

# Classifieds

503-236-1253

promote your business here

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## Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at [www.justout.com](http://www.justout.com).)

MAY						
S	M	T	W	T	F	S
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JUNE						
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30	31					

# all's well

Just Out's Guide to Physical Health, Fitness and Well Being

### CHIROPRACTORS

#### Chiropractic for People and Pets too!

Dr. Mary Mandeville, Chiropractic Physician

4738 SE Belmont  
Portland, OR 97215  
Voice or TDD  
(503) 236-4400

Member: American Veterinary Chiropractic Association



### DENTISTS

#### eduardo mulero dds pc general and esthetic dentistry

Open Wide...



- General & Cosmetic Dentistry
- Teeth Whitening
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- Friendly Environment
- Strict Infection Control
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www.mulero.com  
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(503) 203-6978

### LICENSED MASSAGE THERAPISTS (LMT)

#### MASSAGE FOR MEN'S HEALTH

Stress and pain relief. Swedish, Deep Tissue, Reflexology. 503-380-6196. Lee Serenethos, LMT#5756. [www.sirmassage.com](http://www.sirmassage.com) Beaverton area.(6/18)

**NURTURING TOUCH** tailored to your needs. In/outcalls. Chad, LMT#9716, 503-490-3028. (6/18)

#### HEALING HANDS FOR YOU

Swedish, Deep-Tissue, Reiki, Rebirthing, Body Electric healing arts. Tim Mulcahey, BA, SI, LMT #5343. 503-231-5755. (5/21)

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the root of healing begins

- deep tissue
- injury
- craniosacral
- emotional re-balancing

**HOT**  
stones oils tub  
10% off to all spring gardeners  
503-289-2591

#### Laurelhurst Massage

- Dry Sauna • Steam Room
- European Showers
- 2 Man - 4 Hand Massage
- Individual & Couples Massage

Greg Mitchell, LMT (Lic # 7750)  
503.380-4324

Rick Sullivan, LMT (Lic # 6049)  
503.421-5172

[www.LaurelhurstLMT.com](http://www.LaurelhurstLMT.com) • Open 7 Days a Week

### KHALSA CHIROPRACTIC PAIN RELIEF CLINIC

#### FAST & EFFECTIVE RELIEF

Gentle Relief of Your Pain is Our Top Priority  
• Neck • Back pain • Headaches  
Immediate Appointments • Emergencies Welcome  
Reasonable Fees • Insurance Accepted

\*Doctor of Chiropractic \*Diplomate National Board  
\*Oregon License \*American Chiropractic Assn

We promise to treat you special  
Dr. H.D.S. Khalsa

5013 SE Hawthorne Bv 503 238-1032

### DENTISTS

#### Family Dentistry Mt. Tabor Dental, LLC



Todd L. Beck, D.M.D.

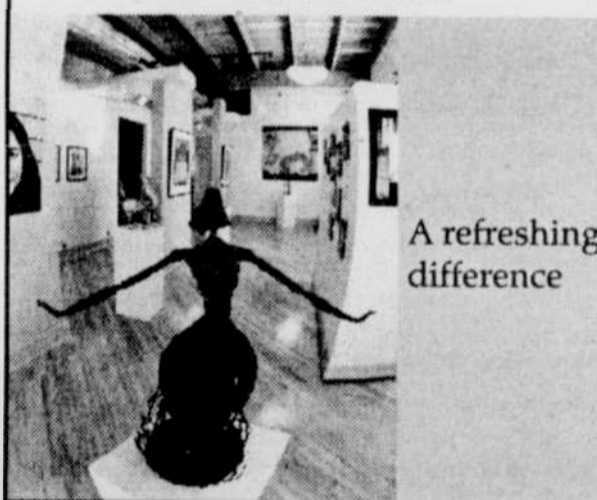
728 SE 60th Ave Portland, OR 97215 • 503-236-1449  
e-mail: [info@mttabordental.com](mailto:info@mttabordental.com)

#### WE OFFER COMPLETE DENTAL SERVICES

- CLEANINGS
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- DENTURES AND PARTIALS
- BLEACHING, VENEERS



#### Pearl District DENTAL



A refreshing difference

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Full Comprehensive Treatment  
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Zoom! 1 hour laser whitening available

### LICENSED MASSAGE THERAPISTS (LMT)

NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

**soma**  
MASSAGE

russ palmer teresa hubbel  
#10858 #40963

503.226.SOMA (7662)  
2281 NW HOYT STREET

### Massage in Beaverton

Deep Tissue ~ Sports Massage  
Hot Stone Therapy

Craig Connors  
LMT  
Reiki Master

503/348-2179  
Gift Certificates Available

Brian Tennison  
Licensed/Massage Therapist (#6476)

503.201.3274

CONVENIENT  
Downtown Location

Massage Therapy  
Swedish / Deep Tissue / Thai  
for Stress and Pain Relief  
Located in Ladd's Addition  
SE Portland  
Bryn Stanbury LMT  
503.449.8372

[www.adam4massage.com](http://www.adam4massage.com)

Body balancing by use of  
Massage And Energy work

503.806.6285  
Adam Roberts LMT #781

Scott Williams  
lic # 10462

flexible schedule  
in a quiet SE Portland location

503-866-8839  
[www.pdxbodyworks.com](http://www.pdxbodyworks.com)

Massage for Men

Treat yourself to a complete full body massage  
by a friendly experienced therapist.

Downtown location/outcalls to home/hotel  
Days/evenings/weekends/same day appts.—often available!

Cliff King, L.M.T.  
503-936-5135  
Lic# 6463

To loosen a rusted bolt, apply a cloth soaked in Coca-Cola to the rusted bolt for several minutes.

### NATUROPATH

Effective Natural Medicine  
for Men, Women & Children

Women's Health Care  
Herbal Medicine ~ Nutritional Therapy

Suzanne Scopes, ND

Experienced Knowledgeable Caring

503-230-0812 316 NE 28th Ave - Circle Healthcare Clinic  
[www.drscopenaturalhealthcare.com](http://www.drscopenaturalhealthcare.com)

Karen Frangos Ph.D.

Naturopathic Physician  
and Physical Therapist

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- Nutrition for Optimal Health
- Whole Person Approach

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503-233-0388 • [DrKMFrangos@aol.com](mailto:DrKMFrangos@aol.com)

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