

out & about

AIDS/HIV

ASAP Treatment Services provides individual and group counseling for people who are HIV-positive and who are also having problems with alcohol or drugs. Triangle Project Title I funds are available to help pay for treatment. Call the intake coordinator Monday through Friday to ask for a Triangle Project Title I appointment. (2130 SW Fifth Ave. 224-0075.) (10/98)

Cascade AIDS Project provides non-medical services to people whose lives are affected by HIV and AIDS in Oregon. Services include counseling, support groups, advocacy, assistance, outreach and education, activities, and information. **Benefits Advocacy Clinic** assists people who are HIV-positive with government entitlement programs and housing forms. (CAP offices. Call for times.) Confidential and anonymous **drop-in HIV testing** is provided every Tuesday evening for people with HIV and AIDS. (6-8 pm at CAP offices. \$20 lab fee.) HIV University offers classes, information and a wellness program, which includes a newsletter, and pro-social events. (HIV U Infoline 223-6339, ext. 111.) **The Plus Club House Party** provides a relaxing setting for people with HIV and AIDS to meet and mingle socially. The group meets in private homes at 6:30 pm on the first Friday and at 2 pm on the third Sunday of the month. (Brian 249-7030.) (CAP offices: Suite 300, 620 SW Fifth Ave. 223-5907.) (2/98)

CAP Support Group Programs include groups open to family and friends, lovers and caregivers, and people who are AIDS symptomatic and HIV-positive asymptomatic, as well as grief and loss support groups. If you would like to join an existing support group, or would like to assist in developing new groups, contact Project Client Services. (223-5907, ext. 140.) (2/98)

Clackamas County AIDS Relief Effort is a community-based organization providing HIV/AIDS prevention education and support services. (4790 SE Logus Road, Milwaukie, OR 97222. 653-8738.) (2/98)

Clackamas County Public Health Clinic offers HIV testing and counseling. All testing is confidential; anonymous testing available. (5-7 pm Monday, 8:30-11 am

Wednesday, 1425 S Kaen Road, Oregon City, \$15. 655-8471.) (2/98)

Community Health Insurance Program pays premiums for eligible people with HIV or AIDS. CHIP will pay premiums for COBRA continuation or any other group or individual policy. CHIP is a program of Ecumenical Ministries of Oregon funded by the Ryan White CARE Act Title I. (9 am-5 pm Monday-Friday. 223-8998.) (7/97)

Esther's Pantry is a volunteer-run, nonprofit food bank for people disabled due to AIDS. (5-7 pm Tuesday and Thursday. 274-0711.) (1/98)

HIV-AIDS? discussion group looks at the unresolved issues in the HIV-AIDS hypothesis in weekly meetings. (Garland 245-4172, Raymond 233-9444, Bill 227-2339.) (3/98)

The **HIV Case Management Partnership Project** provides HIV-related case management to clients in Clackamas, Columbia, Multnomah, Washington, Yamhill and Clark counties. (8:30 am-5 pm Monday-Friday. 5525 SE Milwaukie Ave., Portland, OR 97202. 230-1202, fax 230-1213.) (2/98)

The **HIV Center**, a program of Ecumenical Ministries of Oregon, offers social activities, support groups, peer support, professional counseling and home meal deliveries. Hot lunch is available at the center at 12:30 pm Monday through Friday. (9 am-3 pm Monday-Friday. 8610 SW 17th Ave. 244-9930.) (12/98)

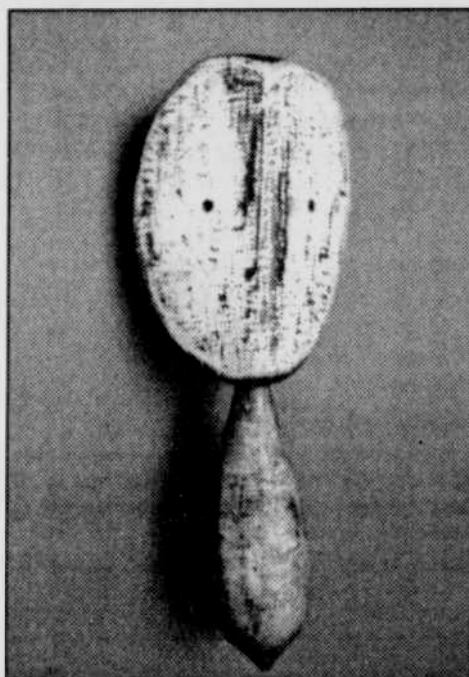
Multnomah County Health Department HIV services: counseling and clinical services (Fourth Floor, 248-5020); testing by appointment and walk-in (Sixth Floor, \$20, 248-3775). (426 SW Stark St.) (2/98)

The **NAMES Project** Portland Chapter. Call for information about panel making, educational materials and speakers bureau. (650-7032.) (8/98)

Network Behavior Health Care introduces its **Lifestyles** program of services for sexual minorities and those affected by HIV and AIDS. Lifestyles provides group and individual counseling, assessment and referral, housing, medication management, and addiction recovery support. (525 NE Oregon St., Suite 220, Portland, OR 97211. Lynne Hanson, MSW, 238-0780.) (5/98)

