

Classifieds

503-236-1253

promote your business here

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Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at www.justout.com.)

MARCH							APRIL							
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all's well

Just Out's Guide to Physical Health, Fitness and Well Being

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KHALSA CHIROPRACTIC PAIN RELIEF CLINIC

FAST & EFFECTIVE RELIEF

Gentle Relief of Your Pain is Our Top Priority

• Neck • Back pain • Headaches

Immediate Appointments • Emergencies Welcome
Reasonable Fees • Insurance Accepted

*Doctor of Chiropractic *Diplomate National Board
*Oregon License *American Chiropractic Assn

We promise to treat you special
Dr. H.D.S. Khalsa

5013 SE Hawthorne Bv 503 238-1032

Chiropractic for People and Pets too!

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Portland, OR 97215
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Todd L. Beck, D.M.D.
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e-mail: info@mttabordental.com

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- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES AND PARTIALS
- BLEACHING, VENEERS

NEW PATIENTS WELCOME

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general and
esthetic
dentistry

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- Nutritional Therapy
- Herbal Medicine
- Women's Health Care
- Menopause Options

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NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

STRONG YET NURTURING; gentle yet deep. In/outcalls. Chad, 503-490-3028. LMT#9716. (3/19)

"Democracy is two wolves and a sheep voting on lunch."
—Anon

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Strong, nurturing, full-body massage. Relax deeply. Reconnect. All genders and orientations. Weekdays, in-only. SE Belmont area. Jay: 503-810-6935. LMT #10149. <http://ebeam.home.att.net/> (4/2)

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Lic. #0430

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Lic# 6463

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503.380-4324

Rick Sullivan, LMT (lic # 6049)
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www.LaurelhurstLMT.com • Open 7 Days a Week

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Body balancing by use of
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deeptissumassage@aol.com
<http://hometown.aol.com/deeptissumassage>
lic # 9117

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- Massage Therapy
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- Nutrition for Optimal Health
- Whole Person Approach

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1818 NE Irving St. • Portland, OR 97232
503-233-0388 • DrKMFrangos@aol.com

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improve your health
classes start monthly
Portland metro locations

503-220-5970

"But it is not hard work which is dreary;
it is superficial work." —Edith Hamilton