

University Park United Methodist Church is a Reconciling Congregation which welcomes and affirms all persons regardless of sexual orientation. (Worship: 9:55 am Sundays, 4775 N Lombard St., Karen E. Crooch, pastor, 289-7843.) (5/19)

SPORTS

The **Adventure Group** meets for regularly scheduled hiking, camping, skiing, bicycling and other noncompetitive outdoor activities. (503-452-5680.) (6/21/96)

Forest Group outings are cooperative adventures for women only. Participants are responsible for providing their own equipment and choosing outings appropriate for their skill and fitness level. (287-5540.) (12/21)

Oregon Trail Gay Rodeo Association promotes equine sports and the country/western lifestyle in the lesbian and gay community. (775-1916.) (2/16/96)

Portland Frontrunners is an internationally affiliated running club for gay men, lesbians and their friends. Everyone is welcome to run. (6:30 pm Tuesdays; 9 am Saturday, Duniway Park, Tamara 233-4937.) (10/6)

Portland Gay and Lesbian Community Bowling Association's league bowling started on Jan. 7 and runs through mid-May. Everyone welcome. (11 am Sundays, PRO 300 Lanes, 3031 SE Powell Blvd., \$7 per session, send SASE: PCBA, PO Box 851, Portland 97207, Renee 231-7085 or Tom 293-0438.) (6/21/96)

Rose City Softball Association is Oregon's only nationally affiliated gay and lesbian softball league. Friendly competition for all skill levels. Players provide their own equipment. Fall and spring season play; ASA sanctioned. Nonplayers who want to volunteer are welcome. (Scott 244-8520, Toni 788-9375, Jim 281-7637.) (4/19/96)

Rosetown Ramblers, Portland's gay and lesbian square dance club, dances at mainstream, plus and advanced levels. (7-9:45 pm Wednesdays, lower level, Trinity United Methodist Church, Southeast 39th Avenue and Steele Street; PO Box 5352, Portland, OR 97228, Karin 232-7643; or Michael 297-6416.) (5/19)

Swim OUT is a monthly swim hour for lesbian and gay families and couples at the YWCA. Volunteer lifeguards are on duty. (4-5 pm, every third Sunday, \$3.75 per family, 223-6281.) (6/16)

Team Portland Aquatic Club is an organized masters swim team for all swimming levels and interests. (Practice 9-11 am Sundays, YWCA, 1111 SW 10th Ave., Jill 228-1596.) (6/16)

Team Portland Tennis Association is a club for lesbian, gay and bisexual tennis players of all levels. The team plays every Sunday morning, publishes a newsletter, and holds occasional business meetings and social tennis mixers. New members always welcome. (Carol 231-0949; A.J. 234-1415.) (9/20/96)

Wednesday Night Mixers Summer Bowling League meets at Pro 300 Lanes from June to August. Thirty teams participate; the league is associated with FITS Winter League. (7 pm, 3525 SE 31st Ave. at Powell Blvd., information: 771-2345.) (9/20/96)

Wrestling Club provides means to contact other wrestlers. (PO Box 40066, Portland, OR 97240-0066.) (6/21/96)

YOUTH

Janus Youth Programs offers workshops for teens in areas such as self-esteem for young women, anger management and life skills. (738 NE Davis, Portland, OR 97232, Doug Pullin 233-6090, ext. 133.) (4/19/96)

Lesbian, Gay and Bisexual Youth Group of Eugene meets every Monday. Age 25 and under. A peer social, support and rap group. (5-6:30 pm, Koinonia Center library, 1414 Kincaid St., University of Oregon campus, 346-3360.) (9/11)

The **National Coalition for Gay, Lesbian and Bisexual Youth** is an organization of groups and individuals formed to serve the needs of queer youth across the country. Current projects include the development of a national database of resources. (PO Box 24589, San Jose, CA 95154-4589.) (4/21)

