

Outreach

AIDS & HIV

Metro: AIDS & HIV

AIDS Prevention Team offers educational materials, free condoms, lends out HIV books and videos for residents of Columbia County. (Information line: (503) 366-2839.) (5/00)

ADAP/CHIP: The AIDS Drug Assistance Program and the Community Health Insurance Program pay for health insurance premiums, prescription drugs and insurance plan deductibles and co-payments for eligible people with HIV/AIDS. Programs of the Oregon Health Division and Ryan White CARE Act Titles I and II. (8 am-5 pm Monday-Friday. ADAP: (503) 731-4438, CHIP (503) 731-4576. Outside Portland: (800) 805-2313.) (5/00)

Cascade AIDS Project provides non-medical services to people whose lives are affected by HIV and AIDS in Oregon and SW Washington. Spanish language assistance available. (CAP Portland offices: Suite 310, 620 SW Fifth Ave. (503) 223-5907. Washington County: (503) 693-3234. Clark County: (360) 735-9170.) (5/00)

Clackamas County AIDS Relief Effort is a community-based organization providing HIV/AIDS prevention education and support services. (3300 SE Dwyer Drive, Suite 306, Milwaukie, OR 97222. (503) 653-8738.) (5/00)

Clackamas County Public Health Division offers anonymous and confidential HIV testing and counseling to anyone. Se habla español. Interpretation services available. Call for scheduled and walk-in testing times. (Oregon City (503) 655-8471, Milwaukie (503) 655-8735, Sandy (503) 722-6660.) (5/00)

H.E.A.L.-Portland (Health, Education, AIDS Liaison) offers information about alternative views of AIDS causation and HIV testing. For information and a free packet, leave your name and address. ((503) 227-2339.) (5/00)

The **HIV Center**, a program of Ecumenical Ministries of Oregon, offers social activities, support groups, peer support, professional counseling, massage, haircuts and home meal deliveries. Hot meals are available at the center at 10 am and 12:30 pm Monday through Friday. (Drop in: 10 am-2 pm Monday-Friday, 2941 NE Ainsworth St. (503) 460-3822.) (5/00)

HIV Health Services Center, Multnomah County Health Department, specializing in the treatment of HIV disease since 1990. A full-service medical clinic, including on-site pharmacist and nutritionist, medication management, mental health services, wellness program and case management. Se habla español. ASL and foreign language interpretation available. (8 am-5 pm Monday-Friday, Fourth floor, 426 SW Stark St. (503) 248-5020.) (5/00)

IFARA (International Foundation for Alternative Research in AIDS) provides treatment education through the TIE (Treatment Information Exchange) program. Weekly meetings are led by professionals in a specialized area of treatment. (HIV treatment and education. Meetings Tuesday nights. (503) 736-0194.) (5/00)

Life to Life is a therapist facilitated support group addressing the changing needs of HIV+ gay and bisexual men. You set the agenda. All ages welcome. (7-8:30 pm Mondays. \$12-\$15 a session, free to those with Ryan White funding. Intake through Phoenix Rising (503) 238-0780.) (5/00)

Multnomah County Health Department STD Program offers HIV and STD testing by appointment Monday-Friday and on a first-come, first-served walk-in basis. Also offers Hepatitis A/B testing, treatment, vaccinations and community education for gay and bisexual men. (Sixth floor, 426 SW Stark St. (503) 248-3700.) (5/00)

Multnomah County HIV Health Services Center is a full service medical clinic, providing an on-site pharmacist and nutritionist, medication management, mental health services, wellness program and case management. Se habla español. ASL and foreign language interpretation available. (8 am to 5 pm Monday-Friday, Thursday until 8 pm. Fourth floor, 426 SW Stark St. 503 248-5020.) (5/00)

Our House is a residential care facilities for those living and dying from AIDS. (2727 SE Alder St., Portland, OR 97214 (503) 234-0175.) (5/00)

Partnership Project provides social work and nursing case management to people living with HIV/AIDS. Get help coordinating all aspects of health care, as well as financial management, food and housing assistance, emotional support, etc. (8:30 am-5:00 pm Monday-Friday. (503) 230-1202.) (5/00)

The **Plus Club House Party** provides an open social gathering for people living with HIV and AIDS to mingle and network. The group meets in private homes at 2 pm on the third Sunday of the month. (Brian (503) 249-7030.) (5/00)

Positive Connection PLWH of Yamhill County is an HIV consumer services advisory group that meets the 2nd Tuesday of every month at a confidential location in Yamhill County. ((503) 554-0701.) (5/00)

Project Quest offers health appointments, nutritional information, support groups, and sports activities for peo-

ple living with HIV and AIDS. (Suite 200, 3117 NE Martin Luther King Jr. Blvd., e-mail: pquest@teleport.com. (503) 493-0288.) (11/99)

