

Whether you're a running novice or a seasoned marathoner, **Portland Frontrunners** welcome gay, lesbian, bi and trans people of all abilities and interests. (503-239-7705. [www.portlandfrontrunners.org](http://www.portlandfrontrunners.org)) (5/02)

**Rose City Softball Association** is an adult softball league for the gay, lesbian and bi community and friends in the Portland metropolitan area. Offers an open division and a women's division and are affiliated with the North American Gay Amateur Athletic Alliance. (503-203-9160. [www.portlandgayssoftball.com](http://www.portlandgayssoftball.com)) (5/02)

**Rosetown Ramblers**, Portland's gay and lesbian square dance club, dances at mainstream and plus levels. (PO Box 5352, Portland, OR 97228-5352. 503-234-9944. [www.rdrop.com/users/ramblers](http://www.rdrop.com/users/ramblers)) (5/02)

**Ski Out**, a group of lesbians, gay men, and supportive friends, meets approximately every other weekend December through May for downhill skiing trips on Mount Hood. ([www.skiout.org](http://www.skiout.org)) (5/02)

**Swim Team** for the gay and lesbian community offers coached workouts for all skill levels at the Metropolitan Learning Center pool. Improve health and technique while socializing. (6:45-8:15 pm Thursday, 2033 NW Glisan St. 503-245-5854. [swimpx@yahoo.com](mailto:swimpx@yahoo.com)) (5/02)

**Team Oregon** is forming for **Gay Games VI**, the largest participatory sporting and cultural festival in the world, which will be held Nov. 2-9, 2002, in Sydney, Australia. (503-223-1100) (5/02)

**Team Portland Tennis Association** welcomes women and men of all skill levels to play at University of Portland. (8 am-noon Sunday, Alex 503-282-7210) (5/02)

**Team Quest**, the athletic and exercise program of Project Quest, offers individual, group, indoor and outdoor physical recreation opportunities for people living with HIV and AIDS. (503-493-0288) (5/02)

### Southern Oregon: Social

**Abdill-Ellis Lambda Community Center** plays host to social events and groups. Call for schedule. (281 Fourth St., Ashland, OR 97520. Mailing address: PO Box 927 Ashland, OR 97520. 541-488-6990. [lambdacntr@aol.com](mailto:lambdacntr@aol.com). [www.aelcca.org](http://www.aelcca.org)) (5/02)

### Washington: Social

**Sexual Minority Services Project Drop-In Center** is a place to gather in Vancouver for social contact and resources. (309 W 12th Ave. 360-695-1325, ext. 332. [www.gayvancouverwa.org](http://www.gayvancouverwa.org)) (5/02)

### Willamette Valley: Physical Recreation

The **OUTdoor Group** is a friendly, inclusive bunch of Eugene people who go biking, hiking, skating, mushroom hunting, skiing, hot springing and just about any other activity you can dream up. Occasional weekend camping. (Kim 541-484-2147. [kims@efn.org](mailto:kims@efn.org). [www.outdoorgroup.org](http://www.outdoorgroup.org)) (5/02)

**Frontrunner and Walkers** go out every Saturday morning in Eugene. (9 am, 15th and Agate, Hank 541-484-6259 or Sadie 541-485-3282) (5/02)

The Eugene **GLBT Tennis Group** gets together once a week to play for fun and exercise. Open to all ages and skill levels. ([kfranken8@yahoo.com](mailto:kfranken8@yahoo.com))

### Willamette Valley: Social

**Confluence: The Willamette Valley Mixed GALA Chorus** rehearses 4-6:30 pm Sundays at Unitarian Universalist Congregation of Salem, 5090 Center St. NE. (541-754-4144. [confluence@aol.com](mailto:confluence@aol.com)) (5/02)

**Marionberry Salon** meets monthly in Salem for potlucks and discussion of books touching on the lesbian, gay or bi experience. (Cary 503-363-6036. [marionberrysalon@aol.com](mailto:marionberrysalon@aol.com)) (5/02)

