

**Alan's House**, a licensed adult foster-care home in Medford for people with AIDS, needs volunteers to assist with round-the-clock care, who can work one four-hour shift per week, during the evening or on the weekend. Alan's House is a program of OnTrack Inc. (Susanne Ashland or Bill Templeman 779-2006.) (3/1/96)

## WORKSHOPS

**It's My Pleasure** presents workshops and social events for the lesbian community, designed to educate and inspire. **Sex Toys 101** for women only (7 pm Friday, Feb. 2, free). **Nutrition for Vibrant Health**, presented by Dr. Kimberly Windstar (7 pm Wednesday, Feb. 7, \$4 to \$6). **Patriarchal Usurpations**, learn what patriarchal religions stole from the Goddess religion. Taught by Linda Aradia. All women welcome (7 pm Thursday, Feb. 8, \$6 to \$8). **Love and Sex—Poetry Readings**. All lesbians welcome. (7 pm Wednesday, Feb. 14, \$1). (Unless otherwise noted must preregister, events are held at It's My Pleasure, 4258 SE Hawthorne Blvd., 236-0505.)

Join members of the Strand by Strand Collective and learn the elements of magic at **Personal Magic and Ritual**: a five-week class taught by Inanna and Kevin. Move energy, trance and visualize, create spells and rituals, build community and have fun. (Mondays Feb. 19-March 18, \$40 to \$50 sliding scale; \$35 single parent or student, information: Kevin 239-1147.) (2/16)

**Meeting the Challenge of Breast and Cervical Cancer**, a conference sponsored by the Susan G. Komen Breast Cancer Foundation, Oregon Breast and Cervical Cancer Coalition and Oregon Health Sciences University, takes place Feb. 22 at the Oregon Convention Center. Includes lunch and evening reception. (\$75, information: 292-7286.) (2/16)

**Issues After Breast Cancer**, a first of its kind conference for anyone affected by breast cancer, will be held Feb. 24 at Portland State University. Explore the clinical and emotional concerns after a diagnosis of breast cancer. The opening address, A Journey to the Summit, features Vicki Boriack, a breast cancer survivor who was a member of Expedition Inspiration, the mountain climbing group that reached the 23,000-foot summit of Mount Aconcagua in Argentina in February 1995. (\$10, information: 291-4673.) (2/16)

Explore the therapist persona, connections between therapeutic style and personality, and the issues of boundaries, burn-out and social context at **The Therapist Self: Her Birth and Flowering from the Womb of Personal Life, an active workshop for women therapists and counselors**. Taught by Bethroot Gwynn, MA, and Jane Mara, MSW, LCSW. Limited to 16 participants. (10 am-5 pm Friday, Feb. 9, Newport, \$100, information or to register: 541-563-4285.) (2/2/96)

Attend **Men Nurturing Men**, an ongoing monthly workshop. Fee includes two nights lodging, medicine lodge, sacred touch, fire ritual, vision quest, bonding ritual. (Nahcotta Sanctuary, PO Box 87, Nahcotta, WA 98637, \$95, 360-665-4181 X7/5/96)

## AIDS & HIV

**AIDS Hotline**. (223-2437, outside of Portland Metro area call 1-800-777-AIDS.) (6/21/96)

**AIDS Forum Live** is television for people with AIDS. (1108 NE Going St., Portland, OR 97221, Jack Cox 284-6807.) (5/19)

**ASAP Treatment Services** provides individual and group counseling for people who are HIV positive and who are also having problems with alcohol and drugs. Title I funds are available to help pay for treatment. Call intake coordinator Monday-Friday to ask for Title I appointment. (2130 SW Fifth Ave., 224-0075.) (2/16/96)

**Brother to Brother** sponsors a **MenTalk**, in conjunction with Cascade AIDS Project and the Multnomah County Health Department, specifically for African American gay and bisexual men. A variety of topics are discussed. (7-10 pm, third Wednesdays, to register: CAP 223-5907, or Jonathan Hutchinson 248-3030.) (8/4)

