

out about t

MUSIC

Bridges. Portland's gay, lesbian and bisexual vocal ensemble, accepts new members in the fall. The group rehearses Wednesday evenings. Administrative support persons are always needed. (To schedule an audition or book a performance: 242-1675.) (3/96)

Portland Gay Men's Chorus rehearses Monday evenings. (699-8586; to audition: 255-HOMO.) (4/96)

The **Portland Lesbian Choir** accepts singing members in September and January. Rehearsals are held on Sunday evenings. Supportive members and volunteers are welcome anytime! (PO Box 8212, Portland, OR 97207, 241-8994.) (6/96)

Rose City Gay Freedom Band is a concert band open to lesbians, gay men and supportive friends. Bring your instrument and a music stand, if you have one. (PO Box 1082, Portland, OR 97207, 790-2170.) Don't play an instrument or sing, but still want to join in the fun? Become a part of the Rose City Gay Freedom Band's **performance flag corps**. (Samantha Conn 222-9843.) (2/96)

RECOVERY

Gay, Lesbian and Bi Rainbow Group of Vancouver holds nonsmoking AA meetings every Monday. (8 pm, Personalities, 115 E Seventh St., Vancouver, 360-694-5068.) (12/96)

Live and Let Live Club offers lesbian and gay 12-Step programs. Call for calendar and meeting times. (Metropolitan Community Church, 2400 NE Broadway, 460-9404.) (8/16/96)

Rainbow Al-Anon meets at the Alano Club boardroom. (5:30-6:45 pm Saturdays, 909 NW 24th Ave., 222-5756.) (2/96)

Rational Recovery meets three times a week at the Center for Rational Thought. RR does not mystify addiction and recovery; its approach to chemical dependency is as a technical problem with a technical solution. (7 pm Mondays and Thursdays; 6 pm Fridays, 415 SW 13th Ave., Cliff Walker 239-5359.) (6/96)

Sex and Love Addicts Anonymous. You are not alone. A 12-step group for those struggling with sexual and/or emotional dependency. Meets 6 pm Wednesdays and Sundays. (PO Box 6736, Portland, 97228, 650-7009.) (5/96)

Triangle Project at ASAP Treatment Services provides gay-specific alcohol and drug counseling. Fees adjusted or waived. Call intake coordinator Monday-Friday and ask for Triangle Project appointment. (2130 SW Fifth Ave., 224-0075.) (12/96)

SOCIAL

Ample Opportunities organizes many activities for large women. (245-1524.) (5/96)

Bad Girls: Portland's women's S/M educational group is open to all women interested in exploring the deeper part of their psyches. All levels of experience welcome. Bad Girls sponsors one workshop, one discussion group, and one social event each month. (PO Box 17254, Portland, OR 97217-0254.) (6/96)

Bisexual Community Forum is celebrating 15 years of service to Portland's bisexual and bi-friendly community. Socials held on second and fourth Wednesdays. (7:30 pm, Chopstix Express, East Burnside and 27th Avenue, Laury 285-4848.) (11/96)

BLASTT: Bisexuals, Lesbians, and Straights Talking Together is a discussion group for all women. Meets Wednesday evenings. (Catherine 233-1979; K'Ronda 282-8586.) (8/96)

Cascade Bears is a group of like-minded men who support and further the Bear Movement for bears and their admirers in the Northwest. (625 SW 10th Ave., Suite 125, Portland, OR 97205-2788, \$15 per year membership dues.) (6/96)

Chaps is an organization dedicated to teaching men the tenets of safe, sane and consensual S/M. Learn the ropes from the more experienced players. (321-5139.) (6/96)

Eastside Out is a women's night of entertainment, dancing and community every Sunday. DJ Mel spins the discs and presents live entertainment. Don't be left out! (9 pm-midnight, East Avenue Tavern, 727 E Burnside St., \$2, 236-6900.) (4/96)

Forest Grove Gays and Lesbians United for Enrichment offers gay men, lesbians, bisexuals, their families and friends a safe and friendly environment to meet and socialize. Activities include camp-outs, barbecues, rafting and movies. (7:30 pm first and third Mondays, 357-3107.) (1/96)



Monica Grant's one-woman show, *Women Who Run with Swine*, on stage at Portland Women's Theatre Co. through Aug. 3

Funny Ladies Afternoon Tea and Posey Society meets on the first Sunday of each month for a potluck. Some outdoor activities. Lesbians 35 and older; singles, couples and campers welcome. Monthly newsletter \$8 per year. (232-9714.) (6/96)

Gentle Giants of Oregon is a social group for chubby men and their admirers. (PO Box 1844, Portland, OR 97207, Chub Line: 241-4535.) (8/96)

K-9 Club is a group of kindred folks and their dogs who meet to walk, talk, in Portland-area parks on first and third Sundays. (285-2986.) (6/96)

