

SPIRITUALITY

Metro: Spirituality

Ainsworth United Church of Christ is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am; church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. aucc@teleport.com.) (11/02)

Anawim Community of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (11/02)

Compassionate Heart Sangha plays host to weekly sittings in the Vipassana Meditation Tradition at Flanders House. (7:30-9 pm Wednesday. 2926 NE Flanders St. Jon 503-239-5539.) (11/02)

Congregation Neveh Shalom, an open and progressive Conservative Jewish synagogue, extends a warm welcome to all sexual minorities. Shabbat services 8:15 pm Friday and 9 am Saturday. (2900 SW Peaceful Lane. 503-246-8831.) (11/02)

Congregation P'nai Or (Faces of Light) is a vibrant, egalitarian, Jewish Renewal congregation in Portland. Meets several times a month in various locations. (PO Box 42187, Portland, OR 97242-0187. 503-248-4500. www.pnaiorpxd.org.) (11/02)

Dignity Portland meets for Mass on Sundays. (503-262-6947.) (11/02)

Eastrose Fellowship Unitarian Universalist, a welcoming congregation, offers Sunday service and children's religious education at 10:30 am. (1133 NE 181st Ave., Gresham. 503-665-2628. eastrose@teleport.com.) (11/02)

Faith United Methodist Church is a welcoming community of Christians in Troutdale that values and encourages all people in finding a place of belonging in the family of God. Sunday worship at 10:15 am; Adult Education at 9 am; children and youth at 10:30 am. Wednesday Prayers 6-6:30 pm. (27400 SE Stark St. 503-661-4520.) (11/02)



The Alberta Street Fair, complete with doggie and bicycle parade, hits the Northeast artsy urban oasis Sept. 14

First Unitarian Church of Portland is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth, community and social justice. Sunday service 10 am. (1011 SW 12th Ave. 503-228-6389. www.firstunitarianportland.org.) (11/02)

First United Methodist Church of Portland, a welcoming and reconciling congregation, believes no one is left out in God's family. Sexual minority potlucks held monthly. (10:30 am Sunday. 1838 SW Jefferson St. 503-228-3195. www.fumcpdx.org.) (11/02)

Grace Space is a New Thought spiritual center dedicated to offering ways to experience Spirit. Sunday evening celebrations with Rev. Stephanie Torres. Conscious Breathing experiences, Chanting, Healing Services, Meditation classes and a miracles study group. (5 pm. Bridgeport Community Church, 621 NE 76th Ave. 503-287-3216.) (11/02)

Integrity is a group of GLBT Episcopalians and friends. Various locations throughout Oregon. (Bruce Mason, Regional Director. 503-286-9111 or brucepdxor@attbi.com. www.integrityusa.org.) (11/02)

Interfaith Spiritual Center, spiritual directors from various world religious traditions are available for guidance, classes and retreats. (Second Floor, 3918 SE 11th Ave. 503-233-2026, ext. 3. www.interfaithspiritualcenter.com.) (11/02)

Metanoia Peace Community United Methodist Church is a "house church," bringing gay and straight together. (Daily prayer 7:20 am, Sunday gathering 5 pm. 2116 NE 18th Ave. 503-281-3697. www.tearsoup.com/metanoia.) (11/02)

Metropolitan Community Church of Portland holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am worship service. (2400 NE Broadway. 503-281-8868. info@mccportland.com.) (11/02)

Portland Center for Spiritual Growth in the Unity Church building invites you to celebrate your spirituality with the Revs. Casey and Berdell Moffett-Chaney. Liberal, practical; all are welcome. (5 pm

Sunday service: 7:30-9 pm Monday Spiritual Principle Gab Group: 4-4:40 pm Sunday Rescuing the Bible from the Right Wing Discussion Group. 4525 SE Stark Ave. 503-777-0727.) (11/02)

Portland Church of Religious Science is a liberal, open, progressive New Thought community welcoming everyone to discover the spirit within. Change your thinking, change your life! (10 am Sunday meditation, 10:30 am service and junior church, 6:30 pm Wednesday prayer circle. 3983 NE 12th Ave. 503-261-0677.) (11/02)

Portland Radical Faeries meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. otter@pceez.com.) (11/02)

SisterSpirit offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. sistersp@teleport.com.) (11/02)

Southminster Presbyterian Church is a challenging, supportive community that welcomes all people. It is the first More Light Presbyterian Church in Oregon. Sunday school and nursery care. (10 am Sunday. 12250 SW Denney Road, Beaverton. 503-644-2073. staff@southmin.com.) (11/02)

