

SPIRITUALITY

Metro: Spirituality

Anawim Community of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/05)

Atkinson Memorial Church, a Unitarian Universalist church, provides a spiritual home for those looking for a liberal-minded, supportive and caring congregation in Oregon City. (10:30 am Sunday. 710 Sixth St. 503-656-7296.) (7/05)

Bridgeport United Church of Christ is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992. www.bridgeportucc.org.) (7/05)

Congregation P'nai Or (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month at Portland State University Campus Ministries. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. www.pnaiorpxd.org.) (7/05)

Eastrose Fellowship Unitarian Universalist, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am. 1133 NE 181st Ave., Gresham. 503-665-2628. office@eastrose.org. www.eastrose.org.) (7/05)

Eckankar—Religion of the Light and Sound of God holds worship services and maintains a library of materials. Learn how the Divine Spirit works throughout your own life in today's world. (10 am Sunday. 7904 SE Milwaukie Ave. 503-233-1595. www.eckankar.org.) (7/05)

Enneagram Community of Portland offers mentoring, therapy, spiritual direction, classes, workshops and retreats. (enneagrampx@aol.com. www.enneagramportland.com.) (7/05)

Faith United Methodist Church is a welcoming congregation that values and affirms the sacredness of all people. We invite and encourage everyone to find a place in the family of God. (10:15 am Sunday. 27400 SE Stark St., Troutdale. 503-661-4520.) (7/05)

First Congregational United Church of Christ is an open and affirming congregation in the liberal Christian tradition. Church school and nursery care. (10:25 am Sunday. 1126 SW Park Ave. 503-228-7219.) (7/05)

First Congregational United Church of Christ of Hillsboro is an open and affirming congregation explicitly welcoming everyone into its Christian community.

fellowship and worship. Bible and book study groups. Sunday school and nursery care. (10:30 am Sunday. 494 E Main St. 503-648-4341. www.hillsboro-ucc.org.) (7/05)

First Unitarian Church of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. www.firstunitarianportland.org.) (7/05)

Gay and Lesbian Outreach (GALO) of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/05)

Integrity is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Steven Norcross or Bruce 503-286-9111. brucepxd@comcast.net. www.integrityusa.org.) (7/05)

Interfaith Spiritual Center houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. www.interfaithspiritualcenter.com.) (7/05)

Koinonia Catholic Community is a progressive, small faith community that gathers weekly to celebrate Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical in membership. (6 pm Sunday. 621 NE 76th Ave. 503-699-0473. www.koinoniacommunity.org.) (7/05)

Metanoia Peace Community United Methodist Church is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. www.tearsoup.com/metanoia.) (7/05)

Metropolitan Community Church of Portland holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am service. (2400 NE Broadway. 503-281-8868. info@mccportland.com. www.mccportland.com.) (7/05)

Nichiren Buddhist Temple of Portland offers several weekly gatherings. Everyone welcome! (10 am Sunday. 7:30 am Tuesday and Thursday. 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. www.nichiren-shu.org/portland.) (7/05)

Peace Church of the Brethren is a welcoming congregation. (11 am Sunday. 12727 SE Market St. 503-254-6380.) (7/05)

Portland Center for Spiritual Growth is a center for worship, growth and leadership that adheres to an all-inclusive spiritual philosophy similar to 12-step, Unity and Religious Science. Impromptu wedding ceremonies available. (503-777-0727. www.portlandcenter.org.) (7/05)

Portland Radical Faeries meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. otter@pcez.com.) (7/05)

Seventh-Day Adventist Kinship is a support organization for former and current Adventists who are queer as well as their family and friends. (PO Box 49375, Sarasota, FL 34230-6375. 866-732-5677. office@sdakinship.org. www.sdakinship.org.) (7/05)

Southminster Presbyterian Church is an active member of the Community of Welcoming Congregations. Sunday school, nursery care, classes, community service activities and events for all ages and interests. (9 am Sunday chapel service, 10 am Sunday main worship service. 12250 SW Denney Road, Beaverton. 503-644-2073. staff@southmin.com. www.southmin.com.) (7/05)

St. Andrew Catholic Church invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday; Noon Spanish language service. 806 NE Alberta St. 503-281-4429.) (7/05)

St. James Lutheran Church, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday. 1315 SW Park Ave.