Phoenix Rising Foundation Inc. is a mental health agency primarily serving members of the sexual minority communities. Social/support groups for sexual minority youth are **Windfire** (meets downtown), **Awakenings** (meets at Harry's Mother on the east side), and **Q-Krew** (meets 2-4 pm Saturday afternoons at Phoenix Rising). **Personal Deity Proxy** is a new group for gay, lesbian and bisexual teens who are interested in expressing their artistic talents (writing, drama, visual arts, etc.) (meets 5-7 pm Fridays at Phoenix Rising). Coming out groups meet regularly. (620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (5/19)

Rainbow is a positive peer-support group, primarily for sexual minority youth of color, sponsored by The Urban League of Portland. (280-2600.) (6/15)

Roots and Branches provides positive mental health counseling tailored to the needs of lesbian, gay and bisexual youth. Therapy, consultation, advocacy and referral are offered to individuals and families on a sliding scale. A program of The Network. (2020 SE Powell St., 238-0780.) (8/4)

Safe Space is a group for lesbian, gay, bisexual or questioning youth that meets in Bend, Ore. (Fridays, for information or location: 383-4861.) (9/20/96)

VOICES (Voices of Individual and Community Empowerment from the Streets) is a self-support group for queer youth. Meets Wednesday evenings. Free pizza. An interagency project of Phoenix Rising (223-8299) and Outside In 223-4121.) (5/19)

The Zone is an on-line computer bulletin board for lesbian, gay and bisexual teens. Based in Los Angeles, the free service operates 24 hours a day. (213-731-0390.) (4/7)

CENTRAL OREGON

Beyond the Closet Inc. provides services to the lesbian and gay community, its families, friends and supporters. Services include speakers, films, entertainers and workshops that educate about issues of concern, such as homophobia. BTC seeks to form alliances with others who work for social, economic and environmental justice and to share resources with others in rural Oregon. (PO Box 9174, Bend, OR 97708, 541-317-8966.) (5/19)

Deschutes County Coalition for Human Dignity. (PO Box 6084, Bend, OR 97708-6084, 541-385-3320.) (6/16)

Deschutes Discrimination Reporting Line exists to document discrimination in Central Oregon. For information, referral and confidential reporting of hate crimes call 541-383-4113. (PO Box 6084, Bend, OR 97708.) (12/20)

Equestrian Group. (Goose Lake Ranch, 541-388-3680.) (5/19)

Gay and Lesbian Alcoholics Anonymous meets in Bend. (5:30 pm Fridays, 541-388-3680.) (6/21/96)

Parents, Families and Friends of Lesbians and Gays-Bend meets the third Monday of the month at the First Presbyterian Church. The group's three-fold mission is support, education and advocacy. (Meeting 6:30 pm; come at 6 pm for coffee, visiting or browsing in the library, 230 NE Ninth St., Bend, 541-317-2334.) (12/20)

COASTAL OREGON

Coos Bay Parents, Families and Friends of Lesbians and Gays meets monthly. (First Tuesdays, 541-347-9109 or 541-347-9306.) (9/20/96)

County Coalition for Human Rights is committed to the promotion of equal rights for all people. Meets last Tuesday of the month. (PO Box 325, North Bend, OR 97459, Harry 541-269-2333.) (5/19)

GALON, Gay and Lesbian Outreach Network, is a support group for the gay, lesbian and transgendered people of Coos County. The group publishes a monthly newsletter. (PO Box 1324, Coos Bay, OR 97420, 541-888-5327.) (9/20/96)

Gay and Lesbian United Effort PAC meets monthly to promote equality for, and visibility of, the gay and lesbian community in Lincoln County. Fun, social/political advocacy. (541-265-6368.) (5/17/96)

Lincoln County Parents, Families and Friends of Lesbians and Gays provides support, education and advocacy. (PO Box 1156, Newport, OR 97365-0091, 541-265-6369.) (6/21/96)

North Coast Pride Network Columbia Pacific Region, for lesbians, gay men, bisexuals and transgendered people. Social/political, gay film series, networking with other human rights groups. Meets monthly in Seaside/Astoria area. (PO Box 2798, Gearhart, OR 97138, Bob 503-738-0215.) (6/21/96)

The Out-Line program provides outreach to and advocacy for gay and lesbian youth and adults. Services include monthly support groups, information and referral, and a media center. (Careerpaths Training and Resource Center, PO Box 2004, Newport, OR 97365, 541-265-3087.) (6/16)

