

# Classifieds

503-236-1253

promote your business here

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## Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at [www.justout.com](http://www.justout.com).)

## JUNE

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## JULY

S	M	T	W	T	F	S
						2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

# all's well

Just Out's Guide to Physical Health, Fitness and Well Being

## ACUPUNCTURE

### BROOKE WINTER, LAC.

Licensed Acupuncturist

Circle Healthcare Clinic • (503) 230-0812

## CHIROPRACTORS

### KHALSA CHIROPRACTIC PAIN RELIEF CLINIC



FAST & EFFECTIVE RELIEF

Gentle Relief of Your Pain is Our Top Priority

Neck • Back pain • Headaches

Immediate Appointments • Emergencies Welcome  
Reasonable Fees • Insurance Accepted

\*Doctor of Chiropractic \*Diplomate National Board  
\*Oregon License \*American Chiropractic Assn

"We promise to treat you special"

Dr. H.D.S. Khalsa

5013 SE Hawthorne Bv 503 238-1032

## DENTISTS

### eduardo mulero dds pc

general and esthetic dentistry



- General & Cosmetic Dentistry
- Teeth Whitening
- Porcelain Veneers
- Cleanings, Fillings, Crowns
- Friendly Environment
- Strict Infection Control
- Most Insurance Accepted

www.mulero.com  
1585 SW Marlow Ave, #204  
(503) 203-6978

### Family Dentistry

Mt. Tabor Dental, LLC



Todd L. Beck, D.M.D.

728 SE 60th Ave Portland, OR 97215 • 503-236-1449  
e-mail: [info@mttabordental.com](mailto:info@mttabordental.com)

WE OFFER COMPLETE DENTAL SERVICES

- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES & PARTIALS
- BLEACHING, VENEERS



## HEALTH CARE

### ATTENTION!

- GAY, LESBIAN, BI, TRANS FRIENDLY
- COMPANY RETIREES
- CURRENT EMPLOYEES



MEDICAL • DENTAL • PRESCRIPTION

\$39.95 - \$189.95/mo.

ENTIRE FAMILY!

Pre-Existing Conditions Okay  
CALL 1-800-228-0305

Leslie Johnson, M.D.

joined Pacific Medical Group's Beaverton Clinic in April of 2005. Dr. Johnson is Board Certified in Family Practice and is also certified as an HIV specialist by the American Academy of HIV Medicine.

She returns to the Northwest from the Chelsea area of Manhattan, NY where she has been for the last 3 years practicing primary care at a large LGBT community clinic.

If you would like to make an appointment with Dr. Johnson, please call (503) 644-1171.



## LICENSED MASSAGE THERAPISTS (LMT)

Notice: OREGON LAW states that all advertisements mentioning any type of manipulation of tissue and/or available showers MUST have a valid massage license number.



Tod J. Carrig, LMT

Licensed Massage Therapist  
Deep Tissue & Therapeutic Massage

Gift Certificates Available

503-998-6610

deeptissumassage@aol.com

<http://hometown.aol.com/deeptissumassage>

lic # 9117

Mike Borgstrom, LMT

- ¥ Swedish
- ¥ Acupressure
- ¥ Relaxation

971-570-5829

Downtown Location

LMT# 9068, NCBTMB

POSITIVE STROKES

David Flynn

Quiet SE location

Gender inclusive

In/out calls

503-775-4755



## LICENSED MASSAGE THERAPISTS (LMT)

### Laurelhurst Massage

Dry Sauna • Steam Room  
European Showers  
2 Man - 4 Hand Massage  
Individual & Couples Massage

Greg Mitchell, LMT (Lic # 7750)  
503.380-4324

Rick Sullivan, LMT (Lic # 6049)  
503.421-5172

[www.LaurelhurstLMT.com](http://www.LaurelhurstLMT.com) • Open 7 Days a Week

### Massage for Men

Treat yourself to a complete full body massage by a friendly experienced therapist.

Downtown location/outcalls to home/hotel

Days/evenings/weekends/same day appts.—often available!

Cliff King, L.M.T.  
503-936-5135  
Lic# 6463

Lincoln Heartsong, LMT

- Hot Stone Massage
- Integrative Bodywork
- Watsu & WaterDance

NE Irvington location  
503.730.2347

[requests.com](http://www.requests.com) (lic#9297)

### Relaxing Massage for Men

By Male Therapist

- \* Stress Reduction \* Pain Relief \*
- \* Swedish \* Deep Tissue \*

Lee Serenethos

Beaverton 503-380-6196

[sirmassage.com](http://sirmassage.com) LMT #5756



Scott Williams

lic # 10462

flexible schedule  
in a quiet SE Portland location

503-866-8839

[www.pdxbodyworks.com](http://www.pdxbodyworks.com)

Brian Tennon

Licensed/Massage Therapist (#6476)

503.201.3274

CONVENIENT  
Downtown Location

[www.adaM4Massage.com](http://www.adaM4Massage.com)

Body balancing by use of  
Massage And Energy work

503.806.6285

Adam Roberts LMT #581



Kevin Eddy

LMT#10209

503.201.5458

In and Outcalls Available  
[www.kevinLMT.com](http://www.kevinLMT.com)

Find Unlicensed Bodywork  
on page 69, under "U."

## NEURO FEEDBACK



"It's all in your head"  
Train your brain.  
Change your life.

Nora Gedgaudas  
Neurotherapist  
Nutritional Specialist

"I have to date lost 22 lbs and am off Zoloft.  
All thanks to you. You are a goddess."

—Don Clarkson, Mayor, Mosier, OR and Personal Coach

If you are struggling with depression, anxiety,  
panic attacks, attention issues, stress,  
sleep problems, mental clarity, or are  
seeking a peak performance edge contact:

Northwest Neurofeedback

Johnson Street Professional Building  
1920 NW Johnson Street, Suite 100  
Portland, OR 97209

Office: 503-274-7733 / Fax: 503-274-7770  
call for a free consultation  
[www.northwest-neurofeedback.com](http://www.northwest-neurofeedback.com)

## OPTOMETRY

Shelby Wickorst, O.D.

OPTOMETRIC PHYSICIAN

Phone (360) 944-1911

Fax (360) 944-5255

1901 NE 162nd Avenue

Suite D102

Vancouver, WA 98684

[www.vision162.com](http://www.vision162.com)



## ACCOUNTING

MCDONALD JACOBS

Accountants & Consultants  
Personal Financial Advisors

503-227-0581

[mark@mcdonaldjacobs.com](mailto:mark@mcdonaldjacobs.com)



- Individual Tax
- Small Business Taxes
- Domestic Partner Issues
- Multi-state Tax Issues
- 14 Years Experience

Mark A. Clift, CPA

520 SW Yamhill, Suite 500

Portland, OR 97204

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