

# outreach

**Rainbow Rascals** is a parenting group open to all lesbians and gay men who have children from birth through preschool. Meets the second Saturday of every month in Eugene. (Aquele 541-344-5847.) (11/01)

**Men's Support Group**, sponsored by Sweet Spirit Metropolitan Community Church, shares concerns, discusses gay issues and supports the MCC community. (7 pm second Thursday, 434 18th St. David 503-363-4828 or Joseph 503-363-3392.) (11/01)

**Mentors and Protégés (MAP)** is a group of gay men 18 and older. Meets every second Thursday in Corvallis. (Send a self-addressed, stamped envelope to PO Box 231, Foster, OR 97345.) (11/01)

**Parents, Families and Friends of Lesbians and Gays (PFLAG)** provides support, education and advocacy. (7-9 pm third Wednesday, First United Methodist Church, 600 State St., Salem. Mailing address: PO Box 121, Gates, OR 97346. 503-393-9668 or 503-897-2524.) (11/01)

**Triangle Alliance** is Western Oregon University's gay, lesbian, bi and trans issue club. It strives to promote tolerance and acceptance toward sexual minorities and helps provide social activities and support for students. (Western Oregon University, Werner University Center, Monmouth, 503-838-8000. trianglealliance@hotmail.com.) (11/01)

## HEALTH

### Metro: Anti-violence

**Bradley-Angle House** provides emergency shelter for female-identified domestic violence survivors and a support group for women battered by women. (503-232-7805, 503-289-6869, ext. 11.) (11/01)

**Clackamas Women's Services** offers shelter, support and resource referral services for survivors of domestic and sexual violence. (Office: 503-722-2366. Crisis Line: 503-654-2288.) (11/01)

**Family Center Outreach Office**, a program of Volunteers of America located in Southeast Portland, offers support groups and drop-in services to women and children who are survivors of domestic violence. (Ar 503-771-5503.) (11/01)

**Portland Women's Crisis Line** operates 24 hours a day. Interpretation services are available for women who speak limited or no English. (503-235-5333 or 888-235-5333.) (11/01)

Roots and Branches and Bradley-Angle House sponsor a **support group for queer youth** who have experienced emotional, physical or sexual abuse in an intimate relationship. Free, confidential and safe. (503-238-0780.) (11/01)

### Metro: Mental Health

**Helios Counseling** offers mental health services to the lesbian, gay, bi and trans communities. (525 NE Oregon St., Suite 220, Portland, OR 97232. 503-238-0780.) (11/01)

**Gay but not happy?** Depression? Relationship problems? You're not alone. Join our support group for gay men led by experienced gay therapist William Douglas, M.A. Peaceful, rustic setting. Nominal cost, sliding scale. (503-222-7671. liamdoug@aol.com.) (11/01)

**YWCA of Greater Portland Counseling Center** offers sliding fee scale counseling for individuals, couples and groups in a safe, confidential and supportive environment. It also offers a Lesbian Support Group on Wednesday evenings. (1111 SW 10th Ave. 503-294-7440 or 503-294-7401, ext. 2017.) (11/01)

### Metro: Recovery

**Live and Let Live Club** holds 12-step meetings and social activities for the lesbian and gay recovery community. Call for meeting times and activities. (2940-A SE Belmont St. 503-238-6091.) (11/01)

**Lunch Bunch** plays host to Alcoholics Anonymous meetings for gays and lesbians but is open to everyone. Meetings at noon daily and 1 pm Sundays. (Metropolitan Community Church of Portland, 2400 NE Broadway.) (11/01)

**SAA** is a 12-step program to recover from sex addiction and to live sexually healthy lives. Orientation is never an issue. (503-452-5967.) (11/01)

### Metro: Sexual

**Multnomah County Health Department STD Program** offers HIV and STD testing by appointment Monday-Friday and on a first-come, first-served walk-in basis. Also offers hepatitis A and B testing, treatment, vaccinations and community education for gay and bi men. (Sixth Floor, 426 SW Stark St. 503-248-3700.) (11/01)

### Washington: Health

**Sexual Minority Services Project** offers individual peer counseling for victims of domestic abuse, current or past. No fee. Services provided by experienced domestic violence advocate. (309 W 12th Ave.,

Vancouver. 360-695-1325, ext. 332. lezeephyr42@aol.com.) (11/01)

### Willamette Valley: Health

**Womenspace** provides a 24-hour hot line and shelter for women and children who have been abused physically, sexually or emotionally and plays host to a lesbian and bi women's support group. (Crisis: 541-485-6513. Business: 541-485-8232. Lesbian Alliance: 541-302-2417.) (11/01)

