

# Classifieds

503-236-1253

promote your business here

## CLASSIFIEDS INDEX

accounting, 48  
acupuncture, 47  
attorneys, 48  
chiropractors, 47  
computers, 48  
counseling, 48-49  
dentists, 47

employment, 49  
gardening/yard services, 49  
health care, 47  
hair removal, 49  
hair studio, 50  
home services, 50  
housekeeping/janitorial, 50

housing, 50  
hydroponics, 50  
insurance, 50-51  
licensed massage therapists, 47  
marketing, 51  
naturopath, 47  
neon, 51

neuro feedback, 47  
public announcements, 51  
real estate, 51-52  
real estate loans, 52-53  
unlicensed bodywork, 53  
vacation destinations, 53

## Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at [www.justout.com](http://www.justout.com).)

## APRIL

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## MAY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# all's well

Just Out's Guide to Physical Health, Fitness and Well Being

## ACUPUNCTURE

### BROOKE WINTER, LAC.

Licensed Acupuncturist

Circle Healthcare Clinic • (503) 230-0812

## CHIROPRACTORS

### KHALSA CHIROPRACTIC PAIN RELIEF CLINIC



#### FAST & EFFECTIVE RELIEF

Gentle Relief of Your Pain is Our Top Priority

Neck • Back pain • Headaches

Immediate Appointments • Emergencies Welcome  
Reasonable Fees • Insurance Accepted

\*Doctor of Chiropractic \*Diplomate National Board  
\*Oregon License \*American Chiropractic Assn

"We promise to treat you special"

Dr. H.D.S. Khalsa

5013 SE Hawthorne Bv 503 238-1032

## DENTISTS

### eduardo mulero dds pc general and esthetic dentistry



- General & Cosmetic Dentistry
- Teeth Whitening
- Porcelain Veneers
- Cleanings, Fillings, Crowns
- Friendly Environment
- Strict Infection Control
- Most Insurance Accepted

www.mulero.com  
1585 SW Marlow Ave, #204  
(503) 203-6978

### Family Dentistry Mt. Tabor Dental, LLC



Todd L. Beck, D.M.D.

728 SE 60th Ave Portland, OR 97215 • 503-236-1449  
e-mail: [info@mttabordental.com](mailto:info@mttabordental.com)

#### WE OFFER COMPLETE DENTAL SERVICES

- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES & PARTIALS
- BLEACHING, VENEERS



## DENTISTS

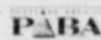


### LAURELHURST DENTISTRY

CLARICE JOHNSTON D.M.D.  
& ASSOCIATES

- Treatment explained and discussed
- Teeth whitening
- New patients welcome

503/233-3622  
2520 East Burnside



## HEALTH CARE

### ATTENTION!

- GAY, LESBIAN, BI, TRANS FRIENDLY
- COMPANY RETIREES
- CURRENT EMPLOYEES



MEDICAL • DENTAL • PRESCRIPTION

\$39.95 - \$189.95/mo.

ENTIRE FAMILY!

Pre-Existing Conditions Okay  
CALL 1-800-228-0305

## LICENSED MASSAGE THERAPISTS (LMT)

Notice: OREGON LAW states that all advertisements mentioning any type of manipulation of tissue and/or available showers MUST have a valid massage license number.

### MASSAGE FOR MEN

Release all stress with a complete, fullbody massage. Various techniques, large table, warm, quiet studio. Lic.#5968 Tim 503.232.7994. (4/15)

DANIEL FOREST

### TOUCH FOR LIFE

MASSAGE  
SWEDISH & DEEP RELAXATION  
503-701-0859  
License # 10144



### Mike Borgstrom, LMT

- Swedish
- Acupressure
- Relaxation

971-570-5829

Downtown Location



LMT# 9068, NCBTMB

### POSITIVE STROKES

David Flynn

Quiet SE location

Gender inclusive

In/out calls

503-775-4755



LMT #11142

## LICENSED MASSAGE THERAPISTS (LMT)

### Laurelhurst Massage

Dry Sauna • Steam Room  
European Showers  
2 Man - 4 Hand Massage  
Individual & Couples Massage

Greg Mitchell, LMT (Lic # 7750)  
503.380-4324

Rick Sullivan, LMT (Lic # 6049)  
503.421-5172

[www.LaurelhurstLMT.com](http://www.LaurelhurstLMT.com) • Open 7 Days a Week

### Massage for Men

Treat yourself to a complete full body massage by a friendly experienced therapist.