Network HIV/Sexual Minority Services offers medical evaluation and management, and counseling for anyone affected by HIV and AIDS. Available through the Oregon Health Plan, Medicaid, Medicare, private pay, private insurance and Ryan White CARE Act Title I. (Lynne Hanson 238-0780.) (5/98)

Oregon AIDS Hotline, cosponsored by CAP and the Oregon Health Division, provides AIDS information, support and referral, treatment information and free theater tickets for people with HIV and AIDS. Positive Link con-



David R. French's **Forest Spirit** is part of his **Earthly Pleasures** show at Pullium Deffenbaugh Gallery

nects people affected by HIV and AIDS with trained HIV-positive volunteers for telephone support and information. (10 am-9 pm Monday-Friday, noon-6 pm Saturday and Sunday. 223-2437, 1-800-777-2437.) (7/97)

Our House of Portland is a nonprofit residential care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (2727 SE Alder St. 234-0175.) (7/97)

Outside In has transitional housing for HIV-positive youth aged 17 to 22 who are homeless or at risk of becoming homeless. (Karl Wolf 223-4121.) (10/97)

Phoenix Rising Foundation Inc. offers HIV and AIDS support; fee based on eligibility. Call for a list of current groups. (620 SW Fifth Ave., Suite 710, Portland, OR 97204. 223-8299.) (2/98)

Project Quest is a nonprofit HIV and AIDS self-empowerment and immune function enhancement program offering workshops, retreats and conferences, along with ongoing programs in nutritional cooking and eating, yoga, stopping smoking, meditation and more. Project Quest offers a comprehensive health management group for people with HIV and AIDS. The group is facilitated by Lusia Marx, RN, PsyD, and Graham Hamman, MA. (493-0288.) (7/97)

Regional AIDS Interfaith Network helps communities of faith to develop "faith in action opportunities" by planning strategies to meet local needs for HIV/AIDS prevention education and care services. (4790 SE Logus Road, Milwaukie, OR 97222. 653-8738.) (2/98)

Speak to Your Brothers is a volunteer-based HIV prevention program building a healthy gay and bisexual men's community. Needle-free **drop-in HIV testing** and support is offered every Tuesday for gay and bisexual men. (6-8 pm at CAP offices. \$20 donation. HIV testing hotline ext. 172.) **Neighborhood MenTalks** brings men together to socialize and discuss topics of mutual interest. Facilitated gatherings are held monthly. (Geoffrey ext. 145.) **The Young Men's Group** offers gay and bisexual men aged 18-27 opportunities to socialize, discuss relevant topics, plan events and organize community building projects. (Geoffrey ext. 145.) A program of Cascade AIDS Project. (Suite 300, 620 SW Fifth Ave. 223-5907.) (2/99)

Tod's Corner provides free clothing for people with AIDS. A service of the Friends of People with AIDS Foundation. (245-7428.) (7/97)

Washington County Public Health Division provides anonymous HIV testing and counseling by appointment and walk-in. Seropositive wellness program offers individual counseling. "Se habla español." (Testing 648-8851, clinics in Beaverton and Hillsboro 648-8881, TDD 648-8601.) (7/97)

Women's Intercommunity AIDS Resource offers services to HIV-positive women and their families, including a weekly support group for HIV-positive women, a bimonthly support group for children affected by HIV, family support services, information and referral, advocacy, and emergency assistance. Child care provided. Volunteer opportunities. (9 am-5 pm Monday-Friday. 6600 SE Division St., Suite 103, Portland, OR 97206. 775-6327.) (9/97)

Central Oregon

Central Oregon AIDS Support Team provides services for HIV-positive people and their caregivers. (541) 389-4330.) (7/97)

Coastal Oregon

Clatsop County AIDS Coalition Resource Center coordinates outreach and education on HIV and AIDS, social and support groups, an HIV/AIDS speakers bureau, and provides case management services for the Astoria, Warrenton, Seaside and Cannon Beach areas. (2-5 pm Monday, Wednesday and Friday. 10 Sixth St., Suite 209, Astoria, OR 97103. 325-4711.) (2/98)

Eastern Oregon

Eaglecap AIDS Support Team (EAST) is a community-based nonprofit organization that provides education, information and outreach to Union, Baker and Walla Walla counties for HIV/AIDS prevention. (6 pm second Tuesday general meeting, 6 pm third Tuesday board meeting at United Methodist Church, 1612 Fourth St., La Grande. PO Box 2901, La Grande, OR 97850. (541) 962-7048.) (3/98)

Northern Oregon

AIDS Information, Resources and Services (AIRS) hot line. (Hood River (541) 387-4022, The Dalles (541) 298-6292.) (12/97)

AIDS Prevention Team of Columbia County is a nonprofit, volunteer-based organization that provides outreach, referrals and educational materials. Team meetings held at 4 pm on the third Tuesday of each month. (Call for locations: 366-2839.) (10/98)

Southern Oregon

ASAP AIDS Support and Prevention is a support and resource network in Josephine County for people living with AIDS and HIV, their families and friends. (541) 474-1193.) (10/98)

Douglas County AIDS Council sponsors meetings and educational activities. **Ruby House**, a project of the council, is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. (3035 Laurel Springs Drive, Roseburg, OR 97470. (541) 440-2761.) (7/97)

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