

Classifieds

503-236-1253
promote your business here

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Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at www.justout.com.)

MAY

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1	2	3	4	5	6	7
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JUNE

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all's well *Just Out's Guide to Physical Health, Fitness and Well Being*

ACUPUNCTURE

BROOKE WINTER, LAC.
Licensed Acupuncturist
Circle Healthcare Clinic • (503) 230-0812

CHIROPRACTORS

KHALSA CHIROPRACTIC PAIN RELIEF CLINIC
FAST & EFFECTIVE RELIEF
Gentle Relief of Your Pain is Our Top Priority
Neck • Back pain • Headaches
Immediate Appointments • Emergencies Welcome
Reasonable Fees • Insurance Accepted
*Doctor of Chiropractic *Diplomate National Board
*Oregon License *American Chiropractic Assn
"We promise to treat you special"
Dr. H.D.S. Khalsa
5013 SE Hawthorne Bv 503 238-1032

DENTISTS

eduardo mulero dds pc
general and esthetic dentistry
Painless Oral Service from a Trained Professional!
www.mulero.com
1585 SW Marlow Ave, #204
(503) 203-6978

Family Dentistry
Mt. Tabor Dental, LLC
Todd L. Beck, D.M.D.
728 SE 60th Ave Portland, OR 97215 • 503-236-1449
e-mail: info@mttabordental.com
WE OFFER COMPLETE DENTAL SERVICES
- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES & PARTIALS
- BLEACHING, VENEERS
NEW PATIENTS WELCOME

HEALTH CARE

ATTENTION!
• GAY, LESBIAN, BI, TRANS FRIENDLY
• COMPANY RETIREES
• CURRENT EMPLOYEES
MEDICAL • DENTAL • PRESCRIPTION
\$39.95 - \$189.95/mo.
ENTIRE FAMILY!
Pre-Existing Conditions Okay
CALL 1-800-228-0305

LICENSED MASSAGE THERAPISTS (LMT)

Notice: OREGON LAW states that all advertisements mentioning any type of manipulation of tissue and/or available showers MUST have a valid massage license number.

TAMA M OCTOBER, LMT (#5913)

Deep tissue, Thai, energy/emotional balance work. 23+ years experience. In/Out-calls. Gift Certificates. 971-506-9180. (5/6)

DANIEL FOREST
TOUCH FOR LIFE
MASSAGE
SWEDISH & DEEP RELAXATION
503-701-0859
LIC# 10144

POSITIVE STROKES
David Flynn
Quiet SE location
Gender inclusive
In/out calls
503-775-4755
LMT #11152

Tod J. Carrig, LMT
Licensed Massage Therapist
Deep Tissue & Therapeutic Massage
Gift Certificates Available
503-998-6610
deeptissumassage@aol.com
<http://hometown.aol.com/deeptissumassage>
lic # 9117

Mike Borgstrom, LMT
• Swedish
• Acupressure
• Relaxation
971-570-5829
Downtown Location LMT# 9068, NCBTMB

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LICENSED MASSAGE THERAPISTS (LMT)

Laurelhurst Massage
Dry Sauna • Steam Room
European Showers
2 Man - 4 Hand Massage
Individual & Couples Massage
Greg Mitchell, LMT (Lic # 7750)
503.380-4324
Rick Sullivan, LMT (Lic # 6049)
503.421-5172
www.LaurelhurstLMT.com • Open 7 Days a Week

Massage for Men

Treat yourself to a complete full body massage by a friendly experienced therapist.

Downtown location/outcalls to home/hotel

Days/evenings/weekends/same day appts.—often available!

Cliff King, L.M.T.
503-936-5135
Lic# 6463

Lincoln Heartsong, LMT
• Hot Stone Massage
• Integrative Bodywork
• Watsu & WaterDance
NE Irvington location
503.730.2347
www.lrequests.com (lic#9297)

Brian Tennison
Licensed/Massage Therapist (#6476)
503.201.3274
CONVENIENT
Downtown Location

www.adam4massage.com
Body balancing by use of
Massage And Energy work
503.806.6285
Adam Roberts LMT # 7511

Relaxing Massage for Men
* Stress Reduction * Pain Relief *
* Swedish * Deep Tissue *
Lee Serenethos
Beaverton 503-380-6196
sirmassage.com LMT #5766

Scott Williams
lic # 10462
flexible schedule
in a quiet SE Portland location
503-866-8839
www.pdxbodyworks.com

Find Unlicensed Bodywork on page 53, under "U."

NATUROPATH

naturopathic body works inc.
New patients:
Mention this ad for
10% off your first
office visit!
Dr. Karen Frangos, PT, ND
Sports Medicine • Physical Therapy
Joint Realignment • Massage
Eat Right + Your Type Nutrition
Women's Health
2035 NW Overton
503-233-0388
www.naturopathicbodyworks.net
Where your body gets the "works"... naturally

Happy Mother's Day, Marty.
Love, your adopted family,
Kari & Austin

NEURO FEEDBACK

"It's all in your head"
Train your brain.
Change your life.
Nora Gedgaudas
Neurotherapist
Nutritional Specialist
"I have to date lost 22 lbs and am off Zoloft.
All thanks to you. You are a goddess."
—Don Clarkson, Mayor, Mosier, OR and Personal Coach
If you are struggling with depression, anxiety,
panic attacks, attention issues, stress,
sleep problems, mental clarity, or are
seeking a peak performance edge contact:
Northwest Neurofeedback
Johnson Street Professional Building
1920 NW Johnson Street, Suite 100
Portland, OR 97209
Office: 503-274-7733 / Fax: 503-274-7770
call for a free consultation
www.northwest-neurofeedback.com

OPTOMETRY

Shelby Wickerst, O.D.
OPTOMETRIC PHYSICIAN
Phone (360) 944-1911
Fax (360) 944-5255
1901 NE 162nd Avenue
Suite D102
Vancouver, WA 98684
www.vision162.com

What is straight? A line can be straight, or a street, but the human heart, oh, no, it's curved like a road through mountains.
~Tennessee Williams, 1947