

SPIRITUALITY

Metro: Spirituality

Ainsworth United Church of Christ is a multiracial, multicultural, open and affirming church. Sunday worship is at 10 am; church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. aucc@teleport.com.) (7/04)

Anawim Community of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/04)

Bridgeport United Church of Christ is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992. www.bridgeportucc.org.) (7/04)

The City Church, Portland's "oldest gay-affirming Christian church," offers a spirit-driven church for today's diverse generations. (10 am Sunday communion and worship service. 6:30 pm Sunday worship service. 3830 SE 62nd Ave. 503-775-5024.) (7/04)

Congregation P'nai Or (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month at Portland State University Campus Ministries. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. www.pnaiorpdx.org.) (7/04)

Eastrose Fellowship Unitarian Universalist, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am Sunday. 1133 NE 181st Ave., Gresham. 503-665-2628. eastrose@teleport.com. www.eastrose.org.) (7/04)

Faith United Methodist Church is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am; Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6-6:30 pm. (27400 SE Stark St. 503-661-4520.) (7/04)

First Unitarian Church of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. www.firstunitarianportland.org.) (7/04)

Gay and Lesbian Outreach (GALO) of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/04)

Gay Men's Labyrinth Project meets quarterly for a walking meditation and wisdom circle on the labyrinth. (Date 503-233-2026, ext. 3. www.interfaithspiritualcenter.com.) (7/04)

Integrity is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Bruce 503-286-9111. brucepdxor@aattbi.com. www.integrityusa.org.) (7/04)

Interfaith Spiritual Center houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. www.interfaithspiritualcenter.com.) (7/04)

Keshet Portland is a potluck group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Its purpose is to help build bridges with the larger Jewish community. Monthly social, religious and cultural events. (David or Laney 503-226-7079, ext. 14.) (7/04)

Koinonia Catholic Community is a progressive, small faith community that gathers weekly to celebrate Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical in membership. (6 pm Sunday. 621 NE 76th Ave. 503-699-0473. www.koinoniacommunity.org.) (7/04)

Lesbian Christian Fellowship meets for study and social outings. Committed Christians and still-unsure welcome. (Barbara 503-760-5791.) (7/04)

Longview United Methodist Church is welcoming and reconciling. (10 am Sunday. 2851 30th Ave. 360-425-4927.) (7/04)

Metanoia Peace Community United Methodist Church is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. www.tearsoup.com/metanoia.) (7/04)

Metropolitan Community Church of Portland holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am service. (2400 NE Broadway. 503-281-8868. info@mccportland.com. www.mccportland.com.) (7/04)

The **Nichiren Buddhist Temple of Portland** offers several weekly gatherings. Everyone welcome! (10 am Sunday, 7:30 am Tuesday and Thursday, 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. www.nichiren-shu.org/portland.) (7/04)

Northwest Two-Spirit Society of Portland welcomes new members from the native LGBT (Two-Spirits) community to join our council and organize or attend monthly meetings. (Amanda 503-869-0076. thesebraids@go.com.) (7/04)

Peace Church of the Brethren is a welcoming congregation. (11 am Sunday. 12727 SE Market St. 503-254-6380.) (7/04)

Portland Center for Spiritual Growth is a center for worship, growth and leadership that adheres to an all-inclusive spiritual philosophy similar to 12-step, Unity and Religious Science. (503-777-0727. www.portlandcenter.org.) (7/04)

Portland Radical Faeries meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. otter@pccz.com.) (7/04)

Seventh-Day Adventist Kinship is a support organization for LGBT people, their families and friends. (PO Box 7320, Laguna Niguel, CA 92607-7320. 866-732-5677. office@sdakinship.org. www.sdakinship.org.) (7/04)

SisterSpirit offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. sistersp@teleport.com.) (7/04)

Southminster Presbyterian Church is an active member of the Community of Welcoming Congregations. Sunday school and nursery care. Classes, community service activities and events for all ages and interests. (9-9:30 am Sunday chapel service, 10 am Sunday community worship service. 12250 SW Denney Road, Beaverton. 503-644-2073. staff@southmin.com. www.southmin.com.) (7/04)

St. Andrew Catholic Church invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday. 806 NE Alberta St. 503-281-4429.) (7/04)

St. James Lutheran Church, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday. 1315 SW Park Ave. 503-227-2439. www.stjameslutheranportland.org.) (7/04)

St. Stephen's Episcopal Church has been welcoming all people since 1863. (12:10 pm Wednesday and 7-45 and 10 am Sunday. Sunday school and child care at 10 am. 1432 SW 13th Ave. 503-223-6424.) (7/04)

Waverly Heights UCC is open and affirming with worship, children's school and child care. (10 am Sunday. 3300 SE Woodward St. 503-238-1337. www.waverlyucc.org.) (7/04)

