

**SPIRITUALITY**

**Metro: Spirituality**

**Ainsworth United Church of Christ** is a multiracial, multicultural, open and affirming church. Sunday worship is at 10 am; church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. [aucc@teleport.com](mailto:aucc@teleport.com).) (7/04)

**Anawim Community** of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/04)

**Bridgeport United Church of Christ** is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992. [www.bridgeportucc.org](http://www.bridgeportucc.org).) (7/04)

**The City Church**, Portland's "oldest gay-affirming Christian church," offers a spirit-driven church for today's diverse generations. (10 am Sunday communion and worship service, 6:30 pm Sunday worship service. 3830 SE 62nd Ave. 503-775-5024.) (7/04)

**Congregation P'nai Or** (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month at Portland State University Campus Ministries. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. [www.pnaio.org](http://www.pnaio.org).) (7/04)

**Eastrose Fellowship Unitarian Universalist**, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am Sunday. 1133 NE 181st Ave., Gresham. 503-665-2628. [eastrose@teleport.com](mailto:eastrose@teleport.com). [www.eastrose.org](http://www.eastrose.org).) (7/04)

**Faith United Methodist Church** is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am; Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6-6:30 pm. (27400 SE Stark St. 503-661-4520.) (7/04)

**First Unitarian Church** of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. [www.firstunitarianportland.org](http://www.firstunitarianportland.org).) (7/04)

**Gay and Lesbian Outreach (GALO)** of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/04)

**Gay Men's Labyrinth Project** meets quarterly for a walking meditation and wisdom circle on the labyrinth. ([www.gaylabyrinth.com](http://www.gaylabyrinth.com).) (7/04)

**Gay Men's Spirit Group** is open to all men experienced or interested in alternative spiritual practices such as New Age, shamanism, meditation, psychic/intuitive, energy work and healing. (503-230-7949.) (7/04)

**Integrity** is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Bruce 503-286-9111. [brucepdor@attbi.com](mailto:brucepdor@attbi.com). [www.integrityusa.org](http://www.integrityusa.org).) (7/04)

**Interfaith Spiritual Center** houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. [www.interfaithspiritualcenter.com](http://www.interfaithspiritualcenter.com).) (7/04)

**Keshet Portland** is a potluck group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Its purpose is to help build bridges with the larger Jewish community. Monthly social, religious and cultural events. (David or Laney 503-226-7079, ext. 14.) (7/04)

**YOUTH**

**Metro: Youth**

**Flavors**, a social support group for sexual minority youth of color 21 and younger, meets on weekends for food and socializing. Regular events and activities. Flavors is a project of Love Makes a Family's MultiQueer program and is supported by Brother to Brother. (Jaye 503-228-3892. [jaye@lmfamily.org](mailto:jaye@lmfamily.org).) (7/04)

**The Gay, Lesbian and Straight Education Network (GLSEN)** fights to end anti-gay bias in K-12 schools. (12700 SW North Dakota St., Suite 180, #129, Tigard, OR 97223. 503-525-1177. [glsen@glsenoregon.org](mailto:glsen@glsenoregon.org). [www.glsenoregon.org](http://www.glsenoregon.org).) (7/04)

**MultiQueer**, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for queer and questioning youth of color. (Jaye 503-228-3892. [jaye@lmfamily.org](mailto:jaye@lmfamily.org).) (7/04)

**Outside In** operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Needs volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. [www.outsidein.org](http://www.outsidein.org).) (7/04)

**Koinonia Catholic Community** is a progressive, small faith community that gathers weekly to celebrate Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical in membership. (6 pm Sunday. 621 NE 76th Ave. 503-699-0473. [www.koinoniacommunity.org](http://www.koinoniacommunity.org).) (7/04)

**Longview United Methodist Church** is welcoming and reconciling. (10 am Sunday. 2851 30th Ave. 360-425-4927.) (7/04)

**Metanoia Peace Community United Methodist Church** is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. [www.tearsoup.com/metanoia](http://www.tearsoup.com/metanoia).) (7/04)

**Metropolitan Community Church of Portland** holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am service. (2400 NE Broadway. 503-281-8868. [info@mccportland.com](mailto:info@mccportland.com). [www.mccportland.com](http://www.mccportland.com).) (7/04)

The **Nichiren Buddhist Temple of Portland** offers several weekly gatherings. Everyone welcome! (10 am Sunday, 7:30 am Tuesday and Thursday, 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. [www.nichiren-shu.org/portland](http://www.nichiren-shu.org/portland).) (7/04)

**Peace Church of the Brethren** is a welcoming congregation. (11 am Sunday. 12727 SE Market St. 503-254-6380.) (7/04)

**Portland Center for Spiritual Growth** is a center for worship, growth and leadership that adheres to an all-inclusive spiritual philosophy similar to 12-step, Unity and Religious Science. (503-777-0727. [www.portlandcenter.org](http://www.portlandcenter.org).) (7/04)

