

# outreach

## AIDS & HIV

### Metro: AIDS & HIV

**AIDS Prevention Team** offers educational materials, free condoms, lends out HIV books and videos for residents of Columbia County. (Information line: 503-366-2839.) (6/00)

**ADAP/CHIP:** The AIDS Drug Assistance Program and the Community Health Insurance Program pay for health insurance premiums, prescription drugs and insurance plan deductibles and co-payments for eligible people with HIV/AIDS. Programs of the Oregon Health Division and Ryan White CARE Act Titles I and II. (8 am-5 pm Monday-Friday. ADAP: 503-731-4438, CHIP: 503-731-4576. Outside Portland: 800-805-2313.) (6/00)

**Cascade AIDS Project** provides non-medical services to people whose lives are affected by HIV and AIDS in Oregon and SW Washington. Spanish language assistance available. (CAP Portland offices: Suite 310, 620 SW Fifth Ave. 503-223-5907. Washington County: 503-693-3234. Clark County: 360-735-9170.) (11/00)

**Clackamas County AIDS Relief Effort** is a community-based organization providing HIV/AIDS prevention education and support services. (3300 SE Dwyer Drive, Suite 306, Milwaukie, OR 97222. 503-653-8738.) (6/00)

**Clackamas County Public Health Division** offers anonymous and confidential HIV testing and counseling to anyone. Se habla español. Interpretation services available. Call for scheduled and walk-in testing times. (Oregon City 503-655-8471, Milwaukie 503-655-8735, Sandy 503-722-6660.) (6/00)

**Friends of People with AIDS Foundation** offers assistance to those with HIV. Services include 72-hour food boxes, emergency travel and lodging, entertainment, pet care, clothing and household goods, and cremations. (503-283-8535.) (11/00)

**H.E.A.L.-Portland (Health, Education, AIDS Liaison)** offers information about alternative views of AIDS causation and HIV testing. For information and a free packet, leave your name and address. (503-227-2339.) (6/00)

**The HIV Day Center,** a program of Ecumenical Ministries of Oregon, offers social activities, support groups, peer support, professional counseling, massage, haircuts and home meal deliveries. Hot meals are available at the center at 9:30 am and 12:30 pm Monday through Friday. (Drop in: 9:30 am-2 pm Monday-Friday, 2941 NE Ainsworth St. 503-460-3822.) (11/00)

**HIV Health Services Center,** Multnomah County Health Department, specializing in the treatment of HIV disease since 1990. A full-service medical clinic, including on-site pharmacist and nutritionist, medication management, mental health services, wellness program and case management. Se habla español. ASL and foreign language interpretation available. (8 am-5 pm Monday-Friday, Fourth floor, 426 SW Stark St. 503-248-5020.) (6/00)

**IFARA International Foundation for Alternative Research in AIDS** provides treatment education through the TIE (Treatment Information Exchange) program. Weekly meetings are led by professionals in a specialized area of treatment. (HIV treatment and education. Meetings Tuesday nights. 503-736-0194.) (11/00)

**Life to Life** is a therapist facilitated support group addressing the changing needs of HIV+ gay and bisexual men. You set the agenda. All ages welcome. (7-8:30 pm Mondays. \$12-\$15 a session, free to those with Ryan White funding. Intake through Phoenix Rising 503-238-0780.) (6/00)

**Metropolitan African American Support Connection (MAASC)** is a support group for African American men and women infected or affected by HIV. They meet on Thursdays from 6-8 pm at Project Quest, 3117 NE Martin Luther King Jr. Blvd. (Linda 503-493-0288.) (6/00)

**Multnomah County Health Department STD Program** offers HIV and STD testing by appointment Monday-Friday and on a first-come, first-served walk-in basis. Also offers Hepatitis A/B testing, treatment, vaccinations and community education for gay and bisexual men. (Sixth Floor, 426 SW Stark St. 503-248-3700.) (6/00)

**Multnomah County HIV Health Services Center** is a full service medical clinic, providing an on-site pharmacist and nutritionist, medication management, mental health services, wellness program and case management. Se habla español. ASL and foreign language interpretation available. (8 am to 5 pm Monday-Friday, Thursday until 8 pm. Fourth Floor, 426 SW Stark St. 503-248-5020.) (6/00)