**Cascade AIDS Project** provides nonmedical services to people whose lives are affected by HIV/AIDS in Oregon. Services include counseling, support groups, advocacy assistance, outreach and education, activities and information. **Benefits Advocacy Clinic** is held every Monday to assist people who are HIV positive with government entitlement programs and housing forms (10:30 am-noon, CAP offices). Confidential and anonymous **Drop-In HIV Testing** is provided every Tuesday evening for gay and bisexual men (6-8 pm, CAP offices, \$15 donation appreciated). **HIV University** offers classes, information and a wellness program which includes a newsletter, the Plus Club House Party social group and prosocial events. Check the calendar listings for a schedule of classes (HIV U Infoline 223-6339, ext. 111). The **Plus Club House Party** provides a relaxing setting for people with HIV/AIDS to meet and mingle socially. The group meets in private homes on the first and third Friday of the month (6:30-9:00 pm, call for location: Dale 221-3015 or Brian 228-5889). **Speaking of Sex...** is an ongoing workshop for gay and bisexual men to brush up on the latest in hot, protected sex. New! The workshop now includes the British safer-sex video *Erotic Choices* (Brian 223-5907, ext. 131). **Speak to Your Brothers Project** allows gay and bisexual men, both HIV positive and HIV negative, to find support and get involved in helping their community fight AIDS. **Men Talks** are in-home gatherings which provide a safe atmosphere to talk about relationships, safer sex, testing and more (call 223-6339, ext. 160). CAP is recruiting **volunteer outreach workers** for education materials development, and the MenTalk Home Meeting Program (call Roger 223-5907, ext. 130). (CAP offices, Suite 300, 620 SW Fifth Ave., 223-5907.) (3/15/96)

**CAP Support Group Programs** continue to offer a variety of formats including groups open to family and friends, lovers and caregivers, and people who are AIDS symptomatic and HIV positive asymptomatic, as well as grief and loss support groups. If you would like to join an existing support group, or would like to assist in developing new support groups, contact CAP. (Call Project Client Services 223-5907.) (5/19)

**Clackamas County AIDS Relief Effort** is a community-based organization responding to AIDS in Clackamas County by providing HIV prevention and AIDS education presentations, support groups for people affected by HIV/AIDS, assistance with emergency food and clothing needs, and financial assistance referrals for HIV positive people and people with AIDS. (Call 653-8738 or write: CCARE, 4790 SE Logus Road, Milwaukie, OR 97222.) (11/17)

**Community Health Insurance Program** pays health insurance premiums for eligible people with HIV or AIDS. CHIP will pay premiums for COBRA continuation, or any other group or individual policy. CHIP is a program of Ecumenical Ministries of Oregon, funded by the Ryan White CARE Act (Title I). (223-8998, 9 am-5 pm Monday-Friday.)



Cheryll Wheeler performs at the Blue Heart Cafe on Feb. 2

(5/17/96)

**Friends of People with AIDS Foundation** is a nonprofit organization offering assistance to people with AIDS. (245-7428.) (5/19)

**The HIV Case Management Partnership Project** provides comprehensive HIV-related case management to clients in Clackamas, Columbia, Multnomah, Washington, Yamhill and Clark counties. (8:30 am-5 pm, Monday-Friday, for referrals call 295-0211 or fax 295-0986.) (12/15)

**HIV Day Center**, a program of the Ecumenical Ministries of Oregon, offers social activities, case management, peer support, pastoral counseling and home meal deliveries. Lunch is available Monday through Friday (12:30 pm). (9 am-5 pm Monday-Friday, 3835 SW Kelly St., 223-3444.) (12/15)

**Lazarus Community** offers spiritual and practical help for people living with HIV and AIDS. Mass in Time of AIDS is held every Monday evening (6 pm). Contact the Rev. Gary McInnis for information about baptism or weddings. (3835 SW Kelly St., 223-3444.) (12/15)

**Ministry to People Living with HIV/AIDS** seeks to provide for the spiritual needs of families and individuals affected by the epidemic through prayer, worship and educational experiences. (Milwaukee United Church of Christ, 4790 SE Logus Road, 654-6770.) (5/5)

