

SPIRITUALITY

Metro: Spirituality

Ainsworth United Church of Christ is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am, and church school for children runs concurrently. (2941 NE Ainsworth St. 503-284-8767. aucc@teleport.com) (5/02)

Anawim Community of gay men meets weekly for Christian meditation and prayer. (7:30 pm Thursday. 503-281-0722.) (5/02)

Bridgeport Community Church (UCC) is a growing community of progressive, political people exploring and celebrating the Christian faith. We are multicultural, lesbian, gay, bi and straight, and our children are valued members. (10:30 am Sunday. 621 NE 76th Ave. 503-258-0992.) (5/02)

Community of St. Andrew invites all to join a diverse Catholic faith community for prayer and fellowship. (9:30 am Sunday. 806 NE Alberta St. 503-281-4429.) (5/02)

Compassionate Heart Sangha, a lesbian and gay meditation group, meets in the Buddhist Vipassana tradition. (7:30-9 pm Wednesday. Flanders House, 2926 NE Flanders St. Jon 503-239-5539.) (5/02)

Dignity Portland meets for Mass on Sundays. (503-262-6947.) (5/02)

Eastrose Fellowship Unitarian Universalist, a welcoming congregation, offers Sunday service and children's religious education at 10:30 am. (1133 NE 181st Ave., Gresham. 503-665-2628. eastrose@teleport.com) (5/02)

Estacada United Methodist Church Reconciling Congregation, where we really mean everyone is welcome. Sunday worship at 10:30 am. (204 SE Main St., Estacada. 503-349-4245.) (5/02)

First Congregational United Church of Christ is an open and affirming congregation in the liberal Christian tradition. Sunday worship is at 10:25 am, and church school for children runs concurrently. (1226 SW Park Ave. 503-228-7219.) (5/02)

First Unitarian Church of Portland is an open and affirming liberal religious community. We offer a wide range of programs to nurture spiritual growth and community. Our Sunday services are at 9 and 10:45 am. (1011 SW 12th Ave. 503-228-6389. www.firstunitarianportland.org) (5/02)

First United Methodist Church of Portland, a welcoming and reconciling congregation, believes no one is left out in God's family. GLBT potlucks are held monthly. (10:30 am Sunday. 1838 SW Jefferson St. 503-228-3195. www.fumcpdx.org) (5/02)

Full Circle Temple is a place of worship for women of all ages offering workshops, song and drum circles, meditation rooms and altars of celebration, incorporating what you bring to share. (10 am-10 pm Tuesday-Sunday. 3125 E Burnside St. 503-238-0675.) (5/02)

Grace Space, a multidimensional spiritual center led by the Rev. Stephanie Torres, holds Sunday evening celebrations. (5 pm. Friends of Multnomah, 4312 SE Stark St. 503-287-3216.) (5/02)

Integrity, the gay and lesbian ministry of the Episcopal Church, meets on the second Friday of each month in the Morrison Room at Trinity Cathedral. Eucharist is celebrated at 6:45 pm followed by a potluck and fellowship. (147 NW 19th Ave. 503-286-9111. www.integrityusa.org) (5/02)

Interfaith Spiritual Center. Spiritual directors from various world religions traditions are available for guidance, classes and retreats. (Second floor, 3910 SE 11th Ave. 503-233-2026, ext. 3. www.spiritone.com/~isc/) (5/02)

Lincoln Street United Methodist Church is an open and accepting congregation of progressive Christians. (9 am Sunday. 5145 SE Lincoln St. 503-231-1930.) (5/02)

Metanoia Peace Community (United Methodist) is a "house church," bringing gay and straight together. (Daily prayer 7:20 am, Sunday gathering 5 pm. 2116 NE 18th Ave. 503-281-3697. www.tearsoup.com/metanoia/) (5/02)

Metropolitan Community Church of Portland holds ecumenical Sunday morning worship services at 9 and 11 am. Sunday school for children is held during the 11 am worship service. (2400 NE Broadway. 503-281-8868. info@mccportland.com) (5/02)

Portland Center for Spiritual Growth invites you to celebrate your spirituality with the Revs. Casey and Berdell Moffett-Chaney. Liberal, practical; all are welcome. (10:30 am Sunday. 4828 NE 33rd Ave. 503-481-7591.) (5/02)