The **Lesbian Connection (TLC) Lunch Bunch** meets 11 am Sundays at the French Horn and 5-8 pm on the second Friday of the month at the Fifth Street Market food court in Eugene. All women welcome. (Bonnie 541-683-2793) (5/02)

The **Lesbian Sewing and Project Group**, a fun social organization, meets in Corvallis. (Joan 541-928-5745) (5/02)

The **Lesbian Social Group** meets in Eugene to eat, talk, laugh and work on projects ranging from sewing to artwork to photo albums. (541-513-2754) (5/02)

**Salem's Lesbian Potluck Group** meets the second Wednesday of each month at 6:30 pm. Location varies for this casual, social gathering. ([salempotluck@hotmail.com](mailto:salempotluck@hotmail.com)) (5/02)

## SPIRITUALITY

### Metro: Spirituality

**Ainsworth United Church of Christ** is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am, and church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. [aucc@teleport.com](mailto:aucc@teleport.com)) (5/02)

**Anawim Community** of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday, 503-281-0722) (5/02)

**Bridgeport Community Church (UCC)** is a growing community of progressive, political people exploring and celebrating the Christian faith. We are multicultural, lesbian, gay, bi and straight, and our children are valued members. (10:30 am Sunday, 621 NE 76th Ave. 503-258-0992) (5/02)

**Community of St. Andrew** invites all to join a diverse Catholic faith community for prayer and fellowship. (9:30 am Sunday, 806 NE Alberta St. 503-281-4429) (5/02)

**Compassionate Heart Sangha**, a lesbian and gay meditation group, meets in the Buddhist Vipassana tradition. (7:30-9 pm Wednesday, Flanders House, 2926 NE Flanders St. Jon 503-239-5539) (5/02)

**Dignity Portland** meets for Mass on Sundays. (503-262-6947) (5/02)

**Eastrose Fellowship Unitarian Universalist**, a welcoming congregation, offers Sunday service and children's religious education at 10:30 am. (1133 NE 181st Ave., Gresham, 503-665-2628. [eastrose@teleport.com](mailto:eastrose@teleport.com)) (5/02)

**Estacada United Methodist Church Reconciling Congregation**, where we really mean everyone is welcome. Sunday worship at 10:30 am. (204 SE Main St., Estacada, 503-349-4245) (5/02)

**First Congregational United Church of Christ** is an open and affirming congregation in the liberal Christian tradition. Sunday worship is at 10:25 am, and church school for children runs concurrently. (1126 SW Park Ave. 503-228-7219) (5/02)

**First Unitarian Church of Portland** is an open and affirming liberal religious community offering a wide range of programs to nurture spiritual growth and community. Sunday services at 9 and 10:45 am. (1011 SW 12th Ave. 503-228-6389. [www.firstunitarianportland.org](http://www.firstunitarianportland.org)) (5/02)

**First United Methodist Church of Portland**, a welcoming and reconciling congregation, believes no one is left out in God's family. GLBT potlucks are held monthly. (10:30 am Sunday, 1838 SW Jefferson St. 503-228-3195. [www.fumcpdx.org](http://www.fumcpdx.org)) (5/02)

**Full Circle Temple** is a place of worship for women of all ages offering workshops, song and drum circles, meditation rooms and altars of celebration, incorporating what you bring to share. (10 am-10 pm Tuesday-Sunday, 3125 E Burnside St. 503-238-0675) (5/02)

**Grace Space** is a New Thought spiritual center dedicated to offering ways to experience Spirit. Sunday evening celebrations with Rev. Stephanie Torres. Conscious Breathing experiences, Chanting, Healing Services, Meditation classes and a miracles study group. (5 pm, Bridgeport Community Church, 621 NE 76th Ave. 503-287-3216) (5/02)

