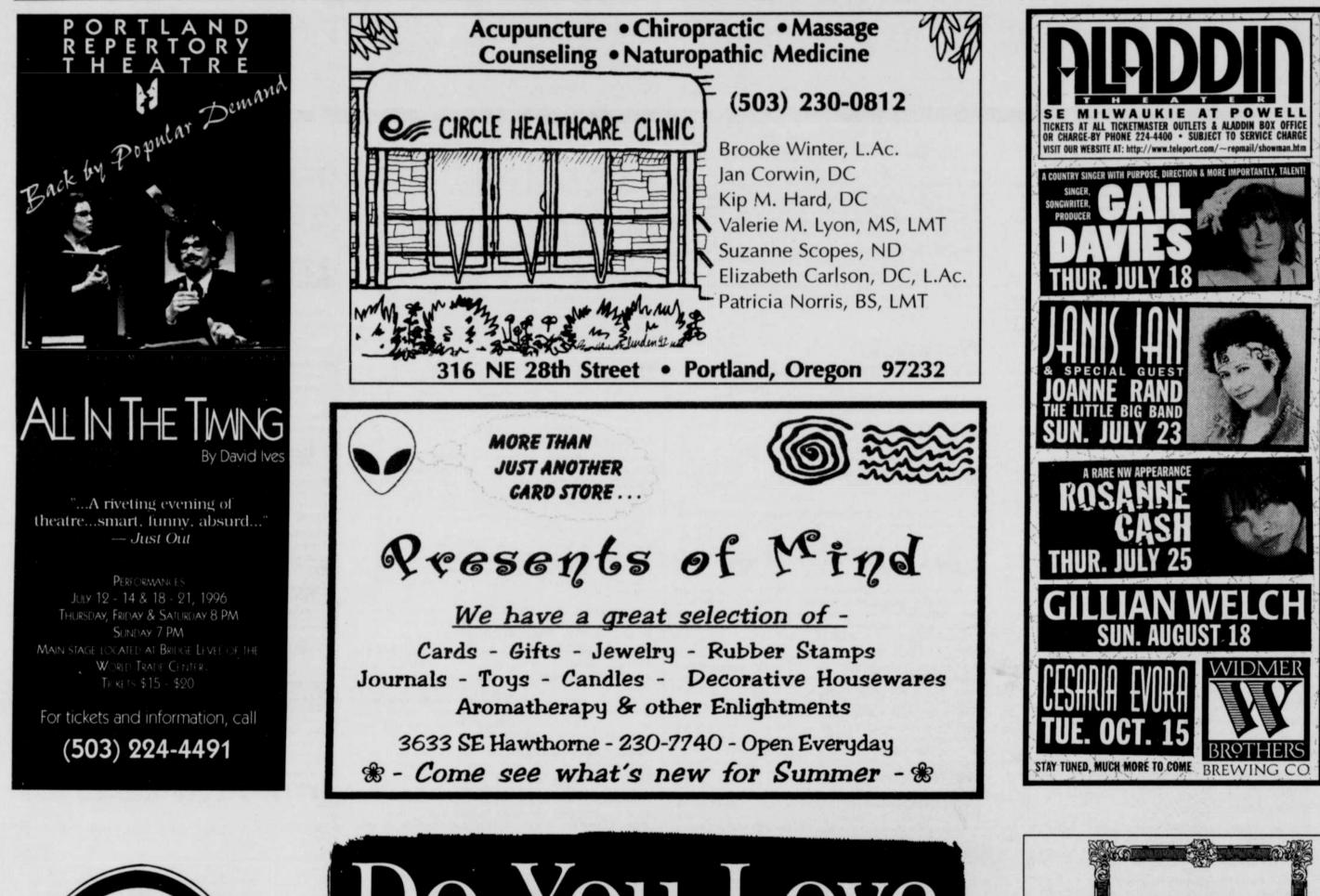
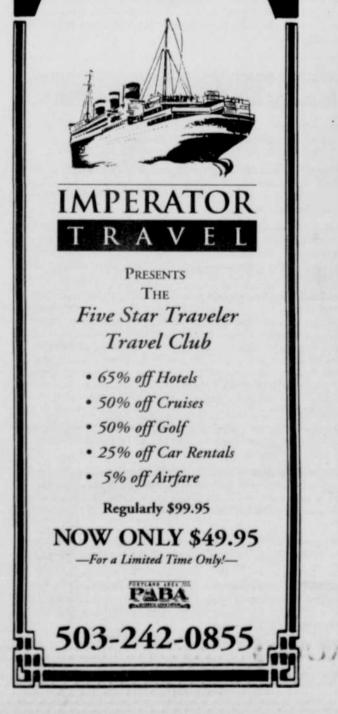
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Tired of Paying Full Price to Travel? Do You Love Someone Who Smokes?





Beginning Monday July 15th through Friday July 19th Aspire, the nation's most effective treatment for nicotine dependency, will be at the Portland Medical Center.

This five day seminar, with its one year professional follow-up treatment, has been turning die-hard smokers into equally committed ex-smokers since 1980. At Aspire, a smoker doesn't have to rely on gimmicks. Instead they learn to use the most powerful stop smoking tool of all, their mind.

If you love someone who smokes, don't let them miss Aspire, at the Portland Medical Center. It could save you both from a world of grief.

> Two class times are being offered: a day class, 12:00-2:30 pm. And an evening class, 6:00-8:30pm. At: Portland Medical Center, 511 SW 10th, Downtown Portland, Suite 1210. For more information and a free brochure please call: (503) 243-2881

To help smokers understand the basics of the Aspire program the first two, of five, classes are provided free of charge and without obligation.