

SPIRITUALITY

Metro: Spirituality

Ainsworth United Church of Christ is a multicultural, multicultural, open and affirming church. Sunday worship is at 10 am, church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. aucc@teleport.com.) (7/04)

Anawim Community of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/04)

Bridgeport United Church of Christ is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992. www.bridgeportucc.org.) (7/04)

City Church, Portland's "oldest gay-affirming Christian church," offers a spirit-driven church for today's diverse generations. (10 am Sunday communion and worship service. 6:30 pm Sunday worship service. 3830 SE 62nd Ave. 503-775-5024.) (7/04)

Congregation P'nai Or (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month at Portland State University Campus Ministries. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. www.pnaicorpdx.org.) (7/04)

Eastrose Fellowship Unitarian Universalist, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am Sunday. 1133 NE 181st Ave., Gresham. 503-665-2628. eastrose@teleport.com.) (7/04)

Eckankar—Religion of the Light and Sound of God holds worship services and maintains a library of materials to help you learn about the Divine Spirit in today's world. (10 am Sunday. 7904 SE Milwaukie Ave. 503-233-1595. www.eckankar.org.) (7/04)

Faith United Methodist Church is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am; Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6:30 pm. (27400 SE Stark St. 503-661-4520.) (7/04)

First Unitarian Church of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. www.firstunitarianportland.org.) (7/04)

Gay and Lesbian Outreach (GALO) of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/04)

Gay Men's Labyrinth Project meets quarterly for a walking meditation and wisdom circle on the labyrinth. (www.gaylabyrinth.com.) (7/04)

Integrity is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Bruce 503-286-9111. bruceepdxor@attbi.com. www.integrityusa.org.) (7/04)

Interfaith Spiritual Center houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. www.interfaithspiritualcenter.com.) (7/04)

Keshet Portland is a potluck group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Its purpose is to help build bridges with the larger Jewish community. Monthly social, religious and cultural events. (David or Laney 503-226-7079, ext. 14.) (7/04)

Koinonia Catholic Community is a progressive,

small faith community that gathers weekly to celebrate Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical in membership. (6 pm Sunday. 621 NE 76th Ave. 503-699-0473. www.koinoniacommunity.org.) (7/04)

Longview United Methodist Church is welcoming and reconciling. (10 am Sunday. 2851 30th Ave. 360-425-4927.) (7/04)

Metanoia Peace Community United Methodist Church is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. www.tearsoup.com/metanoia.) (7/04)

Metropolitan Community Church of Portland holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am service. (2400 NE Broadway. 503-281-8868. info@mccportland.com. www.mccportland.com.) (7/04)

Nichiren Buddhist Temple of Portland offers several weekly gatherings. Everyone welcome! (10 am Sunday, 7:30 am Tuesday and Thursday, 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. www.nichiren-shu.org/portland.) (7/04)

Peace Church of the Brethren is a welcoming congregation. (11 am Sunday. 12727 SE Market St. 503-254-6380.) (7/04)

Portland Center for Spiritual Growth is a center for worship, growth and leadership that adheres to an all-inclusive spiritual philosophy similar to 12-step, Unity and Religious Science. Impromptu wedding ceremonies available. (503-777-0727. www.portlandcenter.org.) (7/04)

Portland Radical Faeries meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. otter@pocz.com.) (7/04)

Seventh-Day Adventist Kinship is a support organization for queer people, their families and friends. (PO Box 7320, Laguna Niguel, CA 92607-7320. 866-732-5677. office@sdakinship.org. www.sdakinship.org.) (7/04)

SisterSpirit offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. sistersp@teleport.com.) (7/04)

Southminster Presbyterian Church is an active member of the Community of Welcoming Congregations. Sunday school and nursery care. Classes, community service activities and events for all ages and interests. (9:30 am Sunday chapel service, 10 am Sunday community worship service. 12250 SW Denney Road, Beaverton. 503-644-2073. staff@southmin.com. www.southmin.com.) (7/04)

St. Andrew Catholic Church invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday. 806 NE Alberta St. 503-281-4429.) (7/04)

St. James Lutheran Church, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday. 1315 SW Park Ave. 503-227-2439. www.stjameslutheranportland.org.) (7/04)

St. Stephen's Episcopal Church has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. 1432 SW 13th Ave. 503-223-6424.) (7/04)