### Willamette Valley: Recovery

**Eugene SAA** is a 12-step fellowship for those who are suffering from addictive sexual behaviors. Sexual orientation is a nonissue. (541-342-5582.) (11/01)

## SOCIAL

### Metro: Arts & Music

Help create a **Lesbian Art Guild**. Call the Lesbian Community Project for the date of the next planning meeting. (503-223-0071 or 503-285-4339.) (11/01)

**Portland Lesbian Choir** welcomes supportive members and volunteers. (503-241-8994.) (11/01)

**Portland Gay Men's Chorus** is open to singers, support members and volunteers. (503-460-3689. www.pdxgmc.org.) (11/01)

**Real Connection** is a social gathering for gay men who are artists, writers or musicians or who pursue some creative activity. Monthly potlucks on the second Friday. (Carl 503-284-2971.) (11/01)

**Rose City Gay Freedom Band** is a concert band and swing band open to lesbian, gay, bi, trans and supportive musicians and friends. (PO Box 1082, Portland, OR 97207. 503-790-2170. www.rainbeaux.net/rcgfb.) (11/01)

### Metro: General

**Asian & Pacific Islander Lesbians and Gays** is a nonprofit voice and community for Oregon Asian and Pacific Islander lesbians, bisexuals and gay men. Activities include potlucks, recreational outings, retreats, cultural events and workshops. Events provide a safe environment to meet and connect with other Asians and Pacific Islanders. (PO Box 826, Portland, OR 97207. 503-299-0120. apig\_pdx@yahoo.com.) (11/01)

**Bisexual Community Forum** is an age- and gender-inclusive social, support and education network founded in 1980. Activities include dances, potlucks, field trips and a polyamory interest group. Meetings are held on the first and third Mondays. (7:30 pm. Red and Black Cafe, Southeast 22nd and Division. Laury 503-285-4848.) (11/01)

**Brother to Brother** is a family of African American gay and bi men dedicated to the empowerment of and improvement in the quality of life within our community. Board meetings at 5:30 pm every third Monday of the month. (PO Box 3182, Portland, OR 97208. Brian 503-417-7991.) (11/01)

**COQSURE** is a social group for people who were born or raised female but who don't presently identify as totally female (FTM, butch, boy, etc.). This includes people who were born female or intersexed and who are unsure of their gender or who are considering changing identity from female to male, guys who are exploring possibilities for inner and outer gender regardless of how the world sees them, individuals who are not interested in transitioning but identify always or sometimes as guys, as well as guys who are transitioning or have transitioned. We welcome significant others and members of all sexual orientations in the Portland area. (503-471-1515. coqsure@onelist.com.) (11/01)

**Friends**, a weekly support and discussion group for African American gay and bi men, meets from 5 to 7 pm Wednesdays. (Brian 503-287-8651.) (11/01)

**Funny Ladies Tea and Posity Society** is a social group for lesbians 35 and older. They meet for a potluck on the second Saturday of each month. E-mail newsletter is free on request. (503-760-0816. flataps@aol.com.) (5/02)

**Gay Men's Drawing Group** meets on the fourth Saturday of the month; models and guys who like to draw are welcome to call for more information. (Phillip 503-287-7447.) (11/01)

**Gentle Giants of Oregon** is a group dedicated to providing an accepting social environment for chubby men and the men who like them that way. (503-241-4535. www.chubnet.net/gentlegiants.) (11/01)

**Imperial Sovereign Rose Court of Oregon** is a nonprofit social organization dedicated to raising money for charities within the gay, lesbian, bi and trans community. (isrc@aol.com. www.rosecourt.org.) (11/01)

**Jewish Gay Men's Group**—call for meeting time and place. (503-246-5939. efrainlevi@aol.com.) (11/01)

**Leatherwomen's Supper Club** is a social group for women who share an interest in D/S, age-play, clothing fetishes or B/D/S/M. Potlucks and discussions are held on third Saturdays.

(PO Box 14931, Portland, OR 97293.)