Gay and Lesbian Outreach (GALO) of St. Philip Neri Catholic Church celebrates an affirming Mass followed by a social. (7:30 pm Friday. Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (11/02)

St. James Lutheran Church, a Reconciled in Christ congregation, welcomes all people for traditional, liturgical worship where we experience God's reconciling love that sets all people free. (9 and 11 am Sunday. 1315 SW Park Ave. 503-227-2439.) (11/02)

St. Stephen's Episcopal Church has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child

care at 10 am. Southwest 13th Avenue at Clay Street. 503-223-6424.) (11/02)

Waverly Heights Church (UCC) is open and affirming with worship, children's school and child care. (10 am Sunday. 3300 SE Woodward St. 503-238-1337. www.waverlyucc.org.) (11/02)

Wyeast Unitarian Universalist Congregation is an open and liberal religious community offering inter-generational services and religious education for children. It welcomes gay, lesbian, bi and trans members. Nurtures spiritual growth and promotes living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. www.wyeast.pnwd.uua.org.) (11/02)

Zion United Church of Christ, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (11/02)

Washington: Spirituality

Abundant Life Center, A New Thought Community for spiritual awakening, transforming lives through love. A safe place where children learn to embody spiritual principles. (10 am Sunday. 10009 NE Ninth Ave., Vancouver. 360-573-2626.) (11/02)

East Vancouver United Methodist Church, Reconciling, welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761. ourclarkcounty.columbian.com/273/.) (11/02)

First Congregational Church, United Church of Christ, Two Sunday services, traditional and "less traditional" in an open and affirming congregation. (1220 NE 68th St., Vancouver. 360-693-1476. vanucc@aol.com.) (11/02)

God's Holy Territory, A spirit-filled worship experience, seeking God for holiness and wholeness. For gay, lesbian, bi, trans and straight. Everyone welcome! (11 am Sunday, 7 pm Thursday Bible study and prayer.

1500 NE 49th St., Vancouver. 360-885-9461. gmbear68@netzero.net.) (11/02)

Michael Sarvetus Unitarian Universalist Fellowship, a home for the liberal religious spirit. (10 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (11/02)

Willamette Valley: Spirituality

First Congregational Church, United Church of Christ is an open and affirming congregation offering worship and church school. Child care provided and wheelchair accessible. (9 am Sunday learning hour, 10 am worship. 700 Marion St. NE, Salem. 503-363-3660.) (11/02)

Morningside United Methodist Church is a reconciling congregation where everyone is welcome to participate in the full life of the congregation. (8:30 and 11 am Sunday. 3674 12th St. SE, Salem. 503-364-5013.) (11/02)

Sacred Souls honors all sacred paths, promotes peace and strives to create an environment that supports and promotes interfaith dialogue. Meets at the Oregon School of Massage. (6:30-8 pm Sunday. 440 Ferry St. SE, Salem. wholihth@aol.com. www.sacredsouls.org.) (11/02)

YOUTH

Metro: Youth

Flavors, a program of MultiQueer and Brother to Brother, is a social support group for sexual minority youth of color 24 and younger. Meets every other Sunday for food and socializing. Regular events and activities. (Des 503-228-3892 or des@imfamily.org. Stephan 503-417-7991 or hey_stephan@hotmail.com.) (11/02)

The **Gay, Lesbian and Straight Education Network (GLSEN)** fights to end anti-gay bias in K-12 schools. (12700 SW North Dakota St., Suite 180, #129, Tigard, OR 97223. 503-525-1177. glsen@glseoregon.org. www.glseoregon.org.) (11/02)

MultiQueer, a program of Love Makes a Family, provides advocacy to sexual minority youth. Offers resources and support in the community and the school systems, with a focus on support for youth of color. (Des 503-228-3892. des@imfamily.org.) (11/02)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that include those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV+ and younger than 23. Also plays host to **VOICES** (Voices of Individual and Community Empowerment from the Streets), a self-support group for queer youth. Needs volunteers of all ages. (10 am-6 pm Monday-Friday. 1132 SW 13th Ave. 503-535-3800. www.outsidein.org.) (11/02)