Trinity Episcopal Cathedral, a welcoming and affirming congregation, invites all to worship services and ongoing programs in spiritual development, community outreach, music and arts education. (8 am Sunday Rite I chapel service, 10 am Sunday Rite II cathedral service. 147 NW 19th Ave. 503-222-9811. www.trinity-episcopal.org.) (7/04)

Trinity United Methodist Church is for all people who seek the grace of God and desire to work for peace and justice. Child care available. (10:30 am Sunday. 3915 SE Steele St. 503-777-3901.) (7/04)

University Park United Methodist Church believes in giving to the community, caring for one another and making a difference one person at a time. Come celebrate God's diversity with us! (10 am Sunday. 4775 N Lombard St. The Rev. Jeannie Knepper 503-289-7843.) (7/04)

Waverly Heights United Church of Christ is open and affirming with worship, children's school and child care. (10 am Sunday. 3300 SE Woodward St. 503-238-1337. www.waverlyucc.org.) (7/04)

Wyeast Unitarian Universalist Congregation is an open and liberal religious community offering inter-generational services and religious education for youth and adults. We welcome gay, lesbian, bi and trans members and nurture spiritual growth living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. www.wyeast.pnwdu.uga.org.) (7/04)

Zion United Church of Christ, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/04)

Central Oregon: Spirituality

United Church of Christ Congregational is an open and affirming congregation in The Dalles. (9:20 am adult Sunday school, 10:30 am Sunday worship. 111 E Fifth St. 541-296-2909. ucccong@netcnct.net. www.forministry.com/sonucofucccc.) (7/04)

Washington: Spirituality

Abundant Life Center is a New Thought Community for spiritual awakening and transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday. 10006 NE Ninth Ave., Vancouver. The Rev. Kathleen Vergin 360-573-2626.) (7/04)

East Vancouver United Methodist Church is reconciling and welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761.) (7/04)

First Congregational Church, United Church of Christ, holds services in an open and affirming congregation. (10 am Sunday worship, 11:15 am adult education. 1220 NE 68th St., Vancouver. 360-693-1476. vanucc@aol.com.) (7/04)

Metropolitan Community Church of the Gentle Shepherd in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship, 9 am Sunday Bible study. 2200 Broadway. The Rev. Harriet Barshofsky 360-695-1480.) (7/04)

Michael Servetus Unitarian Universalist Fellowship, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:30 and 11:15 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (7/04)

Willamette Valley: Spirituality

First Congregational Church, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9:30 am Sunday learning hour, 10:30 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (7/04)

Metropolitan Community Church Two Rivers is a Christian church with primary outreach in the sexual minorities community. (6:30 pm Sunday. 1166 Oak St., Eugene.) (7/04)

Washington: Youth

Triple Point offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (7/04)

Willamette Valley: Youth

Gay, Lesbian, Bi, Transgender and Questioning Youth Group for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilgard St. 541-684-3466.) (7/04)

Lesbian, Gay, Bisexual, Transgender Youth Group for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/04)

Out 'n' About Youth meet every Thursday in Corvallis. (7 pm. 1165 Monroe Ave. 541-754-3906.) (7/04)

Rainbow Youth is a safe, confidential support group for young gay men, lesbians, bisexuals, transgender, questioning and friends. (6-8 pm Wednesday. Micha Building, 690 State St., Salem. www.salemrainbowyouth.org.) (7/04)

Sexual Minority Youth Resource Center (SMYRC), a program of Cascade Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Offers drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings includes Trans Youth Group and the creative group Personal Deity Proxy. (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286 www.smyrc.org.) Other programs include: **Clackamas County Sexual Minority Youth Connection (COSMYC)** provides opportunities for queer and questioning youth ages 23 and younger to get together for free, fun and supportive social activities. Offers one-on-one support, referrals and information on HIV and STD prevention and resources for adults who work with queer and questioning youth. (503-969-0060. cosmycyouth@yahoo.com.) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. molly@prideproject.org.) (7/04)

Eastern Oregon: Youth

Eastern Oregon Center for Independent Living offers support and advocacy to gay, lesbian, bi, trans and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. eoicl@eoicl.org. www.eoicl.org.) (7/04)

YOUTH

Metro: Youth

Flavors, a social support group for sexual minority youth of color 21 and younger, meets on weekends for food and socializing. Regular events and activities. Flavors is a project of Love Makes a Family's MultiQueer program and is supported by Brother to Brother. (Kristy 503-228-3892. multi queer@lmfamily.org.) (7/04)

The Gay, Lesbian and Straight Education Network (GLSEN) fights to end anti-gay bias in K-12 schools. (Suite 180, 12700 SW North Dakota St. #129, Tigard, OR 97223. 503-525-1177. glsen.org.) (7/04)

MultiQueer, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for queer and questioning youth of color. (Kristy 503-228-3892. multi queer@lmfamily.org.) (7/04)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Needs volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. www.outsidein.org.) (7/04)

ADVICE

Who's the boss?

