meditation, Qi Gong. (Information: Gayoga International, PO Box 4152, Key West, FL 33041-4152, 305-296-0734 or 406-676-5169.) (8/16)

OWL Farm hosts a **20th Birthday Celebration** on the land, **July 20-30**. Located 10 miles east of Canyonville in Southern Oregon on 147 acres of meadows and pine ridges. Limited indoor sleeping space: lots of space for tent camping. **Women and girls welcome.** Enjoy music, swimming, dancing, workshops, workparties, fire circles. (*Directions and informational fliers at It's My Pleasure in Portland and Mother Kali's Bookstore in Eugene.*) (7/5)

Lesbian, Gay, Bisexual and Transgender Voters Organized in Coalition for the Elections '96 (LGBT VOICES '96) hosts a national mobilization of activists at the **Republican National Convention** in San Diego, **Aug. 12-15**. VOICES '96 has organized events for each day of the convention. Everyone is welcome. (*LGBT VOICES '96, PO Box 3128, San Diego, CA 92163-1128, 619-296-1179, e-mail: LGBTVOICES@aol.com; internet: http://www.rainbow-mall.com.*) (8/2)

Women and Men: Visions of Justice, the 21st annual Men and Masculinity Conference, takes place July 25-28 at Lewis & Clark College. Speakers include Kathleen Saadat, Gail Shibley, George Eighmey, Bev Stein, Kate Brown and Sandra and Charles Moose. (9 am-5 pm Thursday, one-day workshop: Freeing Ourselves of Internalized Homophobia, led by Charles Kreiner, \$35, additional information: 282-2108, e-mail: jaybroller@aol.com.) (7/19)

Tennis players square off at the **Rose City Open V**, a tournament of the Gay and Lesbian Tennis Association, **Aug. 31-Sept. 2**, in Portland. (Information: Ed McMahon 233-8030, Carolyn Lumber 287-0250.)(8/16)

Western Canada's Leather Pride '96 takes place Aug. 2-5 in Vancouver, British Columbia. (Information: PO Box 2253, Vancouver, BC, Canada V6B 3W2, 604-688-WEST, ext. 2009, e-mail: homohabilis@rainbow.descon.com, fax: 604-685-0118.) (7/19)

The 21st Michigan Womyn's Music Festival takes place Aug. 13-18. Choose from over 300 workshops, 42 concerts and a six-day women's film festival. Performers include Dorothy Allison, Marga Gomez, Hattie Gossett, Tish Hinojosa, Phranc, 7 Year Bitch and Jane Siberry. (Information: WWTMC, PO Box 22, Walhalla, MI 49458, 616-757-4766.) (8/2)

The **Gay and Lesbian Medical Association** holds its 14th annual **GLMA Symposium** at the Queen Elizabeth Hotel in Montréal on **Aug. 22-24**. This year's program, *Focus on the Positive*, will address the professional and personal challenges faced by lesbian, gay and bisexual physicians. (*\$100 student members; \$345 physician members, information and registration: 415-255-4547.)* (8/2)

The Lesbian Community Project's 11th annual **Tournament of Choice** takes place **Aug. 2-4** at Prairie Fields in Brush Prairie, Wash. Women's softball teams from Oregon, Idaho, Washington and California will compete. All proceeds benefit LCP. (223-0071.) (7/19)

Seattle is the site of the second **Female-to-Male Conference of** the Americas. The conference takes place Aug. 9-11. Deadline for early registration is May 31. (Information: FTMCC, 1202 E Pike St., #1070, Seattle, WA 98122, 206-689-6216, e-mail to FTMConfer@aol.com.) (8/2)

This year's **Family CampOUT**, a summer camp for lesbians and gay men with children, takes place **July 20-23** at the YWCA's Camp Westwind. (Information: Miriam Callaghan, YWCA of Greater Portland, 1111 SW 10th Ave., Portland, OR 97205, 294-7472.) (7/19)

A women's sacred journey to Ireland is being planned for mid-September. Visit the seven major ritual centers of ancient Ireland. Plans must be set soon. (Send self-addressed envelope and \$2 US to Sounds and Furies, Box 21510, 1850 Commercial Drive, Vancouver, BC V5N 4AO or call Pat Hogan at 604-253-7189.) (8/2)

