

SPIRITUALITY

Metro: Spirituality

Ainsworth United Church of Christ is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am; church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. aucc@teleport.com.) (7/04)

Anawim Community of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/04)

Bridgeport United Church of Christ is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992. www.bridgeportucc.org.) (7/04)

City Church, Portland's "oldest gay-affirming Christian church," offers a spirit-driven church for today's diverse generations. (10 am Sunday communion and worship service. 6:30 pm Sunday worship service. 3830 SE 62nd Ave. 503-775-5024.) (7/04)

Congregation P'nai Or (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month at Portland State University Campus Ministries. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. www.pnaiorpxd.org.) (7/04)

Eastrose Fellowship Unitarian Universalist, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am Sunday. 1133 NE 181st Ave., Gresham. 503-665-2628. eastrose@teleport.com. www.eastrose.org.) (7/04)

Eckankar—Religion of the Light and Sound of God holds worship services and maintains a library of materials to help you learn about the Divine Spirit in today's world. (10 am Sunday. 7904 SE Milwaukie Ave. 503-233-1595. www.eckankar.org.) (7/04)

Faith United Methodist Church is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am; Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6-6:30 pm. (27400 SE Stark St. 503-661-4520.) (7/04)

First Unitarian Church of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. www.firstunitarianportland.org.) (7/04)

Gay and Lesbian Outreach (GALO) of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/04)

Gay Men's Labyrinth Project meets quarterly for a walking meditation and wisdom circle on the labyrinth. (www.gaylabyrinth.com.) (7/04)

Integrity is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Bruce 503-286-9111. brucepdx@attbi.com. www.integrityusa.org.) (7/04)

Interfaith Spiritual Center houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. www.interfaithspiritualcenter.com.) (7/04)

Keshet Portland is a potluck group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Its purpose is to help build bridges with the larger Jewish community. Monthly social, religious and cultural events. (David or Laney 503-226-7079, ext. 14.) (7/04)

Koinonia Catholic Community is a progressive, small faith community that gathers weekly to celebrate

Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical in membership. (6 pm Sunday. 621 NE 76th Ave. 503-699-0473. www.koinoniacommunity.org.) (7/04)

Longview United Methodist Church is welcoming and reconciling. (10 am Sunday. 2851 30th Ave. 360-425-4927.) (7/04)

Metanoia Peace Community United Methodist Church is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. www.tearsoup.com/metanoia.) (7/04)

Metropolitan Community Church of Portland holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am service. (2400 NE Broadway. 503-281-8868. info@mccportland.com. www.mccportland.com.) (7/04)

Nichiren Buddhist Temple of Portland offers several weekly gatherings. Everyone welcome! (10 am Sunday. 7:30 am Tuesday and Thursday. 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. www.nichiren-shu.org/portland.) (7/04)

Peace Church of the Brethren is a welcoming congregation. (11 am Sunday. 12727 SE Market St. 503-254-6380.) (7/04)

Portland Center for Spiritual Growth is a center for worship, growth and leadership that adheres to an all-inclusive spiritual philosophy similar to 12-step, Unity and Religious Science. Impromptu wedding ceremonies available. (503-777-0727. www.portlandcenter.org.) (7/04)

Portland Radical Faeries meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. otter@pceez.com.) (7/04)

Seventh-Day Adventist Kinship is a support organization for queer people, their families and friends. (PO Box 7320, Laguna Niguel, CA 92607-7320. 866-732-5677. office@sdakinship.org. www.sdkinship.org.) (7/04)

SisterSpirit offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. sistersp@teleport.com.) (7/04)

Southminster Presbyterian Church is an active member of the Community of Welcoming Congregations. Sunday school and nursery care. Classes, community service activities and events for all ages and interests. (9-9:30 am Sunday chapel service, 10 am Sunday community worship service. 12250 SW Denney Road, Beaverton. 503-644-2073. staff@southmin.com. www.southmin.com.) (7/04)

St. Andrew Catholic Church invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday. 806 NE Alberta St. 503-281-4429.) (7/04)

St. James Lutheran Church, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday. 1315 SW Park Ave. 503-227-2439. www.stjameslutheranportland.org.) (7/04)

St. Stephen's Episcopal Church has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. 1432 SW 13th Ave. 503-223-6424.) (7/04)

Trinity Episcopal Cathedral, a welcoming and affirming congregation, invites all to worship services and ongoing programs in spiritual development, community outreach, music and arts education. (8 am Sunday Rite I chapel service. 10 am Sunday Rite II cathedral service. 147 NW 19th Ave. 503-222-9811. www.trinity-episcopal.org.) (7/04)

