

AIDS & HIV

ASAP Treatment Services provides individual and group counseling for people who are HIV-positive and who are also having problems with alcohol and drugs. Title I funds are available to help pay for treatment. Call the intake coordinator Monday through Friday to ask for a Title I appointment. (2130 SW Fifth Ave. 224-0075.) (12/96)

Cascade AIDS Project provides nonmedical services to people whose lives are affected by HIV and AIDS in Oregon. Services include counseling, support groups, advocacy, assistance, outreach and education, activities and information. **Benefits Advocacy Clinic** is held every Monday to assist people who are HIV-positive with government entitlement programs and housing forms. (10:30 am-noon, CAP offices.) Confidential and anonymous **drop-in HIV testing** is provided every Tuesday evening for gay and bisexual men. (6-8 pm, CAP offices. \$20 lab fee. HIV testing hot line ext. 172.) **HIV University** offers classes, information and a wellness program, which includes a newsletter, the Plus Club House Party social group and prosocial events. Check the calendar listings for a schedule of classes. (HIV U Infoline 223-6339, ext. 111.) **The Plus Club House Party** provides a relaxing setting for people with HIV and AIDS to meet and mingle socially. The group meets in private homes on the first and third Fridays of the month. (6:30-9:00 pm. Call for location: Dale 221-3015, Brian 228-5889.) (CAP offices: Suite 300, 620 SW Fifth Ave. 223-5907.) (11/96)

CAP Support Group Programs offers a variety of formats including groups open to family and friends, lovers and caregivers, and people who are AIDS symptomatic and HIV-positive asymptomatic, as well as grief and loss support groups. If you would like to join an existing support group, or would like to assist in developing new support groups, contact CAP. (Project Client Services 223-5907.) (5/96)

Clackamas County AIDS Relief Effort is a community-based organization responding to AIDS in Clackamas County by providing HIV prevention and AIDS education presentations, support groups for people affected by HIV and AIDS, assistance with emergency food and clothing needs, and financial assistance referrals for HIV-positive people and people with AIDS. (CCARE, 4790 SE Logus Road, Milwaukie, OR 97222. 653-8738.) (11/96)

Community Health Insurance Program pays health insurance premiums for eligible people with HIV or AIDS. CHIP will pay premiums for COBRA continuation, or any other group or individual policy. CHIP is a program of Ecumenical Ministries of Oregon funded by the Ryan White CARE Act (Title D). (9 am-5 pm Monday-Friday. 223-8998.) (5/96)

Friends of People with AIDS Foundation is a nonprofit organization offering assistance to people with AIDS. (245-7428.) (5/96)

The **HIV Case Management Partnership Project** provides comprehensive HIV-related case management to clients in Clackamas, Columbia, Multnomah, Washington, Yamhill and Clark counties. (8:30 am-5 pm Monday-Friday. 5525 SE Milwaukie Ave., Portland, OR 97202. For referrals: 230-1202, fax 230-1213.) (12/96)

HIV Center, a program of Ecumenical Ministries of Oregon, offers social activities, case management, peer support, pastoral counseling and home meal deliveries. Lunch is available 12:30 pm Monday through Friday. (9 am-5 pm Monday-Friday. 3835 SW Kelly St. 223-3444.) (11/96)

Lazarus Community offers spiritual and practical help for people living with HIV and AIDS; a Mass in Time of AIDS is held every Thursday evening. (6 pm. Hopewell House, 6171 SW Capitol Highway, Fr. Gary McInnis 245-0339.) (2/97)

Multnomah County HIV Services offers anonymous and confidential HIV counseling and testing, by appointment and walk-in (248-3775), and HIV clinical services for HIV-positive people (248-5020). (11/96)

The **NAMES Project Portland Chapter** holds panel-making workshops the first and third Mondays of every month at the HIV Center. Educational materials and a speakers bureau are also available. (6-8 pm. 3835 SW Kelly St. 650-7032.) (2/96)

Network Adult Therapy Services offers comprehensive mental health assessment and services for individuals, couples, families and others dealing with HIV- and AIDS-related concerns. New groups include: male couples with HIV; lesbians and HIV; and young adults, mixed gender. Services are covered through Oregon Health Plan, Medicaid, Medicare, private insurance and Ryan White CARE Act Title I funding. (825 NE 20th Ave. 238-5251.) (6/96)