Lesbian Garden Club is a social network for lesbians interested in gardening. Newsletters, plant exchanges and social outings. (Nicki 287-6120.) (11/96)

Lesbian support group for women 50 and over meets the third Saturday of every month. (7-10 pm, 281-4424; 331-0415.) (8/96)

Lesbians Enjoying the Sciences is a field trip-oriented group for lesbians who enjoy the Natural Sciences, e.g., geology, botany, birdwatching and astronomy. (Noon-2 pm third Sundays potluck and planning meeting, 280-0168.) (1/97)

LesbOS (Lesbians of Size) is a social/support group for all size-embracing lesbians and for those who want to be. (7-9 pm third Thursdays, \$1 per lesbian, Gail 774-5774.) (11/96)

Metro Club is a social group for gay men 40 and over and those who appreciate them. Potlucks monthly on the fourth Sunday. (598-3442.) (8/96)

Out Dancing: partner dancing (nightclub and ballroom style) for same-sex partners. Learn the Rumba, Cha-Cha, line dancing, night club Two-Step, country partner, East and West Coast Swing, Tango, Waltz and more. A monthlong series of classes starts at the beginning of each month. All classes taught by a professional instructor. (7-8:30 pm Fridays, Vicki Mills Studio of Dance, 3536 SE 26th Ave., \$7 per person, 236-5129; 282-0790.) (9/96)

Pacific Northwest Roamers 4x4 the back roads of Mount St. Helens, Mount Adams and other hard-to-reach places, exploring nature at its best. Day trips and overnight camping. Gay, bi and straight members welcome; 4x4 not necessary. (Ed Gagnon 360-887-4853.) (6/96)

Phi Delta Lambda, a business and professional organization new to the Northwest, is looking for charter members. (241-2441.) (6/96)

Portland Butch/Femme Lesbian Couples' Network meets for socializing, community building, resource sharing, fun, political action and more. (261-9835.) (11/96)

Queer Night at LaLuna is an all-ages event. The fabulous dance room features a different mix of music each week, sometimes with live bands! (9 pm Mondays, 215 SE Ninth Ave., \$3-\$10 sliding scale, 241-LUNA.) (9/96)

The Real Connection: A social gathering for gay men who are artists, writers, musicians and creative in all the disciplines. Informal potluck gatherings on the second Friday of every month. (Call for meeting details: Todd 288-4736; Mike 282-0107.) (5/96)

Single women 38 and over (with credit cards) meet for dinner, concerts, music, etc. (Call for upcoming events: 288-5369.) (9/96)

Travel Lambda Connections Club offers gay men over 40 the opportunity to travel with low-cost accommodations. Members stay in private homes of other gay men. Be a hosting or non-hosting member and have a "home-away-from-home" experience. (TLC Club, PO Box 86492, Portland, OR 97286, 598-3442.) (8/96)

SPIRITUALITY

Affirmation-Portland Chapter, a group for gay and lesbian Mormons and their families and friends, meets monthly for fun and support. (612-0477.) (9/96)

Congregation Neveh Shalom (conservative) sponsors a gay and lesbian outreach. Meetings, services and other events are held monthly. All interested people are invited to attend. (Sheri Cordova 246-8831.) (5/96)

The Downtown Chapel. St. Vincent de Paul Catholic parish, welcomes everyone: gay, lesbian, bisexual, transgender, fallen-away, lapsed, alienated. (601 W Burnside St.) (6/96)

Dignity/Portland, the national organization of lesbian, gay and bisexual Catholics, their families, friends and lovers, welcomes all to weekly mass. (7:30 pm Saturdays, St. Stephen's Episcopal Church, 1432 SW 13th Ave., PO Box 6708, Portland, OR 97228, 295-4868.) (5/96)

First Congregational Church, an Open and Affirming Congregation, extends a warm welcome to gay men, lesbians and bisexuals. Wheelchair accessible; free parking. (Worship 10:30 am Sundays, 1126 SW Park Ave., 228-7219.) (10/96)

First Unitarian Church of Portland welcomes lesbians, gay men and bisexuals. (Services 9:30 and 11 am Sundays, 1011 SW 12th Ave., 228-6389; Bill 236-2830.) (9/96)

Gay and Bisexual Spirituality holds monthly potluck meetings for men who want to enhance and foster spiritual growth in the gay men's community. Facilitated by Samuel Stoddard and Dean Sidwell. (6-9 pm second Sundays, Samuel 289-3833.) (4/96)

The God Connection-New Thought Community Church, with Revs. Berdell Moffett and Casey Chaney, celebrates liberal, practical Christianity. (Services 10 am Sundays, 12385 SW Allen Blvd., Beaverton, 643-7591.) (12/96)