WIAR (Women's Intercommunity AIDS Resource) is a multi-service program for women and children affected by HIV/AIDS. WIAR offers individual counseling, support groups, advocacy, and other support services. Drop-in support group every Tuesday at 11 am. HIV prevention support group for HIV negative women with HIV positive partners every second and fourth Monday at 6 pm. Nurture Night for women and their children every third Wednesday of the month. Child care provided. All programs and services are confidential. (9 am-5 pm Monday-Friday. (503) 238-4420, toll-free (888) 303-4420.) (5/00)

Washington County Health Dept. provides free needle-free HIV testing services for gay and bisexual men at Beaverton Community Health Clinic. (6-8 pm Monday, 12550 SW Second St. (503) 846-4734.) (5/00)

Yamhill County Public Health Dept. sponsors HIV support group meetings. (5-7 pm Monday, in McMinnville. (503) 472-9371.) (5/00)

Yamhill County HIV Support Group meets every Monday in Newberg. ((503) 434-7525, Ext. 3) (5/00)

Coastal Oregon: AIDS & HIV

Coastal AIDS Network is a community based organization providing HIV/AIDS prevention education and support services on the central Oregon coast. (2830 NE Highway 101, Lincoln City, OR 97367. (541) 994-5597.) (5/00)

Willamette Valley: AIDS & HIV

HAAP, The Oregon State Penitentiary HIV/AIDS Awareness Program, is an inmate-based program providing peer education, information referrals and support to all inmates regardless of HIV status or sexual orientation. Many programs are dependent on community volunteers. (HAAP, OSP Activities Dept., Attn: Karen Campbell, 2605 State St., Salem, OR 97310. (503) 378-4207.) (5/00)

HIV Alliance of Lane County provides education, prevention, client services and healthcare. Registered nurse available. Lunch/dinner program. Spanish language assistance available. (1966 Garden Ave., Eugene. (541) 342-5088. hval@hivalliance.org.) (5/00)

Valley AIDS Information Network's 24-hour hot line provides HIV/AIDS and STD information, support and referrals. (Benton Co. and Albany: (541) 752-6322. Oregon toll areas: (800) 588-2437.) (5/00)

WISH (Women's Initiative to Stop HIV) meets in Eugene. ((541) 682-4013.) (5/00)

Eastern Oregon: AIDS & HIV

Worried about HIV? Free information and testing is available through the **Umatilla County Health Department**. Off-site testing is also available, contact John at (541) 278-5432. (431 SE 3rd St., Pendleton.) (5/00)

Washington: AIDS & HIV

Cascade AIDS Project Vancouver Project provides non-medical services to individuals and communities in Southwest Washington. These services include: support groups, emergency financial assistance, volunteer programs, information and referral. (Suite M100, 1104 Main St., Vancouver, Wash. (360) 735-9170.) (5/00)

COMMUNITY

Metro: General

Pride Northwest, Inc. organizes community forums and the annual Pride event. ((503) 295-9788, www.gaypdx.com/pride.) (5/00)

It's My Pleasure offers a wide array of services to the community including a resource bulletin board, free housing listings and a free lesbian dating service. (3106 NE 64th Ave. (503) 280-8080.) (5/00)

Metro: Political

Filias Vistima Foundation is a transsexual advocacy organization which works to obtain medical and legal assistance for transsexuals in need. (PO Box 82447, Portland, OR 97282. (503) 735-1184.) (11/99)

Human Rights Campaign—Portland Steering Committee and Federal Club, the largest national gay and lesbian political organization, lobbies Congress, provides campaign support, and educates the public. Meets monthly to plan events. (4545 SW Northwood St. (503) 244-6951.) (11/99)

The **Lesbian Avengers** is a direct action group dedicated to the survival and visibility of lesbians, bisexual women and trans dykes. Meetings are every Sunday at 5 pm. ((503) 452-5408) (11/99)

The **Lesbian Community Project** is a multi-issue, multi-racial, grassroots politics and fun organization working for social justice and liberation for lesbian, bi and trans women and dykes. (Address: 1001 E Burnside St. Mailing: PO Box 5931, Portland, OR 97228. (503) 233-3913.) (5/00)

Old Lesbians Organizing for Change (OLOC), a national lesbian organization, now has a chapter in Portland for Lesbians 60 and older who are interested in changing the social disease of ageism. We meet on the second Wednesday of the month, at the Lesbian Community Project office, 1001 E. Burnside at 1 pm. (5/00)

