

SPIRITUALITY

Metro: Spirituality

Ainsworth United Church of Christ is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am; church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. aucc@teleport.com.) (7/04)

Anawim Community of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (7/03)

Atkinson Memorial Church is a Unitarian Universalist welcoming congregation in Oregon City. (710 Sixth St. 503-656-7296. www.atkinsonchurch.com.) (7/03)

Bridgeport United Church of Christ is a community of progressive, political people exploring and celebrating the Christian faith. We are sexual minority and straight, multicultural and multiracial, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992. www.bridgeportucc.org.) (7/03)

The City Church, Portland's "oldest gay-affirming Christian church," offers a spirit-driven church for today's diverse generations. (10 am Sunday communion and worship service. 6:30 pm Sunday worship service. 7 pm Wednesday Bible study. 3830 SE 62nd Ave. 503-775-5024.) (7/03)

Congregation Neveh Shalom, an open and progressive Conservative Jewish synagogue, extends a warm welcome to all sexual minorities. Shabbat services 8:15 pm Friday and 9 am Saturday. (2900 SW Peaceful Lane. 503-246-8831.) (7/03)

Congregation P'nai Or (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month in various locations. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. www.pnaipdx.org.) (7/03)

Dignity Portland meets for Mass on Sundays. (503-262-6947.) (7/03)

Eastrose Fellowship Unitarian Universalist, a welcoming congregation, offers Sunday service and children's religious education. (10:30 am Sunday. 1133 NE 181st Ave., Gresham. 503-665-2628. eastrose@teleport.com. www.eastrose.org.) (7/04)

Faith United Methodist Church is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am; Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6-6:30 pm. (27400 SE Stark St. 503-661-4520.) (7/03)

First Unitarian Church of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 9 and 11 am. (1011 SW 12th Ave. 503-228-6389. www.firstunitarianportland.org.) (7/03)

First United Methodist Church of Portland, a welcoming and reconciling congregation, believes no one is left out in God's family. Sexual minority potlucks held monthly. (10:30 am Sunday. 1838 SW Jefferson St. 503-228-3195. www.fumcpdx.org.) (7/03)

Gay and Lesbian Outreach (GALO) of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (7/03)

Gay Men's Labyrinth Project meets quarterly for a walking meditation and wisdom circle on the labyrinth. (Dale 503-233-2026, ext. 3. www.gaylabyrinth.org.) (7/04)

Integrity is a group of sexual minority Episcopalians and friends. Various locations throughout Oregon. (Bruce Mason 503-286-9111. brucepdxor@attbi.com. www.integrityusa.org.) (7/03)

Interfaith Spiritual Center houses spiritual directors from various world religious traditions, who are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. www.interfaithspiritualcenter.com.) (7/03)

YOUTH

Metro: Youth

Flavors, a social support group for sexual minority youth of color 21 and younger, meets on weekends for food and socializing. Regular events and activities. Flavors is a project of Love Makes a Family's MultiQueer program and is supported by Brother to Brother. (Jaye 503-228-3892 or jaye@lmfamily.org.) (7/04)

The Gay, Lesbian and Straight Education Network (GLSEN) fights to end anti-gay bias in K-12 schools. (12700 SW North Dakota St., Suite 180, #129, Tigard, OR 97223. 503-525-1177. glsen@glsenoregon.org. www.glsenoregon.org.) (7/04)

MultiQueer, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for LGBTQ youth of color. (Jaye 503-228-3892 or jaye@lmfamily.org.) (7/04)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Needs volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. www.outsidein.org.) (7/04)

Keshet Portland is a group for Jewish members of the sexual minorities community and their partners, spouses and supporters. Monthly social, religious and cultural events. (David or Lane 503-226-7079, ext. 14.) (7/03)

Koinonia Catholic Community is a progressive, small faith community that gathers weekly to celebrate Eucharist at Bridgeport United Church of Christ. A welcoming congregation, Catholic in tradition and Ecumenical in membership. (6 pm Sunday. 621 NE 76th Ave. 503-699-0473. www.koinoniacommunity.org.) (7/03)

Lesbian Christian Fellowship meets for study and social outings. Committed Christians and still-unsures welcome. (Barbara 503-760-5791.) (7/04)

Longview United Methodist Church is welcoming and reconciling. (10 am Sunday. 2851 30th Ave. 360-425-4927.) (7/03)

Metanoia Peace Community United Methodist Church is a "house church" that brings gay and straight together. Daily morning prayer and Sunday evening worship. (503-281-3697. www.tearsoup.com/metanoia.) (7/04)

Metropolitan Community Church of Portland holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am worship service. (2400 NE Broadway. 503-281-8868. info@mccportland.com.) (7/03)