**Integrity**, the gay and lesbian ministry of the Episcopal Church, meets every second Friday of the month in the Morrison Room at Trinity Cathedral. Eucharist is celebrated at 6:45 pm followed by a potluck and fellowship. (147 NW 19th Ave. 503-286-9111. [www.integntysusa.org](http://www.integntysusa.org)) (5/02)

**Interfaith Spiritual Center**, Spiritual directors from various world religious traditions are available for guidance, classes and retreats. (Second Floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. [www.spintone.com/~isc](http://www.spintone.com/~isc)) (5/02)

**Lincoln Street United Methodist Church** is an open and accepting congregation of progressive Christians. (9 am Sunday, 5145 SE Lincoln St. 503-231-1930) (5/02)

**Metanoia Peace Community** (United Methodist) is a "house church," bringing gay and straight together. (Daily prayer 7:20 am, Sunday gathering 5 pm, 2116 NE 18th Ave. 503-281-3697. [www.tearsoup.com/metanoia](http://www.tearsoup.com/metanoia)) (5/02)

**Metropolitan Community Church of Portland** holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am worship service. (2400 NE Broadway, 503-281-8868. [info@mccportland.com](mailto:info@mccportland.com)) (5/02)

**Portland Center for Spiritual Growth** invites you to celebrate your spirituality with the Revs. Casey and Berdell Moffett-Chaney. Liberal, practical; all are welcome. (10:30 am Sunday, 4828 NE 33rd Ave. 503-481-7591) (5/02)

**Portland Church of Religious Science** is a liberal, open, progressive New Thought community welcoming everyone to discover the spirit within. Change your thinking, change your life! (10 am Sunday meditation, 10:30 am service and junior church, 6:30 pm Wednesday prayer circle, 3983 NE 112th Ave. 503-261-0677) (5/02)

**Portland Radical Faeries** meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. [otter@pceez.com](mailto:otter@pceez.com)) (5/02)

**Potter's House Ministries** is an open, affirming, bible-exploring congregation with specific outreach in the gay and lesbian community. Offers dancing every third Saturday from 7-10 pm. (10:45 am Sunday, 3830 SE 62nd Ave. 503-775-5024) (5/02)

**SisterSpirit** offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing address: PO Box 9246, Portland, OR 97207. 503-736-3297. [sistersp@teleport.com](mailto:sistersp@teleport.com)) (5/02)

**Southminster Presbyterian Church** is a challenging, supportive community that welcomes all people. It is

the first More Light Presbyterian Church in Oregon. (10 am Sunday summer, 9:30 and 11 am Sunday winter, 12250 SW Denney Road, Beaverton. 503-644-2073) (5/02)

**St. James Lutheran Church**, a reconciled in Christ congregation, welcomes all people for traditional liturgical worship. (9 and 11 am Sunday, 1315 SW Park Ave. 503-227-2439) (5/02)

**St. Philip Neri Catholic Church** offers a gay-positive community for Catholics and their friends. Mass at 7:30 pm Fridays followed by a social. (Paulist Center, 2408 SE 16th Ave. 503-231-4955) (5/02)

**St. Stephen's Episcopal Church** has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday, Sunday school and child care at 10 am. Southwest 13th Avenue at Clay Street. 503-223-6424) (5/02)

**Unity Church of Portland** is an all-inclusive community following Christ's teachings and celebrating diversity and truth without trappings for 75 years. Sunday school and child care available. Potluck first Sundays. (10 am Sunday, 4525 SE Stark St. 503-234-7441. [unityprtd@wwdb.org](mailto:unityprtd@wwdb.org)) (5/02)

**University Park United Methodist Church** is a member of the network of reconciling congregations and meets for worship at 10 am Sundays. (4775 N Lombard St. 503-289-7843) (5/02)

**Waverly Heights Congregational United Church of Christ** is an open and affirming community

prayer. 7807 NE 30th St., Vancouver. 360-885-9461. [gmbear68@netzero.net](mailto:gmbear68@netzero.net)) (5/02)

