

# Classifieds

503-236-1253

promote your business here

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## Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at [www.justout.com](http://www.justout.com).)

JUNE						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
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# all's well

Just Out's Guide to Physical Health, Fitness and Well Being

## ACUPUNCTURE

### BROOKE WINTER, LAC.

Licensed Acupuncturist

Circle Healthcare Clinic • (503) 230-0812

## CHIROPRACTORS

### Chiropractic for People and Pets too!

Dr. Mary Mandeville, Chiropractic Physician

4738 SE Belmont  
Portland, OR 97215  
Voice or TDD  
(503) 236-4400

Member: American Veterinary Chiropractic Association

### KHALSA CHIROPRACTIC PAIN RELIEF CLINIC

#### FAST & EFFECTIVE RELIEF

Gentle Relief of Your Pain is Our Top Priority

• Neck • Back pain • Headaches  
Immediate Appointments • Emergencies Welcome  
Reasonable Fees • Insurance Accepted

\*Doctor of Chiropractic \*Diplomate National Board  
\*Oregon License \*American Chiropractic Assn

"We promise to treat you special!"  
Dr. H.D.S. Khalsa

5013 SE Hawthorne Bv 503 238-1032

Your taxes pay for more than you wish to know.

## DENTISTS

### Family Dentistry Mt. Tabor Dental



Todd L. Beck, D.M.D.

728 SE 60th Ave Portland, OR 97215 • 503-236-1449  
e-mail: [drbeckoffice@mttabordental.com](mailto:drbeckoffice@mttabordental.com)

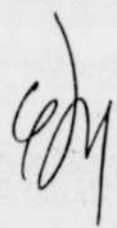
WE OFFER COMPLETE DENTAL SERVICES.

- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES AND PARTIALS
- BLEACHING, VENEERS



## DENTISTS

### eduardo mulero dds pc



general and  
esthetic  
dentistry



- Convenient West Side Location
- Bleaching & Porcelain Veneers
- Cleanings, Fillings, Crowns
- Strict Infection Control

1585 SW Marlow Ave, #204  
(503) 203-6978 • [www.mulero.com](http://www.mulero.com)

*"Smile! It increases your Face Value!"*

Full Comprehensive Treatment  
General & Cosmetics  
Tooth Whitening & Bonding

*New Patients Welcome!*

**Stephen A. Kovar DMD**  
cosmetic and general dentistry 503.794.9393  
Located Near Downtown Milwaukie, 3336 SE Harrison Street

I love you. Yes, you. You know who you are.

## HEALTH CARE



### Karen Frangos PT, ND

Naturopathic Physician and Physical Therapist

- Joint Manipulation • Massage Therapy
- Therapeutic Exercise • Natural Remedies
- Nutrition for Optimal Health
- Whole Person Approach

For body work from a doctor who knows how bodies work.

Naturopathic Body Works, LLC  
1818 NE Irving St. • Portland, OR 97232  
503-233-0388 • [DrKMFrangos@aol.com](mailto:DrKMFrangos@aol.com)

## LICENSED MASSAGE THERAPISTS (LMT)

NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

TIM MULCAHEY, LMT. Bodywork that soothes, awakens, and empowers. Lic. 5343. 503-231-5755. (7/18)



### Brian Tennison Licensed/Massage Therapist (#6476)

503.201.3274

CONVENIENT  
Downtown Location

## LICENSED MASSAGE THERAPISTS (LMT)



### Lincoln Heartsong

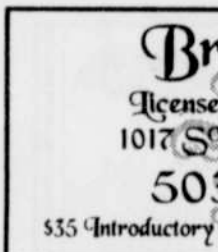
Integrative Massage  
for Body, Mind & Spirit  
10 years experience

503.730.2347  
LMT #9297 Irvington Location



### Bert Logan LMT Physical Therapist

503.381.4755  
[www.logansbodywork.com](http://www.logansbodywork.com)  
lic. # 7522



### Brigid Clark

Licensed Massage Therapist  
1017 SW Morrison, Ste #411

503.329.4052  
\$35 Introductory Massage • \$50 One Hour Massage

### Mike Borgstrom, LMT

Swedish, Accupressure,  
Relaxation Massage

Available Evenings/Weekends  
[971] 570-5829

Convenient NE Location LMT # 9068, NEKTMA



### Tod J. Carrig, LMT

Licensed Massage Therapist  
Deep Tissue & Therapeutic Massage

Gift Certificates  
Available

503-998-6610  
[deeptissumassage@aol.com](mailto:deeptissumassage@aol.com)  
<http://hometown.aol.com/deeptissumassage>  
lic # 9117

### Massage for Men

Treat yourself to a complete full body massage  
by a friendly experienced therapist.

Downtown location/outcalls to home/hotel

Days/evenings/weekends/same day appts.—often available!

Cliff King, L.M.T.  
503-936-5135  
Lic# 6463

## MASSAGE for MEN



Swedish, Deep Tissue  
Stress and Pain Relief  
Beaverton Area, In/Out

Lee Serenethos, LMT  
503-380-6196  
License # 5756

Dry Sauna • Steam Room  
European Showers  
2 Man - 4 Hand Massage  
Individual & Couples Massage

Laurelhurst  
Massage  
Therapy

Private Massage Studio  
for Total Relaxation

Greg Mitchell, LMT (Lic # 7750)  
503-380-4324

Rick Sullivan, LMT (Lic # 6049)  
503-421-5172

[www.LaurelhurstLMT.com](http://www.LaurelhurstLMT.com)

Get Away  
from your workday  
for a 15 or 30 minute massage!  
Convenient Downtown Location  
Gift Certificates Available for Any Occasion!

Graziella Michelle Allen LMT  
503 819 7403/503 233 3321 • [www.the-body-spa.com](http://www.the-body-spa.com)

Expert Bodywork  
for Health, Relaxation, Pain Relief  
13 years professional experience

Jesse Tepper LMT #3363  
503-283-9833

u-wellness

Pdx: 503-490-3028  
Van: 360-882-5269  
Chad Wahjudi, MA, LMT

Massage by Steve Koehler, LMT  
16 years experience

- Intuitive healing hands
- Swedish Massage

503-997-8488 cell/vm  
Close-in SE • lic #2508

UNLICENSED BODYWORK

NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

ORIENTAL/EUROPEAN BODYWORK for men.  
Body/hair services. Portland 971-207-3360. (6/6)