Portland Radical Faeries meet twice a month with potlucks and circles at the full moon and the new moon. Open to all men seeking alternative spiritual growth and community. Coffee hours start 9:30 am Saturdays at 3 Friends Coffeehouse, 201 SE 12th Ave. (503-235-0826. otter@pccz.com) (5/02)

Potter's House Ministries is an open, affirming, bible-exploring congregation with specific outreach in the gay and lesbian community. (10:45 am Sunday. 3830 SE 62nd Ave. 503-775-5024.) (5/02)

SisterSpirit offers women's spirituality celebrations, discussion groups, a drumming circle, workshops and classes. Schedule of events available. All women are welcome. (Suite 102, 3430 SE Belmont St. Mailing

address: PO Box 9246, Portland, OR 97207. 503-736-3297. sistersp@teleport.com) (5/02)

Southminster Presbyterian Church is a challenging, supportive community that welcomes all people. It is the first More Light Presbyterian Church in Oregon. (10 am Sunday summer, 9:30 and 11 am Sunday winter. 12250 SW Denney Road, Beaverton. 503-644-2073.) (5/02)

St. James Lutheran Church, a reconciled in Christ congregation, welcomes all people for traditional liturgical worship. (9 and 11 am Sunday. 1315 SW Park Ave. 503-227-2439.) (5/02)

St. Philip Neri Catholic Church offers a gay-positive community for Catholics and their friends. Mass at 7:30 pm Fridays followed by a social. (Paulist Center, 2408 SE 16th Ave. 503-231-4955.) (5/02)

St. Stephen's Episcopal Church has been welcoming all people since 1863. (12:10 pm Wednesday and 7:45 and 10 am Sunday. Sunday school and child care at 10 am. Southwest 13th Avenue at Clay Street. 503-223-6424.) (5/02)

Unity Church of Portland is an all-inclusive community following Christ's teachings and celebrating diversity and truth without trappings for 75 years. Sunday school and child care available. Potluck first Sundays. (10 am Sunday. 4525 SE Stark St. 503-234-7441. unityprtd@wwcb.org) (5/02)

University Park United Methodist Church is a member of the network of reconciling congregations and meets for worship at 10 am Sundays. (4775 N Lombard St. 503-289-7843.) (5/02)

Waverly Heights Congregational United Church of Christ is an open and affirming community with worship, children's school and child care. (11 am Sunday. 3300 SE Woodward St. 503-238-1337. www.waverlyucc.org) (5/02)

Wy'east Unitarian Universalist Congregation is a new, open and liberal religious community offering intergenerational services and religious education for children. It welcomes members of the gay, lesbian, bi and trans community. Wy'east nurtures spiritual growth and promotes living by Unitarian Universalist principles. (4 pm Sunday. 3915 SE Steele St. 503-777-3704. www.wyest.pnwdu.org) (5/02)

Zion United Church of Christ, an open and affirming congregation, is open to gay, lesbian, bi, trans and heterosexual people who wish to worship in a Christ-centered, warm, caring, multiage/race/cultural faith community. (11 am Sunday. 2025 NE 23rd Ave., Gresham. 503-665-8741.) (5/02)

Washington: Spirituality

East Vancouver United Methodist Church. Reconciling, welcoming. (10 am Sunday. 5701 MacArthur Blvd. 360-693-4761. ourclarkcounty.columbian.com/273/) (5/02)

First Congregational Church, United Church of Christ. Two Sunday services, traditional and "less traditional" in an open and affirming congregation. (1220 NE 68th St., Vancouver. 360-693-1476. vancouver@uol.com) (5/02)

Metropolitan Community Church of the Gentle



Santo Domingo-born painter Hampton Rodriguez's work at ONDA Studio and Gallery expresses emotions of being a stranger in a strange land

Shepherd. (10 am every Sunday; 6:30 pm second and last Sunday. Suite E/F, 2200 Broadway, Vancouver. 360-695-1480. McCGS@aol.com www.mccgs.org) (5/02)

Michael Servetus Unitarian Universalist Fellowship, a home for the liberal religious spirit. (10 am Sunday. 4505 E 18th St., Vancouver. 360-695-1891.) (5/02)