The **Nichiren Buddhist Temple of Portland** offers several weekly gatherings. Everyone welcome! (10 am Sunday, 7:30 am Tuesday and Thursday, 7:30 pm Wednesday meditation. 2025 SE Yamhill St. 503-232-8064. www.nichiren-shu.org/portland.) (7/04)

Peace Church of the Brethren is a welcoming congregation. (11 am Sunday. 12727 SE Market St. 503-254-6380.) (7/04)

Portland Center for Spiritual Growth is a New Thought, uplifting, refreshing and exciting place of worship. Become a minister in our ministerial program. (10 am Sunday. Call for location. 503-777-0727.) (7/03)

Portland Church of Religious Science is a liberal, open, progressive New Thought community welcoming everyone to discover the spirit within. Change your thinking, change your life! (10 am Sunday meditation, 10:30 am service and junior church, 6:30 pm Wednesday prayer circle. 3983 NE 112th Ave. 503-261-0677.) (7/03)

Portland Radical Faeries meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. otter@pccpdx.org.) (7/04)

Seventh-Day Adventist Kinship is a support organization for LGBT people, their families and friends. (PO Box 7320, Laguna Niguel, CA 92607-7320. 866-732-5677. office@sdakinship.org. www.sdakinship.org.) (7/04)

SisterSpirit offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. sistersp@teleport.com.) (7/04)

Spirit Circle is for lesbian, bi or trans women seeking a welcoming community in the Catholic church. Meets every third Thursday in the St. Andrew Nativity School. (7 pm. 806 NE Alberta St. lbtspiritcircle@yahoo.com.) (7/03)

Southminster Presbyterian Church is a challenging, supportive community that welcomes all people. It is the first More Light Presbyterian Church in Oregon. Sunday school and nursery care. (10 am Sunday. 12250 SW Denney Road, Beaverton. 503-644-2073. staff@southmin.com.) (7/03)

St. Andrew Catholic Church invites all to join a diverse faith community for prayer and fellowship. (9:30 am Sunday. 806 NE Alberta St. 503-281-4429.) (7/03)

St. James Lutheran Church, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's rec-

Sexual Minority Youth Resource Center, a program of Cascadia Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans youth 23 and younger. Offers drop-in computer access, pool tables and an informal place to hang out. Weekly support meetings includes Trans Youth Group and the creative group Personal Desty Proxy. (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286. www.smyrc.org.) Other programs include: **Clackamas County Sexual Minority Youth Connection (COS-MYC)** provides opportunities for queer and questioning youth ages 23 and younger to get together for free, fun and supportive social activities. Offers one-on-one support, referrals and information on HIV and STD prevention and resources for adults who work with LGBTQ youth. (503-969-0060. cosmycyouth@yahoo.com.) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. molly@prideproject.org.) (7/04)

Eastern Oregon: Youth

Eastern Oregon Center for Independent Living offers support and advocacy to gay, lesbian,

and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. ecol@ecol.org. www.ecol.org.) (7/04)

St. Stephen's Episcopal Church has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. Southwest 13th Avenue at Clay Street. 503-223-6424.) (7/03)

Trinity United Methodist Church is an open Christian community where faith and life intersect. All invited! (10:30 am Sunday. 3915 SE Steele St. The Rev. Wendy Joy Woodworth 503-777-3901.) (7/03)

Waverly Heights UCC is open and affirming with worship, children's school and child care. (10 am Sunday. 3300 SE Woodward St. 503-238-1337. www.waverlyucc.org.) (7/04)

Wy'east Unitarian Universalist Congregation is an open and liberal religious community offering intergenerational services and religious education for children. It welcomes gay, lesbian, bi and trans members. Nurtures spiritual growth and promotes living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. www.wyecast.pnwd.uua.org.) (7/03)

Zion United Church of Christ, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (7/03)

Washington: Spirituality

Abundant Life Center is A New Thought Community for spiritual awakening and transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday. 10006 NE Ninth Ave., Vancouver. 360-573-2626.) (7/03)

East Vancouver United Methodist Church is reconciling and welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761. ourclarkcounty.columbia.com/273/.) (7/03)

First Congregational Church, United Church of Christ, holds services in an open and affirming congregation. (10:00 am Sunday worship, 11:15 am adult education. 1220 NE 68th St., Vancouver. 360-693-1476. vanucc@aol.com.) (7/04)

God's Holy Territory is a charismatic, joy-filled worship experience in Vancouver where everyone is welcome: gay, lesbian, bi, trans and straight. (11 am Sunday service. Bible study 7 pm Thursdays, except third Thursday. 1500 NE 49th St. 360-885-9461. pastor@godsholyterritory.com.) (7/04)

Metropolitan Community Church of the Gentle Shepherd in Vancouver welcomes you. (10:30 am and 6:30 pm Sunday worship, 9 am Sunday Bible study. 2200 Broadway. The Rev. Harriet Barshofsky 360-695-1480.) (7/03)