**Lesbians Enjoying Nature and Science (LENS)** is a fun-loving group of women who enjoy exploring all aspects of the environment. Activities include bird watching, nature walks, archaeology, rock collecting, camping, kayaking, star gazing, an occasional "lecture" and a monthly planning potluck. No experience necessary. (6:45-8:30 pm second Thursday planning meeting. 503-289-3605 or 503-466-0058. lensnw@aol.com.) (11/01)

**Lesbian social group for women 50 and older** meets on the third Saturday of the month. (4-7 pm. 503-642-3360 or 503-331-0415.) (11/01)

**Long Yang Club Portland Metro Chapter**, a social group for Asian gays and lesbians and their friends, meets for events throughout the metro area. (503-735-9425. lycpdx@ados.com.) (05/02)

**Lulu's Pervy Playhouse** is a social group for self-identifying women who are into S/M. Play parties are held on the second Saturday of the month. (503-231-3992. lululist@hotmail.com. www.spiretech.com/~awntie/lulu.htm.) (11/01)

**Men's FilmTalk** meets regularly to discuss films. (mensfilmtalk@home.com)

**Mount Hood Queer** network professionally and socially. (503-701-8302.) (11/01)

**Northwest Gender Alliance** is a social and support organization for cross-dressers and transsexuals. Monthly open meetings and socials. (PO Box 4928, Portland, OR 97208. 503-646-2802. www.teleport.com/~nwga.) (11/01)

**Oregon Bears** is a social group for bears and their admirers. Newsletter, activities and monthly social gatherings. (503-240-2813. www.oregonbears.org.) (11/01)

**ORGAN (Oregon Regional Gay and Naked)** is a social club for gay men who enjoy being nude. Monthly potlucks and events. Guests are invited to attend two

board, just leather socialization for the past 15 years. (360-896-6665. furry@aracnet.com.) (11/01)

**Portland Metro Prime Timers** is a social group for mature gay men and those who appreciate them, coming together for social, educational and cultural purposes. (PO Box 5884, Portland, OR 97228. 503-788-1612 or 360-254-1718. pdxprimetimers@yahoo.com. www.geocities.com/pdxprimetimers.) (5/02)

**Portland State University Queers and Allies** offer educational and social programming and support and referral services for people of all orientations and colors. Everyone is invited to participate in activities and meetings. (441A Smith Memorial Center. 503-725-5681. queersandallies@mail.pdx.edu.) (11/01)

**Rose City Discussion Club**, the largest open pansexual club in the Northwest, is open to all orientations, fetishes and lifestyles that are safe, sane and consensual. Monthly meetings, workshops and newsletter. (503-972-1869. rcdc@teleport.com. www.teleport.com/~rcdc.) (11/01)

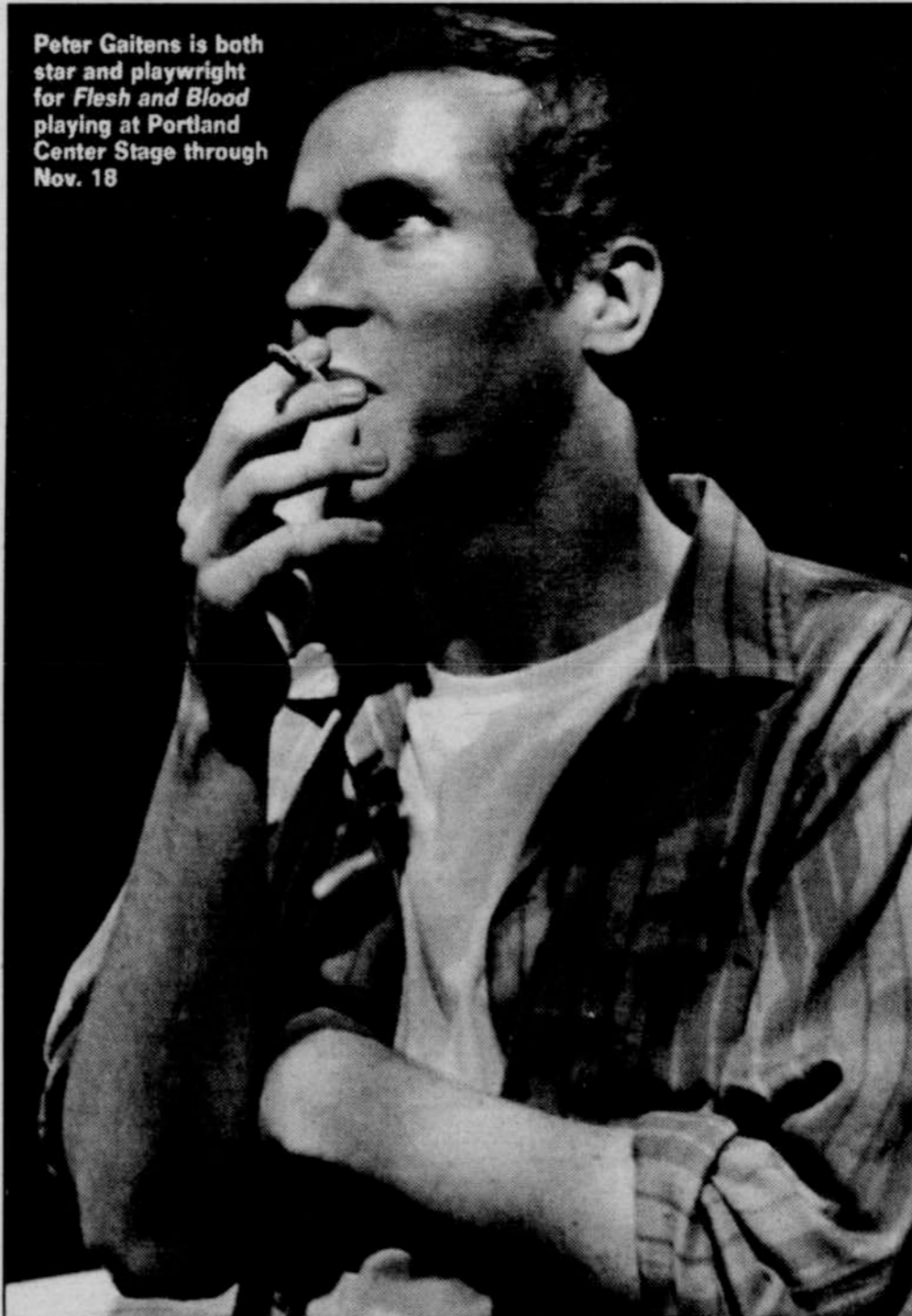
**Together Works**, a confidential group for lesbians, gays, bisexuals and friends, meets for socials and discussions of topics of mutual interest. Meets second and fourth Mondays. (7:30 pm May-September, 7 pm October-April. First Baptist Church, 125 SE Cowles St., McMinnville. Don 503-434-6266.) (11/01)