**Our House** is a residential care facilities for those living and dying from AIDS. (2727 SE Alder St., Portland, OR 97214 503-234-0175.) (11/00)

**Partnership Project** provides social work and nursing case management to people living with HIV/AIDS. Get help coordinating all aspects of health care, as well as financial management, food and housing assistance, emotional support, etc. (8:30 am-5:00 pm Monday-Friday. 503-230-1202.) (6/00)

The **Plus Club House Party** provides an open social gathering for people living with HIV and AIDS to mingle and network. The group meets in private homes at 2 pm on the third Sunday of the month. (Brian 503-249-7030.) (6/00)

**Positive Connection PLWH of Yamhill County** is an HIV consumer services advisory group that meets the 2nd Tuesday of every month at a confidential location in Yamhill County. (503-554-0701.) (6/00)

**Project Quest** offers health appointments, nutritional information, support groups, and sports activities for people living with HIV and AIDS. (Suite 200, 3117 NE Martin Luther King Jr. Blvd., e-mail: pquest@teleport.com. 503-493-0288.) (11/00)

**WIAR (Women's Intercommunity AIDS Resource)** is a multi-service program for women and children affected by HIV/AIDS. WIAR offers individual counseling, support groups, advocacy, and other support services. Drop-in support group every Tuesday at 11 am, HIV prevention support group for HIV negative women with HIV positive partners every second and fourth Monday at 6 pm, Nurture Night for women and their children every third Wednesday of the month. Child care provided. All programs and services are confidential. (9 am-5 pm Monday-Friday, 503-238-4420, toll-free 888-303-4420.) (6/00)

**Washington County Health Dept.** provides free needle-free HIV testing services for gay and bisexual men at Beaverton Community Health Clinic. (6-8 pm Monday, 12550 SW Second St. 503-846-4734.) (6/00)

**Yamhill County HIV Support Group** meets every second and fourth Tuesday. (503-434-7525, Ext. 4722.) (11/00)

### Coastal Oregon: AIDS & HIV

**Coastal AIDS Network** is a community based organization providing HIV/AIDS prevention education and support services on the central Oregon coast. (2830 NE Highway 101, Lincoln City, OR 97367. 541-994-5597.) (6/00)

### Eastern Oregon: AIDS & HIV

Worried about HIV? Free information and testing is available through the **Umatilla County Health Department**. Off-site testing is also available. Contact John at (541) 278-5432. (431 SE 3rd St., Pendleton.) (6/00)

### Washington: AIDS & HIV

**Cascade AIDS Project Vancouver Project** provides non-medical services to individuals and communities in Southwest Washington. These services include: support groups, emergency financial assistance, volunteer programs, information and referral. (Suite M100, 1104 Main St., Vancouver, Wash. 360-735-9170.) (6/00)

### Willamette Valley: AIDS & HIV

**HAAP, The Oregon State Penitentiary HIV/AIDS Awareness Program,** is an inmate-based program providing peer education, information referrals and support to all inmates regardless of HIV status or sexual orientation. Many programs are dependent on community volunteers. (HAAP, OSP Activities Dept., Attn: Karen Campbell, 2605 State St., Salem, OR 97310. 503-378-4207.) (6/00)

**HIV Alliance of Lane County** provides education, prevention, client services and healthcare. Registered nurse available. Lunch/dinner program. Spanish language assistance available. (1966 Garden Ave., Eugene. 541-342-5088. hivall@hivalliance.org.) (6/00)

**Positive Connection PLWH of Yamhill County** meets on the third Tuesday of every month. (PO box 382, Newberg, OR 97132. 503-554-0701.) (11/00)

**Valley AIDS Information Network's** 24-hour hot line provides HIV/AIDS, hepatitis and STD information, support and referrals. English hot line: English and Spanish materials. Speakers for schools, recovery and adult groups. (Benton Co. and Albany: 541-752-6322. Oregon toll areas: 800-588-2437.) (6/00)

**WISH (Women's Initiative to Stop HIV)** meets in Eugene. (541-682-4013.) (6/00)

## COMMUNITY

### Metro: General

**Meditation Pilot Program** provides meditation for people who believe they've experienced unfair treatment because of their sexual orientation in situations involving the workplace, housing and public accommodations. A confidential, free service sponsored by the City of Portland. (503-274-9886.)

