com).)

**Keshet** is a social connection group for queer Jews and their spouses, partners, significant others and good friends, whether Jewish or not. It meets monthly for potluck dinners and special events. (David 503-226-7079, ext. 14, or Mike 503-331-1111.)

**Leather Night and Red Hanky Social** are the first and third Friday of each month at Gail's Dirty Duck Tavern. (9 pm-midnight. 439 NW Third Ave. 503-224-8446. [earl@leathercigarboy.com](mailto:earl@leathercigarboy.com).)

**Lesbians Enjoying Nature and Science (LENS)** is a fun-loving group of women who enjoy exploring all aspects of the environment. Activities include bird watching, nature walks, archaeology, camping, kayaking, star gazing and an occasional "lecture." No experience necessary. (6:45-8:30 pm second Thursday planning meeting. Laurie 503-977-2903. [lensnews@yahoo.com](mailto:lensnews@yahoo.com).)

**Lesbian Garden Club** is a group of women who love gardens and gardening. They exchange plants, seeds, advice and encouragement while having a good time. Call for a copy of the newsletter and information about upcoming events. (Linda 503-909-2002.)

**Lesbians with Degrees** is a social group for intellectual women and those who want to meet them. (Lani 503-233-3557. Join [listserv at LesbianswithDegrees-subscribe@yahoo.com](mailto:listserv@lesbianswithdegrees-subscribe@yahoo.com).)

**Lulu's Pervy Playhouse** is a social group for self-identifying women who are into S/M. Play parties are held on the second Saturday of the month. (503-231-3992. [dykedadi@comcast.net](mailto:dykedadi@comcast.net). [www.luluspervyplayhouse.org](http://www.luluspervyplayhouse.org).)

**Men Over 40** is a small, socially supportive group that meets second and fourth Thursdays. (503-777-1376.)

**Oregon Men Enjoying Naturism** is a social organiza-

tion for gay male naturists/nudists. Social gathering second Saturday of every month. ([omenpdx@omenpdx.org](mailto:omenpdx@omenpdx.org). [www.omenpdx.org](http://www.omenpdx.org).)

**PDX\_FTM** is a social group for female-to-male trans men and their significant others, friends, families and allies. ([groups.yahoo.com/group/PDX\\_FTM](mailto:groups.yahoo.com/group/PDX_FTM).)

**PDX Lesbo Nerds** invite interesting, intelligent women 35 and older to socialize while playing board games like Scrabble and Spades. ([games.groups.yahoo.com/group/PdxLesboNerds](mailto:games.groups.yahoo.com/group/PdxLesboNerds).)

The gay **Pinocle Group** meets Sundays at Hobo's. Come play cards and meet the gang. New players always welcome. (6 pm. 120 NW Third Ave. Mike 503-641-7224.)

**Poder Latino** is a nonprofit social community voice group for gay, lesbian, bi and trans people that reaches out to Latinos and Latinas by organizing events and retreats and advocating HIV prevention. Meets every other Monday at Outside In. (6:30 pm. 1030 SW 13th Ave. Hugo 503-997-8615 or Audencio 503-261-5463.)

**Portland Bisexual Women** is a discussion, social and support group for bi and questioning women. (503-347-5817. [portlandbiwomen@comcast.net](mailto:portlandbiwomen@comcast.net). [www.portlandbiwomen.freesevers.com](http://www.portlandbiwomen.freesevers.com).)

**Portland Leather Alliance** is one of the largest pansexual, nonprofit B/D/S/M, leather and fetish lifestyle organizations in the Northwest. Regular social and educational opportunities, including KinkFest, Leather Ball, kind auctions and Fall Vendors Fair. ([www.pdxleatheralliance.org](http://www.pdxleatheralliance.org).)

**Portland Leather Men** meet every second Saturday for potluck and socializing. Meet men into a leather lifestyle and keep abreast of leather happenings. No dues, no formal organization, no officers or board, just leather socialization for the past 21 years. (360-896-6665. [pjm@directway.com](mailto:pjm@directway.com).)

**Portland Metro Prime Timers** is a social group for mature gay men and those who appreciate them, coming together for social, educational and cultural purposes. (PO Box 5884, Portland, OR 97228. 503-286-4613 or 360-693-5506. [pdxprimertimers@yahoo.com](mailto:pdxprimertimers@yahoo.com). [www.geocities.com/pdxprimertimers](http://www.geocities.com/pdxprimertimers).)

