

classified


CLASSES

Safe Class for Large Women

- Low impact motivational exercise
- Class size 1-4 women
- Private sessions available

244-2669

DanceElite




OUT DANCING

Ballroom & Nightclub Styling

Learn to Dance:

Waltz	Cha Cha
Swing	Rumba
Foxtrot	Mambo
Tango	Country

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COMPUTERS

SMOKE & MIRRORS

PC, Mac, Network & Internet

Michael Peterson
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GANESHI@IX.NETCOM.COM

COUNSELING

CHERRY HARTMAN, M.S.W.

Licensed Clinical Social Worker
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Insurance Accepted
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INDIVIDUALS COUPLES YOUTH FAMILIES GROUPS

PHOENIX RISING FOUNDATION

Lesbian, gay, bisexual, transgender,
transsexual mental health services
since 1977

Day, eve & Sat. appointments
Fees based on income eligibility
Visa & Mastercard

COMMUNITY-BASED & SUPPORTED

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Diane Steinbrecher, MSW, LCSW
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- sexual abuse recovery
- addiction recovery
- parenting concerns
- body-centered therapy
- spiritual growth

235-2005

A SAFE PLACE COUNSELING SERVICE
2700 SE 26th Ave, Suite C • Portland, Oregon 97202

COUNSELING



Anna B. Ingre, M.A.

Licensed Professional Counselor

Lesbian/Gay Issues • Spirituality
Women's Issues • Self-esteem
Abuse Survivors • ACOA Recovery
Life Changes and Transitions

(503) 241-7254

Jennifer Stock, PhD

Licensed Clinical Psychologist
(503) 242-1558

Working from a place of respect and compassion with individuals and couples. Specialities include relationship concerns, struggles with depression, anxiety, shame, negative body image, sexuality/sensuality, stressful life transitions, and issues of self-worth and empowerment.

Sliding Fee Scale/Some insurance accepted.



A WOMAN'S VOICE

Faith Brightwater, Ph.D.

Trauma Counseling
Experienced Professional
2303 E. Burnside • Portland
234-9030
Sliding fee scale



JUDY CHAMBERS
Licensed Clinical Social Worker

Individuals • Couples • Adolescents
Addictions Specialist/EMDR Practitioner

Portland

234-7694

Carol A. Carver Ph.D.
Clinical Psychologist

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Clients since 1984

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305 SW C, Suite 4
Corvallis, OR 97333

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creating healthy relationships • sexual intimacy

CENTER FOR RELATIONSHIP THERAPY



innovative workshops, groups & couples therapy
Kao Rhiannon, Ph.D., Nelly Kaufer, MA,
and Cheryl Wilton, MS

60 years combined experience
A Woman's Touch:
Lesbian Sexuality Group Forming

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commitment & marriage • gay/lesbian families

COUNSELING

PARENTHOOD...IS IT FOR YOU?

NEW GROUPS STARTING: Individual Counseling also



Whether you've decided or are still questioning, these groups will give you the support and information you need

Susan A. Rosenthal, LCSW
223-1313

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- Life Transitions
- Relationship Issues
- Family Issues
- Abuse Survivors

Insurance Accepted
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236-0814



Kimberly Balsam, M.S.

National Certified Counselor

counseling for individuals
and couples

321-5048

sliding scale

DIVERSITY

A S G I F T

So . . .

- just how compatible are you?
- in a new relationship?
- thinking of marriage?
- need help over a few bumps?

Finally a tool designed for lesbian and gay couples, new or old. A survey, with interpretation, covering the important areas of our lives. We can help you foster a healthy relationship.

Call for more information:

DIVERSITY AS GIFT
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Relationships
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Life Transitions

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- 20 Years Experience
- Some Insurance Accepted

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Licensed Psychologist

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Jan Lewis, MSW

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Relationship Issues • Transition Loss/Grief

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291-8532

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- Therapy and Support Groups
- HIV and health
- Survivors of sexual abuse
- Anger management/domestic abuse



Bob Weinreich, PhD

Spiritual Concerns for Women

☼ Women's Spirituality Group
starting July 1: 6 weeks

\$20 per week; limit 8 women

☼ Commitment Ceremonies, Weddings

☼ Spiritual Counseling

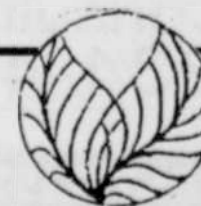
Renee Augrain

Certified Spiritual Director

National Certified Counselor

503-235-2005

2700 SE 26th Ave., Suite C, Portland



Patty Newland, MSW
Licensed Clinical Social Worker

Together, we can create a
nurturing, therapeutic
environment where you can safely
push your growing edge.

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