

# outreach

## HEALTH

### Metro: Anti-violence

**Bradley-Angle House** provides emergency shelter for woman-identified domestic violence survivors and a support group for women battered by women. Also provides individual support and advocacy for queer youth of all genders who have experienced emotional, physical or sexual abuse. Free, confidential and safe. (Kamron kamrong@bradleyangle.org.) (7/05)

**Center Against Rape and Domestic Violence** serves survivors of domestic and sexual violence in Linn and Benton counties and offers a 24-hour hot line, confidential shelter, legal and hospital advocacy, safety planning and support groups. (Crisis: 541-754-0110 or 800-927-0197. Business: 541-758-0219.) (7/05)

**Clackamas Women's Services** offers shelter, support and resource referral to survivors of domestic and sexual violence. Lesbian, bi and trans friendly. Wheelchair accessible. TTD, relay calls and collect calls accepted. (Crisis: 503-654-2288. Business: 503-722-2366.) (7/05)

**Portland Women's Crisis Line** offers free and confidential services for survivors of domestic and sexual violence. It operates a 24-hour crisis intervention hot line and provides information and referrals for shelter, counseling and support groups. Sexual assault advocates and foreign language translation available. (503-235-5333 or 888-235-5333. www.pwcl.org.) (7/05)

**Stop Abuse for Everyone (SAFE)** provides resources for sexual minorities who fall through the cracks of traditional domestic violence services. (PO Box 951, Tualatin, OR 97062. www.safe4all.org.) (7/05)

### Metro: Health

**Planned Parenthood of the Columbia/Willamette** provides confidential and affordable sexual and reproductive health care, including STD testing and treatment, 20-minute anonymous HIV tests, annual exams and condoms. Sliding-fees, insurance welcomed. Se habla español. Health centers in Southeast and Northeast Portland, Gresham, Beaverton, Salmon Creek, Salem, Bend and Vancouver, Wash. (800-230-7526. www.ppcw.org.) (7/05)

**Portland GLBTQ Yoga Alliance**, a group of teachers from various traditions and studios, helps sexual minority and HIV-positive people find yoga classes that are specifically welcoming and/or experienced in addressing their special needs. (www.gayogaportland.com. bart@stonewallschool.org.) (7/05)

**Queer Love Action Network for Discovery (Q-LAND)** is an independent, non-profit network of artists and activists promoting queer men's wellness and HIV/STD prevention by infusing the values of fun, intimacy and wellness into existing social venues. Monthly Men Touching With Heart event. (503-223-8822. info@qland.org. www.qland.org.) (7/05)

## SOCIAL

### Metro: Arts & Music

**Bridges Vocal Ensemble** seeks to empower and inspire the gay, lesbian and bisexual community while building bridges and promoting understanding with the greater public. Honors and strives for diversity in its members, music and audiences. (503-233-9554. bridgesvocalensemble@yahoo.com. community.orgonlive.com/cc/bridges.) (7/05)

**Portland Gay Men's Chorus** is open to singers, support members and volunteers. (503-226-2588. www.pbgmc.org.) (7/05)

**Portland Lesbian Choir** is a nonauditioned community choir that welcomes singers, supportive members and volunteers. (503-453-4117. www.plichor.org.) (7/05)

**Creative Connection** (formerly Real Connection) is a social gathering for gay men who are artists, writers or musicians or who pursue some creative activity. Noncommercial, nonjudgmental, supporting personal creativity for novices and professionals alike. Monthly potluck on the second Friday, 7 pm. Carl 503-284-2971.) (7/05)

**Rose City Gay Freedom Band** is a performance group for queers and supportive friends of varying musical skill levels with annual Fall and Spring concerts. Subgroups include the Rose City Swing band and a marching band with flag corps. Come join us! (503-790-2170. info@rcgfb.org. www.rcgfb.org.) (7/05)

### Metro: General

**Asian & Pacific Islander Lesbians and Gays** is a nonprofit community voice for gay, lesbian and bi Asian and Pacific Islanders. Activities include potlucks,

### Metro: Mental Health

**Portland GLBT Support Group** helps people dealing with mental health issues such as depression, anxiety and post-traumatic stress disorder. Lightly structured activities, group chats and e-mail offer a safe environment. (Jerry 503-666-8059. glbt-support@att.net.) (7/05)

**YWCA of Greater Portland Counseling Center** offers sliding fee scale counseling for individuals, couples and groups in a safe, confidential and supportive environment. Also offers a Sexual Minorities Women Support Group on Thursdays and an FTM Trauma Survivor Support Group on Wednesdays. (1111 SW 10th Ave. 503-294-7440.) (7/05)

### Metro: Recovery

**Extended Family** hosts queer-friendly Alcoholics Anonymous meetings at Metropolitan Community Church of Portland. (5:30 pm daily. 2400 NE Broadway. 503-281-8868.) (7/05)