Friends don't disinvite friends from *The L Word*



Ms. Behavior
by Meryl Cohn

DEAR MS. BEHAVIOR:

I was a devout lesbian for two decades and basically still consider myself to be a dyke.

I never thought I'd consider dating a man again and am shocked to find myself in love with one. I won't bore you with the details, but, earlier this year, my now-deceased collie had numerous health problems, and I fell for her very kind male veterinarian.

My life now feels like a made-for-TV movie. All of my friends and family are angry and disappointed with me (even my mother, who begged me to "try to change" when I came out to her 20 years ago). I'm no longer invited to watch *The L Word* with my friends.

I still feel like the same person. In fact, I'm mostly attracted to women, not men. I just happened to meet the one man in the world who's an exception for me.

My friends tell me I can't call myself a lesbian anymore. (They've even suggested I might prefer to watch *The B Word*, but I don't feel particularly bisexual.) What do you think?

—Baffled

DEAR BAFFLED:

Your friends sound like very bossy and uncompassionate lesbians. While there's really no reason for them to feel betrayed or threatened, some dykes turn rabid when a friend steps out of the fold. Perhaps these women fear that if they support you, they will be transformed against their will into heterosexuals.

If it's any comfort, nearly everyone is blindsided by an unexpected twist. Life is like that: unpredictable. Perhaps in time your friends will mature with experience and develop a little more empathy.

In the meantime, they have absolutely no right to disavow your lesbianism. You're still a dyke if you say you are! And if you and your boyfriend are comfy with that, they'll have to learn to accept that change has come.

DEAR MS. BEHAVIOR:

I've recently gotten back into a relationship with my ex-boyfriend. We broke up because of his inability to show strength in times of severe stress and strain. Now we're back together, and he's wonderful, except sexually.

I love, love, love this man. He is nothing I want but everything I need. However, I'm scared I may creep out from time to time to get my rocks off. I don't want to hurt him, but he hurt me deeply by being a nonresilient person. Should I not entertain my flesh

and just go with the security he gives me?

—S

DEAR S:

It's not really clear that you "love, love, love" your boyfriend. You're not happy with him sexually and you claim he's weak during hard times, and the only thing you specify that you love is the security he provides.

You haven't said which kind of security he offers, but Ms. Behavior suspects that your boyfriend buys you lots of pretty things or gives you an allowance.

What exactly is a "nonresilient" person? You may mean that he's not emotionally supportive when you're having a hard time, but Ms. Behavior suspects that you offer him a special kind of torment and then expect him to buck up if he doesn't want to deal with your drama. Frankly, it sounds like you might be a bit of a spoiled brat, looking for an excuse to step out on your boyfriend.

Either way, if you plan to "enter-tain your flesh" with others, and you have an agreement to be monogamous, you need to mention it before you "creep out to get your rocks off." But if you do discuss it with him, please try to make it sound less vulgar.

DEAR MS. BEHAVIOR:

You recently printed a letter from "Lost Boy." I am one of the "dads" mentioned in that letter.

I am not writing to ask advice but rather to give some advice to your readers. If you love someone, for God's sake tell them! I was not honest with this man for complicated reasons, but, in

hindsight, there was no reason that was good enough to risk losing him.

I fell in love with him and wanted to be with him, and I should have told him. PLEASE, if you are reading this letter and are in love with someone, put this paper down, pick up the phone and call him or run, don't walk, to wherever this person is and tell him.

And, finally, to Lost Boy: As long as I'm around you will NEVER be lost. I love you and want you to be with me. I'm sorry if I let you down by not being honest with you from the start. I only hope I can make it up to you. ☐

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MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette* (Houghton Mifflin). Signed copies are available directly from the author. Send questions or correspondence to msbehavior@aol.com.

Send your **outreach** listings to:

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Fax submissions to **503-236-1257** or e-mail justout@justout.com

Submissions cannot be accepted over the phone. • Please type your announcements, and include full contact information