EASTERN OREGON

Eastern Oregon Gay Men Over 40 Life Support Group meets bi-weekly. (HCR 87 Box 698, Baker City, OR 97814, 541-523-4019.) (6/21/96)

Lambda Eastern Oregon Association is a social, support and networking association serving gay men, lesbians and bisexuals in Baker City and county. Bimonthly meetings are held. (Box 382, Baker City, OR 97814.) (8/16/96)

SOUTHERN OREGON

A **Bisexual Women's Support Group** is forming in Ashland. This informal group is open to all women regardless of "declared orientation" and meets biweekly. (541-482-5786.) (5/17/96)

Gay and Lesbian Alliance meets monthly. (7:30 pm, second Thursdays, Umpqua Unitarian Church, 1265 NW Watters, Roseburg; PO Box 813, Roseburg, OR 97470.) (5/19)

Grants Pass Parents and Friends of Lesbians and Gays no longer holds monthly meetings. (541-488-3436.) (11/1)

Klamath Area Lambda Association meets regularly and hosts a variety of friendly, inclusive social gatherings. (PO Box 43, Klamath Falls, OR 97601, 541-883-2437.) (6/21/96)

Klamath County Parents/Friends of Lesbians and Gays meets the first Tuesday of each month. (7 pm, First United Methodist Church, 230 N 10th St., Klamath Falls, 541-882-3309.) (6/16)

OnTrack's Alan Collins AIDS Project offers HIV counseling, testing, educational outreach and case management at the **10th Street Outreach Center**: adult foster care at **Alan's House**: low-cost housing for independent living at **Fairfield Place**; and an HIV Support Group. (Group meets: 5:15-6:30 pm Thursdays, 541-772-1777 or 541-779-2006.) (7/7)

Rogue Valley Parents and Friends of Lesbians and Gays meets the first Thursday of the month. (7 pm, First United Methodist Church, 175 N. Main St., Ashland, 541-488-3436.) (11/1)

Valleys of the Umpqua Metropolitan Community Church meets second Sunday of the month. Services are currently performed by the laity of the Church. (11:30 am, 2836 Carnes Road [the old center], PO Box 2125, Roseburg, OR 97470, 541-679-0975.) (5/19)

Womansource. (PO Box 335, Ashland, 97520, 541-482-2026; 541-488-1616.) (6/16)

Women's Crisis Support Team. (748 NW Fifth St., Grants Pass, 97526, 541-479-9349; or Hotline: 541-479-1400.) (6/16)

Youthworks. (1032 W Main St., Medford, 97501, 541-779-2393.) (6/16)

WILLAMETTE VALLEY

After 8 provides information, referral and advocacy for lesbians, gay men and bisexuals in Benton and Linn counties. (7 pm, second Tuesday of the month, 101 NW 23rd St., Corvallis, 541-752-8157, mailing address: PO Box 1828, Corvallis, OR 97339.) (11/1)

Bisexual women in the Eugene area meet the second and fourth Friday of each month for sharing and support. (541-343-3199, 541-998-3390.) (5/21/96)

Club Eugene BBS is a computer bulletin board dedicated to empowering the gay, lesbian, bisexual and transsexual communities statewide. Over 100 networked discussion areas, large adult file section, worldwide network access, as well as local connections. Operates 24 hours a day, 7 days per week; 1200 baud to 28.8 V.34. (Write: Club BBS, PO Box 25954, Eugene, OR 97402; web address: http://www.efn.org/~mastrait; e-mail: 1-12130@station.nv.com; or dial with your modem: 541-345-7988.) (12/15)

Eugene Frontrunners/Frontwalkers meets at 24th and Amazon, near the chinning bars. Walk or run one to five miles with friendly gay, lesbian and bisexual people. (6 pm every Wednesday, Hank 541-484-6259.) (1/19)

The Gay and Lesbian Health Care Workers of Salem is open to gay men and lesbians who work in any health-related field. (503-557-8414 or 503-363-0519.) (5/17/96)

