

**SPIRITUALITY**

**Metro: Spirituality**

**Ainsworth United Church of Christ** is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am; church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. [aucc@teleport.com](mailto:aucc@teleport.com)) (7/04)

**Anawim Community** of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/04)

**Bridgeport United Church of Christ** is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday, 621 NE 76th Ave. 503-258-0992. [www.bridgeportucc.org](http://www.bridgeportucc.org)) (7/04)

**City Church**, Portland's "oldest gay-affirming Christian church," offers a spirit-driven church for today's diverse generations. (10 am Sunday communion and worship service, 6:30 pm Sunday worship service. 3830 SE 62nd Ave. 503-775-5024.) (7/04)

**Congregation P'nai Or** (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month at Portland State University Campus Ministries. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. [www.pnaiorpdx.org](http://www.pnaiorpdx.org)) (7/04)

**Eastrose Fellowship Unitarian Universalist**, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am Sunday. 1133 NE 181st Ave., Gresham. 503-665-2628. [eastrose@teleport.com](http://eastrose@teleport.com). [www.eastrose.org](http://www.eastrose.org)) (7/04)

**Faith United Methodist Church** is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am. Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6-6:30 pm. (27400 SE Stark St. 503-661-4520.) (7/04)

**First Unitarian Church** of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. [www.firstunitarianportland.org](http://www.firstunitarianportland.org)) (7/04)

**Gay and Lesbian Outreach (GALO)** of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/04)

**Gay Men's Labyrinth Project** meets quarterly for a walking meditation and wisdom circle on the labyrinth. ([www.gaylabyrinth.com](http://www.gaylabyrinth.com)) (7/04)

**Integrity** is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Bruce 503-286-9111. [brucepdxor@attbi.com](mailto:brucepdxor@attbi.com). [www.integrityusa.org](http://www.integrityusa.org)) (7/04)

**Interfaith Spiritual Center** houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. [www.interfaithspiritualcenter.com](http://www.interfaithspiritualcenter.com)) (7/04)

**Keshet Portland** is a potluck group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Its purpose is to help build bridges with the larger Jewish community. Monthly social, religious and cultural events. (David or Laney 503-226-7079, ext. 14.) (7/04)

**Koinonia Catholic Community** is a progressive, small faith community that gathers weekly to celebrate Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical

in membership. (6 pm Sunday, 621 NE 76th Ave. 503-699-0473. [www.koinoniacommunity.org](http://www.koinoniacommunity.org)) (7/04)

**Longview United Methodist Church** is welcoming and reconciling. (10 am Sunday, 2851 30th Ave. 360-425-4927.) (7/04)

**Metanoia Peace Community United Methodist Church** is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. [www.tearsoup.com/metanoia](http://www.tearsoup.com/metanoia)) (7/04)

**Metropolitan Community Church of Portland** holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am service. (2400 NE Broadway. 503-281-8868. [info@mccportland.com](mailto:info@mccportland.com). [www.mccportland.com](http://www.mccportland.com)) (7/04)

**Nichiren Buddhist Temple of Portland** offers several weekly gatherings. Everyone welcome! (10 am Sunday, 7:30 am Tuesday and Thursday, 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. [www.nichiren-shu.org/portland](http://www.nichiren-shu.org/portland)) (7/04)

**Peace Church of the Brethren** is a welcoming congregation. (11 am Sunday, 12727 SE Market St. 503-254-6380.) (7/04)

**Portland Center for Spiritual Growth** is a center for worship, growth and leadership that adheres to an all-inclusive spiritual philosophy similar to 12-step, Unity and Religious Science. Impromptu wedding ceremonies available. (503-777-0727. [www.portlandcenter.org](http://www.portlandcenter.org)) (7/04)

**Portland Radical Faeries** meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. [otter@pcez.com](mailto:otter@pcez.com)) (7/04)

**Seventh-Day Adventist Kinship** is a support organization for queer people, their families and friends. (PO Box 7320, Laguna Niguel, CA 92607-7320. 866-732-5677. [office@sdakinship.org](mailto:office@sdakinship.org). [www.sdakinship.org](http://www.sdakinship.org)) (7/04)

**SisterSpirit** offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. [sistersp@teleport.com](mailto:sistersp@teleport.com)) (7/04)

**Southminster Presbyterian Church** is an active member of the Community of Welcoming Congregations. Sunday school and nursery care. Classes, community service activities and events for all ages and interests. (9-9:30 am Sunday chapel service, 10 am Sunday community worship service. 12250 SW Denney Road, Beaverton. 503-644-2073. [staff@southmin.com](mailto:staff@southmin.com). [www.southmin.com](http://www.southmin.com)) (7/04)