**Portland Radical Faeries** meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. [otter@pccz.com](mailto:otter@pccz.com).) (7/04)

**Seventh-Day Adventist Kinship** is a support organization for queer people, their families and friends. (PO Box 7320, Laguna Niguel, CA 92607-7320. 866-732-5677. [office@sdakinship.org](mailto:office@sdakinship.org). [www.sdakinship.org](http://www.sdakinship.org).) (7/04)

**SisterSpirit** offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. [sistersp@teleport.com](mailto:sistersp@teleport.com).) (7/04)

**Southminster Presbyterian Church** is an active member of the Community of Welcoming Congregations. Sunday school and nursery care. Classes, community service activities and events for all ages and interests. (9-9:30 am Sunday chapel service, 10 am Sunday community worship service. 12250 SW Denney Road, Beaverton. 503-644-2073. [staff@southmin.com](mailto:staff@southmin.com). [www.southmin.com](http://www.southmin.com).) (7/04)

**St. Andrew Catholic Church** invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday. 806 NE Alberta St. 503-281-4429.) (7/04)

**St. James Lutheran Church**, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday. 1315 SW Park Ave. 503-227-2439. [www.stjameslutheranportland.org](http://www.stjameslutheranportland.org).) (7/04)

**St. Stephen's Episcopal Church** has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. 1432 SW 13th Ave. 503-223-6424.) (7/04)

**Sexual Minority Youth Resource Center**, a program of Cascadia Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Offers drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings includes Trans Youth Group and the creative group Personal Deity Proxy. (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286. [www.smyrc.org](http://www.smyrc.org).) Other programs include: **Clackamas County Sexual Minority Youth Connection (COS-MYC)** provides opportunities for queer and questioning youth ages 23 and younger to get together for free, fun and supportive social activities. Offers one-on-one support, referrals and information on HIV and STD prevention and resources for adults who work with queer and questioning youth. (503-969-0060. [cosmycyouth@yahoo.com](mailto:cosmycyouth@yahoo.com).) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. [molly@prideproject.org](mailto:molly@prideproject.org).) (7/04)

**Eastern Oregon: Youth**

**Eastern Oregon Center for Independent Living** offers support and advocacy to gay, lesbian,

**University Park United Methodist Church** believes in giving to the community, caring for one another and making a difference one person at a time. Come celebrate God's diversity with us! (10 am Sunday. 4775 N Lombard St. The Rev. Jeannie Knepper 503-289-7843.) (7/04)

**Waverly Heights UCC** is open and affirming with worship, children's school and child care. (10 am Sunday. 3300 SE Woodward St. 503-238-1337. [www.waverlyucc.org](http://www.waverlyucc.org).) (7/04)

**Wy'east Unitarian Universalist Congregation** is an open and liberal religious community offering intergenerational services and religious education for youth and adults. We welcome gay, lesbian, bi and trans members and nurture spiritual growth living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. [www.wy'east.pnwduua.org](http://www.wy'east.pnwduua.org).) (7/04)

**Zion United Church of Christ**, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/04)

**Central Oregon: Spirituality**

**United Church of Christ Congregational** is an open and affirming congregation in The Dalles. (9:20 am adult Sunday school, 10:30 am Sunday worship. 111 E Fifth St. 541-296-2909. [uccongl@netcnct.net](mailto:uccongl@netcnct.net). [www.forministry.com/usorucocucc](http://www.forministry.com/usorucocucc).) (7/04)

**Washington: Spirituality**

**Abundant Life Center** is A New Thought Community for spiritual awakening and transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday. 10006 NE Ninth Ave., Vancouver. The Rev. Kathleen Vengin 360-573-2626.) (7/04)

**East Vancouver United Methodist Church** is reconciling and welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761.) (7/04)

**First Congregational Church**, United Church of Christ, holds services in an open and affirming congregation. (10 am Sunday worship, 11:15 am adult education. 1220 NE 68th St., Vancouver. 360-693-1476. [vauccc@aol.com](mailto:vauccc@aol.com).) (7/04)

**Metropolitan Community Church of the Gentle Shepherd** in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship, 9 am Sunday Bible study, 2200 Broadway. The Rev. Harriet Barshofsky 360-695-1480.) (7/04)

**Michael Servetus Unitarian Universalist Fellowship**, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:30 and 11:15 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (7/04)

**Willamette Valley: Spirituality**

**First Congregational Church**, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9:30 am Sunday learning hour, 10:30 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (7/04)

**MCC Two Rivers** is a Christian church with primary outreach in the sexual minorities community. (6:30 pm Sunday. 1166 Oak St., Eugene.) (7/04)

bi, trans and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. [ecol@ecol.org](mailto:ecol@ecol.org). [www.ecol.org](http://www.ecol.org).) (7/04)

**Washington: Youth**

**Triple Point** offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (7/04)

**Willamette Valley: Youth**

**Gay, Lesbian, Bi, Transgender and Questioning Youth Group** for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilyard St. 541-684-3466.) (7/04)

**Lesbian, Gay, Bisexual, Transgender Youth Group** for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/04)

**Rainbow Youth** is a safe, confidential support group for young gay men, lesbians, bisexuals, transgender, questioning and friends. (6-8 pm Wednesdays. Micha Building, 690 State St., Salem. [www.salemrainbowyouth.org](http://www.salemrainbowyouth.org).) (7/04)

**ADVICE**

**A brief encounter**

Is there a subliminal message in your new pair of underwear?