The Gay, Lesbian and Others Outdoor Group is open to gay men, lesbians, bisexuals, transsexuals and their friends. The group relies on the energies of the gay and lesbian community to make events happen. (To volunteer, call J.P. 541-726-3908.) (5/19)

Ladies Home Companion is a newsletter for lesbians in the Corvallis area. Since 1986, LHC has provided information about community activities, politics, events and people. Subscriptions are \$6 per year. (Write: LHC, PO Box 1828, Corvallis, OR 97339.) (8/16/96)

Morningside United Methodist Church is a Reconciling Congregation. Persons of every sexual orientation are welcome to full participation in the life of our congregation. (3674 12th St. SE, Salem, 503-364-5013.) (6/21/96)

MPowerment Project is a social and outreach center for all gay and bisexual men in Eugene, offering weekly group meetings, coffee hours, movie nights and special events. (775 Monroe St., 541-683-4303.) (1/19)

Parents, Families and Friends of Lesbians and Gays-Salem meets the third Wednesday of each month at First United Methodist Church. (7:30 pm, corner of Church and State Streets in Salem, 897-2524 or 378-7698, PO Box 121, Gates, OR 97346.) (9/20)

Sweet Spirit Metropolitan Community Church is an ecumenical Christian church open to all people. Come celebrate with us. (11 am Sundays, 3322 Lancaster Dr. NE, Salem, 503-363-6618.) (4/7)

Together Works is a support group for lesbians, gay men, bisexuals and friends. Activities include social events and discussion on timely topics. Meet others in a neutral, safe environment. (7:30 pm, second and fourth Mondays, First Baptist Church, McMinnville, 503-434-6266.) (6/21/96)

Willamette University's Lesbian, Gay, Bisexual Alliance meets on a weekly basis during the school year for discussions, event planning, and support. Community members are welcome to attend. (Contact the Multicultural Affairs Office, 503-370-6267.) (8/4)

WASHINGTON

Gay, Lesbian and Bi Rainbow Group of Vancouver holds nonsmoking AA meetings every Monday. (8 pm, Personalities, 115 E Seventh St., Vancouver, 360-694-5068.) (12/21)

Nahcotta Sanctuary, a secluded retreat on Long Beach peninsula, provides a healing refuge for individuals, couples or small groups. Ongoing events: see Workshops. Lodging \$35-\$95; Intentional Community opportunity available. (PO Box 87, Nahcotta, WA 98637, 360-665-4181.) (6/21/96)

Simple Justice of Southwest Washington is an organization of Christians working for human rights and civil liberties for all persons, regardless of sexual orientation. (6:30 pm, third Mondays, East Vancouver United Methodist Church, 5701 MacArthur Blvd., Christopher 360-693-5881, Patricia 360-693-4761 or Teresa 360-695-1480.) (3/15/96)

Southwest Washington Fairness Coalition is a part of Washington Citizens for Fairness, of the Hands Off Washington Project. New members are always welcome to help in the struggle to defeat organized statewide political efforts which limit or deny the civil rights of any resident of Washington. (1701 Broadway, Suite 138, Vancouver, WA 98663, 360-695-1002.) (10/21)

SW Washington Gay and Lesbian Socialites is a group of people getting together outside the bar scene for hikes, trips, cruises, camping, potlucks and game nights. (Mike 360-260-2697 or 360-694-8970.) (6/21/96)

Foam Pas, the dance party, June 22 at LaLuna



PHOTO BY D. J. BAWCS

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Serving the legal needs of our community in the following areas:

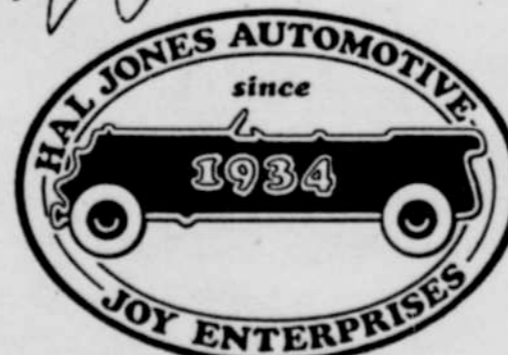
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