Wy'east Unitarian Universalist Congregation is an open and liberal religious community offering intergenerational services and religious education for children, youth and adults. It welcomes gay, lesbian, bi and trans members. It nurtures spiritual growth and promotes living by Unitarian Universalist principles. (4 pm Sunday, 5 pm in summer. 3915 SE Steele St. 503-777-3704. www.wy'east.pwv.uua.org.) (7/04)

Zion United Church of Christ, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/04)

Washington: Spirituality

Abundant Life Center is A New Thought Community for spiritual awakening and transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday. 10006 NE Ninth Ave., Vancouver. Rev. Kathleen Verigin. 360-573-2626.) (7/04)

East Vancouver United Methodist Church is reconciling and welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761.) (7/04)

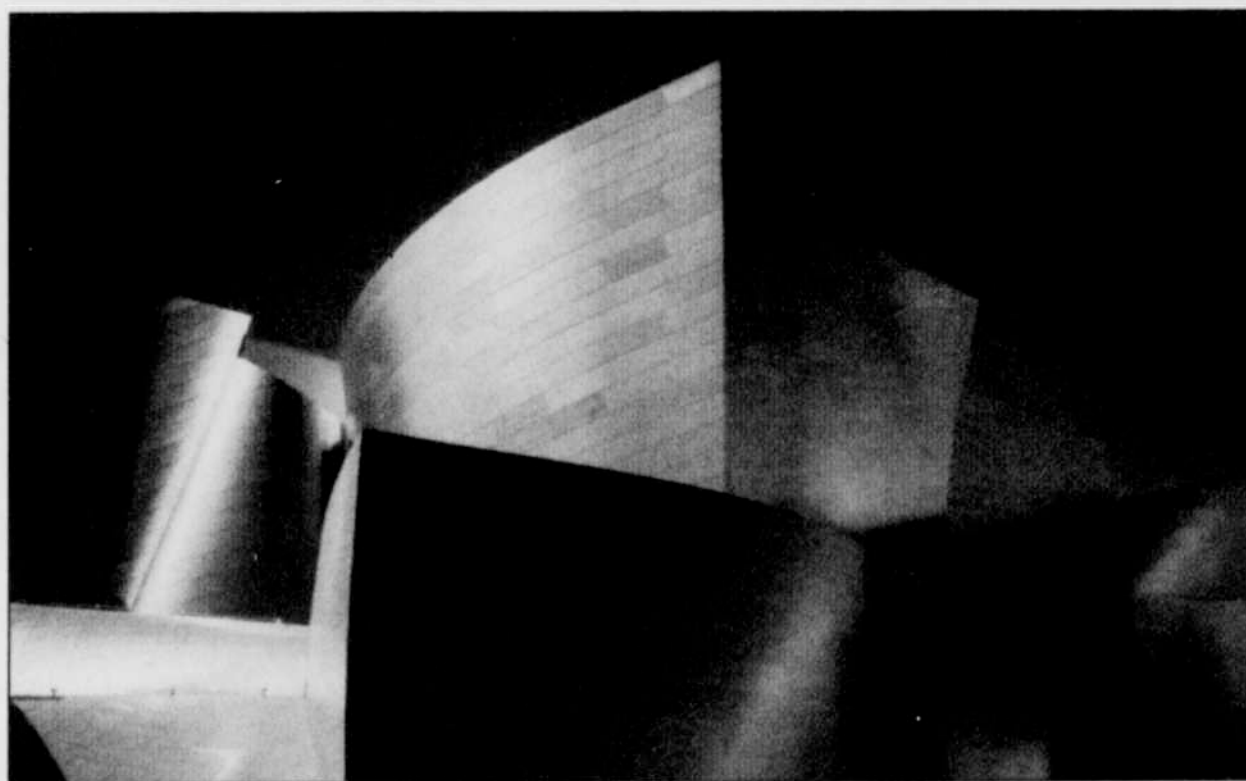
First Congregational Church, United Church of Christ, holds services in an open and affirming congregation. (10 am Sunday worship, 11:15 am adult education. 1220 NE 68th St., Vancouver. 360-693-1476. vanucc@aol.com.) (7/04)

Metropolitan Community Church of the Gentle Shepherd in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship, 9 am Sunday Bible study. 2200 Broadway. The Rev. Harriet Barshofsky. 360-695-1480.) (7/04)

Michael Servetus Unitarian Universalist Fellowship, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:30 and 11:15 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (7/04)

Willamette Valley: Spirituality

First Congregational Church, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9:30 am Sunday learning hour, 10:30 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (7/04)



Victoria Kauffman documents the iconic Walt Disney Concert Hall at Brain Marki Fine Art

YOUTH

Metro: Youth

Flavors, a social support group for sexual minority youth of color 21 and younger, meets on weekends for food and socializing. Regular events and activities. Flavors is a project of Love Makes a Family's MultiQueer program and is supported by Brother to Brother. (Jaye 503-228-3892. jaye@lmfamily.org.) (7/04)