**Lunch Bunch** hosts queer-friendly Alcoholics Anonymous meetings at Metropolitan Community Church of Portland. (Noon daily, 1 pm Sunday. 2400 NE Broadway. 503-281-8868.) (7/05)

**Live and Let Live Club** hosts daily 12-step meetings and monthly clean-and-sober activities for the queer recovery community. (2940A SE Belmont St. 503-238-6091.) (7/05)

**Sex Addicts Anonymous** is a 12-step program for those suffering from addictive sexual behaviors. Any gender and sexual orientation is welcome. Weekly gay- and lesbian-friendly meeting at Alano Club focuses on Steps 1-2-3 and the spiritual solution. (7-8 pm Tuesday. 909 NW 24th Ave., Second Floor. 503-452-5961. www.portlandsaa.org.) (7/05)

**The Triangle Project** at ASAP Treatment Services is Oregon's only alcohol and drug addiction treatment program specifically for the queer community. Safe, respectful, confidential and effective since 1986. (503-224-0075. www.asaprx.org.) (7/05)

### Metro: Sexual

The **Multnomah County Health Department STD Program** offers testing and treatment for sexually transmitted diseases, HIV testing and hepatitis A and B vaccinations. By appointment or walk-in. Most insurance plans accepted; sliding-scale fee. Se habla español. (9 am-4:30 pm Monday-Friday except 12:30-4:30 pm Wednesday. 426 SW Stark St., Sixth Floor. 503-988-3700.) (7/05)

### Willamette Valley: Health

**Womenspace** provides a confidential shelter for adults and children who have been abused physically, sexually or emotionally; a 24-hour hot line; and a drop-in advocacy center for any victim of domestic violence. Spanish speaking available. Hosts a lesbian and bi women's support group. (Crisis: 800-281-2800. Business: 541-485-8232.) (7/05)

recreational outings and cultural events. Friendly environment to meet and connect with other API. (PO Box 12661, Portland, OR 97232. aplg\_pdx@yahoo.com.) (7/05)

**Bad Girls** is a social and educational leather and B/D/S/M club for self-identified women with an emphasis on safety and education. Workshops, discussions, events and parties. Women of all orientations can connect and ask questions during the **Kinky Women's Welcoming Munch** at 7 pm every second Tuesday. (503-972-2233. www.pdxbadgirls.net.) (7/05)

**Bible study/social group** forming for single gay and lesbian Christians in their 30s and 40s interested in spiritual growth and agape fellowship. (john316pdx@yahoo.com.) (7/05)

**Cascade Flyers** are gay, lesbian and bi aviators, both private and professional, in Washington, Oregon and southern British Columbia. Dinner meetings in Portland area. (503-701-7922. cascadeflyers@yahoo.com. www.geocities.com/cascadeflyers.) (7/05)

**Coquery** is a social group for people who were assigned a female sex at birth but identify otherwise (female-to-male, genderqueer, drag king, etc.). First Sunday meetings are open to partners and families of any configuration. (503-471-1515. groups.yahoo.com/group/coquery.) (7/05)

**50+ lesbian social group** for women meets on the third Saturday of the month. (4-7 pm. 503-542-3360 or 503-286-3576.) (7/05)

**Imperial Sovereigns Race Court of Oregon** is the oldest gay, lesbian, bi and trans social/fund-raising organization in the state of Oregon. Meetings are the first two Mondays of each month. (www.racecourt.org.) (7/05)

**Jewish Gay Men's Group**—please call for meeting time and place. (503-246-5939. efranklin@aol.com.) (7/05)

**Keshet Portland** is a potluck group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Its purpose is to help build bridges with the larger Jewish community. Monthly social, religious and cultural events. (David 503-226-7079, ext. 14.) (7/05)

**Leather Night** and **Red Hanky Social** are the first and third Friday of each month at Gail's Dirty Duck Tavern. (9 pm-midnight. 439 NW Third Ave. 503-224-9446. dustin@pacifier.com.) (7/05)

A peer-facilitated **Lesbian Discussion & Social Group** for women of any age meets first and third Wednesdays to talk about changing topics. (6:30-8 pm. 800 NW Sixth Ave. #253. 503-227-0605. rightlesbos@yahoo.com.) (7/05)

**Lesbians Enjoying Nature and Science (LENS)** is a fun-loving group of women who enjoy exploring all aspects of the environment. Activities include bird watching, nature walks, archaeology, camping, kayaking, star gazing and an occasional "lecture." No experience necessary. (6-8:30 pm second Thursday planning meeting. Laune 503-977-2903 or Vicki lacybirdsong@yahoo.com.) (7/05)