**Pride Northwest, Inc.** organizes community forums and the annual Pride event. (503-295-9788. www.gaypdx.com/pride.) (11/00)

**It's My Pleasure** offers a wide array of services to the community including a resource bulletin board, free housing listings and a free lesbian dating service. (3106 NE 64th Ave. 503-280-8080.) (11/00)

### Metro: Political

**Basic Rights Oregon** is a pro-GLBT civil rights organization committed to promoting fairness and ending discrimination in the state of Oregon. (PO Box 40625, Portland, OR 97240. 503-222-6151. BasicRO@aol.com.) (11/00)

**Filisa Vistima Foundation** is a transsexual advocacy organization which works to obtain medical and legal assistance for transsexuals in need. (PO Box 82447, Portland, OR 97282. 503-735-1184.) (6/00)

**Human Rights Campaign**—Portland Steering Committee and Federal Club, the largest national gay and lesbian political organization, lobbies Congress, provides campaign support, and educates the public. Meets monthly to plan events. (4545 SW Northwood St. 503-244-6951.) (11/00)

The **Lesbian Avengers** is a direct action group dedicated to the survival and visibility of lesbians, bisexual women

and trans dykes. Meetings are every Sunday at 5 pm. (503-452-5408.) (11/00)

**Heart Talk Cafe** is a support group facilitated by Mariah Ureel for those involved in or seeking healthy and intimate gay and lesbian relationships; presentations, discussion, videos and experiential exercises. (6-7:30 pm third Sunday. \$15 per person, sliding scale available. Registration: 503-727-3563.) (6/00)

**Late Awakenings,** a support group for lesbians who came out later in life (later in life is not defined), meets 7 pm on the first Tuesday of every month at the LCP office. (1001 E Burnside St., call for more information 503-233-3913.) (6/00)

**LGIRTF (Lesbian and Gay Immigration Rights Task Force)**—Portland Chapter, provides support and information to gay and lesbian immigrants and their partners and works to change discriminatory US immigration laws. (PO Box 12526 Portland, OR 97212. www.lgirtf.org. lgirtf.pdx@hotmail.com. 503-471-1568.) (11/00)

**Love Makes a Family** offers support groups for sexual minority parents and their children. Also organizes public awareness campaigns on issues such as same-sex marriage. (PO Box 5163, Portland, OR 97208. www.teleport.com/~lmfamily. 503-228-3892.) (11/00)

**Men Nurturing Men** is an experiential gathering providing an opportunity to meet other gay, bi and questioning men in a playful, safe, sacred environment. Strive to understand intimacy and sexuality from a more spiritual perspective in monthly meetings. (503-231-5755.) (6/00)

**Neighborhood MenTalks** brings gay and bisexual men together to socialize and discuss topics of mutual interest. Monthly gatherings are facilitated and hosted by volunteers. (Matt 503-223-5907, ext. 152.) (6/00)

**Northwest Gender Alliance** is a transgender social and support group welcoming all those dealing with gender identity issues, including transsexuals, cross-dressers and intersexed, regardless of sexual orientation. Social activities, monthly meetings and newsletter. (503-646-2802, PO Box 4928, Portland, OR 97208-4928. nrga@teleport.com. www.teleport.com/~nrga.) (6/00)

**Parents, Families and Friends of Lesbians and Gays (PFLAG)** provides support, education and advocacy. (7-9:30 pm second Tuesday at First United Methodist Church, 1838 SW Jefferson St. Mailing address: PO Box 8944, Portland, OR 97207. 503-232-7676. www.teleport.com/nonprofit/pflag.) (6/00)

**Portland Bisexual Women** is a support and discussion group for bisexual and questioning women. Women of any age/background are encouraged to attend. Locations vary. (Discussion: 7-9 pm second Friday, Social: fourth Friday. 503-768-4293, PortlandBisexual@aol.com.) (11/00)

**Rainbow Coalition** is a support group for gay, lesbian, bi, trans and curious students in Clackamas County which meets Fridays at noon at Clackamas Community College. (meet in Barlow #112, contact Kate at 503-657-6958 ext. 2371.) (6/00)