Radical Women, active in the struggle against bigotry and exploitation, meets every second Thursday at 7 pm at the Northwest Neighborhood Cultural Center, 1819 NW Everett St. ((503) 228-3090, lsp@gnc.org.) (5/00)

Rural Organizing Project is a network of human dignity groups taking action at the local and state level. (PO Box 1350, Scappoose, OR 97056. (503) 543-8417, office@rop.org.) (5/00)

ners and works to change discriminatory US immigration laws. (www.lgirtf.org, lgirtfpx@hotmail.com (503) 471-1568.) (5/00)

Love Makes a Family offers support groups for sexual minority parents and their children. Also organizes public awareness campaigns on issues such as same-sex marriage. (PO Box 5163, Portland, OR 97208. www.teleport.com/~lmfamily. (503) 228-3892.) (11/99)

Men Nurturing Men is an experiential gathering providing an opportunity to meet other gay, bi and questioning men in a playful, safe, sacred environment. Strive to understand intimacy and sexuality from a more spiritual perspective in monthly meetings. ((503) 231-5755.) (5/00)

Neighborhood MenTalks brings gay and bisexual men together to socialize and discuss topics of mutual interest. Monthly gatherings are facilitated and hosted by volunteers. (Matt (503) 223-5907, ext. 152.) (5/00)

Northwest Gender Alliance is a transgender social and support group welcoming all those dealing with gender identity issues, including transsexuals, crossdressers and intersexed, regardless of sexual orientation. Social activities, monthly meetings and newsletters. ((503) 646-2802, PO Box 4928, Portland, OR 97208-4928. nwg@teleport.com, www.teleport.com/~nwg.) (11/99)



Warm up with some fine tunes by Pam & Maggie at the Touchstone Coffee House Jan. 29

Metro: Professional

Oregon Tradeswomen Network is a non-profit group dedicated to promoting success for women in the trades through education, leadership and mentor opportunities. Childcare provided, everyone is welcome, free meetings. (6 pm on the third Thursday of each month at State Office Building, 800 NE Oregon St., Room 120. (503) 943-2228.) (5/00)

Metro: Support

Forest Grove GLUE (Gays and Lesbians United for Enrichment) is a support group offering the community, family and friends a safe, friendly place to meet and socialize. Movies, potlucks, discussions, etc. (7:30 pm first and third Mondays. Bill or Charla (503) 516-4583.) (11/99)

Hambleton Project, Lesbian Cancer Support Network, is a non-profit organization offering networking and direct services to lesbians with cancer. ((503) 642-1007.) (11/99)

Heart Talk Cafe is a support group facilitated by Manah Ureel for those involved in or seeking healthy and intimate gay and lesbian relationships; presentations, discussion, videos and experiential exercises. (6-7:30 pm third Sunday. \$15 per person, sliding scale available. Registration: (503) 727-3563.) (11/99)

Late Awakenings, a support group for lesbians who came out later in life (later in life is not defined), meets 7 pm on the first Tuesday of every month at the LCP office. (1001 E Burnside St., call for more information (503) 233-3913.) (5/00)

Lesbian/Bi Women in Breakups, an eight-session group offering an opportunity for growth when relationships change. \$25 per group meeting on Tuesday evenings. (Julie O'Donnell, LCSW (503) 241-7002.) (11/99)

LGIRTF (Lesbian and Gay Immigration Rights Task Force)—Portland Chapter, provides support and information to gay and lesbian immigrants and their part-

Parents, Families and Friends of Lesbians and Gays (PFLAG) provides support, education and advocacy. (7-9:30 pm second Tuesday at First United Methodist Church, 1838 SW Jefferson St. Mailing address: PO Box 8944, Portland, OR 97207. 232-7676, www.teleport.com/nonprofit/pflag.) (5/00)

Portland Bisexual Women is a friendly support and social group for bisexual and questioning women. Women of any age/background are encouraged to attend. Locations vary. (Meeting: 7-9 pm second Friday. Social: fourth Friday. (503) 768-4293 or e-mail PDXBW@aol.com.) (5/00)

Rainbow FLAGS is a support group for gay, lesbian and bisexual foster and adoptive parents and is open to anyone who is supportive of this population fostering and adopting children. Meets second Tuesday of every month. ((503) 281-8616.) (5/00)

Single Parents by Choice, a group for men and women, meets on the third Saturday of every month for a potluck social. Child-friendly space. (5-7 pm at Friends Meeting House, 4312 SE Stark St. Karen (503) 460-0888, David (503) 284-4153.) (11/99) (5/00)

Straight Spouse Support Group provides support and information for men and women formerly or currently partnered with gay, lesbian, bisexual or trans mates. (7 pm Wednesday. Gil (503) 243-5067.) (5/00)

Central Oregon: Community

Parents, Families and Friends of Lesbians and Gays (PFLAG)—Bend meets on the third Monday of the month. The group's threefold mission is support, education and advocacy. (6 pm coffee, 6:30 pm meeting at First Presbyterian Church, 230 NE Ninth St. (541) 317-2334.) (5/00)

Coastal Oregon: Community

North Coast Pride Network serves the lesbian, gay, bi, trans communities in the Columbia Pacific region.

