

outreach

AIDS & HIV

Metro: AIDS & HIV

CAREassist pays for health insurance premiums, prescription drugs and insurance plan co-payments and deductibles for eligible people with HIV/AIDS. Program of the Oregon Department of Human Services and the Ryan White CARE Act. (8 am-5 pm Monday-Friday, 503-731-4029 or 800-805-2313. www.healthor.gov.)

Cascade AIDS Project (CAP) educates youth and adults about HIV prevention, supports people with HIV and their families and advocates for sound HIV policy and legislation on the national, state and local levels. Spanish-language assistance available. (Suite 300, 620 SW Fifth Ave. 503-223-5907. Oregon AIDS Hotline 800-777-2437.)

Catholic Charities AIDS Ministry (CHAT) provides haircuts, massages, holiday dinners, spiritual direction, pastoral counseling, funeral services, memorials and family grief work. Free and open to all people living with HIV. (503-963-8102.)

Clackamas County Public Health offers anonymous and confidential HIV testing and counseling to everyone. No needles! Free condoms! Call for appointment or walk-in testing times. (Oregon City, 503-655-8471. Sandy, 503-722-6660. Molalla, 503-723-2944. 82nd Avenue, 503-771-7944. For more information call 503-742-5382.)

Columbia County Public Health offers anonymous and confidential HIV testing, counseling and case management to anyone. Se habla español. We lend HIV books and videos and offer educational materials and free condoms. (503-397-4651 or 800-244-4870.)

Daily Bread Express provides home delivery of high-quality meals to HIV-positive individuals in need.

Fresh meals delivered weekdays, frozen meals for weekends. Volunteers invited to inquire anytime. (Mara 503-460-3822.)

Friends of People with AIDS Foundation offers assistance to those with HIV, including 72-hour food boxes, entertainment, pet care, clothing, household goods and cremations. (503-349-4699. www.friendsfpa.org.)

Health, Education, AIDS Liaison (HEAL) offers information about alternative views of AIDS causation and HIV testing. Call for a free packet of information. (503-227-2339. bwport@comcast.net.)

Multnomah County Health Department's **HIV Community Test Site** offers confidential testing by appointment with or without your name. Some walk-in testing. Sliding-scale fee. Se habla español; other interpretation by appointment. (9 am-4:45 pm Monday-Friday except 12:30-4:45 pm Wednesday, 426 SW Stark St., Sixth Floor, 503-988-3775.)

HIV Day Center offers hot meals, counseling, laundry facilities, clothing, showers and hygiene supplies, computers with Internet access, phones, mail drop, recreational activities, massage and haircuts. Volunteers invited to inquire anytime. (9 am-3 pm Monday-Friday, 2941 NE Ainsworth St. 503-460-3822.)

The Link, a group for HIV-positive gay and bi men, meets weekly at Cascade AIDS Project for movies, dinner and other social and educational events. (6 pm Wednesday, Suite 300, 620 SW Fifth Ave. Michael 503-223-5907. thelink@cascadeaids.org.)

Multnomah County offers free HIV rapid testing to gay, bi and trans guys. Se habla español. (5-7:15 pm Tuesday, 5329 NE Martin Luther King Jr. Blvd. 503-988-3030.)

Our House of Portland provides Oregon and southwest Washington's only network of integrated health care and housing services for people with AIDS. To volunteer, contact Kathryn Siebert. (503-234-0175. www.ourhouseofportland.org.)

Partnership Project provides case management and service access for people living with HIV/AIDS, including help with coordinating a variety of services and behavior-change counseling to motivate people to protect their partners and themselves. (Intake line: 503-517-3590. Prevention program: Kurt or Maria 503-230-1202 or 877-795-7700.)

Portland Area HIV Services Planning Council is a county decision-making body that identifies services needed for people living with HIV/AIDS and allocates federal funds annually in a six-county area. Need volunteers from all walks of life. (20 NE 10th Ave., Second Floor, 3653 SE 34th Ave. 503-988-3030, ext. 25703. www.hivportland.org.)

The Positive Direction Series offers life skill workshops to people living with HIV/AIDS at Cascade AIDS Project. Topics include employment, parenting, health, women's self-image and sexuality, budgeting and tenant education. (Dawn Thompson 503-223-5907, ext. 203. www.cascadeaids.org.)