**Rainriders Motorcycle Club** meets weekly at the Roxy. Ride your bike or just come meet the group. Everyone welcome. (10 am Sunday. 1121 SW Stark St. [www.pdx-rmc.com](http://www.pdx-rmc.com).)

**Rose City Discussion Club**, the largest open pansexual/alternative sexuality club in the Northwest, is open to all orientations, fetishes and lifestyles that are safe, sane and consensual. Monthly meetings, workshops and newsletter. (503-972-1869. [rcdc@teleport.com](mailto:rcdc@teleport.com). [www.rcdc.org](http://www.rcdc.org).)

**Soyboys Vegetarian Men's Group** is a fun, social gathering for gay and bi men who are interested in a healthy vegetarian or vegan lifestyle. A variety of activities and monthly potlucks on the last Friday. ([veggieguy@aol.com](mailto:veggieguy@aol.com).)

Women of the Rivers, the Portland/Vancouver chapter of the **Women on Wheels Motorcycle Club**, meets monthly at Elmer's, sponsors riding clinics and takes day trips. (7:15 pm second Thursday. 9848 N Whitaker Road. [www.hevanet.com/chama/wow](http://www.hevanet.com/chama/wow).)

**Physical Recreation**

**Adventure Group** organizes a variety of activities year round, including hiking, walking, cross-country and downhill skiing, rafting and mountain biking. (PO Box 2201, Portland, OR 97208-2201. [www.adventuregroup.org](http://www.adventuregroup.org).)

**Amazon Dragons Paddling Club** invites women 16 and older to join Portland's only lesbian dragon boat team. Be part of the fun and fitness with this dynamic group. ([www.amazondragons.org](http://www.amazondragons.org).)

**The Forest Group** outings are cooperative adventures for women. Participants are responsible for providing their own equipment and choosing outings appropriate for their skill and fitness level. All skill levels welcome. (Dawn and Tami 503-659-2782. [ncc1127@yahoo.com](mailto:ncc1127@yahoo.com). [www.geocities.com/ncc1127/forestdpx](http://www.geocities.com/ncc1127/forestdpx).)

The **Gay Women's Golf Group** welcomes all levels of players. ([turfgrlz@yahoo.com](mailto:turfgrlz@yahoo.com).)

**Lesbian Equestrian Group** gets together for equestrian activities in the Pacific Northwest. (Denise 503-654-3865. Lynn 503-777-2339. [kelrav@rdrop.com](mailto:kelrav@rdrop.com).)

**National Gay Basketball League** is forming a chapter in Portland to represent Oregon in the 2006 Gay Games. ([www.ngba.us/portland/pdx.htm](http://www.ngba.us/portland/pdx.htm).)

**Out Dancing** teaches dancing for same-sex couples at Ankeny Street Studio. Classes for different dance styles start the first Friday of each month: country, swing, tango, cha-cha, etc. Call for schedule. (503-236-5129. [out\\_dancing@yahoo.com](mailto:out_dancing@yahoo.com). [home.att.net/~outdancing](http://home.att.net/~outdancing).)

**OutKayaking**, Portland's gay and lesbian sea kayak group, explores the lakes, rivers and bays of Northwest Oregon and Southwest Washington. ([www.outkayaking.org](http://www.outkayaking.org).)

**Pacific Coast Boating Club** provides opportunities for gay and lesbian boaters to come together for fun

on local rivers and promotes safe boating. ([paccost-boatclub@comcast.net](mailto:paccost-boatclub@comcast.net).)

**Portland Avalanche** rugby team is always seeking new players for practices Mondays and Wednesdays Aug. 29-Nov. 12 at East Delta Park. (6:30-8:30 pm. 10737 N Union Court. 503-715-3122. [www.avalancherugby.org](http://www.avalancherugby.org).)

**Portland Gay & Lesbian Community Bowling Association** is in its 28th season! Meets Sundays at Hollywood Bowl. Drop-ins welcome anytime. (3:30 pm. 4030 NE Halsey St. Mailing address: PO Box 42034, Portland, OR 97242. 503-722-0438. [pdxbowl@comcast.net](mailto:pdxbowl@comcast.net). [www.pdxbowl.com](http://www.pdxbowl.com).)

