

Classifieds

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Advertising Deadlines

■ = Display ad reservation
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 (An extended list of deadlines is available at www.justout.com.)

JULY						
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all's well

Just Out's Guide to Physical Health, Fitness and Well Being

CHIROPRACTORS

Chiropractic for People and Pets too!

Dr. Mary Mandeville, Chiropractic Physician

4738 SE Belmont
 Portland, OR 97215
 Voice or TDD
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Member: American Veterinary Chiropractic Association

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FAST & EFFECTIVE RELIEF

Gentle Relief of Your Pain is Our Top Priority

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Immediate Appointments • Emergencies Welcome
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 *Oregon License *American Chiropractic Assn

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 503-233-0388 • DrKMFrangos@aol.com

LICENSED MASSAGE THERAPISTS (LMT)

NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

INTEGRATIVE DEEP TISSUE

Strong, nurturing, full-body massage. Relax deeply. Reconnect your mind, body and spirit. All orientations and genders honored. S.E. Belmont St. area—easy parking. Jay: 503-810-6935. <http://ebeam.home.att.net>. LMT # 10149. (9/5)

LICENSED MASSAGE THERAPISTS (LMT)

TIM MULCAHEY, LMT. Bodywork that soothes, awakens, and empowers. Lic. 5343. 503-231-5755. (7/18)

Graziella Michelle Allen, LMT

Convenient Downtown Location
 Mention This Ad for \$20 Off Your 1st Massage
 Available Evenings & Weekends
 503.819.7403/503.233.3321 • www.the-body-spa.com

Massage by Adam Roberts

LMT # 7811
503.245.4358
 9 AM-8 PM daily
 Inner Westside Location
www.geocities.com/adam4massage/

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- Swedish Massage

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www.LaurelhurstLMT.com

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503.329.4052
 \$35 Introductory Massage • \$50 One Hour Massage

Brian Tension
 Licensed/Massage Therapist (#6476)

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 Treat yourself to a complete full body massage by a friendly experienced therapist.
 Downtown location/outcalls to home/hotel
 Days/evenings/weekends/same day appts.—often available!

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 Lic# 6463

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 - Ida Nelson (Edith Massey in *Female Trouble*)

u-wellness

Pdx: 503-490-3028
 Van: 360-882-5269
 Chad Wahjudi, MA, LMT

License # 5756

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 lic. # 7522

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 e-mail: drbeckoffice@mttabordental.com

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