Project Quest Integrative Health Center offers conventional and alternative health care, nutrition classes, support groups and recreational sports activities for people seeking a wellness focus to living and dying, especially those living with HIV/AIDS or cancer. Enjoy the relaxing and healing effects of a free reiki treatment noon-3:45 pm every first and third Monday. (2100 SE Belmont St. 503-238-5203. pquest@quest.net.)

Queer Love Action Network for Discovery (Q-LAND), an HIV/STD prevention organization, provides resources and referrals on men's health challenges and holds bar testing, touching, yoga, film salon and other events promoting wellness and intimacy. (503-223-8822. info@qland.org. www.qland.org.)

The Research & Education Group provides access to HIV/AIDS research trials of new drugs and therapies for people in Oregon and southwest Washington. (1650 NW Naito Parkway #185. 503-229-8429 or 800-875-8428. regroup@reg.org. www.reg.org.)

The Risk Reduction Zone, a program of Outside In, provides a queer safe space that offers HIV, hepatitis C and STD prevention programs; Internet resources; peer counseling; referrals; and support groups in a nonclinical setting. (1030 SW 13th Ave. 503-535-3895.)

Swan House is a specialized adult foster care home serving low-income individuals with HIV/AIDS who need assistance with personal care, mobility, medications or drug/alcohol mental health support. (4764 SE Logus Road, Milwaukie. 503-786-4829. Volunteers call 503-234-0175.)

Washington County Health Department provides free needle-free HIV testing services for gay and bi men at community health clinics in Beaverton and Tigard. (Beaverton: 5:30-7:30 pm Monday, 12550 SW Second St. Tigard: 5:30-7:30 pm Thursday, 15296 SW Royalty Parkway. 503-846-4965.)

Curry County Public Health Department offers free HIV testing every fourth Friday of the month on the southern Oregon coast. (Brookings: 3-5 pm, 425 Mill Beach Road. Gold Beach: 6-8 pm, 94235 Moore St. Port Orford: Noon-2 pm, 1403 Oregon St. 541-440-2761.)

Coastal Oregon: AIDS & HIV

Coastal AIDS Network (CAN) is dedicated to human dignity and preventing HIV by building community in Lincoln and Tillamook counties through education, outreach, social and support services. Free and anonymous HIV testing by appointment. (3128 NE Highway 101 #202, Lincoln City, OR 97367. 541-994-5597. canoffice@earthlink.net. www.coastalaidsnetwork.homestead.com.)

Family Resource Center in Reedsport offers free HIV testing every last Thursday of the month. (3-6 pm, 5 St. John Way, 541-440-2761.)

South Coast Hospice Bereavement Center offers free HIV testing every second Thursday of the month. (3-6 pm, 1610 Thompson Road, 541-440-2761.)

Southern Coos Specialty Clinic in Bandon offers free HIV testing every fourth Saturday of the month. (10 am-1 pm, 913 SE 11th St. 541-440-2761.)

Eastern Oregon: AIDS & HIV

Eastern Oregon Center for Independent Living provides support services to people living with HIV/AIDS in Harney, Malheur, Baker, Gilliam, Grant, Union, Wallowa, Wheeler, Umatilla and Morrow counties. (541-889-3119 or 866-248-8369. eoocl@eoocl.org. www.eoocl.org.)

Umatilla County Health Department offers free information and testing. Off-site testing also available. (200 SE Third St., Pendleton, John R. 541-278-5432.)

Southern Oregon: AIDS & HIV

HIV Positive Support Group meets Thursdays in Medford. (6 pm, 1501 W Main St. Bill Coyne 541-772-1777.)

Douglas County HIV Resource Center offers free HIV testing and needle exchange and a gay HIV-positive support group second and fourth Thursdays in Roseburg. (11 am-12:30 pm support group. 832 Highland St. 541-440-2761.)

Washington: AIDS & HIV

Choices is a free, confidential support program for people with HIV and hepatitis C who have substance abuse and/or mental health problems. Talk to others with similar issues in a caring, nonjudgmental environment. Individual and group sessions and case management available. (Catherine 360-759-3436.)

