

## SPIRITUALITY

### Metro: Spirituality

**Ainsworth United Church of Christ** is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am; church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. [aucc@teleport.com](mailto:aucc@teleport.com).) (7/04)

**Anawim Community** of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/03)

**Atkinson Memorial Church** is a Unitarian Universalist welcoming congregation in Oregon City. (710 Sixth St. 503-656-7296. [www.atkinsonchurch.com](http://www.atkinsonchurch.com).) (7/03)

**Bridgeport United Church of Christ** is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992. [www.bridgeportucc.org](http://www.bridgeportucc.org).) (7/03)

**The City Church**, Portland's "oldest gay-affirming Christian church," offers a spirit-driven church for today's diverse generations. (10 am Sunday communion and worship service. 6:30 pm Sunday worship service. 7 pm Wednesday Bible study. 3830 SE 62nd Ave. 503-775-5024.) (7/03)

**Congregation Neveh Shalom**, an open and progressive Conservative Jewish synagogue, extends a warm welcome to all sexual minorities. Shabbat services 8:15 pm Friday and 9 am Saturday. (2900 SW Peaceful Lane. 503-246-8831.) (7/03)

**Congregation P'nai Or** (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month in various locations. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. [www.pnaorpxd.org](http://www.pnaorpxd.org).) (7/03)

**Dignity Portland** meets for Mass on Sundays. (503-262-6947.) (7/03)

**Eastrose Fellowship Unitarian Universalist**, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am Sunday. 1133 NE 181st Ave., Gresham. 503-665-2628. [eastrose@teleport.com](mailto:eastrose@teleport.com). [www.eastrose.org](http://www.eastrose.org).) (7/04)

**Faith United Methodist Church** is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am; Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6-6:30 pm. (27400 SE Stark St. 503-661-4520.) (7/03)

**First Unitarian Church** of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. [www.firstunitarianportland.org](http://www.firstunitarianportland.org).) (7/03)

**First United Methodist Church** of Portland, a welcoming and reconciling congregation, believes no one is left out in God's family. Sexual minority potluck held monthly. (10:30 am Sunday. 1838 SW Jefferson St. 503-228-3195. [www.fumcpxd.org](http://www.fumcpxd.org).) (7/03)

**Gay and Lesbian Outreach (GALO)** of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/03)

**Gay Men's Labyrinth Project** meets quarterly for a walking meditation and wisdom circle on the labyrinth. (Dale 503-233-2026, ext. 3. [www.gaylabyrinth.org](http://www.gaylabyrinth.org).) (7/04)

**Integrity** is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Bruce Mason 503-286-9111. [brucepdxor@attbi.com](mailto:brucepdxor@attbi.com). [www.integrityusa.org](http://www.integrityusa.org).) (7/03)

**Interfaith Spiritual Center** houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. [www.interfaithspiritualcenter.com](http://www.interfaithspiritualcenter.com).) (7/03)

## YOUTH

### Metro: Youth

**Flavors**, a social support group for sexual minority youth of color 21 and younger, meets on weekends for food and socializing. Regular events and activities. Flavors is a project of Love Makes a Family's MultiQueer program and is supported by Brother to Brother. (Claye 503-228-3892 or [jaye@lmfamily.org](mailto:jaye@lmfamily.org).) (7/04)

**The Gay, Lesbian and Straight Education Network (GLSEN)** fights to end anti-gay bias in K-12 schools. (12700 SW North Dakota St., Suite 180, #129, Tigard, OR 97223. 503-525-1177. [glsen@glsenoregon.org](mailto:glsen@glsenoregon.org). [www.glsenoregon.org](http://www.glsenoregon.org).) (7/04)

**MultiQueer**, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for LGBTQ youth of color. (Claye 503-228-3892 or [jaye@lmfamily.org](mailto:jaye@lmfamily.org).) (7/04)

**Outside In** operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Needs volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. [www.outsidein.org](http://www.outsidein.org).) (7/04)

**Kashet Portland** is a group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Monthly social, religious and cultural events. (David or Laney 503-226-7079, ext. 14.) (7/03)

**Koinonia Catholic Community** is a progressive, small faith community that gathers weekly to celebrate Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical in membership. (6 pm Sunday. 621 NE 76th Ave. 503-699-0473. [www.koinoniacommunity.org](http://www.koinoniacommunity.org).) (7/03)

**Lesbian Christian Fellowship** meets for study and social outings. Committed Christians and still-unsure welcome. (Barbara 503-760-5791.) (7/04)

**Longview United Methodist Church** is welcoming and reconciling. (10 am Sunday. 2851 30th Ave. 360-425-4927.) (7/03)

**Metanoia Peace Community United Methodist Church** is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. [www.tearsoup.com/metanoia](http://www.tearsoup.com/metanoia).) (7/04)

**Metropolitan Community Church of Portland** holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am worship service. (2400 NE Broadway. 503-281-8868. [info@mccportland.com](mailto:info@mccportland.com).) (7/03)