Oregon AIDS Hotline, cosponsored by CAP and the Oregon Health Division, provides AIDS information, support and referral, treatment information, and free theater tickets for people with HIV and AIDS. **Positive Link** connects people affected by HIV and AIDS with trained HIV-positive volunteers for telephone support and information. (10 am-9 pm Monday-Friday, noon-6 pm Saturday and Sunday. 223-2437, 1-800-777-AIDS.) (6/96)

Our House of Portland is a nonprofit, residential care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (2727 SE Alder St. 234-0175.) (5/96)

Phoenix Rising offers HIV and AIDS support; call for a list of current groups. (Phoenix Rising Foundation Inc., 620 SW Fifth Ave., Suite 710, Portland, OR 97204. 223-8299.) (1/97)

Positive Place, a new group for HIV-positive people under age 25, meets Thursdays at Outside In. A joint project of Outside In and Project Quest. (1236 SW Salmon St. Call to sign up: Graham Harriman 241-6448.) (2/97)

Project Quest is a nonprofit HIV and AIDS self-empowerment and immune function enhancement program, offering workshops, retreats and conferences, along with ongoing programs in nutritional cooking and eating for people with HIV, yoga, stopping smoking, meditation and more. Project Quest now offers a **comprehensive health management group for people with HIV and AIDS**. The group is facilitated by Lusia Marx, RN, PsyD, and Graham Harriman, MA. (Call to receive schedule and preregister for workshops: 241-6448.) (8/96)

Regional AIDS Interfaith Network supports and trains people in developing strategies for increased community awareness about HIV and AIDS. RAIN works with local health departments and community-based organizations in Oregon and Southwest Washington to develop "faith in action" opportunities and to assist in prevention, education, advocacy, caregiving, food banks, transportation and fund raising. (4790 SE Logus Road, Milwaukie, OR 97222. 653-8738, fax 653-0013.) (10/96)

Speak to Your Brothers is a community-based HIV primary prevention program serving gay and bisexual men in the Portland area. **Neighborhood MenTalk** brings gay and bisexual men together to socialize and discuss topics of mutual interest. Gatherings are on an ongoing monthly basis, and are facilitated and hosted by volunteers. (Doug ext. 145.) **Speaking of Sex** is a fun, interactive workshop

offering men the skills they need to stay safe in the '90s. (Brian ext. 131.) **Drop-in HIV testing** and support is offered every Tuesday for gay and bisexual men. (6-8 pm. \$20 lab fee. CAP offices. HIV testing hot line ext. 172.) **Outreach** is out in the community talking with men one-on-one at events, in bars and parks, and at the beaches. (Shawn ext. 174.) **Peer Leadership Program** trains young gay and bisexual men to develop leadership skills and HIV prevention activities in the community. (Brian ext. 131.) **Speak to Your Brothers** is a program of Cascade AIDS Project. (CAP offices: Suite 300, 620 SW Fifth Ave. 223-5907.) (11/96)

Tod's Corner provides free clothing for people with AIDS. A service of the Friends of People with AIDS Foundation. (245-7428.) (5/96)

Trinity Episcopal Church offers a monthly healing and vespers service with special intentions for those people affected in any way by HIV and AIDS. Also offered is **Hope and Wholeness**, a spiritually centered support group for people living with HIV and AIDS, which meets Wednesdays at 7 pm. Focus is on spiritual nourishment and growth. (147 NW 19th Ave. Wheelchair accessible. 222-9811.) (5/96)

Washington County Health Department HIV Services provides anonymous testing and counseling, by appointment and walk-in. Seropositive wellness program offers individual counseling. Se habla español. (Testing 648-8851, clinics in Beaverton and Hillsboro 648-8881, TDD 648-8601.) (8/96)

CENTRAL OREGON

Central Oregon AIDS Support Team provides services and support for HIV-positive people and their caregivers. (541-389-4330.) (8/96)

COASTAL OREGON

Clatsop County AIDS Coalition Resource Center coordinates outreach and education on HIV and AIDS, social and support groups, and an HIV/AIDS speakers bureau, and provides case management services for the Astoria, Warrenton, Seaside and Cannon