The Gay and Lesbian Parents Coalition International has declared Aug. 3-11 **Gay and Lesbian Family Week** in **Provincetown, Mass.** There is no fee and no list of planned activities. *(Information: GLPCI, PO*) or child care, please call. (Debbie 235-9622, Dana 244-3118 or Merry-Lynn 284-0214.) (7/19)

Alan's House, a licensed adult foster-care home in Medford for people with AIDS, needs volunteers to assist with round-the-clock care, who can work one four-hour shift per week, during the evening or on the weekend. Alan's House is a program of OnTrack Inc. (Susanne Ashland or Bill Templeman 779-2006.) (9/6)

Speak to Your Brothers Project is looking for men to help with outreach in the bars and at community events, to facilitate Neighborhood MenTalks, and to produce educational materials and social events in the community. Volunteer trainings are offered every other month. A program of Cascade AIDS Project. (*Roger 223-5907, ext. 130 at CAP.*) (11/1)

Workshops

It's My Pleasure presents workshops and social events for the lesbian community, designed to educate and inspire. (Unless otherwise noted, you must preregister; events are held at It's My Pleasure, 4258 SE Hawthorne Blvd., 236-0505.)

The School of Oregon Ballet Theatre offers a five-week Summer Dance Program, July 15-Aug. 17. Students are provided with an intensive learning program in a wide range of dance disciplines. Creative movement classes for children ages 4 to 6 are also offered. (The School of OBT's Studios, North Wing of the Portland Art Museum, 1120 SW 10th Ave., Call for tuition and schedule information: 227-6890.) (7/5)

The Northwest Society of Interior Designers presents a fourpart lecture series. Windows/Walls: July 10 and 13; Furniture/ Accessories: July 17 and 20. (Wednesday lectures 7-9 pm; Saturday lectures 10 am-noon, Interior Motives, Park 217, 12172 SW Garden Place, Tigard, \$100 complete package; \$25 per lecture; \$35 tour of Street of Dreams only, reservations: 684-2790, fax 639-0391.)(7/5)

Fly Away Home hosts a personal theater workshop for women over Labor Day weekend, Aug. 30-Sept. 2. Instructors are Bethroot Gwynn and Hawk Madronne. This active retreat takes place on lesbian land in southern Oregon. (\$150-\$200 sliding scale, information: Fly Away Home, PO Box 593, Myrtle Creek, OR 97457.)(8/ 16)

Art Springs, a retreat for women writers and artists, presents five workshops this summer. Multimedia Painting, with Jemma Crae, Sierra Lonepine Briano, Marge Greenhut, July 19-21, \$175-\$200; Life Drawing Intensive, Aug. 3-4, \$150-\$175; Northern Oregon Dyke Art Camp, Aug. 25-Sept. 1, \$300-\$350; Paper Play Day, Sept. 7, \$50 plus \$10 materials; Writer's Workshop with Ellen Goldberg and Andee Hochman, Sept. 21-22, \$175-\$200. Camping and some cabin space available. Three vegetarian meals a day provided. (Information and registration: Marge or Sierra 503-985-9549 or write to: Art Springs, 40789 SW Hummingbird Lane, Gaston, OR 97119.) (9/6)

Confluence Northwest offers both basic and advanced training in **mediation skills**. Basic training meets the Oregon Dispute Resolution Commission Requirements. (Information and registration: Confluence Northwest, 342 Union Station, 800 NW Sixth Ave., Portland, OR 97209, 243-2663) (9/6)

Attend **Men Nurturing Men**, an ongoing monthly workshop. Fee includes two nights lodging, medicine lodge, sacred touch, fire ritual, vision quest, bonding ritual. (*Nahcotta Sanctuary, PO Box 87, Nahcotta, WA 98637, \$95, 360-665-4181.*) (7/5)

AIDS & HIV

ASAP Troatment Services provides individual and group counseling for people who are HIV positive and who are also having problems with alcohol and drugs. Title I funds are available to help pay for treatment. Call intake coordinator Monday-Friday to ask for Title I appointment. (2130 SW Fifth Ave., 224-0075.) (12/20) HIV Center, a program of the Ecumenical Ministries of Oregon, offers social activities, case management, peer support, pastoral counseling and home meal deliveries. Lunch is available Monday through Friday (12:30 pm). (9 am-5 pm Monday-Friday, 3835 SW Kelly St., 223-3444.) (11/1)