**The Nichiren Buddhist Temple of Portland** offers several weekly gatherings. Everyone welcome! (10 am Sunday, 7:30 am Tuesday and Thursday. 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. [www.nichiren-shu.org/portland](http://www.nichiren-shu.org/portland).) (7/04)

**Peace Church of the Brethren** is a welcoming congregation. (11 am Sunday. 12727 SE Market St. 503-254-6380.) (7/04)

**Portland Center for Spiritual Growth** is a New Thought, uplifting, refreshing and exciting place of worship. Become a minister in our ministerial program. (10 am Sunday. Call for location. 503-777-0727.) (7/03)

**Portland Church of Religious Science** is a liberal, open, progressive New Thought community welcoming everyone to discover the spirit within. Change your thinking, change your life! (10 am Sunday meditation, 10:30 am service and junior church, 6:30 pm Wednesday prayer circle. 3983 NE 112th Ave. 503-261-0677.) (7/03)

**Portland Radical Faeries** meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. [otter@ppez.com](mailto:otter@ppez.com).) (7/04)

**Seventh-Day Adventist Kinship** is a support organization for LGBT people, their families and friends. (PO Box 7320, Laguna Niguel, CA 92607-7320. 866-732-5677. [office@sdakinship.org](mailto:office@sdakinship.org). [www.sdakinship.org](http://www.sdakinship.org).) (7/04)

**SisterSpirit** offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. [sistersp@teleport.com](mailto:sistersp@teleport.com).) (7/04)

**Southminster Presbyterian Church** is a challenging, supportive community that welcomes all people. It is the first More Light Presbyterian Church in Oregon. Sunday school and nursery care. (10 am Sunday. 12250 SW Denney Road, Beaverton. 503-644-2073. [staff@southmin.com](mailto:staff@southmin.com).) (7/03)

**St. Andrew Catholic Church** invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday. 806 NE Alberta St. 503-281-4429.) (7/03)

**St. James Lutheran Church**, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday. 1315 SW Park Ave. 503-227-2439.) (7/03)

**Sexual Minority Youth Resource Center**, a program of Cascadia Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Offers drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings includes Trans Youth Group and the creative group Personal Deity Proxy. (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286. [www.smyrc.org](http://www.smyrc.org).) Other programs include: **Clackamas County Sexual Minority Youth Connection (COSMYC)** provides opportunities for queer and questioning youth ages 23 and younger to get together for free, fun and supportive social activities. Offers one-on-one support, referrals and information on HIV and STD prevention and resources for adults who work with LGBTQ youth. (503-969-0060. [cosmycyouth@yahoo.com](mailto:cosmycyouth@yahoo.com).) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. [molly@prideproject.org](mailto:molly@prideproject.org).) (7/04)

### Eastern Oregon: Youth

**Eastern Oregon Center for Independent Living** offers support and advocacy to gay, lesbian,

**St. Stephen's Episcopal Church** has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. Southwest 13th Avenue at Clay Street. 503-223-6424.) (7/03)

**Trinity United Methodist Church** is an open Christian community where faith and life intersect. All invited! (10:30 am Sunday. 3915 SE Steele St. The Rev. Wendy Joy Woodworth 503-777-3901.) (7/03)

**Waverly Heights UCC** is open and affirming with worship, children's school and child care. (10 am Sunday. 3300 SE Woodward St. 503-238-1337. [www.waverlyucc.org](http://www.waverlyucc.org).) (7/04)

**Wyeast Unitarian Universalist Congregation** is an open and liberal religious community offering intergenerational services and religious education for children. It welcomes gay, lesbian, bi and trans members. Nurtures spiritual growth and promotes living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. [www.wyeast.pnwd.uua.org](http://www.wyeast.pnwd.uua.org).) (7/03)

**Zion United Church of Christ**, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/03)

### Washington: Spirituality

**Abundant Life Center** is a New Thought Community for spiritual awakening and transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday. 10006 NE Ninth Ave., Vancouver. 360-573-2626.) (7/03)

**East Vancouver United Methodist Church** is reconciling and welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761. [ourclarkcounty.columbian.com/273/](http://ourclarkcounty.columbian.com/273/).) (7/03)

**First Congregational Church**, United Church of Christ, holds services in an open and affirming congregation. (10:00 am Sunday worship, 11:15 am adult education. 1220 NE 68th St., Vancouver. 360-693-1476. [vanucc@aol.com](mailto:vanucc@aol.com).) (7/04)

**God's Holy Territory** is a charismatic, joy-filled worship experience in Vancouver where everyone is welcome: gay, lesbian, bi, trans and straight. (11 am Sunday service. Bible study 7 pm Thursdays, except third Thursdays. 1500 NE 49th St. 360-885-9461. [pastor@godsholyterritory.com](mailto:pastor@godsholyterritory.com).) (7/04)

**Metropolitan Community Church of the Gentle Shepherd** in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship, 9 am Sunday Bible study. 2200 Broadway. The Rev. Harriet Barshofsky 360-695-1480.) (7/03)

**Michael Servetus Unitarian Universalist Fellowship**, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:15 and 11 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (7/03)