Clark County Health Department offers free rapid and oral sample HIV tests for gay and bi men every Thursday. (5-6:30, 3701 E Fourth Plain Blvd., Vancouver. 360-397-8098.) The HIV and AIDS Case Management Program assists individuals living with HIV/AIDS to access community and health services. (9 am-noon and 1-4 pm Monday-Friday, 360-693-4219.)

Cowlitz County Health Department offers free hepatitis A and B immunization for needle exchange customers. Also provides educational materials, referrals, HIV testing and condoms. (2-4 pm Tuesday and Thursday, 1952 Ninth Ave., Longview. 360-414-5599.)

The Washington State Department of Health **HIV/AIDS Hotline** offers invaluable information and provides referrals to various services. (800-272-2437.)

Willamette Valley: AIDS & HIV

HIV Alliance of Lane County provides education, prevention, client services and health care. Registered nurse and Spanish language available. Free oral swab HIV testing for men 5-8 pm Tuesdays—get \$10 or a free bottle of lube when you return for your results. (1966 Garden Ave., Eugene. 541-342-5088. msm@hivalliance.org.)

LifeLine AIDS Project provides assistance to residents of Lincoln, Marion and Polk counties infected or affected by HIV/AIDS. (503-371-4455. www.lifelineproject.org.)

Valley AIDS Information Network's 24-hour hotline provides HIV/AIDS, hepatitis and STD information, support and referrals. English hot line; English and Spanish materials for health fairs and public events. Speakers for schools, recovery and adult groups. (PO Box 971, Corvallis, OR 97339. 541-752-6322 or 800-588-2437.)



Scream Club performs Oct. 8 at Crush.

COMMUNITY

Metro: General

Babble-On Toastmasters meets at Rose City Park United Methodist Church to develop public speaking, communication and leadership skills, including giving prepared speeches, impromptu speaking and running effective meetings. (4:30-6:30 pm second and fourth Sunday, 5830 NE Alameda St. 503-330-2706. babbleon.toastmasters.org.)

Deaf & Hearing Out Reach (DHOR) is a nonprofit organization dedicated to building community among deaf and hearing queers and allies. Visit our Web site for programs, services, events and community resources. (503-517-8880 TTY/voice. info@dhor.org. www.dhor.org.)

Elder Resource Alliance is a coalition of organizations and individuals working to enhance the lives of older members of the sexual minorities community through education, advocacy, outreach and resource development. Activities include sensitivity training, housing directory, recreational activities, information and assistance. (3-5 pm first Wednesday, 1737 NW 26th Ave. Kevin 503-224-2640.)

Equity Foundation is a nonprofit organization founded by gays and lesbians to build communities that embrace the dignity and worth of all people. Equity has distributed more than \$1.75 million in grants and scholarships throughout Oregon. (503-231-5759. www.equityfoundation.org.)

KBOO-FM's Out Loud queer news and public affairs show, featuring local guests and announcements, airs second and fourth Tuesdays. **This Way Out**, the international queer show, airs on first, third and fifth Tuesdays. (6 pm, 90.7 FM Portland, 91.9 FM Hood River, 100.7 FM Willamette Valley. www.kboo.fm. kbooutloud@yahoo.com.)

Lesbian Community Project builds community and organizes for justice among lesbians and our allies. Sliding-scale membership is open to all women who love women. Call about events, classes, support groups, newsletter and volunteer opportunities. (800 NW Sixth Ave. #253. Mailing address: PO Box 5931, Portland, OR 97228. 503-227-0605. www.lesbiancommunityproject.org.)

Love Makes a Family is an international organization that provides a public voice for lesbian, gay, bi and trans headed families. Your membership supports queer parents and their children, works for safe schools and encourages equal rights for all couples. (503-228-3892. www.lmfam.org.)

To register your **Multnomah County Domestic Partnership**, apply in person and bring \$60 cash to the first floor of the Multnomah County offices. (8 am-4:45 pm Monday-Friday, 501 SE Hawthorne Blvd. 503-988-3027.)

