

classified

CLASSES

Safe Class for Large Women

- Low impact motivational exercise
- Class size 1-4 women
- Private sessions available

244-2669

DanceElite

OUT DANCING

Ballroom & Nightclub Styling



Learn to Dance:

Waltz Cha Cha
Swing Rumba
Foxtrot Mambo
Tango Country

Fridays 7:00-8:30 Call 236-5129

COMPUTERS

SMOKE & MIRRORS

PC, Mac, Network & Internet

Michael Peterson
503-236-7574

GANESHI@IX.NETCOM.COM

COUNSELING

CHERRY HARTMAN, M.S.W.

Licensed Clinical Social Worker
Individual & Couple Counseling
Insurance Accepted
224-1440

INDIVIDUALS COUPLES YOUTH FAMILIES GROUPS

PHOENIX RISING FOUNDATION

Lesbian, gay, bisexual, transgender,
transsexual mental health services
since 1977

Day, eve & Sat. appointments
Fees based on income eligibility
Visa & Mastercard

COMMUNITY-BASED & SUPPORTED

2 2 3 - 8 2 9 9



Diane Steinbrecher, MSW, LCSW
Individuals, couples and family counseling

- sexual abuse recovery
- addiction recovery
- parenting concerns
- body-centered therapy
- spiritual growth

235-2005

A SAFE PLACE COUNSELING SERVICE
2700 SE 26th Ave, Suite C • Portland, Oregon 97202

COUNSELING



Anna B. Ingre, M.A.

Licensed Professional Counselor

Lesbian/Gay Issues • Spirituality
Women's Issues • Self-esteem
Abuse Survivors • ACOA Recovery
Life Changes and Transitions

(503) 241-7254

Jennifer Stock, PhD

Licensed Clinical Psychologist
(503) 242-1558

Working from a place of respect and compassion with individuals and couples. Specialties include relationship concerns, struggles with depression, anxiety, shame, negative body image, sexuality/sensuality, stressful life transitions, and issues of self-worth and empowerment.

Sliding Fee Scale/Some insurance accepted.



A WOMAN'S VOICE

Faith Brightwater, Ph.D.

Trauma Counseling
Experienced Professional
2303 E. Burnside • Portland
234-9030
Sliding fee scale



JUDY CHAMBERS
Licensed Clinical Social Worker

Individuals • Couples • Adolescents
Addictions Specialist/EMDR Practitioner

Portland

234-7694

Carol A. Carver Ph.D.
Clinical Psychologist

Specializing in Lesbian/Gay
Clients since 1984

Pioneer Plaza Building
305 SW C, Suite 4
Corvallis, OR 97333

Medical Insurance Accepted
(541) 757-2066

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is on-line!
e-mail us at
JustOut2@aol.com

COUNSELING

PARENTHOOD...IS IT FOR YOU?

NEW GROUPS STARTING: Individual Counseling also



Whether you've decided or are still questioning, these groups will give you the support and information you need

Susan A. Rosenthal, LCSW
223-1313

ELAINE CARTER, RN, MSW
Licensed Clinical Social Worker

Individual & Couple Counseling

- Life Transitions
- Relationship Issues
- Family Issues
- Abuse Survivors

Insurance Accepted
1525 NE Weidler
236-0814



Spiritual Concerns for Women

• Women's Spirituality Group
starting July 1: 6 weeks

\$20 per week; limit 8 women

• Commitment Ceremonies, Weddings

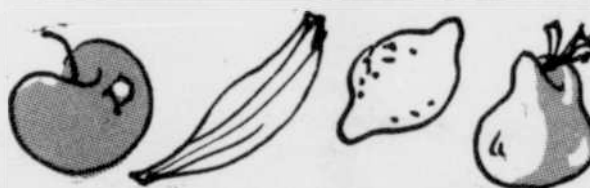
• Spiritual Counseling

Renee Augrain

Certified Spiritual Director
National Certified Counselor

503-235-2005

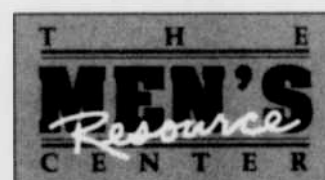
2700 SE 26th Ave., Suite C, Portland



Gay Men's Counseling Services

235-3433 • 12 SE 14th Ave.

- Self-Esteem and Assertiveness
- Relationship Counseling
- Therapy and Support Groups
- HIV and health
- Survivors of sexual abuse
- Anger management/domestic abuse



Bob Weinreich, PhD

JEANNE HISEY M.A., LPC

Licensed Professional Counselor
503 241 3454

Relationships
Life Changes
Grief / Loss

Couples • Individuals • Families



- Individual & Couple Counseling
- 20 Years Experience
- Some Insurance Accepted

SERENA BARTON, M.S.

Licensed Professional Counselor

(503) 226-7803

COUNSELING

Karen M. Creswell, Psy. D.

Licensed Psychologist

(503) 221-9998

1942 NW Kearney #22
Portland, Oregon 97209

Affordable Therapy

Jane Ferguson, M.A.

(503) 236-8730



It's My Pleasure

236-0505

4258 SE Hawthorne Portland, OR 97215

HEALING • GROWTH • SELF-EMPOWERMENT

Live fully and authentically in relationship to self and others by dismantling self-limiting patterns, developing inner resources and exploring expanded options. I am an experienced, interactive and compassionate therapist committed to your healing process.

Specializing In: gay and lesbian relationship concerns
abuse recovery • depression • grief and loss • self-esteem
stressful transitions • communication skills

SHARI LEVINE, LMFT, MFCC • (503) 797-2709
Individuals/Couples/Families • Affordable Fees
Licenses: Oregon #T0318/California #MFC23662

Jan Lewis, MSW

Licensed Clinical Social Worker

Depression • Anxiety • Childhood Trauma
Relationship Issues • Transition Loss/Grief
294-1075

Insurance Accepted • Reasonable Fees

ANN BEATTIE **SHARON BOWLAND**

M. Div.

LCSW, MPS

291-8526

291-8532

Samaritan Counseling Center in NE Portland

"Psychotherapy that promotes
spiritual growth and psychological health"

Kimberly Balsam, M.S.

National Certified Counselor

lesbian/gay/bisexual issues
depression • anxiety • abuse/trauma

321-5048

sliding scale

PORTLAND HOMOPHOBIC
VIOLENCE
DOCUMENTATION PROJECT

**REPORT THE
VIOLENCE.
GET SUPPORT.**

796-1703



Patty Newland, MSW
Licensed Clinical Social Worker

Together, we can create a
nurturing, therapeutic
environment where you can safely
push your growing edge.

(503) 299-4948