**Metropolitan Community Church of the Gentle Shepherd**. (10 am every Sunday, 6:30 pm second and last Sunday, Suite E/F, 2200 Broadway, Vancouver. 360-695-1480. [Mccgs@aol.com](mailto:Mccgs@aol.com) [www.mccgs.org](http://www.mccgs.org)) (5/02)

**Michael Servetus Unitarian Universalist Fellowship**, a home for the liberal religious spirit. (10 am Sunday, 4505 E 18th St., Vancouver. 360-695-1891) (5/02)

### Willamette Valley: Spirituality

**First Congregational Church, United Church of Christ** is an open and affirming congregation offering worship and church school. Child care provided. Wheelchair accessible. (10 am Sunday, 700 Marion St. NE, Salem. 503-363-3660) (5/02)

**First Congregational United Church of Christ** is an inclusive Christian community, an open and affirming church. (9:30 am Sunday summer, 10:30 am Sunday winter, 4515 SW West Hills Road, Corvallis. 541-757-8122) (5/02)

**Gay-Straight Alliance of the Unitarian Universalist Congregation** of Salem meets for a potluck on the third Sunday of each month. (6 pm, 5090 Center St. NE. 503-363-8716) (5/02)



Lesbian artist Shezuet Miller expresses fear, anger and affirmation in bold, colorful paintings on display at Interstate Firehouse Cultural Center

with worship, children's school and child care. (11 am Sunday, 3300 SE Woodward St. 503-238-1337. [www.waverlyucc.org](http://www.waverlyucc.org)) (5/02)

**Wyeast Unitarian Universalist Congregation** is an open and liberal religious community offering inter-generational services and religious education for children. It welcomes gay, lesbian, bi and trans members. Nurtures spiritual growth and promotes living by Unitarian Universalist principles. (4 pm Sunday, 3915 SE Steele St. 503-777-3704. [www.wyeast.pnwd.uua.org](http://www.wyeast.pnwd.uua.org)) (5/02)

**Zion United Church of Christ**, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday, 2025 NE 23rd Ave., Gresham. 503-665-8741) (5/02)

### Washington: Spirituality

**Abundant Life Center**, A New Thought Community for spiritual awakening, transforming lives through love. A safe place where children learn to embody spiritual principles. (10:30 am Sunday, 10009 NE Ninth Ave., Vancouver. 360-573-2626) (5/02)

**East Vancouver United Methodist Church**, Reconciling, welcoming. (10 am Sunday, 5701 MacArthur Blvd. 360-693-4761. [www.firstclarkcountycolumbia.com/273/](http://www.firstclarkcountycolumbia.com/273/)) (5/02)

**First Congregational Church, United Church of Christ**, Two Sunday services, traditional and "less traditional" in an open and affirming congregation. (1220 NE 68th St., Vancouver. 360-693-1476. [vaucc@aol.com](mailto:vaucc@aol.com)) (5/02)

**God's Holy Territory**, A spirit-filled worship experience, seeking God for holiness and wholeness. For gay, lesbian, bi, trans and straight. Everyone welcome! (11 am Sunday, 7 pm Wednesday Bible study and

prayer. 7807 NE 30th St., Vancouver. 360-885-9461. [gmbear68@netzero.net](mailto:gmbear68@netzero.net)) (5/02)

**Interfaith Spiritual Community** meets for inspirational messages, children's celebrations and joy every Sunday at the Heart Center. We honor and celebrate all sacred paths, recognizing each person's divine gifts and supporting spiritual growth and healing. (6-7:30 pm, 1578 Commercial St. SE, Salem. 503-763-6030) (5/02)

**Morningside United Methodist Church** is a reconciling congregation where everyone is welcome to participate in the full life of the congregation. (8:30 and 11 am Sunday, 3674 12th St. SE, Salem. 503-364-5013) (5/02)