Willamette Valley: Spirituality

First Congregational Church, United Church of Christ, is an open and affirming congregation offering worship and church school. Child care provided. Wheelchair accessible. (10 am Sunday. 700 Marion St. NE, Salem. 503-363-3660.) (5/02)

First Congregational United Church of Christ is an inclusive Christian community, an open and affirming church. (9:30 am Sunday summer, 10:30 am Sunday winter. 4515 SW West Hills Road, Corvallis. 541-757-8122.) (5/02)

Gay-Straight Alliance of the Unitarian Universalist Congregation of Salem meets for a potluck on the third Sunday of each month. (6 pm. 5090 Center St. NE. 503-363-8716.) (5/02)

Interfaith Spiritual Community meets for inspirational messages, children's celebrations and joy every Sunday at the Heart Center. We honor and celebrate all sacred paths, recognizing each person's divine gifts and supporting spiritual growth, healing and enlightenment. (6-7:30 pm. 1578 Commercial St. SE, Salem. 503-763-6030.) (5/02)

Morningside United Methodist Church is a reconciling congregation where everyone is welcome to participate in the full life of the congregation. (8:30 and 11 am Sunday. 3674 12th St. SE, Salem. 503-364-5013.) (5/02)

Sweet Spirit Metropolitan Community Church (MCC) holds worship at 11 am Sundays followed by coffee and fellowship as well as potluck lunches every second Sunday. (American Legion Hall, 4774 Lilac Lane

YOUTH

YOUTH

Metro: Youth

Clackamas County Youth Pride provides opportunities for gay, lesbian, bi, trans and questioning people 23 and younger to get together for free, fun and supportive social activities. Also one-on-one support, advocacy, information and referrals for Clackamas County service providers. (503-969-0060. youth_pride@hotmail.com) (5/02)

Expression is a free art/expression support group for GLBT youth between 13 and 23 in Gresham. Hang out and have fun every Friday! Sponsored by Roots and Branches. (Jonathan 503-872-9664, ext. 28.) (5/02)

The **Gay, Lesbian and Straight Education Network** fights to end anti-gay bias in K-12 schools. (12700 SW North Dakota St., Suite 180, #129, Tigard, OR 97223. 503-525-1177 or 503-936-5614. glsenor@aol.com) (5/02)

Outside In operates a clinic for anyone who can't qualify for the Oregon Health Plan as well as a needle exchange service that includes exchange for those who inject hormones. Transitional housing for youth 20 and younger as well as for youth who are HIV-positive and younger than 23. It also plays host to **VOICES** (Voices of Individual and Community Empowerment from the Streets), a self-support group for queer youth. (10 am-6 pm Monday-Friday. 1236 SW Salmon St. 503-223-4121.) (5/02)

Pride Project brings together Washington County lesbian, gay, bi, trans and questioning youth to plan and attend monthly social events. Also information, referral, support and advocacy services for Washington County. (Molly 503-260-5792. molly@prideproject.org) (5/02)

Rainbow is a multicultural peer support and activity group for gay, lesbian, bi, trans and questioning youth. (4:30 pm Wednesday. Metropolitan Community Church of Portland, 2400 NE Broadway. 503-281-8868.) (5/02)

Sexual Minority Youth Recreation Center (SMYRC) offers drop-in computer access, pool tables and an informal place to hang out and plays host to weekly youth support groups including Windfire, Trans Youth Group and Personal Deity Proxy (a creative group). (4-8 pm Monday and Wednesday, 4 pm-midnight Friday and Saturday. 2100 SE Belmont St. 503-872-9664. www.smyrc.org) (5/02)

Youth HIV/STD Prevention Project provides fun and educational programs along with counseling and testing to queer youth in a friendly, relaxed environment. (503-872-9664.) (5/02)

YouthNet, a program of Love Makes a Family, offers tutoring and mentoring for lesbian, gay, bi and trans youth as well as for children of LGBT parents. (503-227-1981.) (5/02)

Southern Oregon: Youth

Southern Oregon Youth Outreach (SOYO), a group for gay, lesbian, and bi youth between 14 and 20, meets on the first and Thursdays of the month in Ashland. (541-488-6990.) (5/02)