Lazarus Community offers spiritual and practical help for people living with HIV and AIDS; Mass in Time of AIDS is held every Monday evening (6 pm). Contact the Rev. Gary McInnis for information about baptism or weddings. (3835 SW Kelly St., 223-3444.) (12/15)

Multhomah County HIV Services include anonymous and confidential HIV counseling and testing by appointment and walk-in (248-3775) and HIV clinical services for HIV-infected persons (248-5020). (11/1)

The NAMES Project Portland Chapter holds panel-making workshops the first and third Monday of every month at the HIV Center. Educational materials and a speakers bureau are also available. (6-8 pm, 3835 SW Kelly St., 650-7032.)(2/17)

Network Adult Therapy Services offers comprehensive mental health assessment and services for individuals, couples, families and others dealing with HIV/AIDS-related concerns. New groups include: male couples with HIV; lesbians and HIV; and young adults, mixed gender. Services are covered through Oregon Health Plan/Medicaid, Medicare, private insurance and Ryan White CARE Act Title I funding. (825 NE 20th Ave., 238-5251.) (6/21)

Oregon AIDS Hotline, cosponsored by CAP and the Oregon Health Division, provides AIDS information, support and referral, treatment information, and free theater tickets for people with HIV/AIDS. **Positive Link** connects people impacted by HIV/AIDS with trained HIV-positive volunteers for telephone support and information (*ask for Positive Link*). (10 am-9 pm Monday-Friday; noon-6 pm Saturday and Sunday, 223-2437 or 1-800-777-AIDS.)(6/21)

Our House of Portland is a nonprofit, residential-care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (Call or drop by during business hours, 2727 SE Alder St., 234-0175.) (5/5)

Phoenix Rising offers HIV/AIDS support, call for a list of current groups. Phoenix Rising Foundation Inc. 620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (4/19)

Project Quest is a nonprofit HIV and AIDS self-empowerment and immune function enhancement program, offering workshops, retreats, and conferences, along with ongoing programs in nutritional cooking and eating for people with HIV, yoga, stopping smoking, meditation, and more. Project Quest now offers a **comprehensive health management group for people with HIV/AIDS**. The group is facilitated by Lusijah Marx, RN, PsyD, and Graham Harriman, MA. (*Call to receive schedule and preregister for workshops, 241-6448.*) (8/4)

Regional AIDS Interfaith Network supports and trains people in developing strategies for increased community awareness about HIV/ AIDS. RAIN works with local health departments and communitybased organizations in Oregon and Southwest Washington to develop "Faith in Action" opportunities and to assist in prevention education, advocacy, caregiving, food banks, transportation and fund raising. (4790 SE Logus Rd., Milwaukie, OR 97222, 653-8738, fax 653-0013.) (10/6)

Speak to Your Brothers Project is a community-based HIV primary prevention program serving gay and bisexual men in the Portland area. Neighborhood MenTalks bring gay and bisexual men together to socialize and discuss topics of mutual interest. Gatherings are on an ongoing monthly basis, and are facilitated and hosted by volunteers (7 pm, call Doug at ext. 145). Speaking of Sex... is a fun, interactive workshop offering men the skills they need to stay safe in the '90s (Brian, ext. 131). Drop-In HIV Testing and support is offered every Tuesday for gay and bisexual men (6-8 pm, \$20 lab fee, CAP offices, Dawne ext. 172). Outreach is out in the community talking with men one-on-one at events, in bars and parks. and at the beaches (Shawn ext. 174). Peer Leadership Program trains young gay/bi men to develop leadership skills and HIV prevention activities in the community (Brian ext. 131). Speak to Your Brothers is a program of Cascade AIDS Project. (CAP offices: 620 SW Fifth Ave., Suite 300, 223-5907.) (11/1)

Yamhill County Public Health Department offers community outreach and HIV prevention education. (Call Norm Costa at 434-7525, press 1; pager: 434-4507, or write: 412 N Ford, McMinnville, OR 97128.) (10/6)

WASHINGTON

People of Color Against AIDS Network. (Seattle, 206-322-7061.) (5/19)

CRISIS

Alcohol and Drug HelpLine (232-8083 in Portland) and YouthLine (233-1113 in Portland) give free, unbiased and confidential assistance. Call 1-800-621-1646 from elsewhere in Oregon. A service of the Oregon Council on Alcoholism and Drug Addiction. (6/15)