**St. Andrew Catholic Church** invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday, 806 NE Alberta St. 503-281-4429.) (7/04)

**St. James Lutheran Church**, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday, 1315 SW Park Ave. 503-227-2439. [www.stjameslutheranportland.org](http://www.stjameslutheranportland.org)) (7/04)

**St. Stephen's Episcopal Church** has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. 1432 SW 13th Ave. 503-223-6424.) (7/04)

**Trinity Episcopal Cathedral**, a welcoming and affirming congregation, invites all to worship services and ongoing programs in spiritual development, community outreach, music and arts education. (8 am Sunday Rite I chapel service. 10 am Sunday Rite II cathedral service. 147 NW 19th Ave. 503-222-9811. [www.trinity-episcopal.org](http://www.trinity-episcopal.org)) (7/04)

**University Park United Methodist Church** believes in giving to the community, caring for one another and making a difference one person at a time. Come celebrate God's diversity with us! (10 am Sunday, 4775 N Lombard St. The Rev. Jeannie Knepper 503-289-7843.) (7/04)

**Waverly Heights United Church of Christ** is open and affirming with worship, children's school and child care. (10 am Sunday, 3300 SE Woodward St. 503-238-1337. [www.waverlyucc.org](http://www.waverlyucc.org)) (7/04)

**Wy'east Unitarian Universalist Congregation** is an open and liberal religious community offering inter-generational services and religious education for youth and adults. We welcome gay, lesbian, bi and trans members and nurture spiritual growth living by Unitarian Universalist principles. (4 pm Sunday, 3915 SE Steele St. 503-777-3704. [www.wy'east.pnwduua.org](http://www.wy'east.pnwduua.org)) (7/04)

**Zion United Church of Christ**, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday, 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/04)

**Central Oregon: Spirituality**

**United Church of Christ Congregational** is an open and affirming congregation in The Dalles. (9:20 am adult Sunday school, 10:30 am Sunday worship, 111 E Fifth St. 541-296-2909. [ucccong@netcnct.net](mailto:ucccong@netcnct.net). [www.forministry.com/usoucofucc.org](http://www.forministry.com/usoucofucc.org)) (7/04)

**Washington: Spirituality**

**Abundant Life Center** is A New Thought Community for spiritual awakening and transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday, 10006 NE Ninth Ave., Vancouver. The Rev. Kathleen Verigin 360-573-2626.) (7/04)

**East Vancouver United Methodist Church** is reconciling and welcoming. (10 am Sunday, 5701 MacArthur Blvd. 360-693-4761.) (7/04)

**First Congregational Church**, United Church of Christ, holds services in an open and affirming congregation. (10 am Sunday worship, 11:15 am adult education. 1220 NE 68th St., Vancouver. 360-693-1476. [vanucc@aol.com](mailto:vanucc@aol.com)) (7/04)

**Metropolitan Community Church of the Gentle Shepherd** in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship, 9 am Sunday Bible study, 2200 Broadway. The Rev. Harriet Barshofsky 360-695-1480.) (7/04)

**Michael Servetus Unitarian Universalist Fellowship**, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:30 and 11:15 am Sunday, 4505 E 18th St., Vancouver. 360-695-1891.) (7/04)

**Willamette Valley: Spirituality**

**First Congregational Church**, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9:30 am Sunday learning hour, 10:30 am worship, 700 Marion St. NE, Salem. 503-363-3660.) (7/04)

**Metropolitan Community Church Two Rivers** is a Christian church with primary outreach in the sexual minorities community. (6:30 pm Sunday, 1166 Oak St., Eugene.) (7/04)

**Washington: Youth**

**Triple Point** offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (7/04)

**Willamette Valley: Youth**

**Gay, Lesbian, Bi, Transgender and Questioning Youth Group** for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hayward St. 541-684-3466.) (7/04)

**Lesbian, Gay, Bisexual, Transgender Youth Group** for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/04)

**Out 'n' About Youth** meet every Thursday in Corvallis. (7 pm. 1165 Monroe Ave. 541-754-3906.) (7/04)

**Rainbow Youth** is a safe, confidential support group for young gay men, lesbians, bisexuals, transgender, questioning and friends. (6-8 pm Wednesday, Micha Building, 690 State St., Salem. [www.salemrainbowyouth.org](http://www.salemrainbowyouth.org)) (7/04)

**ADVICE**

**A little and too much**

The difference between gay boys and girls



**Ms. Behavior**  
by Meryl Cohn

DEAR MS. BEHAVIOR:

My lover and I live in a small, happy community. My old friend Ellen came for a visit recently. We initially met when I was still in college, and she was one of my first flings. (We had sex twice, and she became mean, so we stopped hanging out; years later we met again and became friends.)