The **Lesbian Garden Club** is a group of women who love gardens and gardening. They exchange plants, seeds, advice and encouragement while having a good time. Call or e-mail for a copy of the newsletter and information about upcoming events. (Annie 503-909-2002. lgc@spirione.com.) (7/05)

**Lesbians with Degrees** is a social group for intellectual women and those who want to meet them. (Lani 503-233-3557. Join listserv at LesbiansWithDegrees-subscribe@yahoo.com.) (7/05)

**Lulu's Perry Playhouse** is a social group for self-identifying women who are into S/M. Play parties are held on the second Saturday of the month. (503-231-3892. lululst@excite.com. www.spiretech.com/~awntie/lulu.htm.) (7/05)

**Men Over 40** is a small, socially supportive group that meets second and fourth Thursdays. (503-246-5795.) (7/05)

**Oregon Men Enjoying Naturism** is a social organization for gay male naturists/nudists. Potluck social third Sunday of every month. (amenpdx@yahoo.com. www.geocities.com/omenpdx.) (7/05)

The gay **Pinochle Group** meets Sundays at Hobos. Come play cards and meet the gang. New players always welcome. (6 pm. 120 NW Third Ave. Mike 503-641-7224.) (7/05)

**Portland Bisexual Women** is a discussion, social and support group for bi and questioning women. (503-347-5817. portlandbisexualwomen@comcast.net. www.portlandbisexualwomen.freesev.org.) (7/05)

**Portland Leather Alliance** is one of the largest pansexual, nonprofit B/D/S/M, leather and fetish lifestyle organizations in the Northwest. Regular social and educational opportunities, including KinkFest, Leather Bell, kind auctions and Fall Vendors Fair. (www.pdxleatheralliance.org.) (7/05)

**Portland Leather Men** meet every second Saturday for potluck and socializing. Meet men into a leather lifestyle and keep abreast of leather happenings. No dues, no formal organization, no officers or board, just leather socialization for the past 21 years. (360-896-6665. plm@directway.com.) (7/05)

**Portland Metro Prime Timers** is a social group for mature gay men and those who appreciate them, coming together for social, educational and cultural purposes. (PO Box 5884, Portland, OR 97228. 503-286-4613 or 360-693-5506. pdxprimertimers@yahoo.com. www.geocities.com/pdxprimertimers.) (7/05)

**Rose City Discussion Club**, the largest open pansexual/alternative sexuality club in the Northwest, is open to all orientations, fetishes and lifestyles that are safe, sane and consensual. Monthly meetings, workshops and newsletter. (503-972-1869. rcdc@teleport.com. www.rcdc.org.) (7/05)

**Boysboys Vegetarian Men's Group** is a fun, social gathering for gay and bi men who are interested in a healthy vegetarian or vegan lifestyle. A variety of activities and monthly potlucks on the last Friday. (veggieguys@aol.com.) (7/05)

**Swanky Lesbians** is for trendy, cerebral, swanky women 21 or better to meet like-minded individuals for drinks, food and good conversation. First and third Sundays. (Join listserv at swankylesbians\_pdx-subscribe@yahoo.com.) (7/05)

**Women of the Rivers**, the Portland/Vancouver chapter of Women on Wheels, is a motorcycle club for all women who like to ride. It meets monthly at Jubitz, sponsors riding clinics and takes day trips. (5 pm second Sunday. 10310 N Vancouver Way. www.havanet.com/charme/wow.) (7/05)

**Women Who Cook and Recipe Exchange** holds a potluck the first Saturday of every month for women who love to cook, meet new friends and share culinary ideas and treats. (503-330-9629. jayvber@comcast.net.) (7/05)

### Metro: Physical Recreation

**Adventure Group** organizes a variety of activities, year round including hiking, walking, cross-country and downhill skiing, rafting and mountain biking. (PO Box 2201, Portland, OR 97208-2201. www.adventuregroup.org.) (7/05)

**Amazon Dragons Paddling Club** is Portland's only out lesbian dragon boat team, providing community, fit-



Barbara Morgan's photograph of Martha Graham is on display through Dec. 19 at Lewis & Clark College

ness and physical strength through competitive racing. Come paddle with the Amazons and work hard, make new friends and have fun. New members welcome. (Elien 503-282-6744. www.amazondragons.org.) (7/05)

**The Forest Group** outings are cooperative adventures for women. Participants are responsible for providing their own equipment and choosing outings appropriate for their skill and fitness level. All skill levels welcome. (Dawn and Tami 503-659-2782. ncc1127@yahoo.com. www.geocities.com/ncc1127/forestpdx.) (7/05)

The **Gay Women's Golf Group** welcomes all levels of players. (www.turfgriz.com.) (7/05)

**Lesbian Equestrian Group** gets together for equestrian activities in the Pacific Northwest. (Denise 503-654-3865. Lynn 503-777-2339. kelrav@rdrop.com.) (7/05)

