

ASTROGUIDE



BY D. RICHMOND

HOROSCOPES FOR AUGUST

THIS MONTH'S SIGNS:



LEO



VIRGO

ARIES—Beware of party poopers who might rain on your parade. Take action, but be conscious of those you have spurned in the past who might seek to spoil your good time. Don't succumb to those who wish to sway you from behind the scenes.

TAURUS—Any changes made now will only work to your advantage in the long run. Listen to yourself and your long-term aspirations. All the assurances you might seek for the paths you'd rather pursue may not be readily available, but all will reveal itself as you find yourself reaching your goals. Have faith in the practical answers that surround you.

GEMINI—There is no better time than the present to speak your mind. A vast stage lays before you, and what better way to have the rest of the world listen to all those thoughts buzzing in your head? Beware of letting things go to your head, but don't be too intimidated to share your thoughts, for they'll have the greatest benefit to you and others this month.

CANCER—The Japanese call you *Kani* (crab). This month, though, I prefer to call you *Kani No Karagi*, soft-shell crab. Due to the expanding nature of your life right now—waistline, horizons or otherwise—you might find your shell fits just a little too tightly. It's time to shed the old skin and let in some new experiences. Let the universe help you cleanse away the old by letting go of some of the things you no longer need.

LEO—With the sun shining down upon your glorious head this month, others will look to you for advice on the fine art of having a good time. Lead your followers into the limelight of universal bliss and uncontrolled mutual admiration, but don't take too much of the credit or others might resent your exaggerated ego. To be the center of the party you don't have to be the sole attraction.

VIRGO—Combining all the ideas you've had lately into a long-range plan of action might be the best way for you to solidify what it is you want and where you want to be. Be aware of the opportunities that seem to appear out of nowhere, for they might be of greater benefit than first imagined.

LIBRA—Sometimes the best way to balance all the options you are faced with is to throw yourself into the mix and figure it out as you go. Take a casual approach to some of the dilemmas you face and you may find them to be less prickly than you thought, simply passing nuisances.

SCORPIO—A couple of years ago you made some major changes in your life. Now might be the best time to remember the way things used to be and reaffirm your resolutions for a better life. Let go of the petty stuff and release any temptations to avenge past wrongs. Focus on the future and its great potential.

SAGITTARIUS—In your darkest hours it's best for you to keep a constant vigil with your aspirations. Allow yourself to flow with the course of your life right now and don't be afraid to rework outmoded dreams that have no chance of fruition. It is the dreamer's ability to dream—rather than the dream itself—that is your greatest gift.

CAPRICORN—My only advice for you this month is to frolic. If you've forgotten how to frolic, just do the exact opposite of everything you've done for the majority of your life. Let go of your tension and extreme practicality for just an hour or so. You might remember why it is you've been so busy lately and what it is you've been working for.

AQUARIUS—Why are you letting all of this get to you? Whatever it is that's been bothering you lately probably has very little or nothing at all to do with you in the first place. You know all this will work out in the end. It's only to increase your understanding of the world that life has been playing these little games with you. Don't take them too personally and just enjoy the ride.

PISCES—Taking a little action at this time might do you a world of good. Tell that special someone about those dreams (wet or otherwise) you've had of him or her lately. Their response might be the thing you've been waiting for to validate those lustful feelings you've been having.

available for women with inadequate health insurance. (Mar 294-7413.) (5/99)

Straight Spouse Support Group provides support and information for men and women formerly or currently partnered with gay, lesbian, bisexual or trans mates. (7 pm Wednesday. Mark [503] 283-7606.) (11/99)

Trans-Port is a support group for all transsexual individuals in the greater Portland area. Regular board and peer support meeting is held on the second Tuesday of each month. Post-operative only support group is also offered. (PO Box 66913, Portland, OR 97290-6913. 774-8463. 493-1774. tport483@aol.com.) (5/99)

Central Oregon: Community

Parents, Families and Friends of Lesbians and Gays (PFLAG)—Bend meets on the third Monday of the month. The group's threefold mission is support, education and advocacy. (6 pm coffee, 6:30 pm meeting at the First Presbyterian Church, 230 NE Ninth St. [541] 317-2334.) (11/99)

Coastal Oregon: Community

North Coast Pride Network serves the lesbian, gay, bi, trans communities in the Columbia Pacific region. Publishes a quarterly newsletter. Maintains a resource center which hosts board meetings. Hosts "Gertrude's Wilde Social Mixer" in Astoria on the third Monday of each month. (Mailing address: PO Box 1317, Astoria, OR 97103. Resource center: Suite 209, 10 Sixth St., Astoria. Monday social: 5-9 pm at Cafe Uniontown, 231 W Marine Drive, Astoria. [503] 338-0161.) (11/99)

Southern Oregon: Community

Abdill-Ellis Lambda Community Center offers support groups and resources for the sexual minority community and its friends. Comprehensive monthly newsletter, *Prizm*, details local groups and events. (Mailing address: PO Box 927 Ashland, OR 97520. Location: 281 Fourth St., Ashland, OR 97520. [541] 488-6990. lambdacntr@aol.com, www.aelcca.org.) (11/99)