**Multnomah County HIV Services** include anonymous and confidential HIV counseling and testing by appointment and walk-in (284-3775) and HIV clinical services for HIV-infected persons (284-5020). (5/19)

**The NAMES Project Portland Chapter** holds panel-making workshops the first and third Monday of every month at the HIV Day Center. Educational materials and a speakers bureau are also available. (6-8 pm, 3835 SW Kelly St., 650-7032.) (2/17)

**Network Adult Therapy Services** offers comprehensive mental health assessment and services for individuals, couples, families and others dealing with HIV/AIDS-related concerns. New groups include: male couples with HIV; lesbians and HIV; and young adults, mixed gender. Services are covered through Oregon Health Plan/Medicare, Medicare, private insurance and Ryan White CARE Act Title I funding. (825 NE 20th Ave., 238-5251.) (6/21/96)

**Oregon AIDS Hotline**, cosponsored by CAP and the Oregon Health Division, provides AIDS information, support and referral, treatment information, and free theater tickets for people with HIV/AIDS. **Positive Link** connects people impacted by HIV/AIDS with trained HIV-positive volunteers for telephone support and information (ask for Positive Link). (10 am-9 pm Monday-Friday; noon-6 pm Saturday and Sunday, 223-2437 or 1-800-777-AIDS.) (5/19)

**Our House of Portland** is a nonprofit, residential-care facility for men and women with AIDS. This agency provides 24-hour nursing care and quality living services to residents. Volunteer opportunities abound. (Call or drop by during business hours, 2727 SE Alder St., 234-0175.) (5/5)

**Phoenix Rising** offers HIV/AIDS support groups. **HIV-negative** gay and bisexual men 26 and under (Paul Booth 223-8299). **HIV-positive** gay and bisexual men 26 and under (Jim Hankins 223-8299). **HIV-positive professional** gay and bisexual men (Jim Everett 223-8299). **HIV-negative** gay and bisexual men (Jim Everett 223-8299). **HIV-negative African American** gay and bisexual men (Theo Harper 223-8299). (Phoenix Rising Foundation Inc, 620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (4/19/96)

**Project Quest** is a nonprofit HIV and AIDS self-empowerment and immune function enhancement program, offering workshops, retreats, and conferences, along with ongoing programs in nutritional cooking and eating for people with HIV, yoga, stopping smoking, meditation, and more. Project Quest now offers a **comprehensive health management group for people with HIV/AIDS**. The group is facilitated by Lusia Marx, RN, PsyD, and Graham Harman, MA. (Call to receive schedule and preregister for workshops, 241-6448.) (8/4)

**Regional AIDS Interfaith Network** supports and trains people in developing strategies for increased community awareness about HIV/AIDS. RAIN works with local health departments and community-based organizations in Oregon and Southwest Washington to develop "Faith in Action" opportunities and to assist in prevention education, advocacy, caregiving, food banks, transportation and fund raising. (4790 SE Logus Road, Milwaukie, OR 97222, 653-8738, fax 653-0013.) (10/6)

**Tod's Corner** provides free clothing for people with AIDS. A service of the Friends of People With AIDS Foundation. (245-7428.) (5/19)

**Trinity Episcopal Church** offers a monthly **Healing and Vespers Service** with special intentions for those people affected in any way by HIV/AIDS disease. Also offered is **Hope and Wholeness**, a spiritually centered support group for people living with HIV/AIDS disease. Focus is on spiritual nourishment and growth (7-9 pm Wednesdays). (Wheelchair accessible, 147 NW 19th Ave., 222-9811.) (5/19)

**Washington County Health Department HIV Services** provides anonymous testing and counseling, by appointment and walk-in. Seropositive wellness program offers individual counseling. Se habla español. (Testing: 648-8851; call 648-8881 for clinics in Beaverton and Hillsboro; TDD 648-8601.) (8/4)