Whether you're a running novice or a seasoned marathoner, **Portland Frontrunners** welcomes gay, lesbian, bi and trans people of all abilities and interests. (Gary [info@portlandfrontrunners.org](mailto:info@portlandfrontrunners.org). [www.portlandfrontrunners.org](http://www.portlandfrontrunners.org).)

**Rosetown Ramblers**, Portland's gay and lesbian square dance club, dances at mainstream and plus levels. (PO Box 5352, Portland, OR 97228-5352. [www.rosatownramblers.com](mailto:www.rosatownramblers.com).)

**Ruby Red Flippers**, a group of gay and lesbian scuba divers in the Portland area, teaches new recruits and takes dives in Tacoma, Hood Canal and other Pacific Northwest waters. ([rubbyredflippers@yahoo.com](mailto:rubbyredflippers@yahoo.com). [www.rubbyredflippers.org](http://www.rubbyredflippers.org).)

**Team Oregon**, the umbrella sports group coordinating efforts for Outgames 2006 in Montreal and Gay Games 2006 in Chicago, holds monthly meetings for those wanting to participate. (503-736-3292. [www.teamoregon2006.org](http://www.teamoregon2006.org).)

**Team Tennis** meets Sundays at University of Portland. All levels of play welcome. First time is free, subsequent times are \$7. Please join us! (8 am-noon. 503-788-8192. [teamporlandtennis@yahoo.com](mailto:teamporlandtennis@yahoo.com).)

**YOUTH**

**Children of Lesbians and Gays Everywhere (COLAGE)** is the only international organization specifically supporting young people with sexual minority parents. ([colage@lmfamily.org](mailto:colage@lmfamily.org). [www.colage.org](http://www.colage.org).)

**Gay, Lesbian and Straight Education Network (GLSEN)** strives to assure that each member of every school community is valued and respected, regardless of sexual orientation or gender identity/expression. (12700 SW North Dakota St., Suite 180 #129, Tigard, OR 97223. 503-525-1177. [glsen@glsenoregon.org](mailto:glsen@glsenoregon.org). [www.glsenoregon.org](http://www.glsenoregon.org).)

**Outside In** operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Provide transitional housing for youth 20 and younger and for those HIV-positive and younger than 23. Need volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. [www.outsidein.org](http://www.outsidein.org).)

**Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Austin 503-260-5792. [austin@prideproject.org](mailto:austin@prideproject.org).)

**Sexual Minority Youth Resource Center (SMYRC)** offers support, recreation, counseling and referral to gay, lesbian, bi and trans kids 23 and younger. Drop-in computer access, pool tables and an informal place to hang out. Weekly trans, leadership and art support group meetings. (4-9 pm Wednesday, 4-11 pm Friday. 2100 SE Belmont St. 503-872-9664. [www.smyrc.org](http://www.smyrc.org).)

**just out** is published on the first and third Friday of every month. The deadline for submissions is 14 days prior to publication.

outreach listings of up to 50 words are provided free of charge to organizations and groups specifically serving the sexual minorities community. All listings are subject to editing, and inclusion is subject to space limitations, relevance and receipt by deadline.

Listings expire once a year (in July), and submissions run from the date received until the next scheduled expiration date. Listings are automatically deleted upon expiration. To ensure uninterrupted listing, please submit updated information at least a month prior to the expiration date. Complete listings are available online at [justout.com](http://justout.com).

Send listings to: **Just Out** (attn: Calendar), P.O. Box 14400, Portland, OR 97293-0400

Fax submissions to 503-236-1257 or e-mail [justout@justout.com](mailto:justout@justout.com). Submissions cannot be accepted over the phone.

Please type your announcements and include full contact information.

