

# classified

## ATTORNEYS

**EMILY SIMON & ASSOCIATES**  
Attorneys at Law  
620 SW 5th Suite 1204 Portland, OR 97204  
**(503) 241-1553**  
Please see our display ad this issue

### Provide for your partner

"Estate planning is an absolute necessity for unmarried couples."

**Corinne J. Lai**  
Attorney at Law



722 SW 2nd, Ste. 330  
Portland, OR 97204  
clai@hevanet.com

**(503) 226-6945**

**JoAnna E. McNamara**

Attorney at Law



(503) 624-8572  
FAX (503) 968-7261

## BODY BUILDING

### TERRY PHOTO MUSCLEPUMP 1997



## BODYWORK

The Bodywork heading is for state licensed massage therapists only. LMTs do therapeutic, nonsexual massage. Look under Electrolysis, Healing Arts, and Services headings for advertisements previously found in this section.



- \* Feel better all over
- \* Same day appointments
- \* Have table—will travel

**Jesse Tepper, LMT**  
283-9833



**Russ Archer, LMT**  
Therapeutic Massage

Tigard • 244-2468  
Experience a thorough application of deep tissue and Swedish Massage. Day, evening and weekend appointments available

**VALERIE LYON, MS, LMT**

Massage & Movement Education  
Body Centered Therapy

Circle Healthcare Clinic • 230-0812

## BODYWORK

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LMT  
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Outcalls  
Onsite chair  
Downtown Off.  
**TOUCH FOR HEALTH**  
"I used approaches like controlling stress, a positive attitude, rest, relying on a support system, MESSAGES, and connecting with Nature."  
—Naomi Judd  
THERAPEUTIC, RELAXING MASSAGE

feel like the  
**Rising Sun**  
Penny Hill, L.M.T.  
239-0064  
Therapeutic Massage, by appointment, Central East Side

**Steve Koehler, LMT**  
• Deep tissue  
• 10 years exp.  
• Strong & sensitive hands  
220-9755 (pager) • 220-2323  
www.inetarena.com/~steven

**todd harris hhp lmt**  
BREATHWORK  
DEEP TISSUE • SWEDISH  
DUO MASSAGE AVAILABLE  
234-7104 • pager 497-6154

**EXCELLENT MASSAGE**  
in a caring, professional atmosphere  
stress relief-pain relief-work or athletic injury-life itself  
**Denney Road Massage Clinic 643-8238**  
conveniently located near Washington Square  
visa-mc-discover-gift certificates

**Clare Lehnis, LMT**  
Massage for Women  
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**HIRED HANDS MASSAGE CO**  
a referral service...  
Both male & female therapists  
No charge for the referral  
**John Clark 775-6634**

**MASSAGE**  
Techniques  
By Terry  
Licensed  
Massage  
Therapist  
**503-702-1800**  
Available through midnight in your home or hotel

Put Yourself In  
My Hands  
**Therapeutic**  
Swedish / Deep Tissue  
Massage  
In the Irvington area  
281.2438  
**Wally Schmidt L.M.T.**

## BODYWORK

**Wade M. Moore, LMT**  
relaxing, swedish  
massage  
available M-F 9-5  
located in  
Southwest PDX  
(503) 452-8924

**Tim Silva, LMT, MA**  
Reiki Therapist  
• Shiatsu • Swedish  
• Deep Tissue  
My massage will enhance your relaxation and release stress.  
Day, evening and weekend appointments  
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pager 903-6223

• Stress Reduction  
• Pain Relief  
• Very Relaxing Swedish  
Massage  
• Days, evenings  
& weekends  
**Lee Serenethos, L.M.T.**  
**293-0042**  
NorthWest Portland

## CHIROPRACTORS

**Mark J. Bans, DC**  
Chiropractic Physician  
3226 NE Davis  
Portland, OR 97232 (503) 231-4323

DOWNTOWN (503) 222-1800  
Voice or TDD  
**Yamhill Chiropractic Center**  
Effective,  
Quality  
Care  
**Dr. Mary Mandeville**

**Blue Heron Chiropractic & Healing Arts Center**  
1934 NE Broadway, Portland  
**Dana Sibilla, DC**  
Doctor of Chiropractic  
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Diagnosis and Treatment  
of the  
**Neck, Back & Extremities**  
General Health & Wellness Care  
Sports Injuries • Personal Injuries  
Work Place Injuries  
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Portland, Oregon 97209  
503.223.3078  
**John Schall, D.C.**  
Chiropractic Physician

## CLASSES

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Ballroom & Nightclub Styling  
Learn to Dance:  
Waltz Cha Cha  
Swing Rumba  
Foxtrot Mambo  
Tango Country  
Fridays 7:00-8:30 Call 236-5129

## COUNSELING

PROMOTE HAPPINESS in yourself and others by developing emotional intelligence. Wisdomheart Counseling, Dorothy Knowles. 285-8792. (3/15)

AFFORDABLE THERAPY FOR WOMEN: relationships, communication, transitions, depression, intimacy. Jane Ferguson, MA. 236-8730. (4/4)



**Patty Newland, MSW**  
Licensed Clinical Social Worker  
Together, we can create a  
nurturing, therapeutic  
environment where you can safely  
push your growing edge.  
(503) 299-4948

## INDIVIDUALS COUPLES YOUTH FAMILIES GROUPS

**PHOENIX RISING FOUNDATION**  
Lesbian, gay, bisexual, transgender,  
transsexual mental health services  
since 1977  
Day, eve & Sat. appointments  
Fees based on income eligibility  
Visa & Mastercard  
COMMUNITY-BASED & SUPPORTED  
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**CHERRY HARTMAN, M.S.W.**  
Licensed Clinical Social Worker  
Individual & Couple Counseling  
Insurance Accepted  
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**Jennifer Stock, PhD**  
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Working from a place of respect and compassion with individuals and couples. Specialities include relationship concerns, struggles with depression, anxiety, shame, negative body image, sexuality/sensuality, stressful life transitions, and issues of self-worth and empowerment.  
Sliding Fee Scale/Some insurance accepted.