Downtown location/outcalls to home/hotel

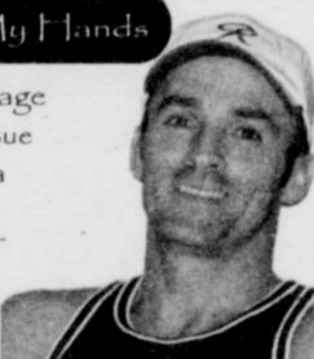
Days/evenings/weekends/same day appts.—often available!

Cliff King, L.M.T.  
503-936-5135  
Lic# 6463

### Put Yourself in My Hands

Therapeutic Massage  
Swedish/Deep Tissue  
in the Irvington area  
503.281.5326

Wally Schmidt, LMT  
insurance accepted  
license # 3779



### Brian Tennison

Licensed/Massage Therapist (#6476)

503.201.3274

CONVENIENT  
Downtown Location



### Relaxing Massage for Men

- \* Stress Reduction \* Pain Relief \*
- \* Swedish \* Deep Tissue \*

Lee Serenethos  
Beaverton 503-380-6196  
[sirmassage.com](http://sirmassage.com) LMT #5756



### Massage Therapy

Swedish / Deep Tissue / Thai  
integrative massage  
for Stress and Pain Relief  
in SE Portland. Lic.#6459  
Bryn Stanbury LMT  
503.449.8322  
[massagemoon@earthlink.net](mailto:massagemoon@earthlink.net)



### Scott Williams

lic # 10462

flexible schedule  
in a quiet SE Portland location

503-866-8839  
[www.pdxbodyworks.com](http://www.pdxbodyworks.com)



Lincoln Heartsong, LMT

- Hot Stone Massage
- Integrative Bodywork
- Aromatherapy & Spa

NE Irvington location  
503.730.2347  
[lincoln@solquest.com](mailto:lincoln@solquest.com) (lic#9297)

[www.adam4massage.com](http://www.adam4massage.com)  
Body balancing by use of  
Massage And Energy work  
503.806.6285  
Adam Roberts LMT # 7811

Find Unlicensed Bodywork  
on page 53, under "U."

## NATUROPATH

### naturopathic body works inc.

New patients:  
Mention this ad for  
10% off your first  
office visit!



Dr. Karen  
Frangos, PT, ND

Sports Medicine • Physical Therapy  
Joint Realignment • Massage  
Eat Right + Your Type Nutrition  
Women's Health

2035 NW Overton  
503-233-0388

[www.naturopathicbodyworks.net](http://www.naturopathicbodyworks.net)

Where your body gets the "works"... naturally

## NEURO FEEDBACK

"It's all in your head"  
Train your brain.  
Change your life.  
Nora Gedgaudas  
Neurotherapist  
Nutritional Specialist

"I have to date lost 22 lbs and am off Zoloft.  
All thanks to you. You are a goddess."  
-Don Clarkson, Mayor, Mosier, OR and Personal Coach

If you are struggling with depression, anxiety,  
panic attacks, attention issues, stress,  
sleep problems, mental clarity, or are  
seeking a peak performance edge contact:

### Northwest Neurofeedback

Johnson Street Professional Building  
1920 NW Johnson Street, Suite 100  
Portland, OR 97209

Office: 503-274-7733 / Fax: 503-274-7770  
call for a free consultation

[www.northwest-neurofeedback.com](http://www.northwest-neurofeedback.com)