**Sweet Spirit Metropolitan Community Church (MCC)** holds worship at 11 am Sundays followed by coffee and fellowship as well as potluck lunches every second Sunday. (American Legion Hall, 4774 Lilac Lane NE, Salem. Mailing address: Pastor Ken Kerr, PO Box 12753, Salem, OR 97309. 503-315-7923) (5/02)

## YOUTH

### Metro: Youth

**Clackamas County Youth Pride** provides opportunities for gay, lesbian, bi, trans and questioning people 23 and younger to get together for free, fun and supportive social activities. Also one-on-one support, information and referrals to Clackamas County service providers. (503-969-0060. [youth\\_pride@hotmail.com](mailto:youth_pride@hotmail.com)) (5/02)

**Expression** is a free art/expression support group for GLBT youth between 13 and 23 in Gresham. Hang out and have fun every Friday! Sponsored by Roots and Branches. (Jonathan 503-872-9664, ext. 28) (5/02)

**The Gay, Lesbian and Straight Education Network** fights to end anti-gay bias in K-12 schools. (12700 SW North Dakota St., Suite 180, #129, Tigard, OR 97223. 503-525-1177 or 503-936-5614. [glsenor@aol.com](mailto:glsenor@aol.com)) (5/02)

**Outside In** operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as needle exchange services that includes those who inject hormones. Can provide transitional housing for youth 20 and younger as well as for those HIV-positive and younger than 23. Also plays host to **VOICES** (Voices of Individual and Community Empowerment from the Streets), a self-support group for queer youth. (10 am-6 pm Monday-Friday, 1132 SW 13th Ave. 503-535-3801. [www.outsidein.org](http://www.outsidein.org)) (5/02)

**Pride Project** brings together Washington County lesbian, gay, bi, trans and questioning youth to plan and attend monthly social events. Also information, referral and advocacy services in Washington County. (Molly 503-260-5792. [molly@prideproject.org](mailto:molly@prideproject.org)) (5/02)

**Rainbow** is a multicultural peer support and activity group for gay, lesbian, bi, trans and questioning youth. (4:30 pm Wednesday, Metropolitan Community Church of Portland, 2400 NE Broadway. 503-281-8868) (5/02)

**Sexual Minority Youth Recreation Center (SMYRC)** offers drop-in computer access, pool tables and an informal place to hang out. Plays host to weekly youth support groups including Windfire, Trans Youth Group and Personal Deity Proxy (a creative group). (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday, 2100 SE Belmont St. 503-872-9664. [www.smyrc.org](http://www.smyrc.org)) (5/02)

**Youth HIV/STD Prevention Project** provides fun and educational programs along with counseling and testing to queer youth in a friendly, relaxed environment.

(503-872-9664) (5/02)

**YouthNet**, a program of Love Makes a Family, offers tutoring and mentoring for lesbian, gay, bi and trans youth as well as for children of LGBT parents. (503-227-1981) (5/02)

### Southern Oregon: Youth

**Southern Oregon Youth Outreach (SOYO)**, a group for gay, lesbian, and bi youth between 14 and 20, meets on the first and Thursdays of the month in Ashland. (541-488-6990) (5/02)

### Washington: Youth

**Triple Point** offers education, support and advocacy to gay, lesbian, bi, trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325) (5/02)

### Willamette Valley: Youth

**Gay, Lesbian, Bisexual, Transgender and Questioning Youth Group** for ages 13 to 18 offers support, information and fun. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday, Amazon Community Center, 2700 Hilyard St., Eugene. 541-684-3466) (5/02)

**Lesbian, Gay, Bisexual, Transgender Youth Group** for ages 25 and younger meets every Monday. (5 pm, Koinonia Center, 1414 Kincaid St., Eugene. 541-346-1134) (5/02)

**Rainbow Youth** is a support group for gay, lesbian, bi, trans and questioning youth and their friends between 13 and 17 years old in the Salem-Keizer area. (503-581-5535) (5/02)