The **Anti-Violence Line** at **796-1703** helps compile statistics on hate crimes and gives victims a chance to talk to someone sympathetic. **Outside of Portland, call 1-800-796-1703**. A service of the Lesbian Community Project. (5/19)

Battered Lesbian Outreach and Community Support offers a confidential, weekly, support group in Washington County, as well as oneon-one support, referrals, and advocacy. Open to women escaping domestic violence by a woman partner. Lesbian facilitator. Child care provided. (Jane 948-7579.) (10/21)

Battered Lesbian Support Group is a confidential group for lesbians and bisexual women who have been physically, sexually or emotionally battered in their relationships with women. (*Womenspace, Eugene,* 485-6513, ask for Carrie.) (5/19)

Call the **Bias Crime Unit** of the Portland Police at **823-0434** if you feel you have been a victim of any type of bias crime in Portland. Jim Bellah is the bias crime detective. If you are in immediate danger, call **911**. (10/21)

The **Domestic Violence Resource Center** provides a 24-hour crisis line as well as shelter at a confidential location for all women and children escaping domestic violence. (640-1171.) (10/21)

Lesbians deserve lives free of violence. Battered lesbian support groups facilitated by lesbians. Confidential intakes. Child care provided; donations accepted. (Sandi 289-6869.) (10/21)

RECOVERY

Gay, Lesbian and Bi Rainbow Group of Vancouver holds nonsmoking AA meetings every Monday. (8 pm, Personalities, 115 E Seventh St., Vancouver, 360-694-5068.) (12/21)

Live and Let Live Club offers lesbian and gay 12-Step programs. Call for calendar and meeting times. (Meets at Metropolitan Community Church of Portland, 2400 NE Broadway, voicemail: 460-9404.) (8/16/96)

Rainbow Al-Anon meets at the Alano Club boardroom. (5:30-6:45 pm Saturdays, 909 NW 24th Ave., 222-5756.) (2/16/96)

Rational Recovery meets three times a week at the Center for Rational Thought. RR does not mystify addiction and recovery; its approach to chemical dependency is as a technical problem with a technical solution. (7 pm Mondays and Thursdays; 6 pm Fridays, 415 SW 13th Ave., Cliff Walker 239-5359.) (6/16)

Sex and Love Addicts Anonymous. You are not alone. A 12-step group for those struggling with sexual and/or emotional dependency. (6 pm Wednesdays and Sundays, PO Box 6736, Portland, 97228, 650-7009.)(5/19)

Triangle Project at ASAP Treatment Services provides gav-specific

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Box 50360, Washington, DC 20091, 202-583-8029, fax 201-783-6204.) (7/19)

Old Lesbians Organizing for Change hosts the Summer 1996 Old Lesbian Gathering, Aug. 15-18 at the University of Minnesota at Minneapolis. All lesbians 60 years of age and older are welcome. Conference fees include three nights' lodging in the university dorm, three meals each day, Friday night banquet and dance and the registration fee. (\$175-\$200, information: OLOC, PO Box 980422, Houston, TX 77098.) (8/2)

The Lion Regiment hosts its annual camp-out, Wet & Wild '96, Aug. 15-19. The Lion Regiment promises a fun, intimate weekend in the mountains with food and the best people this side of the "sagebrush curtain." (Information and application: Lion Regiment, PO Box 1721, Boise, ID 83701-1721, or call Don or Marcus at 208-322-8174.)(8/8)

VOLUNTEERS

Love Makes a Family Inc. wants **teen volunteers** to assist with the **YWCA CampOUT for lesbian and gay parents and their children**. The camp will be held July 20-23 at Camp Westwind on the Oregon Coast. Teen assistants receive free room and board and participate in activities during their free time. Experience caring for younger children is important. If under 18, must have parent's permission. (Send name, address, phone, a statement of interest and experience and at least one local reference to: Love Makes A Family Inc., PO Box 11694, Portland, OR 97211.) (7/5)

The NAMES Project, sponsor of the AIDS Memorial Quilt, seeks volunteers in the Northwest to assist efforts to display the entire Quilt in Washington, D.C., Oct. 11-13. Volunteers are needed to coordinate regional efforts to promote the display, raise funds, recruit volunteers, arrange logistics, assist panel makers and educate youth. *(Information: James Bryson, NW Regional Display Coordinator, 415-882-5569, ext. 381, e-mail quilt96nw@aol.com.)* (9/6)