Sexual Minority Youth Resource Center (SMYRC), a program of Cascade Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Offers drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings includes Trans Youth Group and the creative group Personal Deity Proxy. (4-8 pm Monday and Wednesday. 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9266. www.smyrc.org.) Other programs include: **Clackamas County Sexual Minority Youth Connection (COSMYC)** provides opportunities for queer and questioning youth ages 23 and younger to get together for free, fun and supportive social activities. Offers one-on-one support, referrals and information on HIV and STD prevention and resources for adults who work with queer and questioning youth. (503-969-0060. cosmycyouth@yahoo.com.) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. molly@prideproject.org.) (7/04)

Eastern Oregon: Youth

Eastern Oregon Center for Independent Living offers support and advocacy to gay, lesbian, bi, trans and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. ecol@ecol.org. www.ecol.org.) (7/04)

Trinity United Methodist Church is for all people who seek the grace of God and desire to work for peace and justice. Child care available. (10:30 am Sunday. 3915 SE Steele St. 503-777-3901.) (7/04)

University Park United Methodist Church believes in giving to the community, caring for one another and making a difference one person at a time. Come celebrate God's diversity with us! (10 am Sunday. 4775 N Lombard St. The Rev. Jeannie Knepper 503-289-7843.) (7/04)

Waverly Heights United Church of Christ is open and affirming with worship, children's school and child care. (10 am Sunday. 3300 SE Woodward St. 503-238-1337. www.waverlyucc.org.) (7/04)

Wyeast Unitarian Universalist Congregation is an open and liberal religious community offering inter-generational services and religious education for youth and adults. We welcome gay, lesbian, bi and trans members and nurture spiritual growth living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. www.wyeast.pnw.uua.org.) (7/04)

Zion United Church of Christ, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/04)

Central Oregon: Spirituality

United Church of Christ Congregational is an open and affirming congregation in The Dalles. (9:20 am adult Sunday school, 10:30 am Sunday worship. 111 E Fifth St. 541-296-2909. uccongl@netnet.net. www.fornistry.com/usorucfucccc.) (7/04)

Washington: Spirituality

Abundant Life Center is A New Thought Community for spiritual awakening and transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday. 10006 NE Ninth Ave., Vancouver. The Rev. Kathleen Verigin 360-573-2626.) (7/04)

East Vancouver United Methodist Church is reconciling and welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761.) (7/04)

First Congregational Church, United Church of Christ, holds services in an open and affirming congregation. (10 am Sunday worship, 11:15 am adult education. 1220 NE 68th St., Vancouver. 360-693-1476. vanucc@aol.com.) (7/04)

Metropolitan Community Church of the Gentle Shepherd in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship, 9 am Sunday Bible study, 2200 Broadway. The Rev. Harriet Barshofsky 360-695-1480.) (7/04)

Michael Servetus Unitarian Universalist Fellowship, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:30 and 11:15 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (7/04)

Willamette Valley: Spirituality

First Congregational Church, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9:30 am Sunday learning hour, 10:30 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (7/04)

Metropolitan Community Church Two Rivers is a Christian church with primary outreach in the sexual minorities community. (6:30 pm Sunday. 1166 Oak St., Eugene.) (7/04)

Washington: Youth

Triple Point offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (7/04)

Willamette Valley: Youth

Gay, Lesbian, Bi, Transgender and Questioning Youth Group for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilyard St. 541-684-3466.) (7/04)

Lesbian, Gay, Bisexual, Transgender Youth Group for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/04)

Out 'n' About Youth meet every Thursday in Corvallis. (7 pm. 1165 Monroe Ave. 541-754-3906.) (7/04)

Rainbow Youth is a safe, confidential support group for young gay men, lesbians, bisexuals, transgender, questioning and friends. (6-8 pm Wednesday. Micha Building, 690 State St., Salem. www.salemrainbowyouth.org.) (7/04)

ADVICE

Going Gay 101

Former straight girl struggles with dating rituals



Ms. Behavior®
by Meryl Cohn

DEAR MS. BEHAVIOR:

In the past year, I've developed an attraction to women. It very much took me by surprise—I'm older than 40—but it's definitely there.

There have been two women in particular who have hit on me. They bump into me physically or hit on me in a crowd yet don't ask me out or for my phone

number. Is there some sort of lesbian ritual I don't know about? I seem to be doing all the wrong things.