The Gay, Lesbian and Straight Education Network (GLSEN) fights to end anti-gay bias in K-12 schools. (12700 SW North Dakota St., Suite 180, #129, Tigard, OR 97223. 503-525-1177. glsen@gsenoregon.org. www.glsenoregon.org.) (7/04)

MultiQueer, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for LGBTQ youth of color. (Jaye 503-228-3892. jaye@lmfamily.org.) (7/04)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Needs volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. www.outsidein.org.) (7/04)

Sexual Minority Youth Resource Center, a program of Cascadia Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Offers drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings includes Trans Youth Group and the creative group Personal Deity Proxy. (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286. www.smryc.org.) Other programs include: **Clackamas County Sexual Minority Youth Connection (COSMYC)** provides opportunities for queer and questioning youth ages 23 and younger to get together for free, fun and supportive social activities. Offers one-on-one support, referrals and information on HIV and STD prevention and resources for adults who work with LGBTQ youth. (503-969-0060. cosmycyouth@yahoo.com.) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. molly@prideproject.org.) (7/04)

Eastern Oregon: Youth

Eastern Oregon Center for Independent Living offers support and advocacy to gay, lesbian, bi, trans

and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. eocil@eocil.org. www.eocil.org.) (7/04)

Washington: Youth

Triple Point offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (7/04)

Willamette Valley: Youth

Gay, Lesbian, Bi, Transgender and Questioning Youth Group for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilyard St. 541-684-3466.) (7/04)

Lesbian, Gay, Bisexual, Transgender Youth Group for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/04)

ADVICE

To tell or not to tell

Dating your friend's ex? Got herpes from your fling? Know when to talk.

DEAR MS. BEHAVIOR:

I've had four dates with Emily, who's the funniest, most attractive woman I've been with in years. On our third date, while expressing her fears about getting seriously involved, she told me all about her nasty ex, Karen, and their ugly breakup.

I later figured out, through a freaky anatomical detail Emily happened to mention (a third nipple), that Emily's Karen is the same Karen who's in my book group. I really like Karen, and we frequently go out for coffee after book group. Now I remember Karen crying last year over a breakup with a woman she described as "abusive." I'm sure it was Emily.

I haven't told either of these women that I know their exes. I don't want to stop dating Emily, and I don't want to stop hanging out with Karen, either. Do I have to tell one or both of them about the other? Do I have to stop spending time with one of them?

—Confused

DEAR CONFUSED:

Ultimately, you'll probably be forced to choose between Emily and Karen because you won't be able to pull off being close with both of these women who feel betrayed by one another, and it would feel creepy to lie or be secretive.

Tell each woman the truth about your relationship with the other. Since you're excited about your new romantic involvement with Emily (and you're presumably not having sex with Karen), you'll probably choose Emily.

You'll find out soon enough if Emily is actually abusive. If she is, you'll dump her and run back to Karen with lots of new material to discuss before and after the book group.

But be forewarned that people don't usually change; Emily will probably whisper secrets about your freaky anatomical details to her next girlfriend.

DEAR MS. BEHAVIOR:

Am I under any kind of moral obligation to let someone know she gave me herpes?

I know there's no true way of knowing, as herpes simplex virus can lay dormant in the body for a long time, waiting



Ms. Behavior
by Meryl Cohn

for a truly stressful moment to make itself known, but I'm very certain that Jennifer, a woman I had sex with a long time ago, had a cold sore on her lip before going down on me, and now I have genital herpes. (I was young at the time

and didn't know that "cold sores" were really herpes or that you could get the disease through oral sex.)

I sometimes run into Jennifer at the gym, and we make small talk. I'm thinking about it now because of a painful outbreak.

I'd feel awkward about mentioning the STD she gave me, but maybe it's the right thing to do. What do you say?

—Wondering

DEAR WONDERING:

Telling someone that she gave you an STD (or that you gave her one) is the polite thing to do.

People with herpes outbreaks of any kind are frequently prone to recurrences. If Jennifer hasn't yet learned through a health class, a magazine article or another irate lover that cold sores are actually herpes, your disclosure to her could save legions of eager women—who think they're just getting a little head—from suffering a similar painful outbreak.

When you think about how many sexual partners the unwitting Jennifer might have in a lifetime and how many people each of those partners might also have sex with and so on, your disclosure may ultimately save dozens of people from passing on "the gift that keeps on giving."

Jennifer might initially be defensive—who likes to hear that they've given someone genital herpes?—but the information will still sink in. And, hopefully, your opening your mouth will remind Jennifer to keep her lips to herself next time she has an oral outbreak. **J**

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MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette* (Houghton Mifflin). Signed copies are available directly from the author. Send questions or correspondence to msbehavior@aol.com.