The HIV Center needs volunteers to participate in wide-ranging programs serving people with AIDS and HIV. Opportunities include working in the kitchen, reception, home meal delivery, respite care, transportation, professional services, office work, participating in center activities and more. (Information and applications: Sarah 223-3444.)(11/1)

Our House of Portland, a residential care facility for men and women living their last days with AIDS, needs volunteer Oregonlicensed **massage therapists**. Requires a weekly commitment of 3-4 hours. (*Terry Voss 234-0175.*) (8/16)

Volunteers are needed to help organize the 1997 Gay and Lesblan Parents Coalition International Conference to be held in Portland. If you have skills in organization, accounting, fund raising, outreach, program planning, housing, conference registration

Cascade AIDS Project provides nonmedical services to people whose lives are affected by HIV/AIDS in Oregon. Services include counseling, support groups, advocacy assistance, outreach and education, activities and information. Benefits Advocacy Clinic is held every Monday to assist people who are HIV positive with government entitlement programs and housing forms (10:30 am-noon, CAP offices). Confidential and anonymous Drop-In HIV Testing is provided every Tuesday evening for gay and bisexual men (6-8 pm, CAP offices, \$20 lab fee, Dawne ext. 172). HIV University offers classes, information and a wellness program, which includes a newsletter, the Plus Club House Party social group and prosocial events. Check the calendar listings for a schedule of classes (HIV U Infoline 223-6339, ext. 111). The Plus Club House Party provides a relaxing setting for people with HIV/ AIDS to meet and mingle socially. The group meets in private homes on the first and third Friday of the month (6:30-9:00 pm, call for location: Dale 221-3015 or Brian 228-5889). (CAP offices: Suite 300, 620 SW Fifth Ave., 223-5907.)(11/15)

CAP Support Group Programs offer a variety of formats including groups open to family and friends, lovers and caregivers, and people who are AIDS symptomatic and HIV positive asymptomatic, as well as grief and loss support groups. If you would like to join an existing support group, or would like to assist in developing new support groups, contact CAP. (*Call Project Client Services 223-5907.*) (5/19)

Clackamas County AIDS Relief Effort is a community-based organization responding to AIDS in Clackamas County by providing HIV prevention and AIDS education presentations, support groups for people affected by HIV/AIDS, assistance with emergency food and clothing needs, and financial assistance referrals for HIV-positive people and people with AIDS. (Call 653-8738 or write: CCARE, 4790 SE Logus Road, Milwaukie, OR 97222.) (11/17)

Community Health Insurance Program pays health insurance premiums for eligible people with HIV or AIDS. CHIP will pay premiums for COBRA continuation, or any other group or individual policy. CHIP is a program of Ecumenical Ministries of Oregon, funded by the Ryan White CARE Act (Title I). (223-8998, 9 am-5 pm Monday-Friday.) (1/3/97)

Ethnic Minorities HIV Support Group meets in the Hopewell Apartments lobby. (1252 SW Cheltenham St., off Southwest Capitol Highway in Hillsdale, for dates and times call Donicio 293-8384.)(1/3/96)

Friends of People with AIDS Foundation is a nonprofit organization offering assistance to people with AIDS. (245-7428.)(5/19)

The HIV Case Management Partnership Project provides comprehensive HIV-related case management to clients in Clackamas, Columbia, Multnomah, Washington, Yamhill and Clark counties. (8:30 am-5 pm, Monday-Friday, 5525 SE Milwaukie Ave., Portland, OR 97202, for referrals call 230-1202 or fax 230-1213.)(12/15) Tod's Corner provides free clothing for people with AIDS. A service of the Friends of People with AIDS Foundation. (245-7428.) (5/19)

Trinity Episcopal Church offers a monthly Healing and Vespers Service with special intentions for those people affected in any way by HIV/AIDS. Also offered is Hope and Wholeness, a spiritually centered support group for people living with HIV/AIDS. Focus is on spiritual nourishment and growth (7-9 pm Wednesdays). (Wheelchair accessible, 147 NW 19th Ave., 222-9811.) (5/19)