Michael Servetus Unitarian Universalist Fellowship, a Welcoming Congregation, provides a home for the liberal religious spirit. (9:15 and 11 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (7/03)

Willamette Valley: Spirituality

First Congregational Church, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9 am Sunday learning hour, 10 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (7/03)

Morningside United Methodist Church is a reconciling congregation where everyone is welcome to participate in the full life of the congregation. (8:30 and 11 am Sunday. 3674 12th St. SE, Salem. 503-364-5013.) (7/03)

Sacred Souls honors all sacred paths, promotes peace and strives to create an environment that supports and promotes interfaith dialogue. Meets at the Oregon School of Massage. (6:30-8 pm Sunday. 440 Ferry St. SE, Salem. wholth@aol.com. www.sacredsouls.org.) (7/03)

bi, trans and questioning youth in Eastern Oregon. (541-889-3119 or 866-248-8369. ecol@ecol.org. www.ecol.org.) (7/04)

Washington: Youth

Triple Point offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (7/03)

Willamette Valley: Youth

Gay, Lesbian, Bi, Transgender and Questioning Youth Group for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilyard St. 541-684-3466.) (7/03)

Lesbian, Gay, Bisexual, Transgender Youth Group for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (7/03)

Rainbow Youth of Salem for kids 21 and younger meets twice weekly. (6-8 pm Tuesday, 4-6 pm Thursday. 600 State St. Dan 503-930-7260.) (7/03)

ADVICE

Bevy of idiots

When straight co-workers think you want their goods

DEAR MS. BEHAVIOR:

* At a large staff lunch last month I was asked, yet again, if I had ever been married or if I had a girlfriend. I finally decided the time had come, and I announced that I am gay.

Since then the women in the office have been very accepting about my queer status. However, with my male counterparts it's a totally different story. They, for some reason, think I'm sexually attracted to all of them.

I have a boyfriend and have no interest in any of these jerks. And I'm tired of being bombarded with gross jokes, verbal and e-mailed, that are degrading to gays and make disgusting references about women.

I've had it!! How can I get these idiots to knock it off with getting myself or any of them fired?

—Michael

DEAR MICHAEL:

Congratulations on coming out! Your co-workers probably have known that you're queer for ages; why else would they have asked you again and again if you were married or had a girlfriend?

(You may also be the only man in the office who doesn't wear Dockers and boat shoes on dress-down Friday.)

If it's been only a month since you've confirmed their suspicions, the novelty of having a homo in the office may soon wear off, in which case you may not need to do anything.

In the meantime, you could make it your mission to do a little one-on-one educating of these testosterone-driven scaredy cats. They'll think of it as a game of basketball, and you'll think of it as a game of "I'm not interested in you if you're the last man on earth."

Chat with them over the water cooler about *Will & Grace*, so you can facilitate discussions about the fact that Will and Jack are both gay but don't actually sleep together!

Have your delightful co-workers met your boyfriend? If not, you might invite him to an office event or at least to pick you up at work. Meeting the real-life object of your love might allow the homophobes to feel less threatened by your overwhelming manly sexuality.

Embrace your female friends at work. They'll stick up for you, pro-



Ms. Behavior
by Meryl Cohn

vide support when you need it and complain about how a good man is hard to find.

DEAR MS. BEHAVIOR:

My dear straight friend Margaret, who's married to my friend Richard, is dying to hook up with a woman. Margaret says she's extra horny now, for some hormonal reason that I don't want

to know about, and wants me to secretly fix her up with a butch dyke who's interested in a fling.

I'm a gay man, and I do have some lesbian friends, but I don't know if I should participate in this. I'd like to help Margaret, but I'm not sure I'd feel good about it because she'd be betraying Richard, who's a great guy.

What do you think I should do?

—Betwixt and Between

DEAR BETWIXT AND BETWEEN:

Don't allow Margaret and her throbbing libido to place a heavy burden on you. You might have been willing to pimp her out for the weekend to one of your butch friends if you didn't care for Richard or didn't have strong feelings about their commitment. But since Margaret isn't willing to tell Richard about her plans, and you have misgivings about being involved, you shouldn't act as facilitator for her fantasy.

At the same time, you're not the protector of Margaret's relationship, so you needn't offer her self-help books on restoring passion to heterosexual marriage or withhold directions to the nearest dyke bar, should she ask.

If Margaret does decide to try to find a woman without you, you'll need to set your own limits regarding your involvement. You may feel fine, for example, about offering suggestions on a lesbian-luring hairstyle (so long as it's not a mullet) and providing information about lesbian cultural history, but not feel comfortable offering tips on muff diving. (As if.) **J**

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MERYL COHN is the author of *Do What I Say: Ms. Behavior's Guide to Gay and Lesbian Etiquette* (Houghton Mifflin). Signed copies are available directly from the author. Send questions or correspondence to msbehavior@aol.com.