Queer-friendly **Northwest Veterans for Peace** meets Sundays at Tully's Coffee. (11 am, 935 NE Broadway. nwvp@teleport.com. www.peaceveterans.org.)

The **Oregon Safe Schools and Community Coalition** seeks to create safe schools and communities for families, educators and students statewide. (503-260-5792. www.oregonsafeschools.org.)

Pride at Work Oregon is a new affiliate of the AFL-CIO that lets union members rally support for gay, lesbian, bi and trans issues and lets the queer community support workplace rights and respect on the job. (PO Box 4731, Portland, OR 97208. 503-516-2498.)

Pride Northwest, a nonprofit, volunteer-run organization, produces Portland's Pride festival and parade every Father's Day weekend. (503-295-9788. info@pridenw.org. www.pridenw.org.)

Senior Housing and Retirement Enterprises

(SHARE) is laying the groundwork for future gay and lesbian senior housing in the Portland area. Call to join a committee. (503-224-8881. www.sharepdx.org.)

The **Sexual Minorities Roundtable** meets second Tuesdays with representatives from the Multnomah County Sheriff's Office and the Portland Police Bureau to discuss and resolve issues between the queer community and law enforcement agencies. (Noon-1:30 pm, 1111 SW Second Ave. #1526. 503-823-0027.)

The **Trans/Identity Resource Centre**, a service of Outside In, provides arts programming, peer education and counseling, referrals, community outreach, HIV, Hepatitis C and STD testing and prevention, needle exchange and additional resources for trans folk and people in gender transition. (11 am-6 pm Tuesday-Thursday, 1030 SW 13th Ave. 503-535-3895.)

Veterans for Human Rights is a Portland-based group of queer war veterans and friends offering mutual support, social activities and assistance in accessing veterans services. (503-242-3585. groups.yahoo.com/group/vfhr.)

Metro: Political

Basic Rights Oregon (BRO), the state's largest grassroots queer rights political organization, lobbies the Legislature, educates the public and works to end discrimination through election activities. (PO Box 40625, Portland, OR 97240. 503-222-6151. www.basicrights.org.)

Old Lesbians Organizing for Change (OLOC) provides lesbians 60 and older the chance to meet like-minded women in our common struggle to confront ageism, to share mutual interests and to experience the joy of playing and working together. (1 pm second Wednesday, 503-286-3575.)

Radical Women are active in the struggle against bigotry and exploitation. Call us to get involved! (7 pm second Wednesday, 819 N Killingsworth St. 503-240-4462. rwpdx@igc.org.)

Metro: Professional

Oregon Education Association (OEA) Gay, Lesbian, Bisexual and Transgender Caucus is an organization for educators that works to protect the rights and interests of gay, lesbian, bi and trans teachers and students. (503-246-2073. oregonglc@care2.com. www.geocities.com/oregonglc.)

Oregon Tradeswomen promotes the success of women in the trades and educates girls and women about construction careers. Contact for meeting info. (1714 NE Alberta St. 503-335-8200. www.tradeswomen.net.)

Metro: Support

Brother to Brother is a support and advocacy organization for African-American gay and bisexual men and their families living in the Portland metro

area that sponsors activities and an HIV prevention program. (503-417-7991. info@brotohelpdx.org. www.brotohelpdx.org.)

Clackamas County Parents, Families and Friends of Lesbians and Gays (PFLAG) meets every fourth Tuesday at Atkinson Memorial Church in Oregon City. (7-9 pm, 710 Sixth St. 503-998-1450. www.clackamaspflag.org.)

The Dads Group is a social support group for gay, bi, trans or questioning men who are dads or want to be dads. Meets 7-9 pm first Tuesdays and third Wednesdays. (Mike 503-236-8339 or Terry 503-697-7004. www.thedadsgroup.com.)

Forest Grove Parents, Families and Friends of Lesbians and Gays (PFLAG) welcomes community members to its monthly meetings at Forest Grove United Church of Christ. (7 pm third Tuesday, 2032 College Way, 503-357-2442. fgpflag@aol.com.)

Hambleton Project offers networking and direct support services to lesbians with cancer and other life-threatening conditions. (503-335-6591.)

Late Awakenings, a support group for lesbians who came out later in life, meets monthly at Outside In. (7 pm first Tuesday, 1132 SW 13th Ave. #255. 503-227-0605.)