Washington County Health Department HIV Services provides anonymous testing and counseling, by appointment and walk-in. Seropositive wellness program offers individual counseling. Se habla español. (Testing: 648-8851; call 648-8881 for clinics in Beaverton and Hillsboro; TDD 648-8601.) (8/4)

CENTRAL OREGON

Central Oregon AIDS Support Team provides services and support for HIV-positive people and their caregivers. (389-4330.) (8/4)

SOUTHERN OREGON

Douglas County AIDS Council sponsors meetings and educational activities. **Ruby House**, a project of the council, is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. (3035 Laurel Springs Drive, Roseburg, OR 97470, 440-2761.) (5/19)

Klamath County HIV Resource Center coordinates outreach and education on HIV and AIDS, and provides case management services and support/social groups. (10 am-5 pm Monday-Friday, 1112 Pine St., Klamath Falls, OR 97601, 541-883-2437, fax: 541-882-7929.) (6/21/96)

WILLAMETTE VALLEY

HIV Alliance provides free emotional and nonmedical practical support services to persons living with HIV, their family and friends, and those grieving. Acorn House, a service of the Alliance, is a hospice and day care facility (541-342-2830). (3477 E Amazon Pkwy., Eugene; mail: PO Box 5513, Eugene, OR 97405, 541-342-5088.) (5/19)

Pathfinders is a nonprofit organization that provides funding and support for social, cultural and outreach events, projects and activities for gay and bisexual men in Marion and Polk counties. (PO Box 326, Salem, 503-581-3296.) (6/21/96)

Valley AIDS Information Network offers information, support, speakers and referrals for people affected by HIV/AIDS. Call VAIN's 24-hour hot line. Gay and bisexual outreach are also offered. (PO Box 971, Corvallis, OR 97339, 541-752-6322 or 1-800-588-AIDS.) (6/21/96) alcohol and drug counseling. Fees adjusted or waived. Call intake coordinator Monday-Friday and ask for Triangle Project appointment. (2130 SW Fifth Ave., 224-0075.) (12/20)

YOUTH

Janus Youth Programs offers workshops for teens in areas such as self-esteem for young women, anger management and life skills. (738 NE Davis, Portland, OR 97232, Doug Pullin 233-6090, ext. 133.) (4/19)

Lesbian, Gay and Bisexual Youth Group of Eugene meets every Monday. Age 25 and under. A peer social, support and rap group. (5-6:30 pm, Koininia Center library, 1414 Kincaid St., University of Oregon campus, 346-3360.7(9/1)

The **National Coalition for Gay, Lesbian and Bisexual Youth** is an organization of groups and individuals formed to serve the needs of queer youth across the country. Current projects include the development of a national database of resources. (*PO Box 24589, San Jose, CA 95154-4589.*) (4/21)

Phoenix Rising Foundation Inc. is a mental health agency primarily serving members of the sexual minority communities. Social/support groups for sexual minority youth are Windfire (meets downtown), Awakenings (meets at Harry's Mother on the east side), and Q-Krew (meets 2-4 pm Saturday afternoons at Phoenix Rising). Personal Deity Proxy is a new group for gay, lesbian and bisexual teens who are interested in expressing their artistic talents (writing, drama, visual arts, etc.) (meets 5-7 pm Fridays at Phoenix Rising). Coming out groups meet regularly. (620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (5/19)

Rainbow is a positive peer-support group, primarily for sexual minority youth of color, sponsored by The Urban League of Portland. (280-2600.) (6/15)

Roots and Branches provides positive mental health counseling tailored to the needs of lesbian, gay and bisexual youth. Therapy, consultation, advocacy and referral are offered to individuals and families on a sliding scale. A program of The Network. (2020 SE Powell St., 238-0780.) (8/4)

Safe Space is a group for lesbian, gay, bisexual or questioning youth that meets in Bend, Ore. (*Fridays, for information or location: 383-4861.*) (9/20/96)

VOICES (Voices of Individual and Community Empowerment from the Streets) is a self-support group for queer youth. Meets Wednesday evenings. Free pizza. An interagency project of Phoenix Rising (223-8299) and Outside In 223-4121). (5/19)

The Zone is an on-line computer bulletin board for lesbian, gay and bisexual teens. Based in Los Angeles, the free service operates 24 hours a day. (213-731-0390.) (4/7)