

Classifieds

503-236-1253
promote your business here

CLASSIFIEDS INDEX

accounting, 48	employment, 49	insurance, 50	photography, 50
attorneys, 48	gardening/yard svcs., 49	licensed massage therapists, 47	public announcements, 50
business consulting, 48	graphic design, 49	music, 50	real estate, 50-52
chiropractors, 47	hair studios, 49	naturopath, 47	real estate loans, 52
counseling, 48-49	health care, 47	optometry, 47	unlicensed bodywork, 53
dentists, 47	home services, 49-50	personal fitness, 47	vacation destinations, 53
	housing, 50	pets, 50	

Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at www.justout.com.)

OCTOBER

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

all's well

Just Out's Guide to Physical Health, Fitness and Well Being

CHIROPRACTORS

KHALSA CHIROPRACTIC PAIN RELIEF CLINIC

FAST & EFFECTIVE RELIEF
Gentle Relief of Your Pain is Our Top Priority

Neck • Back pain • Headaches
Immediate Appointments • Emergencies Welcome
Reasonable Fees • Insurance Accepted

*Doctor of Chiropractic *Diplomate National Board
*Oregon License *American Chiropractic Assn

"We promise to treat you special"
Dr. H.D.S. Khalsa


5013 SE Hawthorne Bv 503 238-1032

DENTISTS

Winston Family Dental
Family and Cosmetic Dentistry

Jo Ellen Winston DMD, PC
(503) 659-1055 • 3016 SE Courtney Road, Milwaukie, OR 97222
See our display ad in this issue.

Family Dentistry Mt. Tabor Dental, LLC



Todd L. Beck, D.M.D.
728 SE 60th Ave Portland, OR 97215 • 503-236-1449
e-mail: info@mttabordental.com

WE OFFER COMPLETE DENTAL SERVICES

- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES & PARTIALS
- BLEACHING, VENEERS

NEW PATIENTS WELCOME

eduardo mulero dds pc
general and esthetic dentistry



- General & Cosmetic Dentistry
- Teeth Whitening
- Porcelain Veneers
- Cleanings, Fillings, Crowns
- Friendly Environment
- Strict Infection Control
- Most Insurance Accepted

www.mulero.com
1585 SW Marlow Ave, #204
(503) 203-6978


If horse racing is the sport of kings, then drag racing must be the sport of queens.
- Bert R. Sugar

HEALTH CARE

Leslie Johnson, M.D.
joined Pacific Medical Group's Beaverton Clinic in April of 2005. Dr. Johnson is Board Certified in Family Practice and is also certified as an HIV specialist by the American Academy of HIV Medicine. She is accepting new patients for primary care and HIV care.

She returns to the Northwest from the Chelsea area of Manhattan, NY where she has been for the last three years practicing primary care at a large LGBT community clinic.

If you would like to make an appointment with Dr. Johnson, please call (503) 644-1171.



pacific medical group

LICENSED MASSAGE THERAPISTS (LMT)

NOTICE: OREGON LAW states that all advertisements mentioning any type of manipulation of tissue and/or available showers MUST have a valid massage license number.

Laurelhurst Massage

European Showers • Dry Sauna
Steam Room • 2 Man - 4 Hand Massage
Individual & Couples Massage



Greg Mitchell, LMT
(Lic # 7750) 503.380.4324




Rick Sullivan, LMT
(Lic # 6049) 503.421.5172

www.LaurelhurstLMT.com • Open 7 Days a Week

Kevin Eddy, LMT
Swedish & Therapeutic Massage

(503) 201-5458
IN AND OUT CALL AVAILABLE
www.kevinlmt.com
LIC# 10209



David Flynn, LMT


- Reduce Stress
- Increase Well-being
- Invest in Bliss

Same day appointment
in/out call: (503) 775-4755



Bryn Stanbury, LMT
Massage Therapy for stress & pain relief

see me at **Ruby**
for appt. or questions
503-449-8322
30th & SE Division
massagemoon@earthlink.net

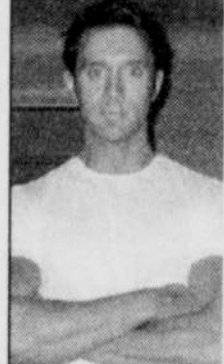


LICENSED MASSAGE THERAPISTS (LMT)

Tod J. Carrig, LMT
Licensed Massage Therapist
Deep Tissue & Therapeutic Massage


Gift Certificates Available

503-998-6610
deeptissumassage@aol.com
<http://hometown.aol.com/deeptissumassage>
lic # 9117



MIND BODY SPIRIT MASSAGE
CHRISTOPHER BOOTHBY, LMT
Lic. # 11642, NCBTMB

Swedish, Reiki, Deep Tissue & Myofascial Release
MBSmassage@yahoo.com
503.201.8126
Inner SE Portland



PERFECT GIFT IDEA ... ANYTIME!
Licensed Massage Therapy

1.5 Hours - \$60
- Gift Certificates Available -

JAMIE NORGARD
15 years experience
503.771.1788
Oregon License #3291

www.adam4massage.com

Body balancing by use of Massage And Energy work

503.806.6285
Adam Roberts LMT # 7811



Mike Borgstrom, LMT

- Swedish
- Acupressure
- Relaxation
- Stretching


971-570-5829
Downtown Location



Brian Tennon
Licensed/Massage Therapist (#6476)

503.201.3274

CONVENIENT
Downtown Location



Scott Williams
lic # 10462
flexible schedule
in a quiet SE Portland location

503-866-8839
www.pdxbodyworks.com



Massage for Men
Treat yourself to a complete full body massage by a friendly experienced therapist.

Downtown location/outcalls to home/hotel
Days/evenings/weekends/same day appts.—often available!

Cliff King, L.M.T.
503-936-5135
Lic# 6463

LICENSED MASSAGE THERAPISTS (LMT)

Relaxing Massage for Men
* Stress Reduction * Pain Relief *
* Swedish * Deep Tissue *

Lee Serenethos
Beaverton 503-380-6196
sirmassage.com LMT #5756



DANIEL FOREST


TOUCH FOR LIFE
MASSAGE
SWEDISH & DEEP RELAXATION
503-701-0859
LICENSE # 10144



Sport Massage
Swedish • Deep Tissue

14 years experience • Central Portland

Andrej Surnak Ph.D. LMT
LMT # 10972 • National Cert. # 411401-00
LMT in Czechoslovakia # 12/91
(503) 232-2265 • (503) 334-8717




NATUROPATH

Effective Natural Medicine for Men, Women & Children

Acute & Chronic Health Problems
Women's Health / Transgender Health

Suzanne Scopes, ND
Experienced • Knowledgeable • Caring

503-230-0812 316 NE 28th Ave. - Corrie Healthcare Clinic
www.drscopesnaturalhealthcare.com



OPTOMETRY

Shelby Wickorst, O.D.
OPTOMETRIC PHYSICIAN
Phone (360) 944-1911
Fax (360) 944-5255
1901 NE 162nd Avenue
Suite D102
Vancouver, WA 98684
www.vision162.com



PERSONAL FITNESS

Former Princeton Athletic Members Welcome!

BEFIT4YOU

Offering training at
Mavericks Sports Club

Let me help you get there.

PERSONAL SERVICES TO EXPECT

Ongoing Consultation	Body Composition
Nutrition Evaluation	Fitness Analysis & Assessment
Menu Planning	Stretching Exercises
Strength Training	Cardiovascular Training
Personalized Goal Setting	Motivation

Danny Kempfer, CPT • ACE Certified
503.880.6535 or dakpdx@comcast.net

