

Classifieds

503-236-1253

promote your business here

CLASSIFIEDS INDEX

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Advertising Deadlines

- = Display ad reservation
- = Classified word ads
- ▼ = Issue comes out

(An extended list of deadlines is available at www.justout.com.)

MAY						
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all's well

Just Out's Guide to Physical Health, Fitness and Well Being

ACUPUNCTURE

BROOKE WINTER, LAC.

Licensed Acupuncturist

Circle Healthcare Clinic • (503) 230-0812

CHIROPRACTORS

Chiropractic for People and Pets too!

Dr. Mary Mandeville, Chiropractic Physician

4738 SE Belmont
Portland, OR 97215
Voice or TDD
(503) 236-4400

Member: American Veterinary Chiropractic Association

KHALSA CHIROPRACTIC PAIN RELIEF CLINIC

FAST & EFFECTIVE RELIEF

Gentle Relief of Your Pain is Our Top Priority

- Neck • Back pain • Headaches

Immediate Appointments • Emergencies Welcome
Reasonable Fees • Insurance Accepted

*Doctor of Chiropractic *Diplomate National Board
*Oregon License *American Chiropractic Assn

"We promise to treat you special"

Dr. H.D.S. Khalsa

5013 SE Hawthorne Bv 503 238-1032

I like cheese but it's not good for me.

DENTISTS

Family Dentistry Mt. Tabor Dental



Todd L. Beck, D.M.D.

728 SE 60th Ave Portland, OR 97215 • 503-236-1449
e-mail: drbeckoffice@mttabordental.com

WE OFFER COMPLETE DENTAL SERVICES.

- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES AND PARTIALS
- BLEACHING, VENEERS



DENTISTS

eduardo mulero dds pc



general and esthetic dentistry



- Convenient West Side Location
- Bleaching & Porcelain Veneers
- Cleanings, Fillings, Crowns
- Strict Infection Control

1585 SW Marlow Ave, #204
(503) 203-6978 • www.mulero.com

ENERGY HEALING

RESTORE YOUR WHOLENESS

RECONNECTIVE HEALING™

Will rebalance your body's ability to heal itself and reawaken your DNA to control your hormonal and chemical balance.

Richard~Certified Practitioner
~503-335-9366~
30 min session ~ \$35

HEALTH CARE



Karen Frangos PT, ND

Naturopathic Physician and Physical Therapist

- Joint Manipulation • Massage Therapy
- Therapeutic Exercise • Natural Remedies
- Nutrition for Optimal Health
- Whole Person Approach

For body work from a doctor who knows how bodies work...

Naturopathic Body Works, LLC
1818 NE Irving St. • Portland, OR 97232
503-233-0388 • DrKMFrangos@aol.com

LICENSED MASSAGE THERAPISTS (LMT)

NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

INTEGRATIVE DEEP TISSUE. Strong, nurturing, full-body massage. Relax deeply. Reconnect your mind, body and spirit. Flow with healing energy. S.E. Belmont St. area—easy parking. Jay 503-810-6935. <http://ebeam.home.att.net> LMT # 10149. (5/2)

TIM MULCAHEY, LMT. Bodywork that soothes, awakens, and empowers. Lic. 5343. 503-231-5755. (5/16)

LICENSED MASSAGE THERAPISTS (LMT)

Massage for athletes and other active mammals



Jonathan Nuss LMT
503.358.6289 OBMT#8119



Expert Bodywork

for Health, Relaxation, Pain Relief

13 years professional experience

Jesse Tepper LMT #3363
503-283-9833

Massage by Steve Koehler, LMT

16 years experience

- Intuitive healing hands
- Swedish Massage

503-997-8488 cell/vm
Close-in SE • Lic #2508



Kale is really good for me but I don't like it at all.



Bert Logan LMT/Physical Therapist

503.381.4755

www.logansbodywork.com
lic. # 7522

Massage for Men

Treat yourself to a complete full body massage by a friendly experienced therapist.

Downtown location/outcalls to home/hotel

Days/evenings/weekends/same day appts.—often available!

Cliff King, L.M.T.
503-936-5135
Lic# 6463



Massage by Adam Roberts

LMT # 7811

503.245.4358

9 AM-8 PM daily
Inner Westside Location

www.geocities.com/adam4massage/

- Dry Sauna • Steam Room
- European Showers
- 2 Man - 4 Hand Massage
- Individual & Couples Massage

Laurelhurst Massage Therapy



Private Massage Studio for Total Relaxation

Greg Mitchell, LMT (Lic # 7750)
503-380-4324

Rick Sullivan, LMT (Lic # 6049)
503-421-5172

www.LaurelhurstLMT.com

MASSAGE for MEN

Swedish, Deep Tissue Stress and Pain Relief
Beaverton Area, In/Out

Lee Serenethos, LMT

503-380-6196

License # 5756



Tod J. Carrig, LMT

Licensed Massage Therapist
Deep Tissue & Therapeutic Massage

Gift Certificates Available

503-998-6610
deeptissumassage@aol.com

<http://hometown.aol.com/deeptissumassage>
lic # 9117



Mike Borgstrom, LMT

Swedish, Accupressure
Relaxation Massage

Available Evenings/Weekends
[971] 570-5829

Convenient NE Location LMT # 7048, 7037M



I watched her eyes the whole time.
And her hands.



Brian Tension Licensed/Massage Therapist (#6476)

503.201.3274

CONVENIENT
Downtown Location