Multiple Sclerosis Self-Help Group for lesbians and gay men meets to share information and provide support in dealing with the challenges of living with multiple sclerosis. (6:30-8 pm third Wednesday, Melissa Greeney 503-223-9511.)

Northwest Gender Alliance is a monthly social and support group for individuals desiring to explore and express another gender. (PO Box 4928, Portland, OR 97208-4928. 503-533-8787. nwga@nwgapdx.com. www.nwgapdx.com.)

Portland Parents, Families and Friends of Lesbians and Gays (PFLAG) welcomes all to its monthly meetings at First United Methodist Church. (7 pm second Tuesday, 1838 SW Jefferson St. 503-232-7676. www.pflagpdx.org.)

Single Lesbian Parents invited to network with each other for activities, support, family outings, crafts, movie nights and parents night out! (way2muchfun@aol.com.)

TransFamilies is a support group for the family and friends of transgender people. Meets at First Congregational United Church of Christ. (1126 SW Park Ave. 503-228-7219.)

Uncoupling Group for Women of all orientations experiencing the loss of a love relationship. Ongoing meetings held in Southeast Portland. Wheelchair accessible. (Shari 503-753-7307. uncouplinggroup@aol.com.)

Central Oregon: Community

Central Oregon Parents, Families and Friends of Lesbians and Gays (PFLAG) meets every second Monday of the month at Trinity Episcopal Church in Bend for support, education and

advocacy. (6 pm socializing, 6:30 pm meeting, 469 NW Wall St. 541-317-2334.)

Mid-Columbia Parents, Families and Friends of Lesbians and Gays (PFLAG) meets on the fourth Wednesday of the month in The Dalles for support, information and advocacy. Attendance is confidential. (7 pm, 541-298-8383.)

Southern Oregon: Community

Abdill-Ellis Lambda Community Center is a social services center serving gay, lesbian, bi and trans individuals. (Suite 112, 208 Oak St., Ashland. Mailing address: PO Box 927, Ashland, OR 97520. 541-488-6990. www.abdellis.org.)

Josephine County Parents, Families and Friends of Lesbians and Gays (PFLAG) meets the first Tuesday of each month in Grants Pass. (7 pm, 229 SW G St. 541-474-6411.)

Oregon Women's Land (OWL) Farm, a rustic, beautiful lesbian land for women near Canyonville, provides a place for rest, recreation and retreat. Special events and workshops, weekends or longer stays. (Mailing address: PO Box 133, Days Creek, OR 97429. Cory or Rae 541-643-2565.)

Rogue Valley Parents, Families and Friends of Lesbians and Gays (PFLAG) provides support, education and advocacy. (541-488-1142 or 541-512-0326.)

Willamette Valley: Community

Capitol Pride sponsors the annual Gay Pride celebration in Salem. (Chuck 503-363-0006. www.capitolpride.org.)

Gay & Bisexual Men's Group meets every Wednesday in Corvallis. (7 pm, 1165 NW Monroe Ave. 541-752-2491.)

Q: A Queer Resource for Social Change aims to create a queer and progressive community center in Eugene. Up-to-date calendar of queer events in Eugene/Springfield. (www.qcenter.org.)

Salem Parents, Families and Friends of Lesbians and Gays (PFLAG) meets every third Monday at First Congregational Church to provide support, education and advocacy. (7 pm, 700 Marion St. NE. pflag.salem@gmail.com.)

Triangle Society of Chemeketa Community College in Salem offers a fun and safe environment to interact with queer and queer-friendly students, staff, faculty and community members at the Multicultural Center. (4-5:30 pm Wednesday, Room 177A, Building 2, 4000 Lancaster Drive NE. 503-399-5116. wcollin3@cp.chemeketa.edu.)

University of Oregon's Lesbian, Gay, Bisexual, Transgender Queer Alliance meets weekly while term is in session in Erb Memorial Union for information, activism and socializing. (6 pm Tuesday, 1222 E 13th Ave. #34. Crystal and Johnny lgbtqa@gladstone.uoregon.edu. gladstone.uoregon.edu/~lgbtqa.)