503-227-2439. www.stjameslutheranportland.org.) (7/05)

St. Stephen's Episcopal Church has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. 1432 SW 13th Ave. 503-223-6424.) (7/05)

SisterSpirit offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. sistersp@teleport.com.) (7/05)

Trinity Episcopal Cathedral, a welcoming and affirming congregation, invites all to worship services and ongoing programs in spiritual development, community outreach, music and arts education. (8 am Sunday Rite I chapel service. 10 am Sunday Rite II cathedral service. 147 NW 19th Ave. 503-222-9811. www.trinity-episcopal.org.) (7/05)

Unitarian Universalist Community Church of Washington County is an open and affirming liberal religious community offering a variety of enrichment programs in addition to community and social action opportunities. (9 and 11 am Sunday. 22785 NW Birch St., Hillsboro. 503-648-1720. www.uuccwc.org.) (7/05)

Waverly Heights United Church of Christ is open and affirming with worship, children's school and child care. (10 am summer. 11 am school year. 3300 SE Woodward St. 503-238-1337. pastor@waverlyucc.org. www.waverlyucc.org.) (7/05)

Wyeast Unitarian Universalist Congregation is an open and liberal religious community offering intergenerational services and religious education for youth and adults. We welcome gay, lesbian, bi and trans members and nurture spiritual growth living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. www.wyeast.pnwduua.org.) (7/05)

Zion United Church of Christ, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday (10:30 am summer). 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/05)

Central Oregon: Spirituality

United Church of Christ Congregational is an open and affirming congregation in The Dalles. (9:20 am adult Sunday school. 10:30 am worship (9:30 am summer). 111 E Fifth St. 541-296-2909. uccccong@netcnet.net. www.forministry.com/usorucocfuccoc.) (7/05)

Washington: Spirituality

Abundant Life Center assists the community in spiritual growth. (10 am Sunday. 111 W 39th St., Vancouver. The Rev. Kathleen Yengin 360-573-2626. www.abundant-life-center.org.) (7/05)

Longview United Methodist Church is welcoming and reconciling. (10 am Sunday. 2851 30th Ave., Longview. 360-425-4927.) (7/05)

Metropolitan Church of the Gentle Shepherd in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship. Bible study follows morning worship. 2200 Broadway St. The Rev. Harriet Barshofsky 360-695-1480.) (7/05)

Michael Servitus Unitarian Universalist Fellowship, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:30 and 11:15 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (7/05)

Willamette Valley: Spirituality

First Congregational Church, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9:30 am Sunday learning hour. 10:30 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (7/05)

Metropolitan Community Church Two Rivers is a Christian church with primary outreach in the sexual minorities community. (6:30 pm Sunday. 1166 Oak St., Eugene.) (7/05)

Washington: Youth

Triple Point offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver. Meets every Tuesday in the basement of Youth House. (6-8 pm. 1112 Columbia St. John 360-695-1325.) (7/05)

Willamette Valley: Youth

Gay, Lesbian, Bi, Transgender and Questioning Youth Group for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilyard St. 541-684-3466.) (7/05)

Lesbian, Gay, Bisexual, Transgender Youth Group for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/05)

social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. molly@prideproject.org.) (7/05)

Sexual Minority Youth Resource Center (SMYRC) offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings include Trans Youth Group and the creative group Personal Dirty Proxy. (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286. www.smyrc.org.) (7/05)

Eastern Oregon: Youth

Eastern Oregon Center for Independent Living offers support and advocacy to gay, lesbian, bi, trans and questioning youth in Eastern Oregon. (1021 SW 5th Ave., Ontario. 541-889-3119 or 866-248-8369. eocil@eocil.org. www.eocil.org.) (7/05)

ADVICE

Drama queen dethroned

Will blames Grace instead of dealing with his Mommy issues

DEAR MS. BEHAVIOR:

Several years ago, I met a straight female co-worker who instantly became my "fag hag." We went everywhere together, told each other everything and were platonic soul mates. After a dramatic falling-out, I tossed her to the curb for her inability to be a good friend—her selfish neediness had gotten on my nerves.