# Breasts of Burden

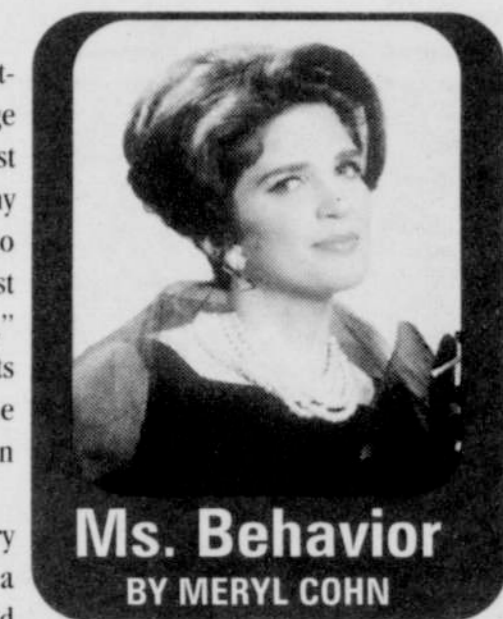
How can I convince my girlfriend that surgery is the right option for me?

DEAR MS. BEHAVIOR:

I've suffered with backaches and catcalls my whole life because of my large breasts, and now I'm considering breast reduction surgery. The problem is that my partner, Anita, likes them and wants me to keep them as they are. She claims breast reductions surgery is "female mutilation," and she seems to doubt that my breasts cause physical discomfort, despite the obvious rope burns my bra straps leave on my shoulders.

I'm not sure what to do. The surgery doesn't feel cosmetic to me; it feels like a treatment for my lifetime of discomfort. I'd like to keep Anita happy, but not at the expense of hauling around 10 extra pounds of boob. How can I convince my girlfriend that surgery is the right option for me?

—Burdened by Breasts



**Ms. Behavior**  
BY MERYL COHN

DEAR BURDENED BY BREASTS:

It's your body. You need to decide what to do with your Breasts of Burden, whether or not you succeed in changing Anita's opinion. You're the one who has to carry them around, and you're the one with backaches, so it doesn't make sense to let her opinion weigh too heavily on your decision.

Let Anita talk about her feelings, and tell her that you understand her concerns but that your boobs are your own and that she can't use them as her personal icon of feminism.

Maybe Anita is having an object-relations crisis and she needs some reassurance that altering your breasts won't change her relationship to them. Let her know that after your breasts become a more comfortable size, they'll still be part of you and she can still touch them and rest her head on them. If she's not calmed by your reassurance, place her face on your breasts, squash her between them and rock her to sleep.

DEAR MS. BEHAVIOR:

I'm a little worried about my girlfriend's sexual fantasies. I want to run them by you so you can tell me if they're normal.

Dawn has always been free in bed; she is very verbal and tells me what she's thinking about while we're having sex. Lately, during our moments of intimacy, she's been sharing her fantasy that there's a circle of men watching us. Apparently, the men are jerking off while watching us make love, and Dawn gets to decide which of them gets to have sex with me. She describes her fantasy in great detail, which includes making me blow one of the men and then letting him enter me while she tells him how to please me!

I'm never sure how to react. Is Dawn trying to humiliate me, or is she just excited by envisioning a man having sex with me? I try to tell myself it's just a fantasy and it's not harmful, but then I wonder why Dawn needs to envision this scenario in order to get off. Should I be worried that she'll eventually want to bring a man home? Or that she'll leave me for a man?

—A Little Neurotic About Dawn's Fantasy Life

DEAR A LITTLE NEUROTIC ABOUT DAWN'S FANTASY LIFE:

Try to relax a little and let go of feeling threatened by Dawn's big, bad fantasies; maybe you can even enjoy them together. A girlfriend with an active imagination is a blessing.

Dawn's adventurous imaginings don't suggest that she wants to humiliate you or seduce the mailman or invite the electrician in for a threesome—most of the time, a fantasy really is just a fantasy. The majority of people who fantasize about being spanked by Tony Soprano would pass up the opportunity in real life, and people who imagine sucking off the Boston Red Sox generally don't attempt to make it happen; they're content to explore such thoughts in the quiet of their own mind, or to share them aloud with a partner.

If you remain anxious about Dawn's imagination, please remind yourself that smoking pot doesn't always lead to heroin use and stealing pens from the office doesn't lead to murder and a girlfriend's bisexual fantasies rarely result in actual penises in your bed. ☺

MERYL COHN is the author of *Do What I Say*, Ms. Behavior's Guide to Gay and Lesbian Etiquette. Signed copies are available directly from the author. Send questions or correspondence to [msbehavior@aol.com](mailto:msbehavior@aol.com).