

Dr. Jon Kaiser's
**Healing
HIV
Health
Fair
'99**

PORTLAND

**Thursday
August 26, 1999**

5:30 pm - 9:30 pm
(Lite Buffet served at 5:30)
Emanuel Hospital
Lorenzen Conference Center
301 N. Graham

FREE!

For more information call Dan Walz at
(360) 993-1996,
or call (800) 514-7197.

Take Charge! nutrition massage

Jon Kaiser, M.D.,

Author of *Healing HIV*
will lecture on

**"Rebuilding Your
Immune System"**

and

"Healing From HIV"



- Free Massages
- Free Acupuncture
- Lite Buffet
- Exhibitor booths

6:30 p.m.

- Building Your Healing Program
- Nutrition, Vitamins, and Herbs
- Gaining Muscle with Anabolic Therapies

7:30 p.m.

- The New Crop of Upcoming Antivirals
- Highly Effective Antiviral Programs
- Case Histories of Long Term Survivors

8:30 p.m.

- Mind Body Medicine
- Meditation and Guided Visualizations



Co-Sponsored by:

HIV Advocacy Council of Oregon and Southwest Washington, Project Quest, Apoyo Latino, AIDS Education, and Training Center, Ecumenical Ministries of Oregon's HIV Center, Outside In, Healing HIV Support Group, Southwest Washington Consortium on HIV/AIDS, and Partnership Project.

Transportation: Buslines #4, 40, 41.

viral load assays massage

anabolic steroids nutrition

hormonal therapies protease inhibitors anabolic steroids NNRTI's

mind body medicine **Take Charge!**