

Classifieds

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promote your business here

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Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at www.justout.com.)

NOVEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DECEMBER

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

all's well

Just Out's Guide to Physical Health, Fitness and Well Being

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BROOKE WINTER, LAC.
Licensed Acupuncturist
Circle Healthcare Clinic • (503) 230-0812

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FAST & EFFECTIVE RELIEF
Gentle Relief of Your Pain is Our Top Priority
• Neck • Back pain • Headaches
Immediate Appointments • Emergencies Welcome
Reasonable Fees • Insurance Accepted
*Doctor of Chiropractic *Diplomate National Board
*Oregon License *American Chiropractic Assn
We promise to treat you special
Dr. H.D.S. Khalsa
5013 SE Hawthorne Bv 503 238-1032

DENTISTS

Family Dentistry
Mt. Tabor Dental, LLC
Todd L. Beck, D.M.D.
728 SE 60th Ave Portland, OR 97215 • 503-236-1449
e-mail: info@mttabordental.com
WE OFFER COMPLETE DENTAL SERVICES
- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES AND PARTIALS
- BLEACHING, VENEERS
NEW PATIENTS WELCOME

Thank you
for advertising in Just Out!

DENTISTS

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general and esthetic dentistry
- General & Cosmetic Dentistry
- Teeth Whitening
- Porcelain Veneers
- Cleanings, Fillings, Crowns
- Friendly Environment
- Strict Infection Control
- Most Insurance Accepted
www.mulero.com
1585 SW Marlow Ave, #204
(503) 703-6978

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Home Base Business:
4 Life Research is the leader in one of the fastest growing industries....
IMMUNE SYSTEM HEALTH
www.TransferFactorInstitute.com
503-551-2091

LICENSED MASSAGE THERAPISTS (LMT)

Massage Therapy
Swedish / Deep Tissue / Thai integrative massage
for Stress and Pain Relief
in SE Portland. Lic.#6459
Bryn Stanbury LMT
503.449.8392
massagemoon@earthlink.net

Massage Therapy
Relaxing Full Body
Stress & Pain Relief
Swedish, Deep Tissue
Sports, Reflexology
Beaverton & Locally
sirmassage.com
503-380-6196
Lee Serenethos, LMT #5756

www.adam4Massage.com
Body balancing by use of
Massage And Energy work
503.806.6285
Adam Roberts LMT #711

Tod J. Carrig, LMT
Licensed Massage Therapist
Deep Tissue & Therapeutic Massage
Gift Certificates Available
503-998-6610
deeptissumassage@aol.com
<http://hometown.aol.com/deeptissumassage>
lic # 9117

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Laurelhurst Massage
- Dry Sauna • Steam Room
- European Showers
- 2 Man - 4 Hand Massage
- Individual & Couples Massage
Greg Mitchell, LMT (Lic # 7750)
503.380-4324
Rick Sullivan, LMT (Lic # 6049)
503.421-5172
www.LaurelhurstLMT.com • Open 7 Days a Week

Brian Tennison
Licensed Massage Therapist (#6476)
503.201.3274
CONVENIENT
Downtown Location

I'M BACK!
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lic # 10462
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in a quiet SE Portland location
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Swedish, deep tissue
Effective relief from stress
Results you can feel
503-775-4755
LMT #1142

"We are the sighs of the glass statue that raises itself on its elbow when man sleeps and shining holes appear in his bed, holes through which stags with coral antlers can be seen in a glade..."
—Andre Breton

Massage for Men
Treat yourself to a complete full body massage by a friendly experienced therapist.
Downtown location/outcalls to home/hotel
Days/evenings/weekends/same day appts.—often available!
Cliff King, L.M.T.
503-936-5135
Lic# 6463

DANIEL FOREST
TOUCH FOR LIFE
MASSAGE
SWEDISH & DEEP RELAXATION
503-701-0859
LICENSE # 10144

NATUROPATH

naturopathic body works LLC
Sports Medicine • Physical Therapy
IV Therapy • Massage Therapy
Women's Health Care
503-233-0388
2035 NW Overton at Mavericks Sports Club
www.naturopathicbodyworks.net

OPTOMETRY

Shelby Wickorst, O.D.
OPTOMETRIC PHYSICIAN
Phone (360) 944-1911
Fax (360) 944-5255
1901 NE 162nd Avenue
Suite D102
Vancouver WA 98684
www.vision162.com
Vision 162

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convenient NE location

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or call 503-236-1252