**Ms. Behavior** by Meryl Cohn

DEAR MS. BEHAVIOR:

While doing laundry this week, I was surprised to discover a pair of extra-large 2(x)ist white boxer briefs. What was unusual is that my boyfriend and I are quite svelte.

I don't know which was more shocking—that he was cheating on me or that he is a chubby chaser. He claims to have purchased the wrong size in a shopping frenzy at Filene's Basement. Can I trust him, or should I be indulging in extra sugar and fat?

—Do These Briefs Make Me Look Fat?

DEAR DO THESE BRIEFS MAKE ME LOOK FAT?:

It sounds like your boyfriend has finally surrendered to his cravings and is sleeping with a big hunky man who has a bit of a gut.

For the health of your relationship, you might need to consider giving in to some of your desires, too, and making some late-night runs to 7-Eleven for Ben & Jerry's "Chubby Hubby." In this way, you and your boyfriend can be bonded in your quest for pleasure and satiety, instead of your commitment to diets and deprivation.

DEAR MS. BEHAVIOR:

My girlfriend is delusional, and I need your help.

I am obsessed with my weight and the weight of other men. My favorite pastime is to see how fat people got since last summer or over the course of a couple of years.

I take pride in the fact that I eat carefully, and others always comment with envy on how thin I am. There is nothing worse than a chubby man.

Recently while on a shopping extravaganza at Filene's Basement I found a Valentino coat, which made me ecstatic. I got so distracted by my find that I accidentally bought extra-large 2(x)ist boxer briefs instead of my usual size small.

When I got home and did the laundry, my boyfriend worried that I was having a sexual escapade with another man because there was strange underwear in our basket. I explained the scenario, but he didn't believe me.

How can I convince my boyfriend that if I were to have a hot sexual encounter, it would clearly be with someone who wears size small and that I am NOT a chubby chaser? Our relationship is strained, and now he doesn't trust me.

—Thin and Wearing a Fabulous Coat

DEAR THIN AND WEARING A FABULOUS COAT:

If you're indeed not engaging in extracurricular activities with a chubster, deeper problems lurk beneath the fashionable fabric of your relationship.

First, it's unlikely that a weight-obsessed, svelte man like you would "accidentally" buy Big Boy underwear. It's not like you brought home a medium pair—the fact that you went for extra-large sounds more like a crying-out-for-help from your unconscious that goes something like this: "Please save me from my shallow attachments to starvation

and fashion, and let me find a big, hearty man who will sling my bony body over his shoulder and fuck me and stuff my face until I can fill out this pair of big, sexy underwear."

Ms. Behavior can't help but notice that both you and your boyfriend claimed to be doing the laundry when the errant pair of underwear was discovered. This suggests a deeper problem, perhaps one of merging, which might ultimately be resolved if you weren't both bone-thin, fashion-victim homos.

Perhaps a good couple's therapist might help you embrace your more primal desires instead of secreting them away (only to have them expressed in passive-aggressive purchases).

DEAR MS. BEHAVIOR:

My girlfriend's ex Pat used to hang out with us a lot, which was a nuisance. Pat's not a bad person, but she's needy and negative.

A year or so ago, Pat got involved with Brenda, who's a possessive nightmare. The only benefit to Pat's involvement with Brenda is that now she spends less time with us.

Their relationship is rocky now, and Pat often asks our advice. Based on Brenda's psycho behavior, I'd ordinarily advise Pat to kick her to the curb. But I find myself holding back, because I know that if Pat becomes single again, she'll spend a lot more time with us, which I dread.

Is it unethical for me to withhold my opinion so that I'm spared a heavier dose of Pat's company?

—Rock and Hard Place

DEAR ROCK AND HARD PLACE:

Ethics don't really come into play here. You're not Pat's therapist nor her mother, and it's not your job to protect her.

If Brenda were truly abusive (as opposed to just garden-variety psycho), you might be more motivated to say what you think. But in this case, if what's at stake is Pat's sanity vs. your own, withholding your opinion seems OK. **JM**

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MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette* (Houghton Mifflin). Signed copies are available directly from the author. Send questions or correspondence to [msbehavior@aol.com](mailto:msbehavior@aol.com).

Send your **outreach** listings to:  
**just out** (attn: Calendar) • P.O. Box 14400 • Portland, OR 97293-0400  
 Fax submissions to **503-236-1257** or e-mail [justout@justout.com](mailto:justout@justout.com)  
 Submissions cannot be accepted over the phone • Please type your announcements and include full contact information