**Young Men's Coffee Talk** happens every Wednesday at 3 Friends Coffeehouse. (7-9 pm. 201 SE 12th Ave. 503-223-5907, ext. 233.) (11/01)

**Westside Lesbians at Play** enjoy potlucks, games, drumming, kayaking, lots of laughter and more. (Grace 503-643-3209.) (11/01)

### Metro: Physical Recreation

**Adventure Group**, Portland's gay and lesbian outdoors group, organizes a variety of activities and social events



Peter Gaitens is both star and playwright for *Flesh and Blood* playing at Portland Center Stage through Nov. 18

events before deciding on membership. (PO Box 3152, Portland, OR 97293-3152. organ\_info@organ-pdx.org. www.organ-pdx.org.) (11/01)

**Portland Bisexual Alliance** holds social and political events for bi and bi-friendly people, organizes Portland Bi Day rally and publishes calendar of events. Guest speakers and workshops are held 7 pm on the first and third Fridays of the month at Laughing Horse Books, 3652 SE Division St. Open to all. (503-775-9717. pba@biportland.org. www.biportland.org.) (11/01)

**Portland Leather Alliance** is a pansexual, not-for-profit organization dedicated to fostering a positive community for safe, sane and consensual alternative adult sexualities in general and S/M/leather/fetish in particular. (503-727-3148. www.pdxleatheralliance.org.) (11/01)

**Portland Leather Men** meet every second Saturday of the month for potluck and socializing. Meet men into a leather lifestyle and keep abreast of leather happenings. No dues, no formal organization, no officers or

including hiking, skiing, mountain biking, camping and rafting. (503-452-5680. www.adventuregroup.org.) (11/01)

**BiNet Oregon**, the state's bisexual and polymorph community-building outdoor group, organizes regular day adventures, biannual weekend campouts and annual Northwest regional summer gatherings. (503-680-7958. BiNetOR@pointflash.com. BiNetOR.pointflash.com.) (11/01)

**Cycling Lesbians in Portland (CLIPS)** meets twice monthly for bicycle rides. All riding levels welcome. (503-254-6971.) (11/01)

**Forest Group** outings are cooperative adventures for women. Participants are responsible for providing their own equipment and choosing outings appropriate for their skill and fitness level. All skill levels welcome. (503-285-5765 after 10 am.) (11/01)

**K-9 Club** is a group of kindred folks and their dogs who meet to hike and talk in Portland parks on the second Sunday of each month. (503-285-2986.) (11/01)