Publishes a quarterly newsletter. Maintains a resource center which hosts board meetings. Hosts "Gertrude's Wilde Social Mixer" in Astoria on the third Monday of each month. (Mailing address: PO Box 1317, Astoria, OR 97103. Resource center: Suite 209, 10 Sixth St., Astoria. Monday social: 5:30-9 pm at Cafe Uniontown, 231 W Marine Drive, Astoria. (503) 338-0161.) (5/00)

Southern Oregon: Community

Abdill-Ellis Lambda Community Center offers support groups and resources for the sexual minority community and its friends. Comprehensive monthly newsletter, Prizm, details local groups and events. (Mailing address: PO Box 927 Ashland, OR 97520. Location: 281 Fourth St., Ashland, OR 97520. (541) 488-6990, lambdacntr@aol.com, www.aelcca.org.) (5/00)

Klamath Area Lambda Association (KALA) is dedicated to promoting the awareness, health, understanding and acceptance of gay, lesbian, bisexual and transgender people through education and social activities. \$20 donation for newsletter, no one denied because of inability to pay. (PO Box 43, Klamath Falls, OR 97601. kalainfo@aol.com, http://members.xoom.com/kala99/kal-abdgin.HTM.) (11/99)

Washington: Community

Parents, Families and Friends of Lesbians and Gays (PFLAG) provides support, education and advocacy. (7 pm first Tuesday at First Congregational Church, lower level conference room, 1220 NE 68th Street, Vancouver, Wash. (360) 695-2200.) (5/00)

Willamette Valley: Community

5015 COYTE is an association for sex workers in Eugene. (PO Box 12244, Eugene, OR 97401.) (11/99)

AFTER 8 works for political change and provides information and referral for lesbians, gay men, trans and bisexuals in Benton and Linn counties and sponsors an annual Harvey Milk Awards Dinner in November. (7 pm second Tuesday, 101 NW 23rd St., Corvallis. PO Box 1828, Corvallis, OR 97339. (541) 752-8157.) (5/00)

Imperial Sovereign Court of the Willamette Empire meets the first and third Tuesday of each month at 7:30 pm. (Bob (503) 371-8395, Lydia, Imperial Crown Princess IX (503) 463-8585.) (5/00)

Lesbian and Gay Parenting Group, for parents of children ages 0-3 years, meets the second Saturday of each month in Eugene. (Aquene: (541) 344-5847.) (5/00)

Parents, Families and Friends of Lesbians and Gays (PFLAG) provides support, education and advocacy. (6:45 pm third Monday at First Congregational Church on E 23rd Ave., Eugene. (541) 346-4239.) (5/00)

Men's Support Group, sponsored by Sweet Spirit Metropolitan Community Church (MCC), meets every Thursday at 7 pm to share concerns, discuss gay issues, and support the MCC community. Open to the public. (David: (503) 363-4828, Joseph: (503) 363-3392.) (5/00)

HEALTH

Metro: Anti-violence

Bradley-Angle House provides emergency shelter for female-identified domestic violence survivors and a support group for women battered by women. ((503) 232-7805, (503) 289-6869 ext. 11.) (11/99)

Clackamas Women's Services offer shelter, support and resource referral services for survivors of domestic and sexual violence. (Office: (503) 722-2366, crisis line: (503) 654-2288.) (11/99)

Family Center Outreach Office, a program of Volunteers of America located in Southeast Portland, offers support groups and drop-in services to women and children who are survivors of domestic violence. (Natale (503) 771-5503.) (11/99)

Portland Women's Crisis Line announces a new, confidential support group for gay and bi men who have been or who are being abused by their male partners. (For more information, leave a message for Craig at (503) 232-5103.) (11/99)

Portland Women's Crisis Line operates 24 hours a day. Interpretation services are available for women who speak limited or no English. ((503) 235-5333, 1-888-235-5333.) (11/99)

Roots and Branches and Bradley Angle House sponsor a support group for queer youth who have experienced emotional, physical or sexual abuse in an intimate relationship. Free, confidential and safe. ((503) 238-0780.) (11/99)

Metro: Mental Health

Helios Counseling offers mental health services to the lesbian, gay, bisexual, and trans communities. (525 NE Oregon St., Suite 220, Portland, OR 97232. (503) 238-0780.) (5/00)