When I have taken the initiative to call or e-mail, I got no response. I am thinking of giving up on these two and moving on. I'm new at this, and I don't know where to begin. I'm not much into bars but know of no other place to meet women.

Can you give me suggestions on how to do things better in case I do happen to meet someone? Are there any guide books for the newly awakened lesbian?

—Can't Even Get Into the Closet

DEAR CAN'T EVEN GET INTO THE CLOSET:

Perhaps the two women who are bumping into you have neurological disorders. Ms. Behavior knows of no dating ritual that involves intentional clumsiness, except perhaps among adolescents. Ms. Behavior cautions against taking the phrase "hitting on me" too literally.

If these women had brushed against you or held your gaze too long, it would be different. But merely knocking into you doesn't seem to imply ardor or even sexual attraction. Are these clumsy women even lesbians? Or are they random straight girls initiating you into a secret sorority with strange and unpredictable dance moves?

Look through gay and lesbian publications for groups that interest you. You can find lesbian clubs for hiking, biking, theater or, if you're lucky, maybe even oral sex. You might also try answering or placing personal ads. Don't describe yourself as a lesbian virgin. "Ingenuer" sounds more intriguing.

If you send Ms. Behavior a mailer with your address and postage, she'll be happy to send you a copy of her book, *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette*, as a coming-out gift.

DEAR MS. BEHAVIOR:

My partner of seven years and I have great sex. When we have it. Alas, we have gotten out of sync in our cycles of lust.

When he comes home from work,

I'm ready to pounce on him, rip off his clothes, oil him up, throw him down and have wild, passionate sex. He growls "don't touch me" or jokes about finding a sexual surrogate for me and then stumbles to the couch to read or to the garden to water the plants.

I've tried leather outfits. I've oiled my body for that pumped-up look. I've tried coy glances and provocative poses. Sometimes they work; often they don't. What else can I try?

At night, I can be curled up in our bed, nice and warm and in the middle of REM sleep when he paws me. I'm sure there's a way to tell him that his sexy manhood is a source of joy, but all I'm able to do is wail and try to burrow under pillows. After these encounters he's a little pouty at breakfast.

Rather than consign him to the circle of hell reserved for neighbors who let their dogs bark before dawn, what can I do to transform myself from Sleeping Beauty back into the ravaging Beast who wanted to take him the afternoon before?

—Restless

DEAR RESTLESS:

It's admirable that you're willing to change, but it's unlikely that you'll be able to transform yourself from a groggy Sleeping Beauty into a 5 a.m. Ever-Ready Bunny without the use of stimulants.

Why do you think you each feel most lustful when the other is either out cold or practically unconscious with fatigue? Perhaps you look prettiest when your eyes are closed and you're drooling on the pillow, and your boyfriend is most attractive when he walks through the door with his briefcase and an air of authority.

Or maybe you and your boyfriend are having a power struggle, with each of you wanting to be the one to initiate sex. Could you let him be the one to start things up if you weren't already asleep? Try making a sex date for the weekend, when he's all fresh and perky. Then you'll see who's ready to be oiled up and thrown down and who isn't.

That you're trying to figure it out bodes well for your erotic future. Lots of people would be envious about still having great sex even sometimes after seven years. **J**

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MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette* (Houghton Mifflin). Signed copies are available directly from the author. Send questions or correspondence to msbehavior@aol.com.

YOUTH

Metro: Youth

Flavors, a social support group for sexual minority youth of color 21 and younger, meets on weekends for food and socializing. Regular events and activities. Flavors is a project of Love Makes a Family/MultiQueer program and is supported by Brother to Brother. (Kristy 503-228-3892. multi queer@bfbfamily.org.) (7/04)

The Gay, Lesbian and Straight Education Network (GLSEN) fights to end anti-gay bias in K-12 schools. (Suite 180, 12700 SW North Dakota St. #129, Tigard, OR 97223. 503-525-1177. glsen@glsenoregon.org. www.glsenoregon.org.) (7/04)

MultiQueer, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for queer and questioning youth of color. (Kristy 503-228-3892. multi queer@bfbfamily.org.) (7/04)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Needs volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. www.outsidein.org.) (7/04)

Send your **outreach** listings to:

just out (attn: Calendar) • PO Box 14400 • Portland, OR 97293-0400

Fax submissions to **503-236-1257** or e-mail justout@justout.com

Submissions cannot be accepted over the phone • Please type your announcements and include full contact information