

Classifieds

503-236-1253

promote your business here

CLASSIFIEDS INDEX			
accounting, 53	energy healing, 52	housing, 56	real estate, 57, 58
animals, 53	employment, 55	insurance, 56, 57	real estate loans, 58
attorneys, 53, 54	employment wanted, 55	legal notices, 56	tax preparation, 58
chiropractors, 52	for sale, 55	licensed massage therapists, 52, 53	travel agents, 58
computers, 54	hair stylists, 55	naturopath, 53	unlicensed bodywork, 53
counseling, 54, 55	health care, 52	psychic, 56	vacation destinations, 58
dentists, 52	home services, 55, 56	personal trainers, 53	just friends, 50

Advertising Deadlines
 ■ = Display ad reservation
 ● = Classified word ads
 ▼ = Issue comes out
 (An extended list of deadlines is available at www.justout.com.)

MARCH						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

all's well Just Out's Guide to Physical Health, Fitness and Well Being

CHIROPRACTORS

KHALSA CHIROPRACTIC PAIN RELIEF CLINIC 

FAST & EFFECTIVE RELIEF
Gentle Relief of Your Pain is Our Top Priority

- Neck • Back pain • Headaches

Immediate Appointments • Emergencies Welcome
 Reasonable Fees • Insurance Accepted

*Doctor of Chiropractic *Diplomate National Board
 *Oregon License *American Chiropractic Assn
"We promise to treat you special"
Dr. H.D.S. Khalsa

5013 SE Hawthorne Bv 503 238-1032

Chiropractic for People and Pets too!

Dr. Mary Mandeville, Chiropractic Physician



4738 SE Belmont
 Portland, OR 97215
 Voice or TDD (503) 236-4400

Member: American Veterinary Chiropractic Association

Dragonheart Family Healthcare
 Healthcare From The Heart.

We're "old-fashioned country doctors" who care for you...and care about you.
 We have a maximum of twenty appointments per week to give you the time that you need for your care.

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www.dragonheartfamilyhealthcare.com

It's okay to depend completely upon just one person, as long as that person is you.

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general and esthetic dentistry




- Convenient West Side Location
- Bleaching & Porcelain Veneers
- Cleanings, Fillings, Crowns
- Strict Infection Control

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 (503) 203-6978 • www.mulero.com

DENTISTS

Family Dentistry Mt. Tabor Dental



Todd L. Beck, D.M.D.
 728 SE 60th Ave Portland, OR 97215 • 503-236-1449
 e-mail: drbeckoffice@mttabor dental.com

WE OFFER COMPLETE DENTAL SERVICES

- CLEANINGS
- FILLINGS, CROWN & BRIDGE
- ROOT CANALS, ORAL SURGERY
- DENTURES AND PARTIALS
- BLEACHING, VENEERS

NEW PATIENTS WELCOME

RESTORE YOUR WHOLENESS

RECONNECTIVE HEALING™
 Will rebalance your body's ability to heal itself and reawaken your DNA to control your hormonal and chemical balance.

Richard~Certified Practitioner
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 30 min session ~ \$35

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Naturopathic Physician and Physical Therapist

- Joint Manipulation • Massage Therapy
- Therapeutic Exercise • Natural Remedies
- Nutrition for Optimal Health
- Whole Person Approach

For body work from a doctor who knows how bodies work.

Naturopathic Body Works, LLC
 1818 NE Irving St. • Portland, OR 97232
 503-233-0388 • DrKMFrangos@aol.com

Ask me how you can win a toaster!

LICENSED MASSAGE THERAPISTS (LMT)

NOTE: Oregon Law states that any use of the word massage in any advertising must be accompanied by a valid LMT license number. If there is no license number the ad will be placed in our Unlicensed Bodywork section.

LICENSED MASSAGE THERAPISTS (LMT)

SIMPLY MASSAGE FOR WOMEN
 Relax, unwind and let your spirit soar. Twenty years experience. Unique style, soothing and effective. Convenient N.E. 33rd Street. Clare 503-888-5431. Same-day appointments available. LMT 5199. (4/4)



MASSAGE FOR GUYS, Complete, full-body massage including Swedish and deep tissue techniques. All ages/cultures welcome. Tim, LMT 5968. 503-232-7994. (3/21)

TIM MULCAHEY, LMT. Bodywork that soothes, awakens, and empowers. Lic. 5343. 503-231-5755 (5/16)

AHH, RIGHT THERE lic#5635

- Swedish • Neurohumeral • Radiant Touch
- Polarity Therapy • Deep Tissue & Sports Massage
- Introductory Massage \$25

your location or mine MON - SAT 9AM - MIDNIGHT


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Jonathan Nuss LMT
 503.358.6289 OBMT#8119

Tod J. Carrig, LMT
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 Deep Tissue & Therapeutic Massage

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deeptissumassage@aol.com
<http://hometown.aol.com/deeptissumassage>
 lic # 9117

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- Intuitive healing hands
- Swedish Massage


503-997-8488 cell/vm
 Close-In SE • lic #2508



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503.245.4358

9 AM-8 PM daily
 Inner Westside Location
www.geocities.com/adam4massage/



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Swedish, Deep Tissue
 Stress and Pain Relief
 Beaverton Area, In/Out

Lee Serenethos, LMT
503-380-6196
 License # 5756



Expert Bodywork
 for Health, Relaxation, Pain Relief
 13 years professional experience

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European Showers
2 Man - 4 Hand Massage
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Private Massage Studio for Total Relaxation

Greg Mitchell, LMT (lic # 7750)
503-380-4324

Rick Sullivan, LMT (lic # 6049)
503-421-5172

www.LaurelhurstLMT.com