I quickly replaced her with my new fag hag, and we became inseparable. Then, problems arose in our relationship. It became apparent that she had deeper feelings for me. Her drama-queen tendencies and neediness began to remind me of fag hag No. 1.

It's been almost six months since I've seen her. My life is more drama-free, but I miss having that one person to count on to do stuff with, talk to and share special moments with. I loathe the idea of spending time with either of my previous hags, for fear that their dramatic ways will complicate my life, but I kind of miss them. Should I take them back? Should I find a new hag? Do I just need a good man?

—Hagless Homo

DEAR HAGLESS HOMO:

It's all about your needs, isn't it? You describe the women you've tossed aside as needy and dramatic, but you're the one who thrives on drama.

You find a "soul mate," do everything together, but then eventually become disappointed and find a reason for a theatrical ending. Then you start the cycle over again with someone new.

A new woman won't fill the hole inside you, and a man won't help, either. You need to find out why you can't sustain a meaningful relationship and why you're so angry at women. (Hello, Mommy?) Perhaps this would be a good time to start sharing special moments with a therapist.

DEAR MS. BEHAVIOR:

I have two brothers, eight years apart. As children, the older brother (Ed) was physically and sexually abusive toward the younger brother (Steve).

The last sexual abuse happened 20 years ago. Steve is still bitter, hateful and angry toward Ed for the abuse.

The questions:

1. Steve feels that Ed should no longer be a part of our family. Steve wants Mom and me to disown Ed and have no contact with him. I rarely talk to Ed anyway. What is the proper etiquette to respect the victim yet maintain contact with the abuser (or is it absurd that Steve is offended if mom or I talk to Ed)?



Ms. Behavior
by Meryl Cohn

2. At what point does the victim need to "get over it"? I don't know the appropriate grieving/recovery time for childhood sexual abuse. Twenty years seems long to me.

3. My mother believes she should treat all of her children equally. Steve hates Mom for treating Ed equally. To me, it seems Steve has become the abuser

when he inflicts his anger and guilt on Mom.

4. Steve refuses to have Thanksgiving with Mom and myself because he is upset that we saw Ed when he was in town recently. Steve has been seeing a psychiatrist for a year or two and demands that Mom pay for his counseling. The psychiatrist should be helping him get over the past, but instead, Steve's anger toward Ed is growing.

Steve has always been my favorite person. I'd like to respond to the situation in the best way, and also to know if Steve is acting appropriately or if he is taking it too far.

—Sister of a Very Bitter Brother

DEAR SISTER OF A VERY BITTER BROTHER:

Steve doesn't need to "get over it." He needs your support and compassion.

Although the abuse happened 20 years ago, he only started dealing with the effects of it in the past year or two. The anger he feels now is one of the stages in coming to terms with what happened to him.

Steve is acting out his rage at your mother for not protecting him. Even if she wasn't consciously aware of the abuse, your mother's failure to save Steve is a painful wound for him that may take a long time to heal. Your mother needs therapy so she can deal with her feelings about the abuse and perhaps about her own inability to protect Steve.

Meanwhile, your support of Steve doesn't mean that you and your mother should be held hostage by his demands. The decision about keeping in contact with Ed should be yours, as long as you continue to let Steve know that you support him.

You haven't said whether Ed takes responsibility for his actions or is himself in counseling. That may bear on the outcome of all of this. Your whole family needs therapy—not necessarily together—to deal with the effects of the abuse on your relationships with one another. ☐

MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette*. Signed copies are available directly from the author. Send questions or correspondence to



DONALD I. HORN

Miss America, you ain't seen nothin' yet! Triangle Productions presents the hilarious spoof *Pageant* through Dec. 23.

YOUTH

Metro: Youth

The **Gay, Lesbian and Straight Education Network (GLSEN)** strives to assure that each member of every school community is valued and respected, regardless of sexual orientation or gender identity/expression. (12700 SW North Dakota St., Suite 180 #129, Tigard, OR 97223. 503-525-1177. glsen@glsenoregon.org. www.glsenoregon.org.) (7/05)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Provide transitional housing for youth 20 and younger and for those HIV-positive and younger than 23. Need volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. www.outsidein.org.) (7/05)

Pride Project brings together Washington County queer and questioning youth to plan and attend monthly