Yamhill County Public Health Department offers community outreach and HIV prevention education. (412 N Ford St., McMinnville, OR 97128. Norm Costa 434-7525, 434-4507.) (10/96)

WASHINGTON

People of Color Against AIDS Network. (Seattle. 206-322-7061.) (5/96)

CRISIS

The **Alcohol and Drug HelpLine** (232-8083 in Portland) and **YouthLine** (233-1113 in Portland) give free, unbiased and confidential assistance. Call 1-800-621-1646 from elsewhere in Oregon. A service of the Oregon Council on Alcoholism and Drug Addiction. (6/96)

The **Anti-Violence Line** at 796-1703 helps compile statistics on hate crimes and gives victims a chance to talk to someone sympathetic. Outside of Portland call 1-800-796-1703. A service of the Lesbian Community Project. (5/96)

Battered Lesbian Outreach and Community Support offers a confidential weekly support group in Washington County, as well as one-on-one support, referrals and advocacy. Open to women escaping domestic violence by a woman partner. Lesbian facilitator. Child care provided. (Jane 948-7579.) (10/96)

Battered Lesbian Support Group is a confidential group for lesbians and bisexual women who have been physically, sexually or emotionally battered in their relationships with women. (Womenspace, Eugene. Carrie 541-485-6513.) (5/96)

Call the **Bias Crime Unit** of the Portland Police at 823-0434 if you feel you have been a victim of any type of bias crime in Portland. Jim Bellah is the bias crime detective. If you are in immediate danger, call 911. (10/96)

Clackamas Women's Services and the **Portland Women's Crisis Line** offer a free, confidential domestic violence support group

Triangle Project at ASAP Treatment Services provides gay-specific alcohol and drug counseling. Fees adjusted or waived. Call the intake coordinator Monday through Friday and ask for a Triangle Project appointment. (2130 SW Fifth Ave. 224-0075.) (12/96)

YOUTH

Evergreen Youth is a social group for gay, lesbian, bisexual, transgender, queer and questioning youth in Southwest Washington. Weekly rap sessions and activity excursions. A program of Evergreen AIDS Response. (Geoff 360-735-9170.) (2/97)

Greater Linn-Benton GLB Teens, a social and support group for gay, lesbian and bisexual teens, meets weekly at the First United Methodist Church in Corvallis. (Susan Heinz at Benton County Health Department 541-757-6836.) (2/97)

Janus Youth Programs offers workshops for teens in areas such as self-esteem, anger management and life skills. (738 NE Davis St., Portland, OR 97232. Doug Pullin 233-6090, ext. 133.) (4/96)

Lesbian, Gay and Bisexual Youth Group of Eugene is a peer social, support and rap group that meets every Monday. Age 25 and under. (5-6:30 pm. Koininia Center Library, University of Oregon, 1414 Kincaid St., Eugene. 541-346-3360.) (4/97)

The **National Coalition for Gay, Lesbian and Bisexual Youth** is an organization of groups and individuals formed to serve the needs of queer youth across the country. Current projects include the development of a national database of resources. (PO Box 24589, San Jose, CA 95154-4589.) (4/96)

Phoenix Rising Foundation Inc. is a mental health agency primarily serving members of the sexual minority communities, with social and support groups for sexual minority youth: **Awakenings**, an interagency project with Janus Youth Programs (6-8 pm Wednesday, Harry's Mother, 3942 SE Hawthorne Blvd.); **The Trans Group**, for