Vanguard Youth Services, a program of Cascadia Behavioral HealthCare, offers support and recreation to gay, lesbian, bi and trans kids 23 and younger. Programs include: **Clackamas County Sexual Minority Youth Connection (COSMYC)** provides opportunities for queer and questioning kids to get together for free, fun and supportive social activities. Also one-on-one support and referrals to Clackamas County service providers. (503-969-0060. cosmycyouth@yahoo.com.) **Expression** is a free art/expression support group in Gresham for queer youth. Hang out and have fun every Friday! (Jonathan 503-872-9664, ext. 28.) **Pride Project** brings together Washington County queer and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. molly@prideproject.org.) **Sexual Minority Youth Recreation Center (SMYRC)** offers drop-in computer access, pool tables and an informal place to hang out. Weekly youth support groups includes Trans Youth Group and Personal Deity Proxy (a creative group). (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. TTY 503-231-9286. www.smyrc.org.) **Youth HIV/STD Prevention Project** provides fun and educational programs along with counseling and testing to queer youth in a friendly, relaxed environment. (503-872-9664.) (11/02)

Washington: Youth

Triple Point offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (11/02)

Willamette Valley: Youth

Gay, Lesbian, Bi, Transgender and Questioning Youth Group for ages 13 to 18 offers support, information and fun in Eugene. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hilyard St. 541-684-3466.) (11/02)

Lesbian, Gay, Bisexual, Transgender Youth Group for ages 25 and younger meets every Monday in Eugene. (5 pm. Koinonia Center, 1414 Kincaid St. 541-346-1134.) (11/02)

ADVICE

Double indemnity

Hang up those golf clubs and pull out that pot smoker

DEAR MS. BEHAVIOR:

One day, out of boredom, I pretended to be someone else and e-mailed my boyfriend, Gregg. I created a whole persona for myself called "Lyle."

Lyle is far more adventurous and artistic than I am. (I'm a lawyer who plays golf on the weekends and bridge on Tuesdays; Lyle is a pot-smoking musician who is into orgies and other sexual activities that frighten me.)

Gregg and Lyle began to chat on the phone and really hit it off. (I'm good at disguising my voice.) Eventually, Gregg revealed that he knew Lyle was my creation and admitted that he had a big crush on Lyle.

At first I liked the idea of Lyle being Gregg's other lover, but now I'm

worried. Does this mean that Gregg would really rather be with someone like Lyle? Will he end up leaving me for someone cool and creative like Lyle? How can I feel safe in the world?

—Sidney

DEAR SIDNEY:

If Gregg got funky new glasses and you found them sexy, you might decide to pretend you had a new boyfriend. Everyone does it.

Does it mean you'd dump Gregg for someone with funky glasses? No. It means you like the fantasy of someone new, which is particularly safe since Gregg is right there, behind the alluring new frames.

Similarly, Gregg isn't looking for a new boyfriend. He's just enjoying new aspects of you. Lyle is a good fantasy device.

You must have a little Lyle in your soul, or you wouldn't be able to construct a believable fantasy of a long-haired, weed-smoking, guitar-playing hipster. If Lyle will really take reasonable risks that Sidney wouldn't take, perhaps a world of rich new emotional and sexual experience is awaiting you.

Part of what's great about being Lyle is that he probably doesn't need to feel so safe in the world. You should thank him for that.

DEAR MS. BEHAVIOR:

I live in a summer community where I am being courted heavily by a raven-haired butch named Joe. Flowers, candy, candlelight dinner invitations, picnics on the beach.

The attention is nearly blinding and very wonderful since I'm a post-



Ms. Behavior by Meryl Cohn

40 femme just out of a five-year marriage from my previous butch. The problem is I'm not very attracted to this new, particularly flattering butch.

Joe's great, and she's nice, but she's just not for me. And she just ended a 10-year relationship.

Now Joe has offered to take me to a concert I'd really love to see. (The tick-

ets are nearly impossible to get.) It's far away, so we'd have to stay in a hotel.

Can I go to the concert without misleading her? How do I let her know I'm not so interested without crushing her already delicate ego? I'd love to remain her friend.

—Summer Crush

DEAR SUMMER CRUSH:

Oh, it's the old "I love the attention but not the butch" dilemma. Of course you'd like to remain Joe's friend: Who wouldn't love the flowers, the candy and the big butch spotlight?

Let Joe know how much you enjoy spending time with her but that you don't feel "that way" about her. Keep it light. If you try to "process" your feelings or her feelings, she'll end up feeling foolish. Make sure you don't flirt or give her mixed messages, despite the temptation to keep the calla lilies coming.

If you care about cultivating a friendship with this woman, you should probably forego the concert. (Unless it's Annie Lennox or Macy Gray or Norah Jones or....) No matter what you say about being "just friends," once you agree to spend a night in a hotel together, all of your well-intentioned explanations will be remembered as "Blah, blah, blah." She'll slip into sexual fantasy mode and assume that in the luxury of the Hyatt, she can change your mind and make you hers. (Could this be true?)

Think about it carefully. And don't go, unless you'll enjoy either letting it happen or feeling the tension of not letting it happen.

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