**Rainbow FLAGS** is a support group for gay, lesbian and bisexual foster and adoptive parents and is open to anyone who is supportive of this population fostering and adopting children. Meets second Tuesday of every month. (503-281-8616.) (6/00)

**Single Parents by Choice,** a group for men and women, meets on the third Saturday of every month for a potluck social. Child-friendly space. (5-7 pm at Friends Meeting House, 4312 SE Stark St. Karen 503-460-0888, David 503-284-4153.) (6/00)

**Straight Spouse Support Group** provides support and information for men and women formerly or currently partnered with gay, lesbian, bisexual or trans mates. (7 pm Wednesday. Gil 503-243-5067.) (6/00)

**Central Oregon: Community**

**Parents, Families and Friends of Lesbians and Gays (PFLAG)—Bend** meets on the third Monday of the month. The group's threefold mission is support, education and advocacy. (6 pm coffee, 6:30 pm meeting at First Presbyterian Church, 230 NE Ninth St. 541-317-2334.) (6/00)

### Coastal Oregon: Community

**North Coast Pride Network** serves the lesbian, gay, bi, trans communities in the Columbia Pacific region.

Publishes a quarterly newsletter. Maintains a resource center which hosts board meetings. Hosts "Gertrude's Wilde Social Mixer" in Astoria on the third Monday of each month. (Mailing address: PO Box 1317, Astoria, OR 97103. Resource center: Suite 209, 10 Sixth St., Astoria. Monday social: 5:30-9 pm at Cafe Uniontown, 231 W Marine Drive, Astoria. 503-338-0161.) (6/00)

### Southern Oregon: Community

**Abdill-Ellis Lambda Community Center** offers support groups and resources for the sexual minority community and its friends. Comprehensive monthly newsletter, Prizm, details local groups and events. (Mailing address: PO Box 927 Ashland, OR 97520. Location: 281 Fourth St., Ashland, OR 97520. 541-488-6990, lambdacn@aol.com, www.aelca.org.) (6/00)

**Klamath Area Lambda Association (KALA)** is dedicated to promoting the awareness, health, understanding and acceptance of gay, lesbian, bisexual and transgender people through education and social activities. \$20 donation for newsletter, no one denied because of inability to pay. (PO Box 43, Klamath Falls, OR 97601. kala@aol.com. http://members.xoom.com/kala99/kala-abdgm.HTM.) (6/00)

### Washington: Community

**ComOut** will train volunteers to take part in promoting tolerance and other aspects of community outreach in the SW Washington area. (Call Lyn Zephyr at 360-906-9142.) (6/00)

**Parents, Families and Friends of Lesbians and Gays (PFLAG)** provides support, education and advocacy. (7 pm first Tuesday at First Congregational Church, lower level conference room, 1220 NE 68th Street, Vancouver, Wash. 360-695-2200.) (6/00)

### Willamette Valley: Community

**5015 COYOTE** is an association for sex workers in Eugene. (PO Box 12244, Eugene, OR 97401.) (6/00)

**AFTER 8** works for political change and provides information and referral for lesbians, gay men, trans and bisexuals in Benton and Linn counties and sponsors an annual Harvey Milk Awards Dinner in November. (7 pm second Tuesday, 101 NW 23rd St., Corvallis. PO Box 1828, Corvallis, OR 97339. 541-752-8157.) (6/00)

**Imperial Sovereign Court of the Willamette Empire** meets the first and third Tuesday of each month at 7:30 pm at the 300 Club. (300 Liberty St. SE in Salem. Bob 503-371-8395, e-mail bobphl@uswest.net or Imperial Princess IX, Lydia Octavia 503-463-8585.) (6/00)

**Lesbian and Gay Parenting Group,** for parents of children ages 0-3 years, meets the second Saturday of each month in Eugene. (Aquene: 541-344-5847.) (6/00)

**Parents, Families and Friends of Lesbians and Gays (PFLAG)** provides support, education and advocacy. (6:45 pm third Monday at First Congregational Church on E 23rd Ave., Eugene. 541-346-4239.) (6/00)

**Men's Support Group,** sponsored by Sweet Spirit Metropolitan Community Church (MCC), meets every Thursday at 7 pm to share concerns, discuss gay issues, and support the MCC community. Open to the public. (David: 503-363-4828, Joseph: 503-363-3392.) (6/00)