### Willamette Valley: Spirituality

**First Congregational Church**, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9 am Sunday learning hour, 10 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (7/03)

**Morningside United Methodist Church** is a reconciling congregation where everyone is welcome to participate in the full life of the congregation. (8:30 and 11 am Sunday. 3674 12th St. SE, Salem. 503-364-5013.) (7/03)

**Sacred Souls** honors all sacred paths, promotes peace and strives to create an environment that supports and promotes interfaith dialogue. Meets at the Oregon School of Massage. (6:30-8 pm Sunday. 440 Ferry St. SE, Salem. [wholihth@aol.com](mailto:wholihth@aol.com). [www.sacredsouls.org](http://www.sacredsouls.org).) (7/03)

bi, trans and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. [eocic@eocil.org](mailto:eocic@eocil.org). [www.eocil.org](http://www.eocil.org).) (7/04)

### Washington: Youth

**Triple Point** offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (7/03)

### Willamette Valley: Youth

**Gay, Lesbian, Bi, Transgender and Questioning Youth Group** for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilary St. 541-684-3466.) (7/03)

**Lesbian, Gay, Bisexual, Transgender Youth Group** for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/03)

**Rainbow Youth of Salem** for kids 21 and younger meets twice weekly. (6-8 pm Tuesday, 4-6 pm Thursday. 600 State St. Dan 503-930-7260.) (7/03)

## ADVICE

# Pipe up or shut up?

When your best friend's partner is a bitch and a half



**Ms. Behavior**  
by Meryl Cohn

DEAR MS. BEHAVIOR:

My close friend Claire has a girlfriend, Isabelle, who always insults me. I think Isabelle is a jerk, but I've kept my feelings to myself because I don't want to hurt Claire. But it becomes harder and harder to remain silent.

A couple of years back, I bought a new car after making a little money in the stock market. Isabelle told me I was a bourgeois fool and said she hoped the stock market crashed. (It did, and I still think it's her fault.) On another occasion, when I told Claire and Isabelle how happy I am with my new girlfriend, Isabelle told me that my relationship is doomed because I didn't end my previous relationship "correctly."

I've held back from telling Claire that I think she should kick her girlfriend to the curb and get a new one, but I'm tempted. Meanwhile, Isabelle and I are supposed to plan a 40th birthday party for Claire. The party is not a surprise, and it was Claire's idea that we plan it together. But being around Isabelle makes me want to shoot someone or take drugs.

How can I get out of this dumb arrangement without hurting Claire?

Should I tell her what I think of her girlfriend?

—Claire's Friend

*I've held back from telling Claire that I think she should kick her girlfriend to the curb and get a new one, but I'm tempted...being around Isabelle makes me want to shoot someone or take drugs*

DEAR CLAIRE'S FRIEND:

Try not to tell Claire what you think of her girlfriend. She will not greet you with a high-five or a hug of gratitude after you present the news that her girlfriend's a jerk. Claire probably knows that her girlfriend lacks a certain charm. But she's bound to be loyal to Isabelle until she someday thinks dumping Isabelle is her own idea.

The joint party planning is an unfortunate idea. You may be able to pull it off if you and Isabelle divide up the tasks so that you don't have to deal with one another. If she, for example, does the drinks and the music and you take care of the food and the invitations (which gives you more control), you probably won't need to chat much. Either way, don't involve the birthday girl in your disagreements. And try not to shoot anyone.

DEAR MS. BEHAVIOR:

Lately I have felt the reality of gay life weighing me down. I came out at

19 in college, and I am now 25. I have always been tough and an individual, but I feel as if I'm wearing out a little.

I have always loved living in the 'burbs, but lately the routines of hetero life around me and the realization that I can never get married in my lifetime (at least in the United States) is getting to me. I

have a great apartment, yard and gardens, etc., but I'm starting to feel out of place and a little lonely, even though I have friends in town and nearby towns.

I really want to be near more gay people in the city. Is what I'm feeling a common occurrence? Am I a silly queen who just thinks the grass is greener on the other side? Thanks for listening.

—Suburban House Fag

DEAR SUBURBAN HOUSE FAG:

Some homos love the suburbs because they get to have driveways and grow tomato plants, and they don't have to deal with the stress of living in a dirty, smelly city. For others, quiet side streets and hetero

neighbors mowing their manicured lawns conjure up feelings of oppression and images of serial killers lurking in the basement.

If you want to be near gay people in the city, do it! Put a "For Rent" sign right in front of your white picket fence, pack your steamer trunk and get going.

It sounds like you donned your little housecoat and slippers and moved to the 'burbs about a decade too early.

You'll appreciate your grass and your garden more after you've enjoyed a few years of cultural events, 24-hour takeout and perhaps some drinking and debauchery.

Once your city life is in full swing, if you still feel depressed about not having the same rights as your hetero neighbors, you might consider volunteering to help the cause. ☐

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MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette* (Houghton Mifflin). Signed copies are available directly from the author. Send questions or correspondence to [msbehavior@aol.com](mailto:msbehavior@aol.com).