Journey Catholic Community. Searching? So are we. Mass at 6 pm. All are welcome at the table. (Sundays, Southwest 13th Avenue and Clay Street, 323-2406.) (12/96)

Lake Oswego United Church of Christ is an Open and Affirming Congregation that welcomes people of all sexual orientations. (Worship 10:30 am Sundays, 1111 SW Country Club Road, 635-4348; <http://www.teleport.com/~repmail/lucc.html>.) (5/96)

Lesbian spirituality group seeks new members. (Nancy 236-1420.) (6/96)

Metanoia Peace Community is a Reconciling Congregation of the United Methodist Church that welcomes lesbians and gay men in its life and ministry. (Call for activity schedule: 284-7996; Joyce McManus 284-3426; John Schwiebert 281-3697.) (5/96)

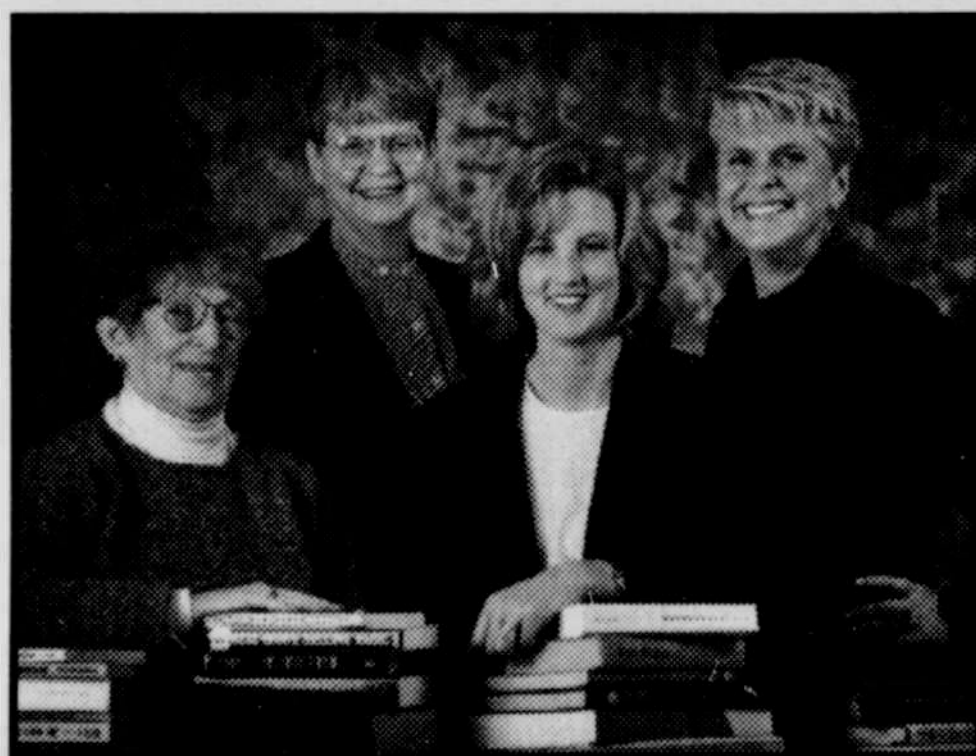
Metropolitan Community Church of Portland is a community coming together to proclaim through words and action the message of God's loving presence in all creation. The Rev. Roy A. Cole, pastor. (Worship 10 am Sundays; 7 pm Wednesdays; office hours 9 am-2 pm Monday-Friday, 2400 NE Broadway, 281-8868.) (5/96)

Metropolitan Community Church of the Gentle Shepherd is a Christian congregation that celebrates God's love for everyone. Services are open to all. Rev. Teresa L. Nunn, pastor. (Worship 6 pm Sundays, 4505 E 18th St., Vancouver; PO Box 5094, Vancouver, WA 98668, 360-695-1480.) (10/96)

Peace Church of the Brethren celebrates and affirms the image of God in persons of every age, gender, race and sexual orientation. (Worship 11 am Sundays, 12727 SE Market St., 254-6380.) (12/96)

Positive Presence is a lesbian and bisexual women's spiritual discussion group that meets the first and third Sundays of every month for

Our
real estate
knowledge
fills
volumes



First-time home buyers, you're in for the education of a lifetime.

Got a couple hours? Our realtors and certified tax consultant explain the fiscal realities of your real estate dreams and how to achieve them. We offer free, in-depth customer education along with complete professional services, including:

HOME & INVESTMENT PROPERTY PURCHASE & SALES

PROPERTY MANAGEMENT

LICENSED TAX CONSULTATION & PREPARATION

Call now to take advantage of our encyclopedic knowledge...

bender properties

4725 Southeast Washington Street

Serving the entire Portland metro area since 1979.

(503) 653-8378
fax (503) 786-1227

Milwaukie, Oregon 97222