## HEALTH

### Metro: Anti-violence

**Bradley-Angle House** provides emergency shelter for female-identified domestic violence survivors and a support group for women battered by women. (503-232-7805, 503-289-6869 ext. 11.) (6/00)

**Clackamas Women's Services** offer shelter, support and resource referral services for survivors of domestic and sexual violence. (Office: 503-722-2366, crisis line: 503-654-2288.) (6/00)

**Family Center Outreach Office,** a program of Volunteers of America located in Southeast Portland, offers support groups and drop-in services to women and children who are survivors of domestic violence. (Natalie 503-771-5503.) (6/00)

**Portland Women's Crisis Line** operates 24 hours a day. Interpretation services are available for women who speak limited or no English. (503-235-5333, 1-888-235-5333.) (6/00)

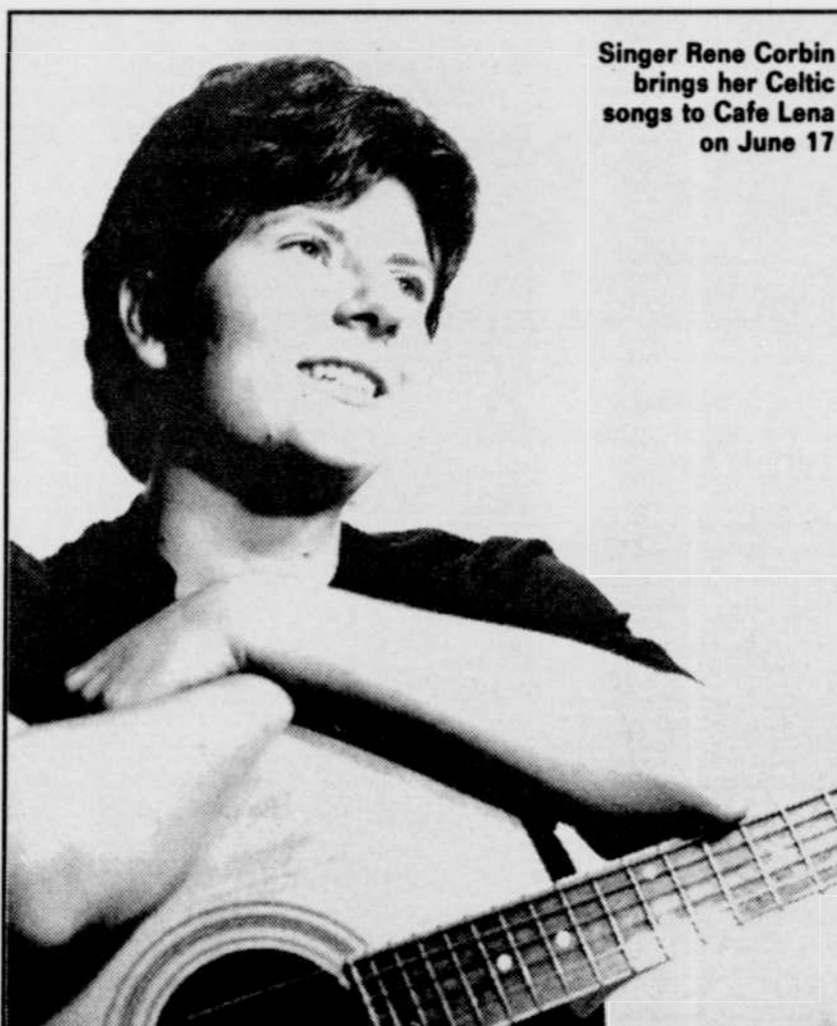
**Roots and Branches** and Bradley-Angle House sponsor a support group for queer youth who have experienced emotional, physical or sexual abuse in an intimate relationship. Free, confidential and safe. (503-238-0780.) (6/00)

### Metro: Mental Health

**Helios Counseling** offers mental health services to the lesbian, gay, bisexual, and trans communities. (525 NE Oregon St., Suite 220, Portland, OR 97232. 503-238-0780.) (6/00)

### Metro: Recovery

**Any Lengths Gay AA** is a group for gay men that meets to discuss their sobriety Sundays at 10 am at Good



**Singer Rene Corbin brings her Celtic songs to Cafe Lena on June 17**