We took Ellen to a dinner party and some events with our friends. Soon I found out that she introduced herself as my ex-girlfriend to everyone! I was shocked, since I have had many long-term relationships, but none of them have been with Ellen. She hasn't had a lover since I've known her, which makes her statement even crazier.

Should I tell her that I don't consider her an ex-girlfriend? Should I ask her to stop telling other people that we are exes? Or is that cruel?

I'm embarrassed about all my new friends thinking that Ellen is someone sexually and emotionally significant to me.

—Not Ellen's Ex!

We got to this point because I got tired of being the "relationship police." Our relationship is great in every other way, but these activities are slowly distancing me from us. The distancing protects me from being hurt by these activities.

If we aren't doing these activities together, how could I trust him, or even myself, not to take

advantage of an opportunity should one arise when we're apart? What can I do? Does long-lasting passionate love exist?

—C

DEAR C:

Your ambivalence is clear; you like having sex with others, but you're afraid it will kill your relationship with your boyfriend. Why not discuss it with him? You're clearly not a good "policeman" on your own, anyway. (Ms. Behavior might let you direct traffic in her neighborhood, but she wouldn't leave you in charge of policing, say, the men's weightlifting room.)

Start out by telling your boyfriend the truth about how you feel, and see if it helps. Long-lasting passionate love is great, but it doesn't feel exactly the same as shagging someone you met in the sauna 20 minutes ago. The connection may be deeper in some ways and perhaps less acutely exciting in others. Can you live with that?

DEAR MS. BEHAVIOR:

Is it OK for anyone to constantly correct the spelling and syntax of another person's posts on an Internet forum? I feel that it is rude and invalidates what the person is trying to say. What do you think is the proper etiquette here?

—A

DEAR A:

It's rude to correct other people's spelling and syntax on an Internet forum if the meaning of the original posting is apparent. It's fine to ask someone for clarification of their posting if the content is unclear, but not for the purpose of ridicule.

Generally, people who correct other people's spelling and syntax on an Internet forum are bullying nerds who don't have satisfying lives.

Usually, other members of a forum will let them know that their corrections are unwelcome (unless the group is wholly composed of bullying nerds). ☐

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MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette* (Houghton Mifflin). Signed copies are available directly from the author. Send questions or correspondence to [msbehavior@aol.com](mailto:msbehavior@aol.com).

**YOUTH**

**Metro: Youth**

**Flavors**, a social support group for sexual minority youth of color 21 and younger, meets on weekends for food and socializing. Regular events and activities. Flavors is a project of Love Makes a Family's MultiQueer program and is supported by Brother to Brother. (Kristy 503-228-3892. [multiqueer@lmfamily.org](mailto:multiqueer@lmfamily.org)) (7/04)

**The Gay, Lesbian and Straight Education Network (GLSEN)** fights to end anti-gay bias in K-12 schools. (Suite 180, 12700 SW North Dakota St. #129, Tigard, OR 97223. 503-525-1177. [glsen@glsenoregon.org](mailto:glsen@glsenoregon.org). [www.glsenoregon.org](http://www.glsenoregon.org)) (7/04)

**MultiQueer**, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for queer and questioning youth of color. (Kristy 503-228-3892. [multiqueer@lmfamily.org](mailto:multiqueer@lmfamily.org)) (7/04)

**Outside In** operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Needs volunteers of all ages. (10 am-6 pm Monday-Friday, 1132 SW 13th Ave. 503-535-3800. [www.outsidein.org](http://www.outsidein.org)) (7/04)

**Sexual Minority Youth Resource Center (SMYRC)**

a program of Cascadia Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Offers drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings includes Trans Youth Group and the creative group Personal Deity Proxy. (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday, 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286. [www.smyrc.org](http://www.smyrc.org)) Other programs include: **Clackamas County Sexual Minority Youth Connection (COSMYC)** provides opportunities for queer and questioning youth ages 23 and younger to get together for free, fun and supportive social activities. Offers one-on-one support, referrals and information on HIV and STD prevention and resources for adults who work with queer and questioning youth. (503-969-0060. [cosmycyouth@yahoo.com](mailto:cosmycyouth@yahoo.com)) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. [molly@prideproject.org](mailto:molly@prideproject.org)) (7/04)

**Eastern Oregon: Youth**

**Eastern Oregon Center for Independent Living** offers support and advocacy to gay, lesbian, bi, trans and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. [eocil@eocil.org](http://eocil@eocil.org). [www.eocil.org](http://www.eocil.org)) (7/04)

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