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(An extended list of deadlines is available at www.justout.com.)

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Just Out's Guide to Physical Health, Fitness and Well Being

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Chiropractic for People and Pets too! Dr. Mary Mandeville, Chiropractic Physician 4738 SE Belmont Portland, OR 97215 Voice or TDD (503) 236-4400





FAST & EFFECTIVE RELIEF Gentle Relief of Your Pain is Our Top Priority

Member: American Veterinary Chiropractic Association

 Neck • Back pain • Headaches Immediate Appointments • Emergencies Welcome Reasonable Fees • Insurance Accepted

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"We promise to treat you special" Dr. H.D.S. Khalsa

5013 SE Hawthorne By 503 238-1032

DENTISTS



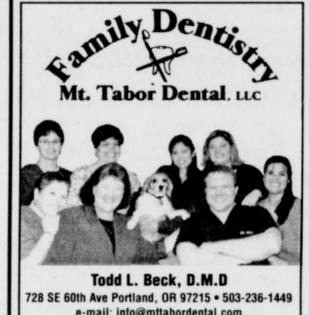


DENTISTS

Magda D Angelis-Morris, DMD, LLC

General and Cosmetic Dentistry New Patients Always Welcome

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e-mail: info@mttabordental.com

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- . Therapeutic Exercise . Natural Remedies . Nutrition for Optimal Health
- Whole Person Approach For body work from a doctor who knows how bodies work.

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NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

HEALING HANDS FOR YOU

Swedish, deep-tissue, Reiki, rebirthing, body electric healing arts. Tim Mulcahey, BA, SI, LMT #5343. 503-231-5755. (11/21)



incoln Heartsong

Integrative Massage for Body, Mind & Spirit 10 years experience

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Dry Sauna • Steam Room **European Showers** 2 Man - 4 Hand Massage Individual & Couples Massage

Laurelhurst Massage Therapy



Private Massage Studio for Total Relaxation

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Rick Sullivan, LMT (Lic # 6049) 503 • 421 - 5172

www.LaurelhurstLMT.com

If this is a crime then I'm guilty, guilty of loving Edward Smart!

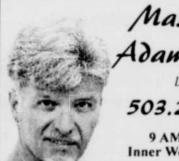


Massage for Men Treat yourself to a complete full body massage

by a friendly experienced therapist. Downtown location/outcalls to home/hotel

Days/evenings/weekends/same day appts.-often available!

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Inner Westside Location www.geocities.com//adam4massage/

Massage in Beaverton \$40/hour

Deep Tissue Sports Massage Hot Stone Therapy

Craig Connors, LMT Reiki Master

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license #8254

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CONVENIENT **Downtown Location**



He's not the brightest doughnut in the box.

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NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

ORIENTAL/EUROPEAN BODYWORK for men. Bodyhair services. Northwest Portland 971-207-3360. (11/7)

RELAXING FULL BODYWORK FOR MEN

Incall or outcall. For more information or to schedule an appointment, please contact Todd at 503-475-6989 or send an email to info@portlandbodywork.com. (11/7)

THOROUGHLY RELAXING, soothing, nuturing experience for men. 503-239-3892. Paul. (11/21)

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SAN FRANCISCO THERAPIST - EXTENDS HOURS By popular demand! Sensual, tension releasing bodywork. Downtown Portland. Dennis 503-646-5717. (11/7)

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MAN TO MAN BODY RUB

Best release in Portland. I'm a 7, but my rubs are an 11. Outcall, \$80 flat. 503-869-1235. (11/7)

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BODYWORK FOR MEN: Incall/outcall. 7 am-10 pm for appointment. Jim 503-705-7614. (1/7)

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Salem, Portland area. In or out calls. Professional. Call Vincent at 503-559-6933 or email: bodywork4men@earthlink.net for rates or to make an appointment. My Web site is www.bodywork4men.com. (12/19)