Klamath Area Lambda Association (KALA) is dedicated to promoting the awareness, health, understanding and acceptance of gay, lesbian, bisexual and transgender people through education and social activities. \$20 donation for newsletter, no one denied because of inability to pay. (PO Box 43, Klamath Falls, OR 97601. kalainfo@aol.com, http://members.xoom.com/kala99/kalaabdg.htm.) (11/99)

Willamette Valley: Community

5015 COYOTE is an association for sex workers in Eugene. (PO Box 12244, Eugene, OR 97401.) (11/99)

AFTER 8 works for political change and provides information and referral for lesbians, gay men and bisexuals in Benton and Linn counties and sponsors an annual Harvey Milk Awards Dinner in November. (7 pm second Tuesday, 101 NW 23rd St., Corvallis. PO Box 1828, Corvallis, OR 97339. [541] 752-8157.) (11/99)

Imperial Sovereign Court of the Willamette Empire meets the first and third Tuesday of each month at 7:30 pm. (Bob [503] 371-8395, Lydia, Imperial Crown Princess IX [503] 463-8585.) (11/99)

Parents, Families and Friends of Lesbians and Gays (PFLAG) provides support, education and advocacy. (6:45 pm third Monday at First Congregational Church on E 23rd Ave., Eugene. [541] 346-4239.) (11/99)

Washington: Community

Parents, Families and Friends of Lesbians and Gays—Vancouver/Clark County Chapter. (360) 695-2200.) (5/99)

HEALTH

Metro: Anti-violence

Bradley-Angle House provides emergency shelter for female-identified domestic violence survivors and a support group for women battered by women. ([503] 232-7805, [503] 289-6869 ext. 11.) (11/99)

Clackamas Women's Services offer shelter, support and resource referral services for survivors of domestic and sexual violence. (Office: [503] 722-2366, crisis line: [503] 654-2288.) (11/99)

Family Center Outreach Office, a program of Volunteers of America located in Southeast Portland, offers support groups and drop-in services to women and children who are survivors of domestic violence. (Natalie [503] 771-5503.) (11/99)

Portland Women's Crisis Line announces a new, confidential **support group for gay and bi men** who have been or who are being abused by their male partners. (For more information, leave a message for Craig at [503] 232-5103.) (11/99)

Portland Women's Crisis Line operates 24 hours a day. Interpretation services are available for women who speak limited or no English. ([503] 235-5333, 1-888-235-5333.) (11/99)

Roots and Branches and Bradley Angle House sponsor a **support group for queer youth** who have experienced emotional, physical or sexual abuse in an intimate relationship. Free, confidential and safe. ([503] 238-0780.) (11/99)

Survivor Project offers support for trans and intersex survivors of domestic violence. ([503] 288-3191.) (11/99)

ing relationships. (\$15-\$20. Julie [503] 241-7002.) (11/99)

Metro: Mental Health

Phoenix Rising Foundation Inc. is a nonprofit organization offering mental health services, based on a sliding fee scale, to the lesbian, gay, bisexual, transgender and transsexual communities. (525 NE Oregon St., Suite 118, Portland, OR 97232. [503] 223-8299.) (11/99)



Lava DeMure plays Berbat's Pan Aug. 12

Women's Abuse Intervention is a therapy group, facilitated by Julie O'Donnell, MSW, and Sharon Bowland, LCSW, for lesbian and bisexual women who have been abusive toward their girlfriends or partners. Focus is on stopping abuse and developing healthy, lov-

Metro: Recovery

Live and Let Live Club holds 12 step meetings and social activities for the lesbian and gay recovery commu-

nity. Call for current meeting times and activities. (2940-A SE Belmont St. 238-6091.) (5/99)

Willamette Valley: Health

Womenspace provides a 24-hour hotline and shelter for women and children who have been abused physically, sexually, or emotionally. Also hosts a lesbian and bisexual women's support group. (Crisis: [541] 485-6513, business: [541] 485-8232, lesbian alliance: [541] 302-2417.) (11/99)

Washington: Health

Positive and in Recovery meets on the first and third Wednesdays of each month. This group is modeled after the 12 step traditions of AA and NA. (Upstairs conference room, 5305 E 18th St., Vancouver, Wash. [360] 735-9170.) (5/99)

SOCIAL

Metro: Arts & Music

Irish Folk Dancing lessons are offered every Thursday. (\$1. 7-9 pm at 10029 NE Prescott St. [503] 691-2078.) (11/99)

Lesbian writing group: journaling, poetry, fiction, beginner to published. (Judi 245-3391, jchason@teleport.com.) (5/99)

Portland Gay Men's Chorus, membership open to all qualified singers, but non-singing members are also needed to help with production. (460-3689.) (5/99)

The **Portland Lesbian Choir** welcomes supportive members and volunteers are welcome anytime. (241-8994, www.geocities.com/WestHollywood/5912.) (5/99)

The Real Connection is a social gathering for gay men who are artists, writers, musicians and creative in all the disciplines. Monthly potlucks on the second Friday. (Todd 236-5763.) (5/99)

Rose City Gay Freedom Band is a concert band open to lesbian, gay, transgendered, bi and supportive musicians and friends. (PO Box 1082, Portland, OR 97207. [503] 790-2170. http://community.oregonlive.com/cc/rcgfb.) (11/99)