**Out Dancing** teaches dancing for same-sex couples at Ankeny Street Studio. Classes for different dance styles start the first Friday of each month: country, swing, tango, cha-cha, etc. Call for schedule. (503-236-5129. out\_dancing@yahoo.com. home.att.net/~outdancing.) (7/05)

**Outkayaking Northwest** is Portland's gay and lesbian sea kayak group exploring the area's lakes, rivers and bays. (503-231-2632. www.outkayakingnw.com.) (7/05)

**Pacific Coast Yacht Club** welcomes gay and lesbian sailboat and powerboat owners to cruise the Willamette River, Columbia River and Multnomah Channel. Promotes good fellowship and safe boating. (www.pcyclub.org.) (7/05)

**Portland Gay & Lesbian Community Bowling Association** is in its 27th season! Meets Sundays at Hollywood Lanes. Drop-ins welcome anytime. (3-30 pm. 4030 NE Halsey St. Mailing address: PO Box 42034, Portland, OR 97242. 503-722-0438. pdxbowl@comcast.net. www.pdxowl.com.) (7/05)

Whether you're a running novice or a seasoned marathoner, **Portland Frontrunners** welcomes gay, lesbian, bi and trans people of all abilities and interests. (Gay info@portlandfrontrunners.org. www.portlandfrontrunners.org.) (7/05)

**Rosetown Ramblers**, Portland's gay and lesbian square dance club, dances at mainstream and plus levels. (PO Box 5352, Portland, OR 97228-5352. www.rosetownramblers.com.) (7/05)

**Team Oregon**, the umbrella sports group coordinating efforts for Outgames 2006 in Montreal and Gay Games 2006 in Chicago, holds monthly meetings for those wanting to participate. (503-736-3282. www.teamoregon2006.org.) (7/05)

**Team Tennis** meets Sundays at University of Portland. All levels of play welcome. First time is free, subsequent times are \$3. Please join us! @ am-noon. 503-516-8328. teamportlandtennis@yahoo.com.) (7/05)

### Southern Oregon: Social

**Abbie-Elle Lambda Community Center** plays host to social events and groups. Call for schedule. (Suite 112, 208 Oak St., Ashland. Mailing address:

PO Box 927, Ashland, OR 97520. 541-488-6990. www.abbeilles.org.) (7/05)

**Douglas County HIV Resource Center** hosts Gay Men's Movie Night every second Friday and a Gay Potluck every last Friday in Roseburg. (7 pm movie, 5-8 pm potluck. 832 Highland St. 541-440-2761.) (7/05)

### Washington: Social

**Social Group for Single Lesbians** in the Vancouver area hosts movies, dining out, camping trips and more. (360-666-6227. raimyheart@aol.com.) (7/05)

### Willamette Valley: Physical Recreation

**Frontrunners and Walkers** is a queer fitness and social group in Eugene that meets every Saturday morning. (9 am. 15th and Agate. Davis 541-345-1481 or Sedie 541-683-2692.) (7/05)

Eugene's **GLBT Tennis Group** meets every Saturday and Sunday, weather permitting. (Noon. West 20th Avenue and Polk Street. kfranken8@yahoo.com.) (7/05)

### Willamette Valley: Social

**Capitol Forum** is a gay/lesbian nonprofit social service organization serving the mid-Willamette Valley. (503-363-0006. PO Box 663, Salem, OR 97308-0663. www.salemcf.org.) (7/05)

**Confluence: The Willamette Valley Mixed GALA Chorus** rehearses Sundays at Unitarian Universalist Congregation of Salem. (4-6:30 pm. 5090 Center St. NE. 503-364-2370. confluence@aol.com. www.confluencechorus.org.) (7/05)

Eugene's **GLBT Movie Night** group gets together every Thursday to view and discuss GLBT films. (7 pm. kfranken8@yahoo.com.) (7/05)

**Lavender Womyn** is a warm and friendly lesbian group in Salem for support, fun and friendship. Game nights, bowling, barbecues, bunco, camping, flag football, etc. (Kim 503-581-5102. www.lavenderwomyn.com.) (7/05)

**Marionberry Salem** meets monthly in Salem for potlucks and discussion of books touching on the gay/lesbian/bi experience. (Cary 503-363-6036. marionberry@aol.com.) (7/05)

**The Fellowship Group**, a gay men's activity group in the greater Salem-Keizer area, holds monthly potlucks, city walks, hikes, movie nights and special events. (salemfellowshipgroup@yahoo.com. www.fellowshipgroup.org.) (7/05)

**Together Works** is a confidential group in McMinnville for queers and their friends to get together for social events and discussions of topics of mutual interest. Meets second and fourth Monday, at First Baptist Church. (7 pm. 125 SE Cowles St. Don 503-434-6286.) (7/05)