Do you have a horse? Looking to get together with womyn and horses for equestrian activities in the Pacific Northwest? Then join the **Lesbian Equestrian Group**. (Denise 503-654-3865. Lynn 503-777-2339. kelrav@drop.com.) (11/01)

**Lesbian Garden Club** is a group of women who love gardens and gardening. They exchange plants, seeds, advice and encouragement while having a good time. Please call or e-mail for a copy of the newsletter and information about upcoming events. (Kathe 503-909-2002. lgc@oregon@aol.com.) (11/01)

**Out Dancing** teaches dancing for same-sex couples at Sally Mack's School of Dance. Classes for different dance styles start the first Friday of each month. (503-236-5129.) (11/01)

The **Portland Gay and Lesbian Bowling Association** meets 3:30 pm Sundays at Hollywood Lanes. Celebrating its 24th season. Drop-ins welcome anytime. (4030 NE Halsey St. Mailing address: PO Box 80002, Portland, OR 97208-1002. 503-293-0438. bowpdx@aol.com. www.pdxbow.com.) (5/02)

Whether you're a running novice, a triathlete or a seasoned marathoner, **Portland Frontrunners** welcome gay, lesbian, bi and trans people of all abilities and interests. (503-239-7705. www.portlandfrontrunners.org.) (5/02)

**Rose City Softball Association** is an adult softball league for the gay, lesbian and bi community and friends in the Portland metropolitan area. We offer an open division and a women's division. We are affiliated with the North American Gay Amateur Athletic Alliance. (503-203-9160. www.portlandgaysoftball.com.) (11/01)

**Rosetown Ramblers**, Portland's gay and lesbian square dance club, dances at mainstream and plus levels. (PO Box 5352, Portland, OR 97208-5352. 503-234-9944. www.rdrop.com/users/ramblers.) (11/01)

**Ski Out**, a group of lesbians, gay men, and supportive friends, meets approximately every other weekend December through May for downhill skiing trips on Mount Hood. (www.skiout.org.) (11/01)

**Team Portland Tennis Association** welcomes women and men of all skill levels to play at University of Portland. (8 am-noon Sunday. Alex 503-282-7210.) (11/01)

**Team Quest**, the athletic and exercise program of Project Quest, offers individual, group, indoor and outdoor physical recreation opportunities for people living with HIV and AIDS. (503-493-0288.) (11/01)

### Willamette Valley:

#### Physical Recreation

**Frontrunner and Walkers** go out every Saturday morning in Eugene. (9 am. 15th and Agate. Hank 541-484-6259 or Sadie 541-485-3282.)

### Southern Oregon: Social

**Abdill-Ellis Lambda Community Center** plays host to social events and groups. Call for schedule. (281 Fourth St., Ashland, OR 97520. Mailing address: PO Box 927 Ashland, OR 97520. 541-488-6990. lambdacntr@aol.com. www.aelcca.org.) (11/01)

### Washington: Social

**Sexual Minority Services Project Drop-In Center** is a new place to gather in Vancouver for social contact and resources. Hours will increase with community involvement. (309 W 12th Ave. 360-695-1325, ext. 332. www.gayvancouverwa.org.) (11/01)

### Willamette Valley: Social

**Confluence: The Willamette Valley Mixed GALA Chorus** rehearses 4-6:30 pm Sundays at Unitarian Universalist Congregation of Salem, 5090 Center St. NE. (541-754-4144. confluence@aol.com.) (11/01)

**Marionberry Salon** meets monthly in Salem for potlucks and discussion of books touching on the lesbian, gay or bi experience. (Cary 503-363-6036. marionberrysalon@aol.com.) (11/01)

**The Lesbian Connection (TLC) Lunch Bunch** meets 11 am Sundays at the French Horn and 5-8 pm on the second Friday of the month at the Fifth Street Market food court in Eugene. All women welcome. (Bonnie 541-683-2793.) (11/01)

**The Lesbian Sewing and Project Group**, a fun social organization, meets in Corvallis. (Joan 541-928-5745.) (11/01)

**The Lesbian Social Group** meets in Eugene to eat, talk, laugh and work on projects ranging from sewing to artwork to photo albums. (541-513-2754.) (11/01)

**Salem's Lesbian Potluck Group** meets the second Wednesday of each month at 6:30 pm. Location varies for this casual, social gathering. (salempotluck@hotmail.com.) (05/02)

## SPIRITUALITY

### Metro: Spirituality

**Ainsworth United Church of Christ** is a multi-racial, multicultural, open and affirming church. Sunday worship is at 10 am, and church school for children runs