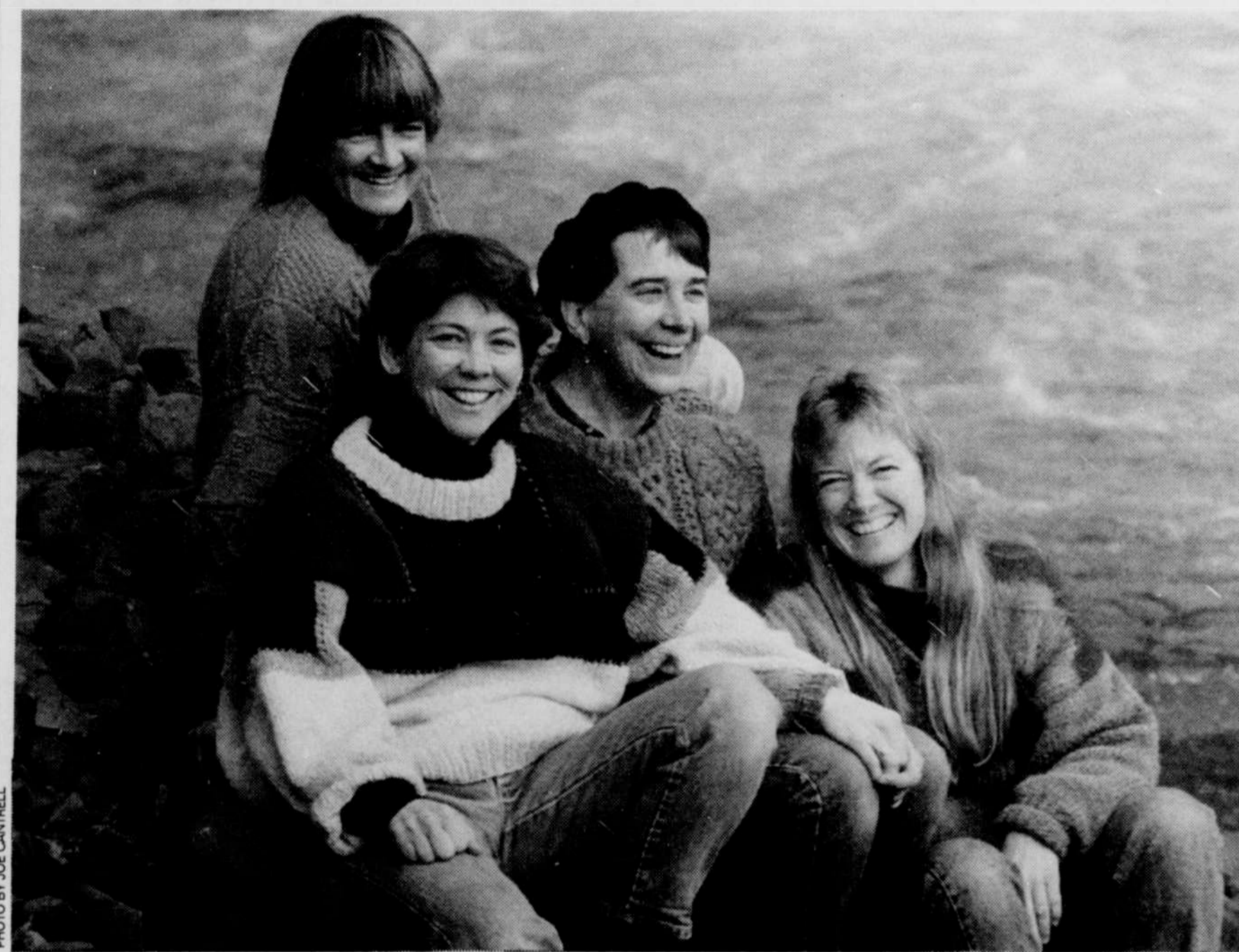


PHOTO BY JOE CANTRELL

Don't miss Motherlode's Sweet 16 Concert—their first Portland performance since May 1995—at 8 pm Nov. 9 at the Northwest Service Center

Beach areas. (1:30-4:30 pm Monday, Wednesday and Friday. 10 Sixth St., Suite 209, Astoria, OR 97103. 325-4711.) (4/97)

SOUTHERN OREGON

Douglas County AIDS Council sponsors meetings and educational activities. **Ruby House**, a project of the council, is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. (3035 Laurel Springs Drive, Roseburg, OR 97470. 541-440-2761.) (5/96)

Klamath County HIV Resource Center coordinates outreach and education on HIV and AIDS, social and support groups, and provides case management services. (10 am-5 pm Monday-Friday. 1112 Pine St., Klamath Falls, OR 97601. 541-883-2437, fax 541-882-7929.) (6/96)