### CENTRAL OREGON

**Central Oregon AIDS Support Team** provides services and support for HIV-positive people and their caregivers. (389-4330.) (8/4)

### SOUTHERN OREGON

**Douglas County AIDS Council** sponsors meetings and educational activities. **Ruby House**, a project of the council, is a residence in Douglas County for people with AIDS. Housing, energy assistance and other services are provided. (3035 Laurel Springs Drive, Roseburg, OR 97470, 440-2761.) (5/19)

**Klamath County HIV Resource Center** coordinates outreach and education on HIV and AIDS, and provides case management services and support/social groups. (10 am-5 pm Monday-Friday, 1112 Pine St., Klamath Falls, OR 97601, 541-883-2437, fax: 541-882-7929 X6/21/96)

### WILLAMETTE VALLEY

**HIV Alliance** provides free emotional and nonmedical practical support services to persons living with HIV, their family and friends, and those grieving. **Acorn House**, a service of the Alliance, is a hospice and day care facility (541-342-2830). (3477 E Amazon Pkwy., Eugene, mail: PO Box 5513, Eugene, OR 97405, 541-342-5088.) (5/19)

**Pathfinders** is a nonprofit organization that provides funding and support for social, cultural and outreach events, projects and activities for gay and bisexual men in Marion and Polk counties. (PO Box 326, Salem, 503-581-3296.) (6/21/96)

**Valley AIDS Information Network** offers information, support, speakers and referrals for people affected by HIV/AIDS. Call VAIN's 24-hour hot line. Gay and bisexual outreach are also offered. (PO Box 971, Corvallis, OR 97339, 541-752-6322 or 1-800-588-AIDS.) (6/21/96)

**Yamhill County Public Health Department** offers community outreach and HIV prevention education. (Call Norm Cost: 434-7525, press 1, or write: 412 N Ford, McMinnville, OR 97128.) (10/6)

### WASHINGTON

**Life Force**, a coalition for people living with HIV/AIDS in Southwest Washington, meets for brown bag lunches the third Saturday of the month. All supportive persons are welcome. (Noon-3 pm, St. Christopher's House, 4716 NE 44th St., Vancouver, or write: PO Box 86095, Vancouver, WA 98686-0095; 360-573-7304.) (10/17)

**People of Color Against AIDS Network**. (Seattle, 206-322-7061.) (5/19)

## CRISIS

**Alcohol and Drug HelpLine** (232-8083 in Portland) and **YouthLine** (233-1113 in Portland) give free, unbiased and confidential assistance. Call 1-800-621-1646 from elsewhere in Oregon. A service of the Oregon Council on Alcoholism and Drug Addiction. (6/15)

The **Anti-Violence Line** at **796-1703** helps compile statistics on hate crimes and gives victims a chance to talk to someone sympathetic. **Outside of Portland, call 1-800-796-1703**. A service of the Lesbian Community Project. (5/19)

**Battered Lesbian Outreach and Community Support** offers a confidential, weekly, support group in Washington County, as well as one-on-one support, referrals, and advocacy. Open to women escaping domestic violence by a woman partner. Lesbian facilitator. Child care provided. (Jane 948-7579.) (10/21)

**Battered Lesbian Support Group** is a confidential group for lesbians and bisexual women who have been physically, sexually or emotionally battered in their relationships with women. (Womenspace, Eugene, 485-6513, ask for Carrie.) (5/19)

Call the **Bias Crime Unit** of the Portland Police at **823-0434** if you feel you have been a victim of any type of bias crime in Portland. Jim Bellah is the bias crime detective. If you are in immediate danger, call **911**. (10/21)

The **Domestic Violence Resource Center** provides a 24-hour crisis line as well as shelter at a confidential location for all women and children escaping domestic violence. (640-1171.) (10/21)

**Lesbians deserve lives free of violence**. Battered lesbian support groups facilitated by lesbians. Confidential intakes. Child care provided; donations accepted. (Sand 289-6869.) (10/21)

## RECOVERY

**Fire Fairies** holds NA candlelight meetings. (8:15-9:30 pm Wednesdays, Live and Let Live Club, 2802 SE Ankeny St., 231-3760.) (10/21)