Washington: Youth

Triple Point offers education, support and advocacy to gay, lesbian, bi and trans and questioning youth in Vancouver, Wash. Meets 6-8 pm Tuesdays in the basement of Youth House, 1112 Columbia St. in Vancouver. (John 360-695-1325.) (5/02)

Willamette Valley: Youth

Gay, Lesbian, Bisexual, Transgender and Questioning Youth Group for ages 13 to 18 offers support, information and fun. Free, confidential, adult-facilitated. (Drop in 4-6 pm Friday. Amazon Community Center, 2700 Hlyard St., Eugene. 541-684-3466.) (5/02)

Lesbian, Gay, Bisexual, Transgender Youth Group for ages 25 and younger meets every Monday. (5 pm. Koinonia Center, 1414 Kincaid St., Eugene. 541-346-1134.) (5/02)

Rainbow Youth is a support group for gay, lesbian,

ADVICE

Broke and in love

Ms. Behavior says prezzies don't make the man

DEAR MS. BEHAVIOR:

I have been living with my lover for almost a year now, and I am very much in love with him. I appreciate everything he's done for me, and being with him makes me feel loved like I've never been before—not even by my own family.

One day recently when I came home from school, I noticed he had done some Christmas shopping. I didn't know what to do because I had no money to go out and pick something up for him. I felt like such a loser.

He told me he has everything he needs and didn't want anything for Christmas; he just needs me. I know this is just not OK, so I'll get him something as soon as I can, even if it's not until the middle of summer.

But I love him with all my heart, and I don't want to do too much time go by without doing anything to show him I appreciate him very much. I want to let him know I'm the luckiest man on earth to have him as my lover. What should I do?

—S.H.

DEAR S.H.:

It sounds like your boyfriend understands you're broke because you're a student. Christmas of 2001 was only one holiday in one year of your relationship. In more prosperous years, you'll be able to buy presents.

In the meantime, remember that buying someone a trinket is easy and does not even require feelings of intimacy. Other things you can do to express your love are probably more meaningful.

In coming up with your requested concrete list of things you can do for your boyfriend, Ms. Behavior runs the risk of sounding like a combination of the Happy Hooker and Martha Stewart, but here goes:

1. Make him a fabulous dinner. (If you're extremely broke, you'd better make sure he's gone food shopping so you'll have the right ingredients.)
2. Rub his feet.
3. Write him a love poem.
4. Bake him some cookies or a cake.
5. Take him to a beautiful (free) place and tell him how you feel about him.
6. Light candles all around the



Ms. Behavior

bedroom, and give him head. (Candles are optional.)

DEAR MS. BEHAVIOR:

My girlfriend, Francis, and I broke up more than a year ago. We weren't in love anymore, and the breakup seemed to be mutual, although once we were apart, she acted angry.

I've spent the past six months in Japan on business. While I was gone, Francis e-mailed me a few different times asking if she could stay at my place while various rooms in her apartment were being renovated. I had misgivings about letting her stay in my home while I wasn't there, but I reluctantly agreed, hoping it would help facilitate a friendship between us when I returned home.

Now that I'm back, Francis is unfriendly. We live in a small town and travel in the same social circles. When we run into one another, she often glares or makes snide remarks.

Here's my dilemma: Once I got back from Japan, I realized some of my possessions were missing. Among them were cookware, dishes

and both of my vibrators, which we sometimes had used together. She obviously went through my personal things, because some of the items she took were put away in drawers.

I feel very violated by this. Should I confront her?

—Vibeless

DEAR VIBELESS:

Taking your things seems like Francis' attempt to get your attention. She clearly has gotten it (or you wouldn't have written to Ms. Behavior).

But why give Francis the satisfaction of letting her know she's gotten to you? If she is unscrupulous enough to have taken your things, it's unlikely she'll admit it when you confront her, so you still won't get them back.

It sounds like it's time to change your locks. Once you've done that, splurge and get new cookware and vibrators.

Besides, it's always good to get new sex toys after a relationship ends. You probably will get more pleasure out of a vibrator that is untainted with Eau de Francis. [7]

Write your confused and conflicted heart out to MS. BEHAVIOR at MsBehavior@aol.com.