WILLAMETTE VALLEY

HIV Alliance provides free emotional and nonmedical practical support services to people living with HIV, their families and friends, and those grieving. **Acorn House**, a service of the Alliance, is a hospice and day care facility (541-342-2830). (3477 E Amazon Parkway, Eugene. PO Box 5513, Eugene, OR 97405. 541-342-5088.) (5/96)

Pathfinders is a nonprofit organization that provides funding and support for social, cultural and outreach events, projects and activities for gay and bisexual men in Marion and Polk counties. (PO Box 326, Salem, OR 97301. 581-3296.) (6/96)

Valley AIDS Information Network offers information, support, speakers and referrals for people affected by HIV and AIDS. Call VAIN's 24-hour hot line 1-800-588-AIDS. Gay and bisexual outreach are also offered. (PO Box 971, Corvallis, OR 97339. 541-752-6322.) (6/96)

for lesbians. (Joyce Baxter at PWCL 232-9751, Toni Hughes at CWS 722-2366.) (3/97)

The **Domestic Violence Resource Center** provides a 24-hour crisis line as well as shelter at a confidential location for all women and children escaping domestic violence. (640-1171.) (10/96)

Lesbians deserve lives free of violence. Battered lesbian support groups facilitated by lesbians. Confidential intakes. Child care provided; donations accepted. (Sandi 289-6869.) (10/96)

RECOVERY

Gay, Lesbian and Bi Rainbow Group of Vancouver holds nonsmoking AA meetings every Monday. (8 pm. Personalities, 115 E Seventh St., Vancouver, Wash. 360-694-5068.) (12/96)

Live and Let Live Club offers lesbian and gay 12-step programs. Call for calendar and meeting times. (Metropolitan Community Church Portland, 2400 NE Broadway. 460-9404.) (8/96)

Rainbow Al-Anon meets on Saturdays at the Alano Club Boardroom. (5:30-6:45 pm. 909 NW 24th Ave. 222-5756.) (2/96)

Rational Recovery meets twice a week at the Center for Rational Thought. RR does not mystify addiction and recovery; its approach to chemical dependency is as a technical problem with a technical solution. (7 pm Monday, 6 pm Friday. 415 SW 13th Ave. Cliff Walker 239-5359.) (4/97)

Sex and Love Addicts Anonymous, a 12-step group for those struggling with sexual and/or emotional dependency, meets at 6 pm Wednesdays and Sundays. (PO Box 6736, Portland, OR 97228. 650-7009.) (5/96)

transsexual, transgendered and cross-dressing youth (6-8 pm Wednesday, Phoenix Rising offices); **Transitions** (3:30-5 pm Wednesday, Cedar Hills Recreation Center, Beaverton); **Windfire** (6-7:30 pm Thursday, Phoenix Rising offices); **Personal Deity Proxy**, a group to share creative endeavors (5-7 pm Friday, Phoenix Rising offices). (620 SW Fifth Ave., Suite 710, Portland, OR 97204. 223-8299.) (3/97)

Positive Place, a new group for HIV-positive people under age 25, meets Thursdays at Outside In. A joint project of Outside In and Project Quest. (1236 SW Salmon St. Call to sign up: Graham Harriman 241-6448.) (2/97)

Rainbow is a positive peer-support group, primarily for sexual minority youth of color. An interagency project of the Urban League of Portland and Phoenix Rising. (4 pm Monday, Metropolitan Community Church Portland, 2400 NE Broadway. 280-2600.) (3/97)

Roots and Branches provides positive mental health counseling tailored to the needs of lesbian, gay and bisexual youth. Therapy, consultation, advocacy and referral are offered to individuals and families on a sliding scale. A program of The Network. (2020 SE Powell Blvd. 238-0780.) (8/96)

Safe Space is a group for lesbian, gay, bisexual or questioning youth that meets in Bend on Fridays. (Call for location: 541-383-4861.) (9/96)

VOICES (Voices of Individual and Community Empowerment from the Streets) is a self-support group for queer youth. Free pizza. An interagency project of Outside In and Phoenix Rising. (6-8 pm Wednesday, 1030 SW 13th Ave. 223-4121.) (3/97)

The Zone is an on-line computer bulletin board for lesbian, gay and bisexual teens. This free service operates 24 hours a day. (213-731-0390.) (4/96)