**Gay, Lesbian and Bi Rainbow Group of Vancouver** holds nonsmoking AA meetings every Monday. (8 pm, Pansalities, 115 E Seventh St., Vancouver, 360-694-5068.) (12/21)

**Live and Let Live Club** offers lesbian and gay 12-step programs. Call for calendar and meeting times. (Meets at Metropolitan Community Church, 2400 NE Broadway, voicemail: 460-9404)

**Rainbow Al-Anon** meets at the Alano Club boardroom. (5:30-6:45 pm Saturdays, 909 NW 24th Ave., 222-5756.) (2/16/96)

**Rational Recovery** meets three times a week at the Center for Rational Thought. RR does not mystify addiction and recovery; its approach to chemical dependency is as a technical problem with a technical solution. (7 pm Mondays and Thursdays; 6 pm Fridays, 415 SW 13th Ave., Cliff Walker 239-5359.) (6/16)

**Sex and Love Addicts Anonymous**. You are not alone. A 12-step group for those struggling with sexual and/or emotional dependency. (6 pm Wednesdays and Sundays, PO Box 6736, Portland, OR 97228, 650-7009.) (5/19)

## YOUTH

**IYG Peer Counseling Hotline** for sexual minority youth. (1-800-347-TEEN, or write: IYG, PO Box 20716, Indianapolis, IN 46220, 317-541-8726.) (8/4)

**Janus Youth Programs** offers workshops for teens. **The Emerging Woman**: esteem-building to increase personal power and explore cultural identity through art therapy. **Letting Go of Resentments**: anger management group. **Skills for Life**: improve communication skills, identify and express emotions, utilize community resources. (738 NE Davis, Portland, OR 97232, Doug Pullin 233-6090, ext. 133.) (4/19/96)

**Lesbian, Gay and Bisexual Youth Group of Eugene** meets every Monday, Age 25 and under. A peer social, support and rap group. (5-6:30 pm, Korinnia Center library, 1414 Kincaid St., University of Oregon campus, 346-3360.) (9/1)

The **National Coalition for Gay, Lesbian and Bisexual Youth** is an organization of groups and individuals formed to serve the needs of queer youth across the country. Current projects include the development of a national database of resources. (PO Box 24589, San Jose, CA 95154-4589.) (4/21)

**Phoenix Rising Foundation Inc.** is a mental health agency primarily serving members of the sexual minority communities. Social/support groups for sexual minority youth are **Windfire** (meets downtown), **Awakenings** (meets at Harry's Mother on the east side), and **Q-Krew** (meets 2-4 pm Saturday afternoons at Phoenix Rising). **Personal Deity Proxy** is a new group for gay, lesbian and bisexual teens who are interested in expressing their artistic talents (writing, drama, visual arts, etc.) (meets 5-7 pm Fridays at Phoenix Rising). Coming out groups meet regularly. (620 SW Fifth Ave., Suite 710, Portland, OR 97204, 223-8299.) (5/19)

**Rainbow** is a positive peer-support group, primarily for sexual minority youth of color, sponsored by The Urban League of Portland. (280-2600.) (6/15)

**Roots and Branches** provides positive mental health counseling tailored to the needs of lesbian, gay and bisexual youth. Therapy, consultation, advocacy and referral are offered to individuals and families on a sliding scale. A program of The Network. (2020 SE Powell St., 238-0780.) (8/4)

**Safe Space** is a group for lesbian, gay, bisexual or questioning youth that meets in Bend, Ore. (Fridays, for information or location: 383-4861.) (1/19)

**VOICES** (Voices of Individual and Community Empowerment from the Streets) is a self-support group for queer youth. Meets weekly. Free pizza. An interagency project of Phoenix Rising (223-8299) and Outside In (223-4121). (5/19)

**The Zone** is an on-line computer bulletin board for lesbian, gay and bisexual teens. Based in Los Angeles, the free service operates 24 hours a day. (213-731-0390.) (4/7)